

FAMILY POOL

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|---------------------------------------|
| Open Swim 5:30am-8:15am | Open Swim 5:30am-10:45am | Open Swim 5:30am-8:15am | Open Swim 5:30am-11:00am | Open Swim 5:30am-8:15am | Open Swim 6:00am-8:30am |
| Water Aerobics 8:15am-9:15am | | Water Aerobics 8:15am-9:15am | | Water Aerobics 8:15am-9:15am | Swim Lessons 8:30am-10:00am |
| Water Aerobics 9:30am-10:30am | | Water Aerobics 9:30am-10:30am | | Water Aerobics 9:30am-10:30am | Open Swim 10:00am-4:45pm |
| Water Aerobics 11:00am-12:00pm | Water Aerobics 11:00am-12:00pm | Water Aerobics 11:00am-12:00pm | Water Aerobics 11:00am-12:00pm | Water Aerobics 11:00am-12:00pm | |
| Open Swim 12:00pm-5:30pm | Open Swim 12:00pm-4:00pm | Open Swim 12:00pm-5:30pm | Open Swim 12:00pm-8:45pm | Open Swim 12:00pm-5:30pm | |
| Water Aerobics 5:30pm-6:30pm | Swim Lessons 4:00pm-5:00pm | Water Aerobics 5:30pm-6:30pm | | Water Aerobics 5:30pm-6:30pm | |
| Open Swim 6:30pm-8:45pm | Open Swim 5:00pm-8:45pm | Open Swim 6:30pm-8:45pm | | Open Swim 6:30pm-8:45pm | |

JULY



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS AND WATER FITNESS SCHEDULE

AGE REQUIREMENTS:

- **Age 6 and under**
A parent or guardian, 18 years or older, must be in the water within arm's reach at all times. Proper swim attire is required.
- **Age 7-11**
A parent or guardian, 18 years or older, must be on the pool deck at all times.
- **Ages 12 and up**
May use the entire Aquatics Center without parent.



- Family Pool is CLOSED during Swim Lessons and Water Aerobic Classes.
- Hi-lighted times are OPEN SWIM times.
- Summer Day Camp will be in the pool every day from 1pm-3pm. The pool will remain OPEN during this time.

LAP POOL

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|---------------------------------------|
| Open Swim 5:30am-8:45pm | Open Swim 5:30am-8:45pm | Open Swim 5:30am-8:45pm | Open Swim 5:30am-8:45pm | Open Swim 5:30am-8:45pm | Open Swim 5:30am-8:45pm |
| | | | | | Swim Lessons 9:30am-10:00am |

Swim Lessons
4:30pm-5:00pm

- Up to 3 of the Lap Pool lanes will be used during Swim Lesson times.
- If you have any questions, please contact the Program Director.