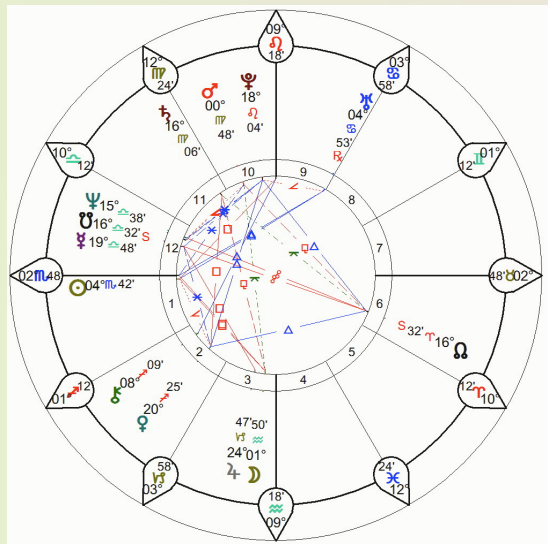


“Form is temporary. When we know our essence we know eternity. -- Eckhart Tolle

“Jennerous” Insight

Bruce Jenner rivets the nation while nervously revealing his story of transitioning his gender, to Diane Sawyer. She receives him tenderly. <https://www.youtube.com/watch?v=6Xcbg316us0>

I identify with Sawyer listening, entranced. Something comes alive in me. I want the camera to cut to this:



October 28, 1949

When a soul blossoms, astrologers can't wait to see its template. We view the chart with the glee of a proud doula witnessing a birth. The birth of Self is as exciting as a naked little newborn, and just as vulnerable.

Jenner is a “Double Scorpio;” Scorpio Sun and Rising. His Sun falls in his First House of self-assertion, sports and competition. Scorpio is a Mars-ruled sign of high intensity. You can see that Sun blazing in his monstrous athletic prowess.



Scorpio is the sign of paradox, of unifying opposites. So in light of his rising Sun, Jenner's surprise is really no surprise. Anyone with this configuration is likely carrying a secret.

Like his spectacular abound over the pole vault, it is an astounding leap for such a Scorpio soul to be this vulnerable in public. What generous insight into his torment he gives us when talking about his inner reality, “I don't want to disappoint people.”

I want to give him a facial, and protect him from predators.

I need to polish my toenails, among other menial time-sucks. I think of him saying, “I can't wait till my nail polish chips so that I can go have another manicure.” Gee, I wish I could drop my nails off, and pick them up later.

When a man turns into a woman, he revels in pampering. Activities deemed frivolous -- dress, adornment, make up -- are elevated to artistry. I freely give others permission to receive the sacrament of aesthetic self care. But do I consume my own medicine?

Taking care of others is a “doing” not a “being;” active, not receptive. In yoga, I realize my left (feminine) side is considerably weaker than my right (masculine). I resist savasana. Who wants to lie down in the middle of the day? “Let me out of here!” I think, as though in a straight jacket. “I have to go help *other* people lie down!”

I'm buying in to a masculine mode. My teacher knows it as she watches me squirm.

When I see the long hair and softened features of a powerful, manly superstar, I sigh. He is no longer above me. He *is* me. When a male icon models softness, cries before the camera, and expresses his feelings, there's permission for us all to be in feminine peace.



Free the Moon

The Full Moon is in Scorpio, shedding its light on what is hidden. It's time to see what's coming alive in *us* like the emerging magnolia blossoms.

The Sun is in Taurus, sign of loving your body, of sensuality and pleasure. What a time for honoring the souls who speak to us of the fluidity of gender! Mars holds back the curtain for Venus to take center stage.

I'm dressing with extra care, eating only what grows out of the earth and trying to pay closer attention to what I need to feel good in my body.

As you revel in the burgeoning beauty of May, remember that every blossom you admire has a teaching. Picture them all floating in sunlit water and remember to take your essences.



When you experience the positive effects of flower essences you want to put them in the water supply. They open your flow of feeling, and free the Moon in us all.



Praise the Lilies

“Are not flowers the stars of the earth? And are not our stars the flowers of heaven?” -- Clara Balfour

The lily family of flowers supports the development of feminine consciousness. (About that water supply!) They all coincide with the symbolism of Taurus, Venus and the Moon. Here are some favorites:

Alpine Lily: Finding Venus

Alpine Lily cleanses the psyche of the negativity we absorb about our bodies in a patriarchal culture. It mends our disassociation with the 2nd Chakra, and grounds us in the “belly dance place.” This flower remedy helps us know our Inner Goddess, free of the need for masculine approval.

Mariposa Lily:

Reclaiming the Moon.

Mariposa Lily is the Mother's Day Essence. It supports our need for nurturing, and helps us reclaim the parts of ourselves that may have been lost in our actual experience of mother. This essence connects the soul with an infinite source of loving self care, the Divine Mother within.

Calla Lily:

Uniting Mars and Venus

Calla Lily helps the soul resolve ambivalence about sexual identity, and find one's unique integration of masculine and feminine traits. It is the essence indicated for transitioning gender, as well as the general confusion about sex roles in a society that polarizes gender.



I take my essences and apply my progesterone cream, wondering what human being in this world IS in a perfect state of masculine/feminine balance? We're all “transitioning.” It's a daily practice.

I need a facial.

