

From the book “Man Can Cook”
By Robert Sturm

Steak Tartar

Ingredients

8 oz. Beef Tenderloin, USDA Prime or Choice
Lean Buffalo is also great
1 ea. Egg Yolk
2 Anchovy Filets, minced
1 TB. Dijon Mustard, Grey Poupon
1 TB. Garlic, fresh, minced
2 TB. Shallots, minced
1 TB. Capers, minced
2 TB. Parsley, fresh chopped
4 dashes Tobasco
4 dashes Worstershire Sauce
½ tsp. Sea Salt, Hawaiian
¼ tsp. Black Pepper, fresh ground
1 TB. Olive Oil



Directions

Combine all ingredients together. Serve immediately with Melba toast.