

Madison County Senior Citizens Center

Golden Times

April 2024
Issue IV



It is March 19th as I am writing this, the first day of spring! The sun is shining, the wind is howling, there is a chill in the air, but, the daffodils and tulips are making their way through, allergy season started early, yes, spring is upon us.

The center has been buzzing with activity. It is so awesome to see our members enjoying the center, exercising, cards, pool players, movies, trips, lunch at the café, it's so great! We've had several new members join, welcome! Keep spreading the word to your friends and neighbors about the center, share your newsletter. There isn't any reason a senior should be sitting at home alone when they can come hang out with all of you amazing people.

The month of April is National Volunteer Month. I wanted to take a moment to say THANK YOU SO MUCH! to our volunteers. The daily activities and services at the center would cease to exist without our wonderful, amazing, remarkable, extraordinary, VOLUNTEERS! We couldn't do any of this without you!

*It's not for money, it's not for fame,
It's not for any personal gain,
It's just for love of fellow man,
It's just to give a helping hand.*

*It's your reward in your heart,
It's a feeling that you've been a part,
of helping others far and near.
That makes you want to VOLUNTEER.*

Many thanks for all your help!

We are another month closer to our senior fair, May 14th, we have several vendors lined up for your health, and make your life easier, educational needs (lots of door prizes). We also have a nice (free) lunch planned. We have couple business sponsors that have graciously stepped up to cover the expense. Don't forget the ice cream social at the end of the week, the ladies from Merchants Bank will be here to serve again this year. Janisse is busy planning an event for each day, mark your calendar, it will be a fun week.

You may remember we were approved for a new van through an ODOT grant, it was finally delivered last week, it's a very nice van, with the ability to transport two wheelchairs at a time if we need it. A good addition to our transportation fleet.

Thank you for the laughter I hear every day and to everyone that helps at the center every day!

Misty



Find the lady bug hidden in this newsletter. When you find it call the center at 740-852-3001 by Friday, April 19th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Remember it may not be on a color page. Last month the Easter egg was on page 8. Congratulations to Jackie Weiner, the lucky winner!



Left: Terry Dyer works out on our new seated elliptical machine in the exercise room. This is a safer machine than a typical elliptical. The seat turns so you can get on easier.

Right: This is Kirk Miller. He joined a few months ago. So far he comes in often to workout in the exercise room, has joined bowling and sometimes plays chair volleyball. He is also volunteering 1 day a week in the Adult Day Center. If you are new to the Center there are lots of fun things to try. If something isn't your thing, try something else, There is tons to do!

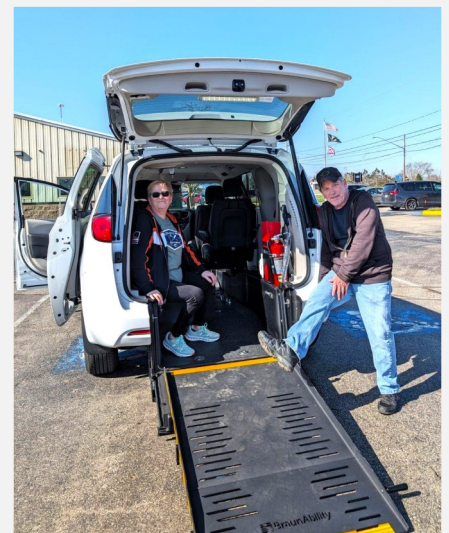


We had 15 people show up for Ruth Kennedy's Wednesday Exercise class one day. Usually we have quite a few but 15 was quite a group! They have so much fun doing seated exercises to music. They use scarves, light weights, small balls, etc. Come join them Wednesdays at 10:30 a.m.. They would love to have you!



Left and Right: Transportation Coordinator, Brenda Castle and one of our drivers, Wayne Bricker check out our newest van. It is so nice to have one with a rear entry ramp for wheelchairs.

Our director, Misty, applied for a grant with ODOT that paid for 80% of the total cost of the van.



High Euchre Score

- 2-20-24 Roy Haggitt 77
- 2-26-24 Bertha Hilsheimer 74
- 3-4-24 Jim Welch 71
- 3-11-24 Roy Haggitt 73
- 3-12-24 Skip Fout 84
- 3-18-24 Linda Ridolfo 66
- 3-19-24 Betty Porter 76



High Bridge Score

- 2-22-24 Mary Locke 3440
- 3-6-24 Kay Majka 4850
- 3-13-24 Bob Majka 4300
- 3-20-24 Kay Majka 3700

Welcome 20 New Members

- Steve Hecht and Abeita Ailes
- Diane Slagle Bob Branson
- Susan McGuire Roy Kelly
- Penny Shafer Cathy Schroder
- Brenda and Eddie Peyton
- James McBride Dorothy Per singer
- Linda and Ward Wallace
- Patti Mayhorn Roy Kidd
- Brenda West and Gary Shipley

2022 Governing Board Members

- Donna Sheridan-President
- Jerry Tompkins- Vice President
- Loretta Anthony—Secretary
- Sharon Manion Tom Lawrence
- Dennis Park

WEEKLY SCHEDULE

Monday:

- 8:30 a.m.—Indoor Walking/Exercise Class
- 9:00 a.m.—Chair Volleyball
- 9:30 a.m.—Crocheting, Knitting & Needle Crafts
- 10:30 a.m.—Sitting Exercise/ Strengthening
- 1:00 p.m. – Euchre



Tuesday:

- 9:00 a.m.– 3 p.m. Quilting Class
- 10 a.m.-12:00 p.m.—Bowling at Madison Lanes
- 4:00 p.m.-7:00 p.m.—Billiards, Euchre 2nd and 3rd Tuesday, Workout room open

Wednesday:

- 8:30 a.m.— Indoor Walking/Exercise Class
- 9:00 a.m.—Chair Volleyball
- 10:30 a.m.—Aerobics/Strengthening Class
- 12:00 p.m.—Bridge
- 1:00 p.m.– Yoga Stretch
- 2:00 p.m.—Diabetes & Weight Loss Support Group

Thursday:

- 9:00 a.m.—Chair Volleyball

Friday:

- 8:30 a.m.—Indoor Walking/Exercise Class
- 9:00 a.m.—Painting Class with Harry Croghan
- 10:00 a.m.—Hand Chimes, first and third Fridays
- 1:00 p.m.—Free Movie and Popcorn at the senior center.

The Center's Fitness Room is open Monday through Friday, 8:00 a.m. to 4:00 p.m. and Tuesdays until 7 p.m.

We have 3 treadmills, 3 exercise bikes, a weight machine for upper arms and a seated elliptical.

Please wipe down the machines you use when you are finished. Thank you!



UPCOMING DAY TRIPS!!

Note: We are no longer taking names for trips before they are in the newsletter. That way it is fair for everyone wanting to go.

April Mystery Lunch—Thursday, April 18th. Trip fee is \$5. We will leave the Center at 10:15 a.m. There will be an ice cream stop after lunch.



Snooty Fox Upscale Thrift Stores Shopping trip—Friday, May 3rd. Trip fee was due by March 15th. The motorcoach will leave the Center promptly at 8:45 a.m. & return around 6 p.m. Lunch is on your own on one of our stops. An envelope will be passed for the driver tip on the way home.

May Mystery Lunch—Thursday, May 9th. Trip fee is \$5. We will leave the Center at 10:00 a.m.



Columbus Clippers vs. Louisville Bats Game—Wednesday, May 15th. Trip fee is \$21. This is your game ticket and van fee. Lunch will be on your own at the stadium. We will leave the Center at 10:30 a.m. We are taking our two 10 passenger vans to the game, so seating is limited, call early if you want to go. Deadline to sign up and pay will be **Wednesday, May 1st.**

Hartman Rock Garden & Harmony Farm Market—Thursday, June 6th. Trip fee is \$5. Admission is free at Hartman. We will leave the Center at 9:30 a.m. going directly to Hartman Garden. Then lunch at Rudy's Smokehouse and on the way home we will stop at Harmony Farm Market.



Ohio Star Theater-The Story of Ruth—Tuesday, June 18th. We will travel to Amish Country to the Ohio Star Theater for a performance of the story of Ruth. This remarkable story of second chances is one of Sight & Sound's most beloved productions. Journey alongside an ordinary woman whose faith in God ignites a chain of events that change the course of history.

Our motorcoach will leave the Center at 8:30 a.m. First we will have a buffet lunch at the Dutch Valley Restaurant at 11:30 a.m. The Theater is within easy walking distance and the show begins at 1:00 p.m. We will have seating on the main floor. When we leave after the show, we will be making a stop at Coblenz Chocolates and then journey on home. ***Fee for this trip will be \$109. This includes your lunch and tip, the show Ruth and motorcoach transportation. Driver tip is not included. We will pass an envelope on the way home for his tip. Please pay your trip fee by **Wednesday, May 15th.*****

Delightful Dining

Don't forget to call the Center and let us know if you plan to come, so we can give the restaurant an accurate count. Sign up early! Sometimes late reservations cannot be accommodated at the restaurants.

Monday, April 1st—China Bell, 1947 Stringtown Road, Grove City. Trip fee is \$5. Vans will leave the Center at 4:00 p.m. or you can meet us there around 4:45 p.m.

Monday, May 6th—Texas Roadhouse, 1770 Hilliard Rome Road, Columbus. Trip fee is \$5. Vans will leave the Center at 4:00 p.m. or you can meet us there around 4:45 p.m.

When you sign up for a day trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If we are taking a motorcoach, the cost of the coach is not refundable within 30 days of the trip. If you have questions please contact Janisse at 740-852-3001.

*****Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

Remember...you don't have to be a member of the Center to go on overnight trips. Tell your friends!

2024 Wendt Tour Trips

Wendt 2025 Hawaii Cruise Preview and 2024 Italy Pre Departure Meeting!



We will have a sneak preview video starting at 11:00 a.m. after the Italy Pre Departure meeting. The video will cover a trip we have planned for 2025. A cruise to Hawaii!

Italy Pre Departure meeting will be Thursday, April 25th at 10:00 a.m. Please call the Center at 740-852-3001 if you will not be able to attend.

Coastal New England trip is full. We can put you on our wait list if you like. If you have signed up please get your deposit in ASAP!



Tour Fare—\$1,849 per person double, \$1,789 per person triple, and \$2,649 per person single.

Payment policy: A \$250 per person deposit is due to secure your reservation with **the balance due by August 1, 2024**. Make checks payable to Madison County Senior Center.

Prime Tours Trips



Upstate New York Wine and Waterfalls—August 12-15, 2024. Tour includes, motorcoach transportation, 3 nights hotel, 3 breakfasts, 1 lunch, 1 group dinner, Touring around beautiful Finger Lakes country, wine tastings at Bully Hill Vineyards, Heron Hill winery, Fulkerson Winery and Glenora Wine Cellars, admission to Corning Museum of Glass, Maid of the Mist Niagara boat ride.

Tour Fare—\$998 per person double, \$1228 pp single and \$845 pp triple/quad. Save your spot with a \$100 refundable deposit except \$50 registration fee. **Final payment is due May 1st, 2024**. After May first, the tour is non-refundable.

Not included are meals not listed, travel insurance, tips and gratuities.



OSU vs Michigan State Football game—September 27-29, 2024 Tour includes: roundtrip motorcoach transportation, 2 nights Holiday Inn, Jackson, Michigan, Hot Breakfasts at the hotel, Ohio State at Michigan State football game tickets, Greenfield Village & Henry Ford Museum, Motown Museum in Detroit, Museum of the Great Lakes, free time in Jackson, Michigan and more!

Not included: Meals not listed on the itinerary, travel insurance, tips & gratuities.

Reserve your spot on the trip with a \$100 deposit. Final payment is due June 21, 2024.

Payments may be made to the Madison County Senior Center by mailing to P.O. Box 389, London, OH 43140. Or you may call with a credit card to Prime Tours at 614-766-5553.

You do not need to be a senior citizen or a member of the Senior Center to go on this trip. Just over the age of 21. Call the Center at 740-852-3001 with any questions or to sign up!

Adult Day Center

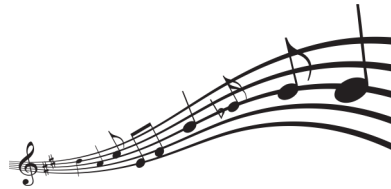
Hello April and Happy Spring! Hopefully everyone is safe and well after the "Big" surprise of tornados in March! One day it was 70 degrees and snow the next day. What a roller coaster ride. In March we were pleased to welcome a very nice man to join our ADC family. Welcome Bill H. Also added a new volunteer, Kirk Miller.

April has several birthdays to acknowledge and wish happy birthday to. Ruth Dever turns 96 years young, what an honor! Kay Graham has a birthday, as well as Martha Parsons, one of our drivers. Happy birthday to all.

Thank you to Marilyn Henry, Mary Quinn, Carol Rogers for your generous donations for bingo. Betty Mastin donated Easter pails and treats. As always we are thankful for Karen and Edie for piano music and singing on Wednesday afternoons. On May 22nd Elwood Green is scheduled to bring his guitar and sing for us. Chimes have been coming to play for us too, what a treat!

Until next month, have a great time and be safe.

Beth, Patsy and Regina



Fire Safety from the American Red Cross

Electrical Safety

- Use caution with electrical equipment.
- Always plug appliances directly into wall outlets. Extension cords are for short term use.
- Check power cords. Make sure they are not across doorways or under carpets where they might get pinched or wear out.
- Have all electrical work done by a certified electrician.

Candle Safety



- Avoid using candles because of the fire risk. Use battery powered lights and flashlights instead.
- If you must use a candle, use extreme caution and never leave it unattended.

Free Friday Movies at 1:00 p.m.

- April 5 – Housesitter – Steve Martin – Goldie Hawn – 1992 – Comedy – PG ***
- April 12 – The Boys in the Boat – Joel Edgerton, Callum Tuner – 2023 – True Story – PG-13 ***
- April 19 – Irish Wish – Lindsey Lohan – Ed Speleers – 2024 – Romantic Comedy – TV-PG ***
- April 26 – Killers of the Flower Moon – Leonardo DiCaprio – Robert DeNiro – 2023 – Drama – **R** ***

Members Only




B
O
W
L
I
N
G

Andrix, Barb	94	Glass, Duane	192	Kirk, Miller	69	Stout, David	150
Binns, Mary	84	Goff, Terry	157	Noble, Gene	119	Thornber, Sandy	106
Burdett, Diane	130	Golding, Robert	92	Parrot, Fred	85	Weisman, Deb	101
Cooper, Barb	83	Hatfield, June	122	Phinney, Hope	83	Winebrenner, Dodie	86
Ernst, Terri	111	Hawkins, Bill	113	Pickens, Ann	114		
Eseman, Brenda	137	Hawkins, Don	160	Ridolfo, Linda	167		
Florence, Barb	94	Irvin, Melody	111	Rowley, Nancy	104	Tuesdays 10-12	
Glass, Denise	108	Miller, Charlie	145	Sheridan, Ray	173	At Madison Lanes	\$10

❖ The Café ❖

Open Monday thru Thursday ♦ 11:30 AM to 1:00 PM

APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SLOPPY JOES MACARONI & CHEESE VEGETABLE SIDE & DESSERT	2 ROAST PORK W/ SAUERKRAUT PARLSEY POTATOES SIDE & DESSERT BREAD & BUTTER	3 GRILLED CHEESE SANDWICH CHILI POTATO SALAD SIDE & DESSERT	4 TERIYAKI CHICKEN OVER GARDEN RICE BROCCOLI SIDE & DESSERT BREAD & BUTTER	5 CAFÉ CLOSED
8 CHIPPED BEEF GRAVY O/MASHED POTATOES VEGETABLE SIDE & DESSERT BISCUIT	9 JOHNNY MARZETTI ITALIAN GREEN BEANS TOSSED SALAD DESSERT GARLIC BREAD	10 CHICKEN POT PIE MASHED POTATOES SIDE & DESSERT BREAD & BUTTER	11 HAM LOAF SWEET POTATOES VEGETABLE SIDE & DESSERT BREAD & NBUTTER	12 CAFÉ CLOSED
15 MUSHROOM, SWISS BURGER ONION RINGS SOUP DESSERT	16 SHEPHERDS PIE SALAD & DESSERT BREAD & BUTTER	17 BEEF & NOODLES MASHED POTATOES VEGETABLE SIDE & DESSERT BREAD & BUTTER	18 FRIED CHICKEN SCALLOPED POTATOES VEGETABLE SIDE & DESSERT BREAD & BUTTER	19 CAFÉ CLOSED
22 <u>BIRTHDAY MONDAY</u> SALISBURY STEAK MASHED POTATOES VEGETABLE SIDE & DESSERT BREAD & BUTTER	23 RUEBENS FRENCH FRIES SIDE & DESSERT	24 BAKED CHICKEN PARMESAN POTATOES GLAZED CARROTS SIDE & DESSERT BREAD & BUTTER	25 HAM, CABBAGE & POTATOES SIDE & DESSERT BREAD & BUTTER	26 CAFÉ CLOSED
29 HOT DOGS W/CHILI/CHEESE & ONIONS MACARONI SALAD POTATO CHIPS DESSERT	30 LIVER & ONIONS MASHED POTATOES VEGETABLE SIDE & DESSERT BREAD & BUTTER			

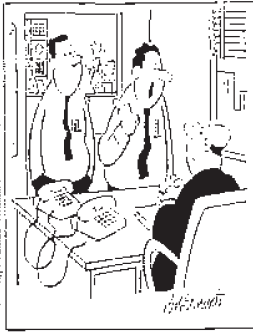
PLEASE NOTE THAT ALL MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCT

SOUP DAILY BOWL \$2.00 OR CUP \$1.50

ENTRÉE SALAD FOR MONTH

WEEK OF 04/01/24
WEEK OF 04/08/24
WEEK OF 04/15/24
WEEK OF 04/22/24
WEEK OF 04/29/24

TACO SALAD
TERIYAKI CHICKEN SALAD
CHEF SALAD
FRIED CHICKEN SALAD
TURKEY WRAP



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Soak

SABBOR

Piece

MAPLES

Fit

BONGLE

Ignite

LINKED

"We're having a problem — his computer keeps _____ the buck to my computer."

TODAY'S WORD



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Appeal

TREQUES

Group

REESIS

Rift

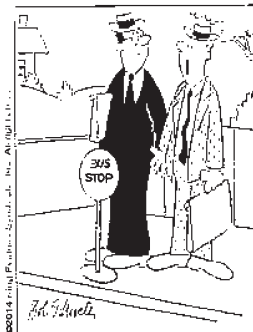
SCHAM

Bestow

OWNED

"When we grow up we'll probably regret we didn't study this guy's _____ a little closer."

TODAY'S WORD



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Seek

CHEARS

Large

HAVEY

Gather

CORRUPE

Crease

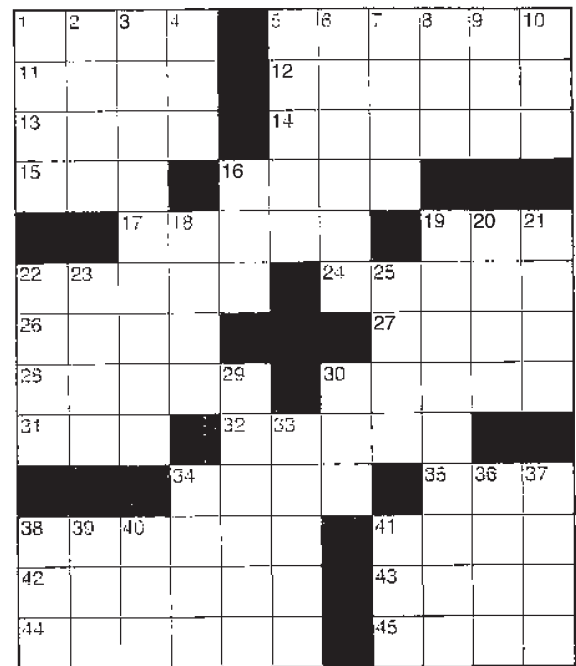
WINKLER

"The only liberation movement my wife cares about is the one where she liberates my _____ from me."

TODAY'S WORD

CROSSWORD

THOMAS JOSEPH

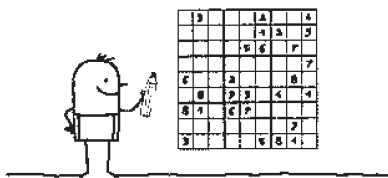


ACROSS

- 1 Foolish
- 5 Forgivable
- 11 Opera highlight
- 12 Show clearly
- 13 Field cover
- 14 Fit an arrow to a bow
- 15 Crunch targets
- 16 Gag
- 17 Motif
- 19 Flowed into
- 22 Man of many words
- 24 Sycophantic
- 26 District
- 27 Buffalo's county
- 28 Muffler's kin
- 30 Bulletproof apparel
- 31 Hole number
- 32 Wield
- 34 TV's Trebek
- 35 To date
- 38 Granola bit
- 41 Soccer great
- 42 Climate-affecting current
- 43 Comfort
- 44 Stun with noise
- 45 Small songbird

DOWN

- 1 Poll numbers
- 2 Swift horse
- 3 It's needed for the uphill climb
- 4 Spigot
- 5 Malice
- 6 Conjures up
- 7 Pleasant
- 8 Tattoos, slangily
- 9 King topper
- 10 Was in front
- 16 Airport sight
- 18 Get news of
- 19 Freshman
- 20 Give off
- 21 Colors
- 22 Rough voice
- 23 Killer whale
- 25 Lusty look
- 29 Cat
- 30 Puzzle
- 33 Colorless gas
- 34 "Like that'll happen!"
- 36 Otherwise
- 37 Freshman, usually
- 38 Roulette bet
- 39 Heady drink
- 40 — tizzy
- 41 Flock holder



Sudoku 1

9	1	4	3	6	5	8	2	7	
3	2	5	4	7	8	1	9	6	
7	8	6	2	1	9	3	4	5	
6	3	8	7	9	2	4	5	1	
1	5	9	8	4	3	6	1	7	2
2	4	7	6	5	1	9	3	8	
9	7	3	9	2	6	5	1	4	
5	9	2	1	8	4	7	6	3	
4	6	1	5	3	7	2	8	9	

Sudoku 2

1	3	4	8	2	5	7	9	6	
8	5	9	6	7	4	2	1	3	
2	6	7	3	1	9	5	8	4	
4	9	8	7	3	1	6	5	2	
3	7	5	9	6	2	1	4	8	
6	2	1	5	4	8	9	3	7	
7	4	3	1	5	6	8	2	9	
9	1	6	2	8	9	4	7	5	
5	8	2	4	9	7	3	6	1	

Sudoku 3

6	5	7	3	1	2	9	8	4	
2	9	1	8	6	4	5	7	3	
3	8	4	5	7	9	2	6	1	
7	4	2	1	8	3	6	5	9	
5	3	6	9	2	7	1	4	8	
9	1	8	4	5	6	7	3	2	
8	2	5	7	1	1	3	9	6	
4	6	3	2	9	5	6	1	7	
1	7	9	6	3	8	4	2	5	

Sudoku 4

7	2	8	3	4	9	6	1	5	
6	1	3	8	5	7	9	2	4	
4	9	5	6	2	1	3	8	7	
3	7	1	5	9	8	2	4	6	
8	4	9	7	6	2	5	3	1	
5	6	2	4	1	3	7	9	8	
2	8	7	1	3	5	4	6	9	
1	3	4	9	7	6	8	5	2	
9	5	6	2	8	4	1	7	3	

	1	4			5	8	2	7
3			4		8			6
7			2					5
6			7					1
	5	9	8				7	
			6				3	
			9			5		
			1			7		
	6	1				2		

©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Difficulty Level ★★★

		4		2		7			
8	5		6				1	3	
			7		1		5		
3								8	
	2		5		8				
9	1					3		7	5
		2		9		3			

©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Difficulty Level ★★★

		7	3	1		9		
2				6	4	5		
				9				
	4	2						
5								8
						7	3	
			7					
		3	2	9				7
		9		3	8	4		

©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Difficulty Level ★★★★★

		8		4		6		
	1				7		2	
4				2				7
	7							
8		9		6		5		1
							9	
2				3				9
	3		9				5	
		6		8		1		

©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Difficulty Level ★★★★★



NCIS



- ABBY SCIUTO
- ANTHONY DINOZZO
- COTE DE PABLO
- ENFORCEMENT
- FIELD AGENT
- HACKING
- INTELLIGENCE
- INVESTIGATIVE
- KATE TODD
- LEON VANCE
- LEROY GIBBS
- MARK HARMON
- PAULEY PERRETTE
- POLICE
- ROCKY CARROLL
- SASHA ALEXANDER
- SEAN MURRAY
- SPECIAL AGENT
- SPIN-OFF
- ZIVA DAVID

StarGate

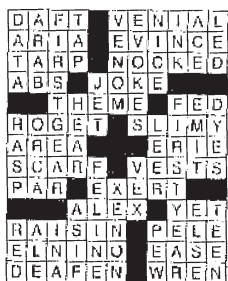


- ABYDOS
- ALIENS
- ANCIENTS
- ASGARD
- ASURANS
- ATLANTIS
- DAKARA
- DANIEL JACKSON
- FURLINGS
- GOA'ULD
- JACK O'NEILL
- JAFFA
- KULL WARRIORS
- PEGASUS
- REPLICATORS
- SCIENCE FICTION
- TOK'RA
- UNAS
- WORMHOLE
- WRAITH

Scramblers 1

SCRAMBLERS
solution
1. Absorb; 2. Sample;
3. Belong; 4. Kindle
Today's Word:
PASSING

Joseph Crossword



Scramblers 2

SCRAMBLERS
solution
1. Request; 2. Series;
3. Chasm; 4. Endow
Today's Word:
TECHNIQUE

Scramblers 3

SCRAMBLERS
solution
1. Search; 2. Heavy;
3. Procure; 4. Winkle
Today's Word:
PAYCHECK



SCAM ALERT—Grandparent Scams

In a typical "grandparent" phone scam, a grandparent receives a phone call from someone posing as a grandchild. The caller claims to be in trouble and they say they need money quickly, maybe to pay a fine or to stay out of jail. The caller asks the grandparent to send money, often out of the country, using a prepaid money card or wire transfer. Or, the caller may ask you to purchase gift cards and call them with the card numbers. The caller will often ask you to keep this situation secret from their parents.

While your instinct may be to help, it's smart to be careful. Ask questions only your grandchild would know the answer to. For example, if your grandchild doesn't have a sister, ask the caller if they have called their sister. If they respond to the question instead of pointing out they don't have a sister, you know you are talking to a scammer and not your grandchild.

If you're still not sure, call the child or his or her parents via numbers you trust to verify. And, no matter the situation, never agree to send money immediately or give credit card or gift card information over the phone if you are not sure the caller is who he or she claims to be.

One Pot Chicken and Rice

4-6 T. butter, divided

1 heaping C. shredded or chopped carrots

salt and pepper

8 C. chicken stock

1 tsp. dried minced garlic

2 C. long grain rice

2 T. dried parsley flakes

1 T. dried minced onion

2 small chicken breasts, cut into bite size pieces



Melt 2 T. butter in a large soup pot over medium heat. Add carrots, season to taste with salt and pepper. Place a lid on top and cook until carrots are tender, 5-6 minutes, stirring occasionally.

Add rice, dried onions and dried garlic then stir to coat in butter and sauté for 1 minutes. Add dried parsley and chicken stock then turn heat up to high to bring to a boil, stirring occasionally to ensure the rice doesn't stick to the bottom of the pot as it comes to a boil.

Turn heat down to medium-low then simmer for 15 minutes, stirring occasionally. Season chicken with a sprinkle of salt and pepper then add to the pot, turning the heat up slightly to bring it back up to a bubble if necessary. Turn the heat back down to medium-low then continue to simmer until the chicken is cooked through and rice is al dente, 7-10 minutes, stirring occasionally and more frequently near the end.

Place a lid on top of the pot then remove from heat and let sit for 5 minutes. Stir in remaining 2-4 T butter (however much you like!) then taste and add more salt and pepper if necessary. Scoop into bowls then serve. This dish will thicken as it cools.

Easy ways to support the Center!

Planned Giving—What is it about? It means you are planning to give a gift later. It is a plan that you put in your will, an item that is worked out with your family and attorney. From time to time, the Senior Center receives such gifts. Whether these amounts are small or large, they are extremely important.

If you would like more information, please contact Misty Bradley, Executive Director, at 740-852-3001. Your call or meeting is strictly confidential. This is one of the easiest ways to leave a legacy to the Senior Center.

Required Minimum Distribution from your IRA—If you have an IRA and are required to take a mandatory distribution, did you know that you can make a transfer directly from your IRA to a charity of your choice and the contribution is not taxed? You can give up to \$100,000 from your IRA to a charity and it will be counted towards your RMD but isn't included in your adjusted gross income. If you want further information on how you can make a gift to the Senior Center from your IRA, please contact your financial advisor.

April Birthdays!

Patron	Birthday	Patron	Birthday
Seaman, Lena	04-01	Bird, Sandy	04-14
Dever, Ruth	04-02	Lewis, Brenda	04-14
Watkins, Audrey	04-02	Thum, Jeanine	04-14
Lewis, Wilma	04-02	Young, Vickie	04-15
McCarty, Sandy	04-02	Molt, Chester	04-16
Miller, Tom	04-02	Hix, Mary Lou	04-16
Harden, Johnetta	04-02	Elam, Steve	04-16
Yost, Rosella	04-02	Sherman, Mary	04-17
Donohoe, James	04-03	Blake, Mike	04-17
Rice, Donna	04-03	Conley, Pamela	04-18
Toy, Donna	04-04	Murray, Rod	04-18
McKinley, Keith	04-04	Stewart, Lila	04-20
Woodard, Beverly	04-05	Saupe, Margaret	04-20
Carter, Anne	04-06	Walker, Gary	04-23
Fordyce, Beth	04-07	Dobbins, Colleen	04-24
Parsons, Martha	04-07	Philip, Toni	04-24
Maharrey, Mary Ann	04-07	Simmons, Faith	04-25
Saxour, Nancy	04-08	Kelley, Cindy Jane	04-27
Majka, Kay	04-10	Florence, Barbara	04-27
Follow, Phyllis	04-11	Hicks, Norma	04-29
O'Reilly, Michael	04-11	Shaw, Martha	04-29
Heysel, David	04-12	Floyd, Nancy	04-29
Kumises, Marty	04-12	Mongol, Gloria	04-29
Porter, Howard	04-12	Rayburn, Pat	04-30
Radcliff, Bonnie	04-13	Porter, Betty	04-30
King, Jean	04-14	McCann, Dottie	04-30





**THANK YOU
FOR VOLUNTEERING**

"THE SMALLEST ACT OF KINDNESS
IS WORTH MORE THAN THE
GRANDEST INTENTION."
- OSCAR WILDE

HELP WANTED

Part-time Café Cook

Hours: Monday – Thursday 8:00-1:30

Candidate must have cooking experience, be able to operate kitchen equipment, clean and sanitize kitchen area, follow recipes, maintain inventory and record of food and supplies, some lifting, most importantly, enjoy working with the public.

Send resume or pick up application at:

Madison County Senior Citizens Center

P.O. Box 389

280 West High Street

London, OH 43140-0389

Drug Testing/Background Check Required

EOE

Vendors

MADISON COUNTY SENIOR CENTER SENIOR FAIR



Calling All Seniors!

Date: Tuesday, May 14, 2024

Time: 9:00 a.m.—1:00 p.m.

Ohio Dermatology will be doing skin screenings from 11:30 a.m. to 1:00 p.m.

Please call the Center to sign up for an appointment.

740-852-3001

ALS United

Bluebird Retirement

Clear Caption

Columbus VA

Good Shepherd Village

Heartland Hospice

Hoy Ins. Group

Associates in Podiatry

Lifeline of Ohio

London Police

Ohio Dermatology

Madison Health

Medigold

Ohio Consumers Council

Safe Communities

Synergy Homecare

Anthem Blue Cross/BS

CapTel

COAAA

Fire Dept./Red Cross

Health Department

Home Instead

Job & Family Services

Lifecare Alliance

London Public Library

Ohio Dept. of Commerce

Ohio's Hospice Loving Care

Madison Senior Living

Mid Ohio Food Collective

OSHIIP

Sovereign Village

Vitas Healthcare

Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Gary Likens, 505-934-9700.



Nurse Delivered Foot Care at the Senior Center by Restorative Foot and Nail Care

Services include:

- Routine maintenance and advanced foot & nail care
- Personalized assessment of your feet and nail needs
- Toenail trimming and filing
- Reduction of corns and calluses
- Referrals to appropriate resources

Fee—\$35

To schedule an appointment call 937-499-4043 or 937-271-7687.



Funnies

Teacher: How old is your father?

Kid: He is 6 years old.



Teacher: What? How is this possible?

Kid: He became a father when I was born.

**

Teacher: Clyde, your composition on "My Dog is exactly the same as your brother's. Did you copy his?"

Clyde: No, sir; it's the same dog.

**

Teacher: Maria, go to the map and find North America.

Maria: Here it is.

Teacher: Correct. Now, class, who discovered America.

Class: Maria

**

Teacher: Harold, what do you call a person who keeps on talking when people are no longer interested?

Harold: A teacher

Friends of Madison County Parks & Trails

Supporting our community & the Madison County Park District since 1999

fmcpt.com
info@fmcpt.com



CHANNEY & THOMAS

Insurance

Deeann Blake



104 Lafayette Street
London, Oh 43140
(740) 852-2323

London Public Library

Your Everyday Library!

Visit www.mylondonlibrary.org

- Educational Events for all Ages
- Online Services/Computers
- Newest Books
- Latest DVDs
- Video Games
- Audiobooks



20 E. First Street, London Ohio



VETERANS!!

WE WANT YOU...

TO KNOW WHAT YOUR BENEFITS ARE!!

We also provide transportation to and from VA medical appt.'s **and** provide veterans ID Cards!!

Call our office for more information 740-852-0676



VETERANS SERVING VETERANS...

Jim Tunnell

REALTOR®

Office: 740-490-7411

Cell: 740-506-0648

Fax: 740-956-1070

JimTunnell@HowardHanna.com

11 E High St

London, Ohio 43140



Real Estate Services

OHIO'S



Our mission is to celebrate the lives of those we have the privilege of serving by providing superior care and superior services to each patient and family.

937.644.1928

www.OhiosHospiceLovingCare.org

WILSON PRINTING & GRAPHICS, INC.



Tim Wilson

158 South Main Street
London, Ohio 43140
tim@wilson-printing.com

(740) 852-5934
Watts: 1-800-783-5934
Fax (740) 852-5906

MERCHANTS NATIONAL BANK

279 Lafayette Street

London, Ohio

740-852-4900

**"A REAL Community Bank,
with Real Customer Service"**



MEMBER
FDIC

Whether you're looking for Independent Living or Assisted Living we have you covered!
Tours are welcome...to set up a visit please call the number below:

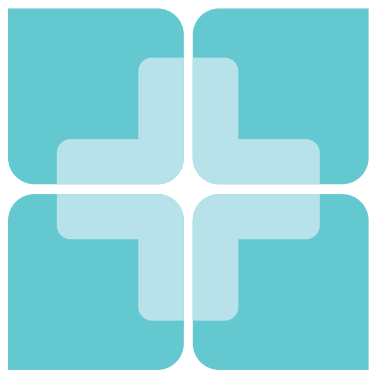
Bluebird 740-564-8698

Sovereign Village 740-564-6436



Sovereign Village

WHERE FREEDOM RINGS



Madison HEALTH

Your Care • Your Connection • Your Choice

P.O. Box 389
280 West High Street
London, OH 43140

Phone: 740-852-3001
Fax: 740-852-3052

We're on the Web!

mcsenior.org or on Facebook at
Madison County Senior Citizens Center



April 2024

Misty Bradley, Executive Director
Ramalingam Selvarajah, M.D., Medical Director
Janisse Isaacs, Activity Coordinator/Marketing
Marilyn Lowery, Front Office/ Substitute Driver
Ruth Kennedy, Staff Nurse/Wellness Coordinator
Beth Dillion, Adult Day Center Coordinator
Patsy Bricker, Adult Day Center Aide
Regina Conley, Adult Day Center Aide
Sandy Darlington, Adult Day Center Aide/Substitute
Brenda Lewis, Cook
Brenda Castle, Transportation Coordinator
Wayne Bricker, Driver
Don Hawkins, Substitute Driver
Martha Parsons, Substitute Driver
Mark Bires, Substitute Driver
Steven McClaskie, Substitute Driver
Mike Koesters, Substitute Driver
Luther Dolby, Maintenance

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.