







Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531

COME JOIN US!!!
Lunch Served Daily
Monday Thru Friday

January 2020

SUN	MON	TUE	WED	THU	FRI	SAT
			1 HAPPY NEW YEAR!! SITE CLOSED	2 Italian Lasagna, Italian Vegetables, Tossed Salad w/Peppers & Tomatoes, Bread Sticks and Apricots	3 Beef and Noodle Casserole, Carrots, Whole Wheat Roll and Orange	4 Menu is Subject To Change Without Notice
5 HICAP AT DNSC 464-7876	6 Salisbury Steak w/Gravy, Mashed Potatoes, Broccoli, Spinach Salad, WW Roll and Pears	7 Pasta Primavera, Carrots, Romaine Salad w/Cucumbers, Tomatoes & Peppers WW Roll and Pineapple Salad Bar	8 Oven Baked Chicken, Sweet Potatoes, Sautéed Cabbage and WW Bread	9 Pulled Pork Sandwich on WW Bun, Homemade Tomato Soup, Apple Poppy Seed Coleslaw and Orange	10 Swiss Steak, Mashed Potatoes, Brussel Sprouts w/ Garlic, WW Bread and Applesauce	11 
12 Senior Legal Service 464-3069	13 Chicken with Orange Sauce, Broccoli, North West Honeyed Pears and Brown Rice	14 Baked Ziti w/Four Cheeses, Cauliflower w/ Parsley, Spinach Salad w/Apples and Garlic Bread Salad Bar	15 Beef Stew, Tossed Salad w/Tomato and Peppers, Corn Bread and Fresh Orange	16 Tuna Casserole, Green Beans w/ Onions, Romaine Salad w/Tomatoes & Peppers and WW Bread	17 Stir Fry Chicken & Vegetables, Brown Rice, Sesame Coleslaw and Peaches	18 
19 	20 Site Closed For Martin Luther King Day	21 Vegetarian Taco Salad w/Cheese & Black Beans, Brown Rice, Tortilla Chips and Sliced Orange Salad Bar	22 Meat Loaf w/Gravy, Mashed Potatoes, Carrots, WW Bread and Orange	23 Chicken Noodle Soup, Spinach Salad w/Feta Cheese & Red Peppers, WW Roll and Apple Crisp	24 Spaghetti w/ Meat Sauce, Broccoli, Spinach Salad and Garlic Bread	25 
26 	27 Chunky Corn Chowder, New Orleans Cabbage Salad, WW Bread with Peaches & Pears	28 Egg Salad Sandwich, Cream of Carrot Soup, Spinach Salad, WW Bread and Fresh Apple Salad Bar	29 Ham, Scalloped Potatoes, Romaine Salad w/Tomato & Peppers, Biscuits and Peaches	30 Lemon Tarragon Chicken, Mashed Potatoes w/Gravy, Broccoli, Harvest Muffin and Apricots	31 Happy Birthday Roast Turkey w/ Gravy, Cranberry Sauce, Sweet Potatoes, Peas, Stuffing and Birthday Cake	Senior Information 464-3069 ext. 207