

Just Dance & Fitness Studio



1060 E. Industrial Drive, Ste T Orange City, FL 32763

386-473-5008

Justdance4fitness@gmail.com

JUNE 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
					8:00 am SBZ 9:00 am ZF	11:30 am Y-SF
4	5	6	7	8	9	10
5:30 am SBZ 5:45 pm FY 7:00 pm ZF	6:00 pm BA 7:00 pm ZF	5:30 am SBZ 6:30 pm ZT 7:30 pm ZF	7:00 pm SBZ		8:00 am SBZ 9:00 am ZF	11:30 am Y-SF
11	12	13	14	15	16	17
5:30 am SBZ 5:45 pm FY 7:00 pm ZF	6:00 pm BA 7:00 pm ZF	5:30 am SBZ 6:30 pm ZT 7:30 pm ZF	7:00 pm SBZ	NEW CLASS 7:30 pm Hip Hop	8:00 am SBZ 9:00 am ZF	11:30 am Y-SF
18	19	20	21	22	23	24
5:30 am SBZ 5:45 pm FY 7:00 pm ZF	6:00 pm BA 7:00 pm ZF	5:30 am SBZ 6:30 pm ZT 7:30 pm ZF	6:30 pm C&M 7:00 pm SBZ	7:30 pm Hip Hop	8:00 am SBZ 9:00 am ZF	11:30 am Y-SF
25	26	27	28	29	30	
5:30 am SBZ 5:45 pm FY 7:00 pm ZF	6:00 pm BA 7:00 pm ZF	5:30 am SBZ 6:30 pm ZT 7:30 pm ZF	6:30 pm C&M 7:00 pm SBZ	7:30 pm Hip Hop	8:00 am SBZ 9:00 am ZF	

Dance Fitness Classes: Monthly Auto-Renew Membership \$35/ Monthly Membership \$40/ Walk-in \$5
(Includes Zumba®, Zumba® Toning, STRONG by Zumba®, and Core & More)

Family Yoga \$30 for month of May 2018

Yoga Slow Flow: \$5

Empowered Fitness by Faith: \$5

notes

Zumba Fitness
Zumba Toning
STRONG By Zumba
Core and More
Barre above
Family Yoga
Yoga- Slow Flow
Hip Hop

(ZF)
(ZT)
(SBZ)
(C&M)
(BA)
(FY)
(Y-SF)
(HH)

Jennie Ngo, Tracy Rodriguez
Jennie Ngo, Tracy Rodriguez
Jennie Ngo, Tracy Rodriguez
Jennie Ngo, Tracy Rodriguez
Jennie Ngo
Eileen Simoneau
Cayla Stone
Ashley Kisielewicz **6 week Series Class**

For Class descriptions please visit our website www.justdance4fitness.com