

# **Dove Tale News** Haynes House of Hope

## Winter 2018



Amanda Krupski

## Meet our new Executive Director

The board of directors of the Haynes House of Hope is pleased to announce that it has appointed Amanda Krupski RN, BSN, to be the facility's new executive director. Haynes House is a comfort care home for the terminally ill located in Granville, New York.

Amanda brings a decade of experience in the medical field. Currently a weekend supervisor at a local skilled nursing facility, she also has experience in specialties including psychiatry, operating room and corrections.

She received her RN degree from SUNY Adirondack and her Bachelor of Science in Nursing from Empire State College. In the near future, she plans to work towards becoming a nurse practitioner, specializing in psychiatry.

Amanda is enthused about working for Haynes House.

"It's a way for me to give back to the community," she said. "It's also an opportunity for me to get back to how nursing was originally founded as personal care."

Her immediate goals in her new role are to increase outreach for potential residents and to focus on recruiting new volunteers.

A native of Ballston Spa, she moved to Fort Edward three years ago. She resides with her fiancé, her 8.5year-old stepson Mason, and a menagerie of two dogs, three cats and some fish. A self-described "outdoors person," she enjoys fishing on her boat on her days off.

Amanda replaces former Executive Director Carol Finke, RN, who retired from Haynes House in November 2017 after almost three years with the home. The board of directors thanks Carol for her dedication and her many contributions to Haynes House during her tenure.



## New sunroom is completed

It started as a "wish list" item by the Haynes House board of directors, but the sunroom at the rear of the house is now a reality.

The bright new room, which can be accessed via French doors from each resident's room, has rustic pine paneling and a slate tile floor. It will provide Haynes House residents with a warm, cheery outdoors-feeling space that will be a welcome respite in the cooler months.

Work was completed by Fred Wilson Construction of Comstock, New York. Wilson's bid of \$17,000 came in under the original estimate of \$23,000.

The majority of the funding for the project came in the form of a \$10,000 grant from the Charles R. Wood Foundation. The Glens Falls Foundation has also promised a \$2,500 contribution, and the Greenwich Lions Club has donated \$500. The slate flooring was donated by Camara Slate of Fair Haven, and contractor Fred Wilson donated his labor to install the tile.

Everyone at Haynes House is gratified by these contributions, and we are eager to see our residents enjoy this beautiful space.

## Rain doesn't stop Trek for Hope

In spite of windy, rainy weather, about 50 people showed up at Veteran's Park on Sunday, Oct. 8 to take part in the Trek for Hope to benefit the Haynes House of Hope in Granville. The rain stopped in time for the 5K at 9:30 a.m., but the kids doing the 1-mile run at 9 a.m. did get a little wet.

Overall men's winner was Owen Lancer of Warwick, New York (Orange County), who finished the 5K in 20:30. Lancer said he had done the Trek many times, as it coincides with his Columbus Day visit to relatives in Hebron. "I come every year," he said. "It's a nice little race."

First woman to cross the finish line at 23:17 was Daniele Cherniak of Cohoes, New York. While this was Cherniak's first time running the Trek for Hope, she is no stranger to Granville races. A 40-year runner, she has also run the Rail Trail to the Footbridge 5K and the Lioness Run for the Community.

"I love running up here," she commented. "I decided to try this race this year."

Eight-year-old Brogan Moran was the top finisher in the Kids 1-mile run. He was followed by Brooke Woodbury (age 14), Rory Moran (age 6), and Autumn Woodbury (age 12).

Haynes House wishes to thank all the volunteers who helped make the race a success, as well as our sponsors, Zappone's Chrysler Jeep Dodge Ram, VNA & Hospice of the Southwest Region, The Liquor Stop, Rathbun's Sugar House, Otto's Cones Point, North Country Bail Bonds, NBT Bank, M. Shaw Insurance, and Glens Falls National Bank and Trust Company.



Carrie O'Brien presents top women's finisher Daniele Cherniak (R) with her award.



Owen Lancer won the men's overall award for the Trek.



The new access ramp at Haynes House

### Haynes House receives grants

The Haynes House of Hope was recently awarded two grants for different projects at the house.

The Washington County Home for Aged Women Inc. granted Haynes House \$4,956 to reconstruct the access ramp on the side of the house. Used by ambulance crews to deliver new residents to the house, the original ramp did not line up directly with the entrance door, which resulted in crews having to make a difficult turn with the gurney.

The new ramp (shown above) allows direct access to the door, which should create an easier arrival for new residents.

In other grant news, Haynes House received a \$10,000 grant from the Charles R. Wood Foundation to help construct a sunroom at the rear of the house. Construction began in December and was completed in January.

Since the porch could only be utilized in warm weather, residents have not been able to get outdoors for several months of the year. The new sunroom will be a wonderful addition to the lives of our residents, who will be able to enjoy an outdoor experience year-round.

Estimated cost of the sunroom project is approximately \$17,000, about 75 percent of which has been raised through grants. The Glens Falls Foundation has also promised a \$2,500 donation for the project, and the Greenwich Lions donated \$500. Fundraising is continuing for the sunroom, which was constructed by Fred Wilson.

The Board of Directors expresses sincere appreciation to the Washington County Home for Aged Women and to the Charles R. Wood Foundation for their generous donations to Haynes House.



The LaMothe-Gee Family sings at Haynes House

## Holiday Open House a success

A large crowd turned out on Dec. 17 for the Haynes House Holiday Open House. Volunteers and friends from near and far came to the house to see new improvements and learn out the Haynes House mission.

The highlight of the afternoon was a spectacular mini concert by the LaMothe-Gee Family of Hebron. Their angelic harmonies brought the sounds of the season to life as they performed exquisitely beautiful Christmas songs, including The Messiah. It was the perfect way to get in the Christmas spirit.

Guests also enjoyed some scrumptious refreshments. Additional musical entertainment was provided by Pastor Joel Aubrey, who played Christmas songs on the house piano as people arrived.

The Open House was also an opportunity to honor our dedicated volunteers, without whom the house could not operate. We were pleased to have our volunteers come and enjoy the holiday season with us.

#### It's finished!



Sneak peek of the interior of the new sunroom



# Volunteer Profile: Lila Myer

When it comes to being a Haynes House volunteer, Lila Myer is an original.

"I was at the first meeting when Crystal (Everdyke) got us all together, I was here when we put the first shovel in the ground and I was here for the first resident," she says.

From its conceptual stage in 2005 to today in 2018, Lila has been a very active Haynes House volunteer. She is a strong supporter of the house and its mission, noting that "it was needed by the community."

Lila describes the volunteer experience as very rewarding.

"Whether it is a hand held out or a smile, they know you are there to help," she says. "It's so rewarding getting to know the residents and their families; we almost become extended family. We fall in love with lots of them."

While Lila does hands-on resident care, she has also been known to bake goodies for them and make meals. She notes that community members also do little kindnesses for the house, like drop off cookies for the volunteers and residents.

"Community involvement is very important," she believes.

Lila is also very involved in many of the Haynes House fundraisers. "I'm there in whatever capacity I can help," she says.

Community service is a hallmark of her life. The South Granville native has been involved with Adopt-a-Soldier for 15 years, and has sung in the South Granville Congregational Church choir since she was a child. She was honored for her community service by the Granville Lions Club, which awarded her the Melvin Jones Fellowship for humanitarian service.

Lila retired from the Granville school system after 35 years working as a library assistant and classroom aide. For now, though, she will continue to work with Haynes House.

"I've always felt the house was full of warmth and love," she says. "It's a very humbling experience to know you can help."

## Be a Haynes House volunteer

Haynes House is occupied most of the time, and we are always in need of volunteers to help care for our residents. Our volunteers continually tell us how rewarding it is to assist the residents of the house.

Volunteers receive training and work several times with an experienced volunteer before going solo. A typical shift is 4 hours, and each volunteer can set their own schedule, working as little or as much as they wish.

To learn more about volunteering at Haynes House, call Executive Director Amanda Krupski at 518-642-8155.

#### Wanted: Flocking Ninja

Are you someone who is intrigued by "Mission Impossible" type assignments?

The Haynes House of Hope has an unusual volunteer position open. We need a "flocking ninja" who can place our flock of pink flamingos on an unsuspecting recipient's lawn. This is done under cover of darkness so that the "flockee" is surprised in the morning. If you live in the Haynes House area and are interested, contact Executive Director Amanda Krupski at 518-642-8155. We thank our expert "flocker" Lauren Bucciero, who has retired from flocking after several years of dedicated service.

## Haynes House wish list

If you would like to help Haynes House with frequently used items, here is a list of things the house always needs:

**Bottled Water** Ginger ale (diet and regular) Puddings/Jello Chicken/Beef/Vegetable broths Ensure/Boost drinks Sandwich bags, freezer bags Hand sanitizer Clorox wipes Dishwasher tablets Swiffer dry cleaning pads Laundry detergent Computer paper Stamps Cloth incontinent pads Tall kitchen garbage bags Baby wipes Latex-free disposable gloves Ice melt for cement

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#### **Find Haynes House on Facebook**



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