## North Shore WOW Ride Levels

- **Introductory** rides are geared towards the newer rider, those who have minimal group riding experience, and riders new to riding with NS WOW. The ride will be a fair weather daytime ride of less than 60 miles with no highway riding. Ride will concentrate on orientation for rules of the road and group riding. Limited to no more than 7 riders.
- **Beginner** rides are geared to riders that have some riding experience and have previously ridden in a group. The ride will be a fair weather daytime ride of less than 100 miles with no highway riding. This is a leisurely ride with rest stops approximately every 45 to 60 minutes.
- **Intermediate** rides are for riders who have riding experience, are comfortable on their bikes and in group riding. The ride can be up to 200 miles in length. The ride may include any of the following: night riding, minimal highway riding, more technical roads. This is a leisurely ride with rest stops every 60 to 90 minutes.
- Advanced rides are for experienced riders who have ridden in a group. These rides have a range of 300+ miles. It can include extensive highway riding and night riding. Rest stops are less frequent.

One on One mentoring is also available.

Ride levels are self assessed but skill level may also be reviewed by a safety committee member for any concerns.