



November/December Menu

Monday 11/30	Tuesday 12/1	Wednesday 12/2	Thursday 12/3	Friday 12/4
Breakfast Oatmeal Raisin Breakfast Bars & Sliced Apples Milk	Breakfast Cheese Toast & Diced Pears Milk	Breakfast Strawberry Nutri- Grain Bars & Mixed Fruit Milk	Breakfast Whole Grain Golden Graham Cereal & Bananas Milk	Breakfast Cinnamon Rolls & Sliced Peaches Milk
Lunch Tuna Fish Casserole Mixed Veggies Mandarin Oranges Milk	Lunch Chicken & Rice Sweet Peas Crushed Pineapple Milk	Lunch Beef Tater Tot Casserole Diced Carrots Tropical Fruit Butter Bread Milk	Lunch Chicken Patty Slider with Cheese Corn Diced Apricots Milk	Lunch Whole Grain Spaghetti with Meat Sauce Green Beans Apple Sauce Milk
Snack Ritz Bitz Cheese Crackers & 100% Apple Juice	Snack Giant Cinnamon Gold Fish Grahams & Apple Sauce Cups 100% Apple Juice or Water	Snack Vegetable Wheat Thins 100% Apple Juice	Snack Club Crackers & Banana Chips 100% Apple Juice or Water	Snack Cinnamon Churros & 100% Apple Juice