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St. Joseph The Worker Parish, Russell, MB St. Theresa's Parish Rossburn, MB Responsorial Psalm 30: I will extol you, Lord, for you have raised me up.

St. Theresa's Parish News & St. Joseph The Worker Parish News:

Zoom Along with Us you can use it on your computers, tablets, i-pads & smart-phones We still have Thursday, zoom adoration at 10:30 a.m. followed by Mass at 11:00 a.m. & Sunday zoom Mass is at 9:00 a.m. **Daylight savings Time**

Staying Spiritually Resilient during this pandemic 3 ways to pray Ignatian

1. Do the Examen: At the end of the day, ask the Holy Spirit to guide your memory over the day's events and conversations. Give thanks for the blessings of the day. Ask God's forgiveness if you have wandered from Jesus' path of truth, compassion, and kindness. Ask God's help with any negative patterns you see in your life, or for strength and wisdom to deal with upcoming events or issues. You can do this prayer once a day, twice a day, three times a day; the important thing is to develop a pattern that's best for you.

2. Put yourself in a Gospel Story: Just choose which character you're going to be, and walk right into the scene where Jesus heals someone, delivers a teaching, or feeds thousands. You can be a main character in the story, or you can be a bystander or friend that you simply invent for this prayer. Don't get distracted by trying to be historically accurate—this is not about you interpreting Scripture in a scholarly way. The point is to encounter Jesus. Ask the Holy Spirit to guide this very spiritual function, the human imagination, to where you need to go.

3. Pray as though you're having a conversation across the dinner table or in your living room:

In the Spiritual Exercises, this is called a **<u>colloguy</u>**, but it's just conversational prayer. You speak to Jesus as you would a close friend. You speak to Mary, his mother, or to God the Father/Creator, or to the Holy Spirit who is comforter, or to one of the saints, who can be part of this conversation with the Divine. Sometimes, when we pray the way we talk, it can enable us to be more honest. Probably the only danger is that we become flippant or casual, but this isn't much of a temptation when we remember who it is we're talking to.

Prayer for the Year of St. Joseph

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man. Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy, and courage, and defend us from every evil. Amen.

CCCB Statement - Date of the Delegation to the Holy See

Ottawa - Following the 10 June 2021 announcement regarding the delegation of Indigenous people to meet with the Holy Father to foster meaningful encounters of dialogue and healing, the Catholic Bishops of Canada are pleased to announce that the delegation is scheduled to take place from 17-20 December 2021 in compliance with global travel restrictions. Click here for the rest of the CCCB Statement.

* Premarital Counselling 😊

Adam and Eve had an ideal marriage. He didn't have to hear about all the men she could have married, and she didn't have to hear about the way his mother cooked.

-Due to Covid-19, both parishes are closed for Mass' until further notice. -We are not opening for Sunday Mass' at the present time for at least a couple weeks as only 25 people can come to each Mass so far. -We will start with a Friday weekday Mass for July 9th at both parishes. -We have lots of people getting their second shot of Vaccine and many wished to wait the full two weeks before gathering together. **Catechism of the Catholic**

	Saturday	July	3	+Emilienne Mangin req. George M
	Sunday	July	4	Zoom on-line Mass 9:00 a.m.
				+ Marilyn Robb req. Bernadine Brov &
				For All Parishioners req. Father Pa
	Monday	July	5	For health of family req. Jean Gob
	Tuesday	July	6	Health of family & friends req. Mar
	Wed.	July	7	+Joe Zegalski req. Gord Lyshyshyn
	Thurs.	July	8	Zoom on-line Adoration 10:30 a. Mass 11:00 a.m. For All My Children req. Nellie Kas
	Friday	July	9	8:30 a.m. Russell Adoration 9:00 a.m. Mass +Emilienne Mangin req. George M
				10:30 a.m. Rossburn Adoration 11:00 a.m. Mass
Fifteenth Sunday in Ordinary Time				
	Saturday	July	10	+Emilienne Mangin req. George N
	Sunday	July	1	1 Zoom on-line Mass 9:00 a.m.
				Marlene & Loren Pettitt 60th Weddi req. Bev & Family &
				For All Parishioners req. Father Pau
				•

Fr Paul Church **Mass Intentions For The Week:** 188. Saturdays stand out among those Fourteenth Sunday in Ordinary Time days dedicated to the Virgin Mary. langin & family These are designated as *memorials of* the Blessed Virgin Mary (218). This wn memorial derives from Carolingian times (ninth century), but the reasons Paul for having chosen Saturday for its observance are unknown (219). While ba many explanations have been ry Shenderevich advanced to explain this choice, none is completely satisfactory from the .m. & point of view of the history of popular piety (220). skiw Prescinding from its historical origins, today the memorial rightly emphasizes certain values "to which contemporary langin & family spirituality is more sensitive: it is a remembrance of the maternal example and discipleship of the Blessed Virgin Mary who, strengthened by faith and Mangin & family hope, on that great Saturday on which Our Lord lay in the tomb, was the only one of the disciples to hold vigil in ling Anniversary expectation of the Lord's resurrection; it is a prelude and introduction to the ul celebration of Sunday, the weekly memorial of the Resurrection of Christ; Please remember in your prayers those who are sick in it is a sign that the "Virgin Mary is hospitals, care homes, or in their homes & those who care for continuously present and operative in them. If you wish to receive the Sacraments of Anointing, the life of the Church"(221). Confession, or Holy Communion – please call the parish office & leave a message: 204-773-2924. Popular piety is also sensitive to the Saturday memorial of the Blessed **Pope Francis Prayer Intention for July:** Social Friendship: We Virgin Mary. The statutes of many pray that, in social, economic and political situations of conflict, we religious communities and associations may be courageous and passionate architects of dialogue and of the faithful prescribe that special friendship. devotion be paid to the Holy Mother of God on Saturdays, sometimes through St. Philomena Walking Pilgrimage sponsored by the R.C. Archdiocese of Regina August 11-14, 2021 from Yorkton to the specified pious exercises composed Shrine of Our Lady of Lourdes, Rama, SK precisely for Saturdays (222)

Come on a pilgrimage to somewhere special to your faith. As a pilgrim, you will have time to pray by leaving behind the everyday concerns from

back home and spending time in the presence of God. If you are looking for peace or healing, this is a good time to do it. You may become closer to God. TO REGISTER: contact Deacon Dave & Bev Hudy at dave@stphilomena.ca 306-728-5525 For more information: www.stphilomena.ca DEADLINE IS AUG.4.

Inquiries also contact – Deacon Darin Douglas or Carlene

Dear Padre,

Does religious freedom mean we're free to worship whoever and whatever we wish? I thought Jesus gave us rules on this.

esus gave us the gift of freedom. Even as he hung on the cross, he didn't U use force to change the minds of people or coerce them to believe in him. His example shaped the Declaration on Religious Freedom (Dignitatis Humanae), a document from the Second Vatican Council. The council gave us several principles that outline our beliefs about religious freedom:



First, God has made known to us the way in which we are to serve God and find salvation and eternal life in Jesus.

Second, this one true religion consists in the catholic and apostolic Church. To this Church, the Lord himself committed the obligation and duty to spread the truth that salvation in Jesus is ours.

Third, all people are bound to seek the truth, to embrace the truth they come to know, and to hold fast to that truth.

Finally, all of us have a right to be immune from coercion by individuals, social groups, or other human powers. No one is to be forced to act contrary to personal beliefs or prevented from acting in accord with those beliefs.

This also means that if people choose to

reject Christ, they must not be forced to do anything against their will. The judgment for their actions must be left up to God. As a Church, we proclaim the truth of Christ and set high standards for membership in the Church, but we do not force people to convert or believe.

> Fr. Paul J. Coury, CSsR Sundaybulletin@Liguori.org

A WORD FROM Pope Francis

[Religious] freedom remains one of America's most precious possessions. And, as my brothers, the United States Bishops, have reminded us, all are called to be vigilant, precisely as good citizens, to preserve and defend that freedom from everything that would threaten or compromise it. VISIT TO THE WHITE HOUSE, SEPTEMBER 23, 2015

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JULY 5 Weekday Gn 28:10-22a Mt 9:18-26

Tuesday JULY 6 Weekday Gn 32:23-33 Mt 9:32-38

Wednesday

JULY 7 Weekday Gn 41:55-57; 42:5-7a, 17-24a Mt 10:1-7

Thursday JULY 8

Weekday Gn 44:18-21. 23b-29; 45:1-5 Mt 10:7–15

Friday JULY 9 Weekday Gn 46:1-7, 28-30 Mt 10:16-23

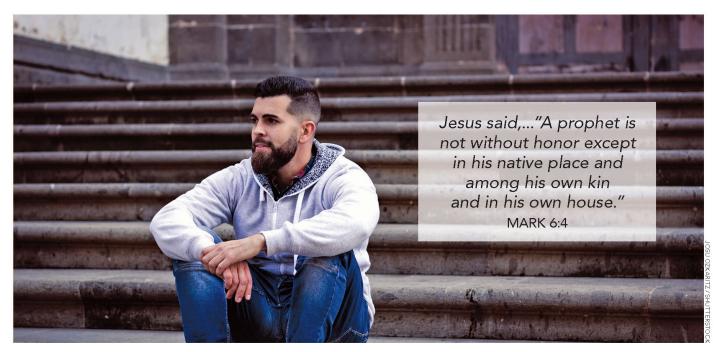
> Saturday JULY 10 Weekday Gn 49:29-32: 50:15-26a Mt 10:24-33

Sunday JULY 11 Fifteenth Sunday in Ordinary Time Am 7:12-15 Eph 1:3-14 or 1:3-10 Mk 6:7–13

Timely topics viewed with a Catholic perspective Catholic Update explores contemporary issues through the lens of Catholic teaching and traditions. Print and digital subscriptions! For more information, visit Liguori.org or call 800-325-9521







Who Do You Think You Are?

implications of the social forces that are operative and his question is not always posed in a spirit of **lightheartedness.** It could be hurled at someone the challenge they might pose to religious traditions. in indignation. This indignation might be justified; That's why they are so often resented. We see this the other could be assuming an unwarranted attitude attitude in the passage from Ezekiel. God sent him to a of superiority. However, the fault could be our rebellious people to call them to repentance. Chances own. We might resent another's genuine insight or are, this did not make him popular. It also did not unquestionable wisdom. There seems to be within make Jesus popular with some. some of us a sense of inferiority that is threatened So often we applaud people who have religious insight—unless we know them well. Then we may by the abilities of others—as if their talents diminish those of us who feel inferior. And what do we do about think: You're no better than the rest of us. Who do you this? We might ignore such an individual, implying think you are? that she or he has nothing that interests us. This Sr. Dianne Bergant, CSA probably happens more often than we like to admit. Or FOR *Reflection* we might try to embarrass the person, thus lowering the individual in the estimation of others. This is how ** Do you appreciate the valid insights of others,* some people depicted in the Gospel passage acted even when they challenge your own? toward Jesus. Prophets are not people who only look into the * Who do you think has insight into today's chaotic future. Such people are called seers. Genuine prophets world? Why do you choose that person? have insight into the present, understanding the

July 4, 2021 Fourteenth Sunday in Ordinary Time (B) Ez 2:2-5 2 Cor 12:7-10 Mk 6:1-6a