

## **Take a Double Dose of History**

The value of history is to be able to trace cause and effect. Each generation is either blessed or cursed by its predecessors. It has been said, "in order to have a clear understanding of the future one must look to the past, and the farther back an individual looks the clearer the future becomes." And it has also been said, "if man does not learn from history he is destined to repeat it." ret