The MMPI scoring Program II
A.L.Aaronson and Applied Innovations, Inc. Staff
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## Patient Responses

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Name : Heath Stocks Acct Code : 04129501-Z
Age : 18 Sex : M Birthdate : 11-12-76
Report Date : 04-12-95 Test Date : 04-12-95

THE MARKS ADULT MMPI REPORT

by

Donald S. Strassberg, Ph.D. Leslie M. Cooper, Ph.D. Philip A. Marks, Ph.D.

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This is a computer generated interpretation of the Minnesota Multiphasic Personality Inventory (MMPI) developed by Donald s. Strassberg, Ph.D., Leslie H. Cooper, Ph.D., and Philip A. Marks, Ph.D.

This report is confidential and should be considered as a consultation between professionals. It should not be shown to clients or their relatives.

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#### THE HARKS ADULT MMPI REPORT

### MMPI Test Results:

## T-Scores for Validity and Clinical Scales

L	40	1	(HS)	54	6	(Pa)	88
F	84	2	(D)	77		(Pt)	
ĸ	38	3	(Hy)	65		(8c)	
		4	(Pd)	86		(Ma)	
		5	(MI)	69		(81)	

#### Validity

This is a clinically elevated profile of a client who answered a considerable number of F scale items and the validity of the profile is somewhat doubtful. This usually occurs when a person is confused, has difficulty understanding the questions, or is truly disturbed in a plea for help is exaggerating a variety of symptoms. In any event, the test should probably be retaken.

## Actuarial Profile Interpretation

This client's clinical scale results correspond to the 8-6/6-8 profile type.

This pattern occurs among 3.0% of adults receiving clinical evaluations.

Individuals with this profile are tense, ruminative, and often depressed. Their affect may be blunted inappropriate. They frequently show unusual thinking as well as insecurity and inferiority. Cognitive disorganisation, suspicion, poor social skills, poor judgment, and withdrawal from routine activities are also often part of this clinical picture. These individuals tend to distrust others and keep them at a distance. They usually appear negativistic, distrustful, unfriendly, and moody and are likely to resent anything they perceive as a demand. Often, they are preoccupied with abstract theoretical, philosophical, or religious matters to the exclusion of specific, concrete, down-to-earth aspects of their daily lives.

In addition, men with similar scores balance interests in sports, physical activity, and practical matters with art, music, literature, and science. They enjoy indoor as well as outdoor activities, both as a participant and as an observer. Frequently college educated, they are often sensitive, inquisitive, and introspective and are conversational and verbally expressive.

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An average degree of comfort and ability in social situations is characteristic of individuals scoring in this scale 0 range, although some may appear rather reserved, modest, and self-effacing.

## Summary Treatment Suggestions

Clients with similar validity scale scores are usually candid, self-critical and psychologically vulnerable individuals with little ego-strength and a negative self-concept. Frequently their defenses have deteriorated and they lack adequate resources to function beyond a marginally adaptive level. Often they require new skills, more effective coping machanisms and major changes in their personality and behavior.

Among individuals seeking or referred for treatment, common diagnoses include schizophrenia (usually paranoid type), paranoid disorder, personality disorder (usually paranoid, schizotypal, or schizoid type) and/or substance use disorder.

The elevation of scales 6, 7, and 8 is strongly suggestive of a psychotic disorder with autistic thinking, grandiose or persecutory delusions, hallucinations, loose associations, disorientation, feelings of unreality, bizarre verbal and non-verbal behavioral patterns, and other symptoms suggesting difficulty in reality testing.

In the presence of elevations on scales 2, 4, and 9, there is often a history of drug abuse. As scale 6 and scale 8 are elevated, there is an increased likelihood of a thought disorder. During an acute phase of their disturbance, these individuals may become so preoccupied with thought or withdrawn into fantasy that they cannot concentrate enough to be amenable to psychotherapy.

A pharmacologic component to treatment often proves useful.