

PICKERINGTON SENIOR CENTER

MARCH 2019

NEWSLETTER

614-837-3020

CENTER DIRECTOR:
NANCY LEE

OFFICE SPECIALISTS:
DEANA DILLON AND JAMIE NEUTZLING

TELEPHONE 614-837-3020 FAX 614-833-6471

HOURS: MON-THURS 8:30AM-4:30PM

FRI-8:30AM-2:30PM

WEB PAGE: <http://pickerington.seniorcenter.org>

EMAIL: pickcenter@violet.oh.us

A NOTE FROM NANCY MEMBERSHIP DUES \$12.50

This will be your last newsletter if your dues are not paid. If you have a red check mark on your newsletter label it's a reminder that your dues are not paid. The cost is still \$12.50. If you were 90 before January 1st, 2019 your membership is free.

\$10.00 CLUB

Just a reminder that we have a donation called the \$10.00 Club. You can donate any amount you would like. The money donated helps with the purchase of items that we need for the kitchen and office supplies.

COFFEE CLUB

FRIDAY MARCH 1ST AT 9:30A.M.

Join Mike Mitchell's Coffee Club for an informal gathering where he will discuss the economy, the financial markets, interest rates and other relevant investment topics. Be a part of the next discussion.

MARCH 6TH

WEDNESDAY LUNCHEON

Luncheon is at 11:30 a.m. No tickets sold after Monday, March 4th. Menu: Jell-o with Fruit, Cheddar Bratwurst/Sauerkraut, Potato Salad, Baked Beans, Brownie, Coffee & Iced Tea. Cost is \$6.00.

INCOME TAX

THRU – APRIL 11TH

AARP free tax preparation is every Thursday thru April 12th. Appointments will be scheduled from 8:30 a.m. – 12:15 p.m. This is for seniors or lower income people. Call the senior center at 614-837-3020 to schedule your appointment. You will need to bring with you last year's tax papers, W-2's, 1099's for interest, dividends, and retirements, ID, and social security number for everyone listed on the tax form; medical expenses including mileage to and from appointments; information if you plan to itemize. Waiting List

SUNDAY, MARCH 10TH

Daylight Savings Time begins and it's time to check your batteries day. "Spring forward, fall back." It's a good time to change your batteries in smoke detectors, carbon monoxide detectors, and other electronic devices.



THURSDAY, MARCH 21ST & 28TH

Everyday Divinity provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$30.00. It includes a 30 minute treatment, complete foot assessment, expertly trim, thin, and file nails. Corns & calluses are filed and buffed smooth. Tools are sterilized for each patient. Call the center at 614-837-3020 to sign up.

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ST. PATRICK'S DAY LUNCHEON TUESDAY, MARCH 19TH

The luncheon starts at noon. Please bring the following: A-G a salad, H-M a dessert, N-S a meat and T-Z a vegetable. Be sure the covered dish is large enough to share. Bring your own table service. Money donated in the basket on the table will be donated to the Pickerington Food Pantry each month. We will be entertained by Carol Zarbaugh who will sing some Irish songs. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon.



VOLUNTEER OF THE MONTH

The center would like to honor Edgar Boggs as volunteer for the month of March. He helps with setup for most events and helps tear down at any event that he attends. He cleans the grill for us after every pancake breakfast. Edgar is just a phone call away if we need his help. He will receive a \$15.00 gift card.

SCHOOL LUNCHEON

The school luncheon in March will be at Ridgview Jr High. I wasn't able to get the date when mailing March newsletter. You can call the office later for the date and time.

PANCAKE BREAKFAST SATURDAY, MARCH 23RD

Join us for some hot pancakes, sausage, orange juice and coffee. The breakfast is from 8:00-11:00am. The cost is still \$4.00 per person for adults and \$2.50 for children 5-10, under 5 is free.

BINGO TUESDAY, MARCH 26TH

On the fourth Tuesday of every month they play Bingo!! At noon they have a potluck to include Homemade Ice Cream. Bingo starts at 1:00p.m. Come in and join your friends for a fun afternoon!!

EUCHRE

Come in any Wednesday at 12:45 p.m. and join the many Euchre players. The cost is only \$2.25, it includes the loner pot.



NEW MEMBERS

We welcome the following new members to the senior center and hope they join us for some of our many activities. Catherine Grey, Lucille Heinz, Glenna King, Shirley Kotchou, Render & Jane Phillips, Gwen Rader, Troy & Elaine Watkins.

BLANKETS FOR THE HOMELESS

Seton Homeless Comfort Crew is still collecting old bedding, curtains, material and etc. to make sleeping bags for the homeless. When the product is finished it is given to the Holy Family Soup Kitchen who distributes them to the homeless.

If you have any questions about this call Elaine Fairchild at 614-864-2637.

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THE FOLLOWING THREE ACTIVITIES ARE FREE TO MEMBERS

WATERCOLOR CLASS

Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent, just the desire to express yourself with "Paints and Brushes."

STRENGTH CLASS

Join the strength class every Monday and Wednesday from 10:00-11:00am. The class focuses on building upper and lower body strength, a good stretch and improving your balance.

FITNESS FOR A PURPOSE

Join Michelle every Friday for Vintage Fitness exercise starting at 9:00a.m. Registration, sign up at 8:30a.m. It is a 45 minute class. It's a total workout. Come see the power you've got and make great things happen for your health and well-being. We have plenty of room for you to move and groove to great music. A certified instructor will guide you through a safe and effective workout.

DRINK LOTS OF WATER

As people age, the ability to notice thirst may decrease, so it's important to keep an eye on water intake, especially when exercising outside in the sun. Dehydration can adversely affect memory and concentration such as an increased risk of falls. As a rule of thumb, aim for at least eight glasses of water per day and be conscious about the type of fluids, choosing water, herbal tea, and fresh vegetable juices over coffee, fruit juices, or sugary sweet soft drinks.

TAKE A WALK

Studies have shown that even 10 minutes of walking each day can result in older adults maintaining strength and agility. A simple stroll around the neighborhood to take in the scenery can also be just the right change of pace.

LANCASTER-FAIRFIELD PUBLIC TRANSIT

LFPT recently implemented a new trip scheduling software (Ecolane). What does this mean for you? Continue to book your trip at least one day in advance for the cheaper (\$1/\$2) fare. You are still able to book trips up to two weeks in advance by calling Monday thru Friday 8:00am-4:00pm via telephone, or you may use a new "self-service" portal or download the "Ecolane" app onto your mobile device to book/manage your own trips! In addition there is a feature to receive a text message alert and/or a phone call to remind you of your trip times. LFPT thanks you for your patience during this transition. As always, should you have any questions or concerns regarding these changes call 740-681-5086 or email cwoody@ci.lancaster.oh.us.

HONOR FLIGHT

HONOR FLIGHT SCHEDULE FOR 2019

World War II, the Korean War, Vietnam War and terminally ill Veterans from all wars. They will fly you to Washington, D.C, at no cost to you so you can visit your Memorial and all the Memorials as a **Thank You** for your service to our country. Flight Schedules; 4/9, 4/27, 5/18, 6/8, 9/7, 9/28, 10/19 & 11/9. Flights fill up fast so if you are interested call and get on the schedule. For more information on these flights call 614-284-4987 or visit the web site at www.honorflightcolumbus.org.

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UPCOMING EVENTS



BREAKFAST WITH THE BUNNY SATURDAY, APRIL 13TH

We will be hosting a "Pancake Breakfast with The Bunny" with Pickerington Parks and Recreation Dept. They will be making a craft with the children. Seating times: 8:00a.m., 9:30a.m., and 11:00a.m. Ticket Information: \$6.00 per person (children 2 years and under are free.) Tickets will be sold March thru April 5th at the Parks and Recreation Dept., 100 Lockville Road. Cash, checks payable to City of Pickerington, or Visa and Master Card accepted. **Tickets will not be sold at the event.**

PICKERINGTON CENTRAL PRESENTS "INTO THE WOODS"

The Theatre Department invites the senior citizens to the preview night on **Wednesday, April 10th** at 7:00pm. Doors will open at 6:30pm. Preview night is free to seniors, donations are accepted.

PICKERINGTON NORTH PRESENTS "MAMMA MIA"

The Theatre Department invites the senior citizens to the preview night on **Wednesday, April 24th** at 7:00pm. Doors will open at 6:30pm. Preview night is free to seniors, donations are accepted.

EUCHRE TOURNAMENT SATURDAY, APRIL 27TH

Sunny Schewe will be hosting the 12th Euchre Tournament.

WHERE: Pickerington Senior Center

LUNCH: 12:00 Noon provided by Wesley Ridge
(Lunch is on a tentative, not yet verified)

EUCHRE: 1:00p.m.

COST: \$5.00 to be paid in advance

Tickets are on sale in the office starting on Monday, April 2nd. Open to the public

ST. PATRICK'S DAY MARCH 17TH

REMEMBER (Irish Blessing)

Always remember to forget
the things that make you sad.
But never forget to remember
the things that make you glad

Always remember to forget
the friends that proved untrue.
But don't forget to remember
those that have stuck by you.

Always remember to forget
The trouble that passed away.
But never forget to remember
The blessings that come each day.

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2019 TRIPS

TWO NEW TRIP

LACOMEDIA

FRIDAY, APRIL 5TH

Joseph... Is one of the most popular shows ever produced at LaComedia and is back for the first time in 10 years! Joseph...is a fun, upbeat adaption of the biblical story of a young man sold into slavery by his own jealous brothers. His gift of interpreting dreams catches the eye of the Egyptian pharaoh and he eventually predicts & saves his country from a terrible famine. With an abundance of musical Styles, from country to calypso to bubble-gum pop and rock n' roll. Old Testament tale has something for everyone. Sign up starts on Wednesday, March 6th. The cost is \$60.00 per person due on sign up.

HOLMES COUNTY AMISH COUNTRY

WEDNESDAY, MAY 29TH

This trip to the beautiful Amishlands includes a family style lunch at an Amish restaurant, browsing/shopping at Lehman's Hardware, a back roads tour with a couple of stops along the way, a visit to a bakery/farm market and a cheese shop, a wagon ride at the Farm at Walnut Creek where you have the chance to feed animals from all around the world, transportation and of course we have a local guide with us the entire day. Sign up starts on Wednesday, March 6th. The cost is \$75.00 per person due on sign up.

SCIOTO DOWNS RACINO

WEDNESDAY, MARCH 13TH

The motorcoach will leave the center at **9:30am** for Scioto Downs for some gambling fun! No parking worries as you get dropped off and picked up right at the front entrance. The cost is only \$13.00 per person, due on sign up. It includes transportation, \$20.00 in free play and half price buffet.

SNOOTY FOX

TUESDAY, MARCH 26TH

"An Upscale Thrift Store Shopping Adventure"

The motorcoach will leave the center at **7:00am** to the Cincinnati area for a shopping adventure full of great deals! You will visit several upscale clothing and furniture thrift shops and enjoy beverages, Danish, snacks, lunch, dessert and wine tasting along the way. They have different items at each stop but beverages at all of them. You also receive a 15% discount on your purchases and maybe even 20% some places. Cash and major credit cards are accepted, no checks! This trip is always a blast. The price is \$41.00. Waiting list

MACKINAC ISLAND

JUNE 23-26

This trip includes: 3 Nights lodging, 3 Breakfasts, 3 Dinners. The first night we will stay in Frankenmuth where you can visit Bronner's Christmas Wonderland and other shops in this fascinating village. We will board the Hydro-Jet Ferry Ride to Mackinac Island where you will enjoy a Horse-drawn Carriage Tour of Mackinac Island, a visit to the Grand Hotel, spend the afternoon exploring the Island, after dinner we will go to the Kewadin Shores Casino. The cost is \$539.00 with a \$200.00 due on sign up.

EXPLORE TUSCANY

NOVEMBER 2-10, 2019

Highlights include Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, Cooking Class, Sienna, and Choice on Tour, Winery Tour, Cheese Farm and more. Cost is double \$2,999.00, Single \$3,299.00. Triple \$2,969.00 for bookings made before May 3, 2019. Not included in price is Cancellation Waiver and Insurance of \$315.00 due on sign up.

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'TOP OF THE MORNING TO YA' FROM DEANA

A VERY HAPPY BIRTHDAY IS OUR WISH FOR YOU, TAKE TIME TO CELEBRATE...YOU DESERVE IT!

(1)Karen Hoyd, (2)Cecelia Behrenst, Cherie Koch, Bill Kurey, Robert Dillon, Janet Douglas, (3)Mike McClelland, Rose Doty, Kenneth Ekegren (4) Barbara Diewald (5)Martha Cella, Barbara Henry, Joe Paskievitch, Martha Cella, Mary Stephens (7) Christina Suter, Laurel DiLiberti, Dorothy Weaver (8)Leona Boster, Mike Lanter, Abby Planisek(10) Nancy Hyde (11)Melisse Strauch, Charlotte Witt (14), Linda Bond (15) Beverly Zurhorst, Barbara Pest (16) Anna Weber, Bonnie Notestine, Richard Ladd (17)Bobby Shaw, James Scholl, Peggy Thompson (19)Tim Salyer, Mary Herron (20) Linda Searfos, Cynthia Long, Chris Cecil (21)Bob Hockenberger, Bill Oard (22) Sandy Heren, Mary Hall, Shirley Berry, Theresa Corner (23)Judy Dement (24)Mary Massara, Shirley Dever, John Pizzuto (25)Donald Fenner, Bess Grabovich, Rich martin, Alice Sabatino, Shari Lorbach (26)John Womack, Roseann Generose, Wanda McPeek, Denise Killian, Mark Brick (27) Barbara Hawk, Margaret Morrison, Barbara Mason, Annabelle Marion (28)John Long, Bunny Rickenbacker, Jeannie Martin (29)Sandy Schneider, Mary Culley, Janice Shade, Gary Knauff (30)Patricia Gerencser, Anne Flowers (31)Maryann Shiflett, Carolyn Jones, Margie Bush, Nancy Kerns.

MEMBERS KNOWN ILL:

Leona Boster- Broken pelvis, Wesley Ridge Rehab

CONGRATULATIONS:

Betty Pruden- Great Grandson, Donovan Dax
Nancy Boesch- Great Grandson, Malacai Nicolas
Glen Thomson- Great Granddaughter, Harper Kay

EUCHRE BEGINNERS CLASS:

Just a reminder, the beginners Euchre class will be held on Friday, March 8th from 10:30-12:30. Please feel free to join us. ☺

THANK YOU:

Just wanted to thank everyone who helped set up and tear down the room for the membership luncheon. I appreciate you all and we hope everyone enjoyed it.

HAPPY ST. PATRICK'S DAY!!

