

# PICKERINGTON SENIOR CENTER

JULY 2019

NEWSLETTER

614-837-3020

**CENTER DIRECTOR:**  
**NANCY LEE**

**OFFICE SPECIALIST:**  
**DEANA DILLON and JAMIE NEUTZLING**

**TELEPHONE 614-837-3020 FAX 614-833-6471**  
**HOURS: MON-THURS 8:30AM-4:30PM**  
**FRI-8:30AM-2:30PM**

**WEB PAGE: <http://pickerington> senior center.org**

**EMAIL: [pickcenter@violet.oh.us](mailto:pickcenter@violet.oh.us)**

## WEDNESDAY, JULY 4<sup>TH</sup> CELEBRATION

Co-Sponsored by the City of Pickerington

And Violet Township

**Fireworks – New Date!**

**Wednesday, July 3 at 10:00pm**

**Fireworks launched from**

**Pickerington High School Central**

**Parade – New Time!**

**Thursday, July 4**

**10:00am parade begins**

The parade is approximately  $\frac{3}{4}$  miles long.  
Organizations can register for the parade at no cost  
by filling out a registration form available at  
[www.pickerington.net](http://www.pickerington.net)

## LOCAL PARADES & FIRE WORKS

**CANAL WINCHESTER**-No Parade or Fireworks

**GROVEPORT**- July 4<sup>th</sup> Independence Day Parade  
11am. The parade starts at the Groveport  
Recreation Center.

Fireworks at dusk.

**LANCASTER**- July 4<sup>th</sup> Parade 10am. Fairgrounds  
open 12pm-10pm and the Fireworks at 10pm.

**REYNOLDSBURG**- July 3<sup>rd</sup> Fireworks at 9:45pm at  
Civic Park and the parade is July 4<sup>th</sup> starting at  
10:00am at Rosehill & Main.

## LIBERTY BELL

On July 4<sup>th</sup> the Liberty Bell in Philadelphia will be symbolically tapped 13 times at 2:00pm EDT. This ceremony, honoring the Declaration of Independence, is a long standing tradition in the city. "Let Freedom Ring" National Bell Ringing Ceremony is observed by people all over the U.S. and Churches around the nation ring their church bells for 10 minutes.

## WEDNESDAY LUNCHEON –

JULY 10TH

**Luncheon 11:30 am – Cost is \$6.00 per person**

Menu: Mixed Green Salad w/Assorted Dressings

Cabbage Rolls

Mashed Potatoes

Green Beans

Red Velvet Cake, Coffee & Iced Tea

## \$10.00 CLUB

Just a reminder that we have a donation called the \$10.00 Club. You can donate any amount you would like. The money donated helps with the purchase of items that we need for the kitchen and office supplies etc.

## COFFEE CLUB

Raymond James will be back on Friday, September 6<sup>th</sup> at 9:30am. Enjoy your summer!!

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# WELCOME

## NEW MEMBERS

We welcome the following new members to the senior center and hope they join us for some of our activities; Joanie Allbaugh, Fred Campbell, Robert & Cristina Cubra, Janice Foster, Vicki Hunt, Ruby Jackson, Marilyn Kaiser, Marlene McManus, Vicki Miller, Walter & Deanna Monroe, Madelyn Newlon, Sandra Sicilian, Alfrieda Stiles.

## INDEPENDENCE DAY LUNCHEON

TUESDAY, JULY 16TH

The luncheon starts at noon. Please bring the following: A-G a salad, H-M a dessert, N-S meat and T-Z a vegetable. Be sure the covered dish is large enough to share. Bring your own table service. Money donated in the basket on the table will be donated to the Pickerington Food Pantry each month. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon. The entertainment is speaker Michael Lochtefeld from Violet Springs Health Campus and Anthony Schmidt will entertain us on his Steel Drum.

## VOLUNTEER OF THE MONTH

The center would like to honor Beverly Gatlin as volunteer for the month of July. She helps out every month with clean up after the monthly luncheon and helps out with noodles. That's just a few of the many things she helps with. Beverly enjoys square dancing. Enjoy your reserved parking space the month of July. Enjoy your \$15.00 gift card. Thanks for all your help.

## JUST A REMINDER

The parking space in front of the building is for the Volunteer of the month only, please.

*Thank You!*



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## TITLE BOXING

THURSDAY, JULY 11TH AND JULY 18TH

Marie Manzo from Title Boxing will be here from 9:00-9:45am. Sessions are around the Rock Steady Boxing curriculum that increases the neuroplasticity of the brain which help produce healthy brain cells. The exercises are designed to improve quality of life, have fun, and get results all at the same time. The **cost is FREE to members.**

## BINGO TUESDAY, JULY 23RD

On the fourth Tuesday of every month they play Bingo!! At noon they have a potluck to include homemade Ice Cream. Bingo starts at 1:00p.m.

## FOOT CARE

THURSDAY, JULY 25TH

Everyday Divinity provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$30.00. It includes a 30 minute treatment, complete foot assessment, expertly trimmed, thinned, & filed nails. Call 614-837-3020 to sign up.



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## **SUMMER MUSIC SERIES** **THURSDAY, JULY 25TH**

The second Summer Music Series is the Ice Cream Social Catered by Blue Moon. Buffet starts at 5:30pm Menu: Italian Pasta Bar: Choice of Penne and Cheese Tortellini, choice of three meats (Meat Balls, Grilled Chicken, Italian Sausage) choice of Marinara or Alfredo Sauce, Steamed Broccoli, Spinach or Tossed Salad, Rolls w/Butter, Assorted Desserts, Coffee and Iced Tea. Willow Creek Band plays from 7:00-9:00PM. Tickets are on sale in the office and the cost is \$9.00 per person. Purchase ticket before Monday, July 22<sup>nd</sup>.

## **WATERCOLOR CLASS IS FREE TO MEMBERS**

Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent, just the desire to express yourself with "Paints and Brushes." The class is free to members. Call Lois at 614-837-0266 for a list of supplies needed.

## **FARMERS MARKET**

This will be the 6<sup>th</sup> season for the Farmers Market. They are located at the Public Parking Lot, 89 N. Center St. in the Olde Village. Open every Thursday from June thru September from 4:00 -7:00pm.

## **EUCHRE**

### **(Time Change)**

Come in any Wednesday at 1:00p.m. and join the many Euchre players. The cost is only \$2.25 and it includes the game and the loner pot.

## **Pickerington Senior Helper**

(614) 971-0893  
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## **FITNESS FOR A PURPOSE** **EVERY FRIDAY MORNING**

Join Michelle every Friday for Vintage Fitness. Exercise starts at 9:00a.m. Registration, sign up a 8:30a.m. it's a 45 minute class. It's a total workout; come see the power you've got and make great things happen for your health and well-being. We have plenty of room for you to move and groove to great music. A certified instructor will guide you through a safe and effective workout.

## **CRAFT GROUP**

The craft ladies meet every Wednesday from 10:00am-Noon. The main purpose of the craft group is to offer a fun activity for seniors, but it also raises money for the center. They provide tray favors for the two carry out meals that the center provides for the shut-in members. The most important activity they have is the Breakfast with Santa; it's always on the first Saturday of December.

## **BEGINNERS EUCHRE:**

### **Every Friday from 11:00 to 1:00 pm.**

Members have asked for a slower paced game where they can meet and play cards non-competitively. If you just like to play for fun and at a slower pace and wouldn't mind teaching others as we go, then please join us. If you are new to Euchre we will help you along. We welcome anyone that wants to come play cards on Friday!!

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## LANCASTER-FAIRFIELD PUBLIC TRANSIT IMPORTANT INFORMATION

LFPT recently implemented a new trip scheduling software (Ecolane). What does that mean for you? Continue to book your trip at least one day in advance for the cheaper (\$1/\$2) fare. You are still able to book trips up to two weeks in advance by calling Monday thru Friday 8:00am-4:00pm via telephone, or you may use a new “self service” portal or download the “Ecolane” app onto your mobile device to book/manage your own trips! In addition there is a feature to receive a text message alert and/or a phone call to remind you of your trip times. LFPT thanks you for your patience during this transition. As always, should you have any questions or concerns regarding these changes call 740-681-5086 or email [cwoody@ci.lancaster.oh.us](mailto:cwoody@ci.lancaster.oh.us).

## UOCOMING EVENTS

### SATURDAY, AUGUST 3RD

#### FREE KIDS PARTY – 12:00 – 4:00 PM

The Senior Center would like to invite children in the Pickerington and Violet Township area and our member’s grandchildren & great grandchildren for a fun afternoon. Volunteers are needed to help out, please call Nancy Huffman at 614-829-7197.

**Ages 12 years and under**

**Enjoy the many rides**



Free Hot Dog, Cotton Candy, Snow Cone & Drinks.  
Adults will be charged \$1.00 for a hot dog.



## LIFE LINE SCREENING THURSDAY, AUGUST 8TH

Life Line Screening is a leading provider of community-based preventive health screenings they will be at the senior center for Ultrasound screening to identify factors for cardiovascular disease includes:

**Carotid Artery** – Plaque buildup-a leading cause of stroke.

**Abdominal Aortic Aneurysm** – An enlargement or weak area in the main blood vessel that carries blood from the heart to the rest of the body.

**Peripheral Arterial Disease** – Hardening of the arteries in the legs.

**HEART RHYTHM SCREENING** – An EKG to detect Atrial Fibrillation-irregular heartbeat.

**Osteoporosis Risk Assessment** – For men and women.

Register online at:

[www.lifelinescreening.com/communitycircle](http://www.lifelinescreening.com/communitycircle) and receive your “Community Circle” discount and your Preferred Appointment! Or you can call 1-800-8260 to schedule your appointment.

**August 22nd-** Smorgasbord Dinner Buffet

**September 12th** – Health Fair – Groveport Senior Center

**September 7th** - Pancake Breakfast

**October** (date not determined) - Flu Shots

**October 10th**– Soup Supper and Bingo

## IS ANYONE INTERESTED IN GENEALOGY?

One of our members Ann Bradford would like to start a group that is interested in searching online for their family history. There is no cost to participate. If you have questions about this group call Ann at 614-578-4408. Genealogy is the study of families, family history, and the tracing of their lineages.

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## TRIPS

### LACOMEDIA- ON GOLDEN POND

FRIDAY, AUGUST 23RD

On Golden Pond is a classic American comedy/drama that's every bit as touching, warm, and witty today as when it debuted on Broadway in 1979. The Academy Award-winning 1981 film adaptation starred Henry Fonda, Katherine Hepburn and Jane Fonda. Retired couple Ethel and Norman Thayer spends every summer at their home on Golden Pond. This year, their adult daughter visits, bringing along her fiancé's teenage son. The turbulent relationship between father and daughter, the generation gap between young and old, and the difficulties facing a couple in the twilight years of a long marriage, make for a moving play that gives us unique insight into the modern American family. The cost is 60.00 due before Friday, July 19<sup>th</sup>. **Space available**

### MEMORIES OF ELVIS

WEDNESDAY, JULY 31ST

The motorcoach will leave the center at 8:30am for the paddlewheel vessel "Spirit of Cincinnati" for an unforgettable musical cruise across Elvis' life. You will enjoy a 3 hour cruise with lunch, dessert, unlimited beer/wine/soft drinks and 2 hours of Elvis' music featuring Tyler Christopher. Tyler is a multi-award winning and nationally recognized performer and Elvis tribute artist. His performance will leave you amazed and asking for encores! The **Spirit of Cincinnati** is a true paddlewheel vessel offering a climate controlled first level and a large upstairs viewing area.

## BRANSON & THE OZARKS

SEPTEMBER 8-14TH

This trip includes 6 Fantastic Shows; Clay Cooper's Country Express, the Haygoods, Shoji Tabuchi, Sinatra & Friends, Entertainment at the Uptown Café, & Entertainment aboard the Showboat Branson Belle. Guided tour at College of the Ozarks, including the Veterans Memorial, Wildlife Tram Tour at Dogwood Canyon Nature Park and much more. Trip includes 6 Nights lodging, 6 Breakfast, 4 Dinners, motorcoach transportation, Baggage handling in Branson, and all taxes and included meals gratuities. The cost is \$900.00 double. A deposit of \$250.00 due on sign up. Balance due July 15<sup>th</sup>. **Space available.**

## EXPLORE TUSCANY

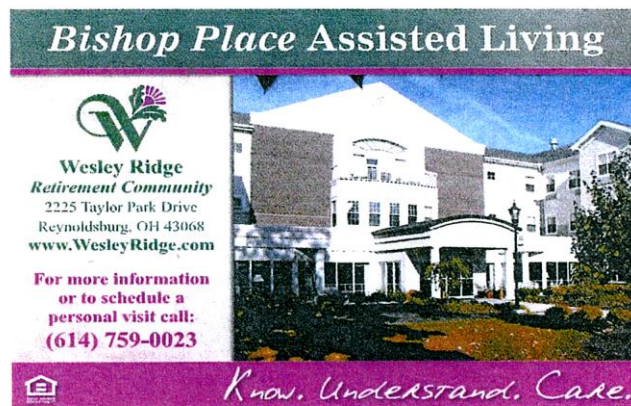
NOVEMBER 2-10, 2019

Highlights include Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, Cooking Class, Sienna, and Choice on Tour, Winery Tour, Cheese Farm and more. Cost is double \$2,999.00, Single \$3,299.00. Triple \$2,969.00 for bookings made before May 3, 2019. Not included in price is Cancellation Waiver and Insurance of \$315.00 due on sign up.

### **"December 3-6 Nashville Opryland Hotel"**

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## FROM DEANA

### HAPPIEST OF BIRTHDAYS TO YOU!!

(1)Marilyn Morgan (2) Fred Creviston  
(3) John Harris, Kathryn Jenkins, Raymond Lynd, Lawrence Clinger (4) Warren Meisner, Robert Johnson, Debra Zang, Joann Bainter (5) Debra Howdyshell (6) John Bockey, Tim Carte, Jean Elhard, Charles Zurhorst (8)Barb Taylor, Rose Karoly (9) Barbara Douglas, Jim VanKannel (10) Joe Koebel, Sharon Coil, Judy Washington, Rose Pearce, Glenna King (12)Jan Noel, Nicki Scheffler, Wanda Stout, Nancy Jordan (13) Linda Stacy, Bill Strawn (14) Fred Campbell, Marilyn Brennan (15) Shirley Coburn, Jerry Stiles, (16) Mike Shanesy, (17) Frances Jolley, Lester McGrath, Frank Montagnino (18) Nadine Stack, Ben Corbin, Marge Wolverton (19) Suellen Goldsberry (20) Mary Moore, Kathleen Smith (21)Carole Bockey, Barbara Dodson, Gessica Peraza, Jeff Lee (22)Irene Barrett, Lewis Stemen (23) Alyce Giles (24) Ronald Wolfinger (25) Jane Myers, Janet Compton, Susan Strup, Donna Perry, Mary Ann Macioce (26) Ken Planisek, Jerry Berry (27) Donna Braidic, Sonnie Stewart (28) Jeanne Dawson, Julie Garretson, Linda Delaney, Donna Harter (29) Skip Rings, Larry Frazee, Karen North, Imogene Morbitzer, Carol Vaughn (31) Jan Knauff, Joyce Dawson

### MEMBERS IN SORROW:

Rose Doty  
Jeri Heskett's Father, John  
Donald Fenner

### MEMBERS KNOWN ILL:

Ann Harper- Hip Replacement  
Donna Perry- Stroke  
Marilyn Harmon- Broken Hip  
Arin Anderson- Cleveland Clinic  
Grace O'Connell- Hip Replacement

### CLEAN-UP CREW FOR JULY LUNCHEON:

Rich Schwab, Jim Easley, Jan Knauff and any additional help would be greatly appreciated as we are short on help. Thanks in advance.

### A NOTE FROM ME:

I start my 18<sup>th</sup> year this month here at the Center, it doesn't seem like it's been that long, time flies when you're having fun and love your job. I have truly enjoyed working with all of you on a daily basis and am looking forward to years to come. I am excited to share my news with you all, I am in contract on my first home and will be closing on it the second week of July. 😊

**Have A Happy and Safe 4th<sup>Of</sup> July**

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