

YOUTH OF MILITARY FAMILIES

Ages 5 –19

Are Invited To Join
Virginia 4-H



About 4-H

- ⇒ 4-H is the largest youth development organization in the United States with over 6 million youth members.
- ⇒ With a direct connection to the United States Land Grant University System, 4-H is the first experience many young people have with higher education.
- ⇒ This youth development program is a global organization that teaches a range of life skills.
- ⇒ 7,000,000 youth are served worldwide.
- ⇒ 4-H is located in:
3,068 U.S. Counties
50 Countries

Virginia 4-H, the youth program of Virginia Cooperative Extension, is connected to the research of Virginia Tech and Virginia State University.

4-H Offers Youth:

- ⇒ Coached & mentored **independence**
- ⇒ A sense of **belonging** to a positive group
- ⇒ A spirit of **generosity** toward others
- ⇒ Opportunities to **master skills** and address life's challenges



*4-H Youth Are About:

- ⇒ Four times more likely to contribute to their communities
- ⇒ Two times more likely to make healthier choices
- ⇒ Two times more likely to participate in Science, Engineering, and Computer Technology programs during out-of-school time

*These are findings when 4-H youth are compared to their peers. For more information read, *The Positive Development of Youth: Comprehensive Findings from the 4-H Study of Positive Youth*, Tufts University.

4-H Motto: "To Make the Best Better"



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