

VICTORY OVER FAILURES WORKSHEET (I John 5:4-5)Page 1 of 2*(if applicable) Name of person I have failed to love God's way* my husband

(1) My specific unbiblical thoughts, words, and actions (Matthew 7:1-5)	(2) "Put off" & reference(s) (Ephesians 4:22; Colossians 3:5-9)	(3) "Put on" & reference(s) (Ephesians 4:24; Colossians 3:10-17)	(4) My plan not to repeat this sin and to respond biblically instead (Titus 2:11-14)
<p>Twice this week, I used my time foolishly throughout the day, and did not prepare dinner for my husband. Sometimes I think about my priorities, but I still allow myself to work on less important things first anyway, often putting my children's needs and wants in front of my husbands needs and wants. This leads to rushing and frustration in the evenings when he would really like a calm atmosphere and a relaxed environment. Instead, he gets a frantic wife. The children pick up on the stress level as well and tend to be more disagreeable with each other.</p> <p>I sometimes become so frustrated trying to do in 30 minutes what I should have taken 2 hours to do, that I blame my husband in my thoughts. "If he would help more with the kids, I would be able to get this food on the table quicker." The truth is that I should have the food prepared long before he ever walks in the door.</p>	<p>Unwise use of time</p> <p>Unwholesome thoughts (Proverbs 4:23) (Psalm 1:1)</p> <p>Judging Others (Matthew 7:1)</p>	<p>Wise use of time (Ephesians 5:15-16)</p> <p>Godly Thoughts (Philippians 4:8) (Psalm 1:2)</p> <p>Judging Self (Matthew 7:5)</p>	<p>PATTERNS: Unwise use of time.</p> <p>My basic plan for overcoming my foolish use of time is to think, speak and act biblically in order to become more and more Christ-like every day and to train myself to use my time wisely so that I may be better able to discern both good and evil. (Hebrews 5:14)</p> <p>Think biblically.</p> <p>I will thank God for the wonderful blessing that my husband is to me every single day. I will remind myself that I married a very thoughtful man, who is very good about taking care of my needs, and who is always willing to help, if I am willing to ask him to. I will remember how often I used to marvel at this beautiful person when we were dating, and how I used to wonder how God could send someone so incredible into MY life. Instead of taking him for granted, this week I will seek to bless him at least once a day in some special way. I will seek to please God with my thought life by dwelling on things which are true, honest, just, pure, lovely, of good report, virtuous, and praise-worthy about him (Philippians 4:8). I will put my priorities in order in the morning, and plan my day in order to get the most important things done first.</p>