

Woodwind Lakes

NEWSLETTER

APRIL 2023

WOODWIND LAKES WOMEN'S CLUB

Presents

Styles and Stems

MAY 9, 2023 | 10:30AM-12:30PM

MUD Building | 14410 Mauna Loa
\$10 Non-members | Tickets must be
purchased in advance*

Sponsored by Lynn Collins,
Better Homes & Garden Gary Greene
and Woodwind Lakes Women's Club

FEATURING CLOTHING BY

chico's

FASHION SHOW • REFRESHMENTS • DOOR PRIZES • DJ

*Contact marianneewest@outlook.com



WE WANT YOU!



4th OF JULY VOLUNTEERS NEEDED!

THE BOARD IS LOOKING FOR VOLUNTEERS for our July 4th Parade & Picnic. Everyone loves our family oriented events but we need enough people to help us out to make the event special for everyone. Please consider volunteering, even if it is only for a few hours. We will not be able to hold this event unless we have enough volunteers. Please contact the board at "Ask the Board"

on our website (www.woodwindlakeshoa.com) to help all of our community have a great 4th of July. We are in need of a volunteer to head the event along with other volunteers to help judge, work the parade, cook, coordinate with constables, fire department and scouts alongside the board. Too many opportunities to list as this has always been a big event with a large turnout of residents. *Thanks!*



WOODWIND LAKES SPRING 2023 GARAGE SALE

Saturday, April 29

7:00 am to 3:00 pm

Make your plans to participate in the Spring Woodwind Lakes Garage Sale. If you need a sign, signs may be purchased from Gail Ford for \$10 cash beginning Sunday, April 23 at 7614 Rolling Rock Street.



NORTHERN MOCKINGBIRD

{ *When mocking is good* }

Texas is the home of many firsts. Some are more well-known than others – like being home to the first domed stadium. It was named the Astrodome and it opened in 1965. Another example is being the location of the worst natural disaster in US history—the hurricane that hit Galveston in 1900 that killed over 8,000 people. Lesser-known firsts are the invention of the frozen margarita in Dallas in 1971. That person should be given a medal!

Pecos, Texas, was home to the first rodeo in 1883. The word “superbowl” was first used in Texas in 1966. In 1927, Texas became the first state to designate a state bird. The Texas Legislature decided the northern mockingbird would be the most appropriate to hold the title because it is “a fighter for the protection of his home, falling, if need be, in its defense, like any true Texan.” There are now four other states that have named the mockingbird their state bird –Tennessee, Florida, Mississippi and Arkansas

A little background

From the late 1700s to the early 1900s, mockingbirds were captured and sold as pets. It is believed this is the reason the birds became scarce during that time, almost to the point of extinction. Mockingbird populations are now stable.

“Mockers” got their name from their ability to imitate the sounds of other animals. The scientific name for this bird is *Mimus polyglottos* which means “many-tongued mimic.” Males sing day and night and especially enjoy vocalizing on moonlit nights. Amazingly, not only can they whistle and trill, they can mimic other sounds like a creaking gate, a dog barking, a chirping cricket and frogs

and toads, repeating each sound three to six times.

Mockers are fearless when protecting their nests. During nesting season, they will fearlessly chase away predators by diving at them, flapping their wings and pecking at them. One observer reported seeing a mocker deliver 30 minutes of repeated blows to the head of a snake in an attempt to protect its nest. There are many stories of mockingbirds dive-bombing cats and

“There is probably no bird in the world that possesses all the musical qualifications of this king of song, who has derived all from Nature’s self.”

John James Audubon

dogs. Real or imagined, it doesn’t seem to matter how large the predators are. The mockingbird will take them on! In many instances, the animals aren’t even posing a threat. You might even see a mockingbird chasing squirrels. It’s as if the birds enjoy teasing other animals. Think they won’t dive-bomb you? Yes, they will.

During mating season, males will lift their wings to display his white underparts. He’ll move his tail up and down, make a soft cooing sound and may even try to impress the female by running back and forth in front of her with a twig.

Both males and females share nest-building activities. The male will gather nesting materials and the female

will build the nest. The nest can be completed in as little as one day or it can take three or four days. The female will lay up to six eggs and incubation is from ten to fourteen days.

The babies stay in the nest for about a week while both mom and dad care for them. The young ones stay close by for several more days before gaining their independence.



Other fun facts about the northern mockingbird

Mockingbirds have adapted to city life. Lawns and parks make perfect hunting grounds for insects.

They are about 9 to 11 inches long. Males and females look identical but the female is a little smaller and has a little less white in her feathers.

A female mocker set a record of laying 27 eggs in one season!

In the book *Birds of America*, John James Audubon wrote about the bird’s singing ability. He wrote, “There is probably no bird in the world that possesses all the musical qualifications of this king of song, who has derived all from Nature’s self.”

There are sixteen bird species with the name “mockingbird.” The northern mockingbird is the only one native to the United States.

.....
Take some time to stop and listen to nature. Chances are you’ll hear a mocker.

*Cheryl Conley,
Lake Creek Nature Preserve
Board of Directors*



Living in a deed restricted community

ARE THERE ANY RESTRICTIONS REGARDING EXTERIOR PAINT?

“

Question: I want to repaint my house a different color. I've seen some houses that are kind of close to what I want so it should be okay to go ahead. Right? It's my house and I think I ought to be able to paint it whatever I want unless it's something crazy like purple or pink.

”

When you moved into Woodwind Lakes you agreed to abide by the Deed Restrictions established by the original developers. This includes following the Architectural Guidelines whose purpose is to keep the community attractive for the enjoyment of residents and the protection of property and property values. The declaration authorizes the modification committee (Architectural Control Committee) to establish rules, standards and procedures for the orderly development of the subdivision and requires homeowners to obtain written approval from the ACC for any buildings, additions or other improvements to their property.

These guidelines have been established to assure uniform and fair application of the declaration and are intended to provide all lot owners in Woodwind Lakes with information about: the type, color, quality of materials which may be used in the construction of various kinds of

improvements, the size and locations of such improvements and information about the procedures used by the ACC in reviewing application for proposed improvements.

In Section 1, 2 and 3, each exterior paint color must be not only an earth tone, but also an acceptable shade of an earth tone color. As used in these guidelines, “earth tone” shall mean an acceptable shade of beige, brown or gray as shown in the ACC’s color chart.

In Section 4 of Woodwind Lakes, each exterior color must be not only an earth tone, but also an acceptable shade of an earth tone color. A larger variety of colors may be approved in Section 4, but with prior ACC approval only.

Just because a condition exists in the community doesn't mean that condition is

approved or will be approved. Be safe and use the approval process. Review the specifications for exterior paint. These can be found on the application itself (*also see below*). This and other applications are on the Woodwind Lakes website under the Forms tab.

www.woodwindlakeshoa.com/forms.html

Next, download the application pdf, fill it out, save it, and email it to our management company.

arc@grahammanagementhouston.com

Some specifications from the Paint application:

- Paint colors can be chosen from the approved list found on the Woodwind Lakes web site.
- Paint needs to be satin or semi-gloss; no flat or high gloss is allowed.
- Under no circumstances is brick to be painted.

If not using Sherwin Williams paint, the proposed color must be submitted to Graham Management for review. This may delay the approval process as comparisons will be made to pre-approved colors from Sherwin Williams and must be a close match to a pre-approved color.

To sum up why we have guidelines

The ACC Guidelines provide explicit specifications regarding any proposed improvements to a homeowner's lot, and although it may seem bothersome or even unnecessary to submit for these changes, these Guidelines assist in keeping the community uniform and orderly to assist in maintaining property values.

The ACC is established and is responsible for reviewing plans, overseeing these modifications or additions so that they are in alignment with the Guidelines. The committee also helps the Board members by ensuring that all homes within the community are following the Guidelines stated in the governing documents.

Should you have any questions or concerns about improvement you are considering for your own home, please feel free to contact Graham Management at (713) 334-8000 where the ACC Department will be happy to assist you.

These wiggly critters are not welcome guests in your garden

Cutworms and helpful ways to control them

Granulate cutworms are damaging in the immature or larval stage. Cutworms can cut plant seedlings stems off at the soil level. On older plants they can climb the plant and feed on foliage or fruit. Young larvae skeletonize leaves while older larvae eat holes in foliage, feed on the surface of fruit or burrow into fruit. Larvae are nocturnal, which may make it difficult to discover the culprit of plant damage. You may need to inspect the garden at night when larvae feed.

Growth stages

Eggs are laid singly or in clusters on the upper surface of foliage. Eggs begin white in color but darken as larvae get close to emerging. Larvae are grayish-red with a brown head and light markings along the side of the body. Larvae start off around ¼" but grow to 1½" in length. Pupae are in soil and are a dark reddish-brown color. Adults are drab brownish-gray mottled moths with a wingspan of around 1.5 inches. The front wings have a bean shaped marking paired with a circular marking.

Granulate cutworms feed on a wide variety of crops including beans, cabbage, peas, celery, watermelon, muskmelon, broccoli, cauliflower,



potatoes, lettuce, onions, tomatoes, peppers, spinach, carrots, cucumbers, radish, beets, turnips and Brussel sprouts.

Physical controls

If you have had cutworm problems in previous years, you can till soil before planting to disturb pupae. Plant collars can be used to physically block larvae



from clipping new seedlings. Collars can be made from cut sections of PVC pipe, fruit/ vegetable cans with both ends cut out or aluminum foil wrapped around stems of seedlings. A key to using plant collars is they need to be partially buried in the soil and sticking up from the ground to protect the seedling and block larvae.

If you are confident that no pupae are in the soil, row cover can be used to keep adult moths from laying eggs on the leaves of host plants. If eggs or egg clusters are spotted on plant foliage, they can be squished or removed from plants.

Biological controls

Chemical treatment may consist of insecticidal soap on smaller larval stages. *Bacillus thuringiensis* (Bt) variety *kurstaki* is a biological product that only targets caterpillars and can help to conserve beneficial predator insects.

Another biological product is spinosad which is selectively active on insect pests that feed on foliage. Both Bt and spinosad need to have good coverage on the infested plants as they need to be consumed for them to work. This would also mean that you would need to treat with these products in the evening since cutworm larvae are nocturnal.

With any pesticide product, make sure to read and follow all labeled instructions and ensure it can be used in the area you plan to treat.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at (512) 854-9600.

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The larvae are primarily nocturnal and will hide under plant debris and within soil cracks and crevasses during the day. When disturbed the larvae will curl up into a C-shape.

Miso

An intriguing staple food in Oriental cuisine

Miso is becoming more widespread in the world because of its health value and uses. It is used in soups, dressings for salads and sauces. It can also be applied directly on the skin to treat burns and even insect bites.

There are a wide range of Miso pastes depending on the degree of fermentation. Miso is made of salt, soy and fermented grain. White Miso is the softest and frequently used for fish, vegetables, sauces and even pastries! However, this seasoning is most well-known for the very healthy and popular miso soup.

Benefits of miso

- Alkalizes our blood and significantly improves our resistance to disease.
- Provides anti-inflammatory energy.
- Aids in detoxifying alcohol and tobacco because it eliminates nicotine residues.
- Rich in nutrients with many of them supporting essential structures like the bones and nervous system.
- Improves digestion.
- High in probiotics to help the body maintain healthy bacteria.

- Can lower cholesterol.
- Improves mental health.

These are some of the many purported benefits stated by the SHA Medical Institute and others.

Interesting in trying miso if you haven't already?

Ewasy and Healthy Vegan Miso Soup

1. Bring 4-5 cups of water and Kombu (dried seaweed) to a boil to create a broth. If you have time, allow the Kombu to soak in your cooking water as long as possible to bring out maximum flavor.
2. Add in 1 cup of mushrooms of choice and simmer for an additional 2-3 minutes.
3. **Turn off the heat** and stir in your miso paste. (4-5 tbsp white shirt miso paste, brown rice miso or chickpea miso. Your choice.
4. Add silken tofu and serve.

Some of you may say, wait a minute, "I am not eating seaweed!"

Nutritionally, Kombu contains iron, calcium and other trace minerals as well as iodine which is important for thyroid function. It also contains vitamins A and C.

Personally, I only break off a rather small piece to put in my water. I have also added it to water when cooking rice. I am working on developing a taste for it knowing how good it is for us.

Please be aware if you are sensitive to iodine this food item is not for you.

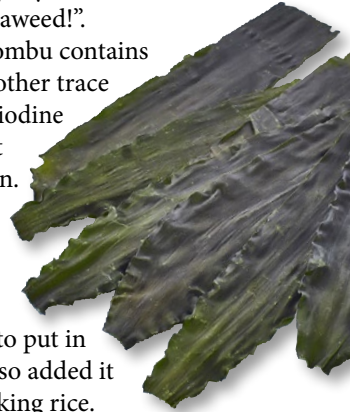
Please check out recipes for miso and perhaps incorporate in your diet.

We are what we eat as holistic doctors tell us! I think of the food I eat as my medicine.

Take good care of you and yours!

Sincerely,
Donna Konopka

Seriously? Absolutely!



April Yard of the Month winners

SECTION 1



8010 SONATA COURT

SECTION 2



8830 ANDANTE DRIVE

SECTION 3



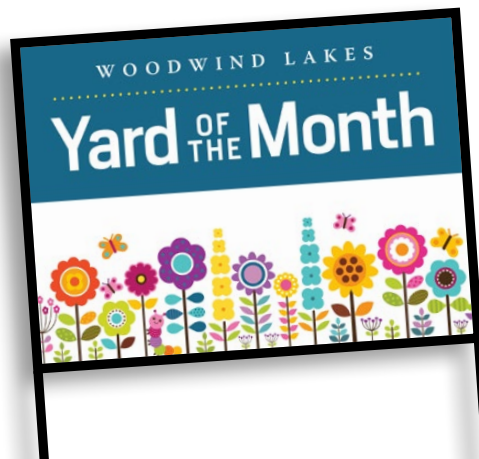
8623 PRELUDE COURT

SECTION 4



9515 MUSICAL COURT

Congratulations!





HARRIS COUNTY CONSTABLE, PRECINCT 4

CONSTABLE MARK HERMAN

"Proudly Serving the Citizens of Precinct 4"

6831 Cypresswood Drive ★ Spring, Texas 77379 ★ (281) 376-3472 ★ www.ConstablePct4.com

Monthly Contract Stats

WOODWIND LAKES

For March 2023

Categories

Burglary Habitation: 0	Burglary Vehicle: 0	Theft Habitation: 0
Theft Vehicle: 0	Theft Other: 0	Robbery: 0
Assault: 0	Sexual Assault: 0	Criminal Mischief: 0
Disturbance Family: 0	Disturbance Juvenile: 0	Disturbance Other: 0
Alarms: 8	Suspicious Vehicles: 1	Suspicious Persons: 1
Runaways: 0	Phone Harrassment: 0	Other Calls: 36

Detailed Statistics By Deputy

Unit Number	Contract Calls	District Calls	Reports Taken	Felony Arrests	Misd Arrests	Tickets Issued	Recovered Property	Charges Filed	Mileage Driven	Days Worked
W14	12	64	8	0	1	15	0	0	906	17
W15	58	34	10	0	0	20	2000	0	874	19
TOTAL	70	98	18	0	1	35	2000	0	1780	36

Summary of Events

OTHER CALLS:

7900 ADAGIO AVE- A known male was involved in a physical altercation with another male. The male was transported to St. Lukes Hospital and retained on an Emergency Detention Order (EDO).

7600 ROLLING ROCK ST- Deputy responded to a motor vehicle accident involving two vehicles. No injuries were reported and both vehicles were towed from the scene. A CR-3 crash report was later completed and submitted.

Alarms:

Deputies responded to 8 residential alarms that were all cleared as false or cancelled.

Suspicious Vehicles:

Deputies responded to a 1 suspicious vehicle calls that were all cleared as GOA or information.

Suspicious Persons:

Deputies responded to 1 suspicious person calls that were all cleared as GOA or information.

Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing the possibility of accidents.

Deputies conducted multiple contract, neighborhood and business checks within the contract increasing visibility while performing regular patrol duties.

Deputies responded to 36 other calls within the contract including:

Motor Vehicle Accidents	Follow Up Investigations	Stranded Motorist
Animal Humane	Information Calls	Traffic Hazard
Child Custody Disputes	Meet The Officer	Unknown Medical Emergency
Domestic Preventions	Lost Found Property	Abandoned/Speeding Vehicles
D.W.I.	Sex Offender Verification	Welfare Checks