

## **CREATING YOUR PERSONAL AFFIRMATIONS**

1. USE THIS AS YOUR NEW DAILY AFFIRMATION AND FILL IN THE BLANKS TO MAKE IT PERSONALIZED.
2. TAPE RECORD YOURSELF SAYING THIS AFFIRMATION 5 TIMES, AND EACH MORNING LISTEN TO YOUR TAPE AT LEAST ONCE.

I AM POWERFUL!!

I AM COMMITTED, NOT JUST INTERESTED IN MY CAREER, THEREFORE, I WILL ALLOW NOTHING AND NO ONE TO STAND IN MY WAY OF EARNING \_\_\_\_\_.

I WILL FEEL LIKE \_\_\_\_\_ WHEN I CROSS STAGE AT SEMINAR AS A BRAND NEW \_\_\_\_\_.

MY BIGGEST OBSTACLE IN THE PAST HAS BEEN \_\_\_\_\_.

HOWEVER, THIS NO LONGER WORKS FOR ME, BECAUSE I REALIZE THIS IS JUST AN EXCUSE.

CANCELLATIONS AND POSTPONEMENTS ARE NO LONGER A PROBLEM FOR ME BECAUSE I AM A MASTER BOOKER, AND WILL FILL THOSE EMPTY SPOTS.

I HAVE 10 CLASSES ON MY BOOKS AT ALL TIMES BECAUSE I AM **MASTER BOOKER!!** I BOOK AT LEAST 2 CLASSES AT EACH CLASS. I AM A WARM CHATTER MACHINE.

I AM INTIMIDATED BY NO ONE, BECAUSE I KNOW THEY WANT WHAT I HAVE TO OFFER THEM THOUGH MARY KAY. I OWE IT TO THEM TO AT LEAST OFFER.

THEY ARE EITHER SETTLING FOR LESS THAN THEY WANT OR SACRIFICING THEIR LIFE OR FAMILY TO GET WHAT THEY WANT.

I AM A **POWER START** QUEEN.

I WILL DO WHATEVER IT TAKES THESE NEXT 6 MONTHS SO THAT MY FAMILY AND I CAN DO WHATEVER WE WANT FOR THE REST OF OUR LIVES.