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## Triangle North Healthcare Foundation 2022 Grant Cycle is Now Open

Triangle North Healthcare Foundation has announced the launch of its 2022 grant cycle, and is accepting Letters of Interest now through March 1, 2022.

The Foundation seeks programs and projects that will provide positive impact in one or more of the five focus areas: Child Well-Being, Chronic Disease, Mental Health and Substance Use Disorders, Nutrition and Physical Activity, and Reproductive Health. Nonprofit organizations, government agencies, and schools are eligible to apply.

The link to the Foundation's online grant portal is available at the website:

<http://www.tnhfoundation.org>

The Foundation's mission-- to encourage, support, and invest in quality efforts that measurably improve health in the Triangle North area-- is achieved through funding programming that focuses on improving health. The Foundation also supports programs that build capacity and develop leaders for nonprofits in the region.

Since beginning its grantmaking in 2013, the Foundation has invested over \$3.3 million in programs that serve the four counties in the region: Franklin, Granville, Vance, and Warren.

According to the Foundation's Executive Director Val Short, the Foundation Board's hope is that through grantee organizations and the people they serve, the Board's vision for the future of our region will be realized... "to live in a healthy community."

"Our hope is that the Foundation's investment of grant funds in our communities will result in long lasting improvements in the health and wellbeing of our children and adults," Short said.

Short and the Foundation's Grants Coordinator Carolyn Powell are currently available to discuss ideas for grant projects or to assist with grant writing. Call 252-430-8532 to schedule an appointment. Information about current and past funded programs and projects is also available on the website.

## DON'T WAIT TO VACCINATE.

Find a vaccine location near you at  
[MySpot.nc.gov](https://www.myspot.nc.gov) or call 888-675-4567.



## Our Mission

To encourage, support and invest in quality efforts that measurably improve health in the Triangle North Region.

## Our Vision

To live in a healthy community.

## Our Focus Areas

The Foundation gives priority to grant projects that will have a positive impact and improve health in these priority areas:

- Child Well-Being
- Chronic Disease
- Mental Health & Substance Abuse
- Nutrition & Physical Fitness
- Reproductive Health

**2022-2023 grant cycle is now open!**  
**Letters of Interest are due March 1.**  
**Contact us to discuss your grant ideas, 252-430-8532.**  
**Go to the Foundation's website, [www.tnhfoundation.org](http://www.tnhfoundation.org) to review our grant making policies, funding priorities and eligibility requirements.**

## Triangle North Healthcare Foundation Launches 2022 High School Scholarship Program

Triangle North Healthcare Foundation (TNHF) has established a scholarship program to help high school students from the TNHF region attend college. The Foundation is seeking students whose academic plans align with the TNHF mission-- to encourage, support, and invest in quality efforts that measurably improve health in the Triangle North region-- and vision-- to live in a healthy community.

Each high school in the TNHF region, which includes Franklin, Granville, Vance, and Warren counties, will select one student to nominate for the TNHF scholarship. From this pool of applicants, the Foundation's Scholarship Committee will select one individual from each county to receive a \$10,000 scholarship.

Preference will be given to students who plan to major in a health-related field. Scholarship applications must be submitted to the school counselors by March 11, 2022.

Requirements for the scholarship recipients include:

- A minimum unweighted GPA of 2.5.
- Plans to pursue a career in a health-related field
- Full time residence in Franklin, Granville, Vance, or Warren County
- Documented acceptance into an accredited two-year or four-year college or university

TNHF Scholarship application packets are available in the high school Guidance Offices or can be downloaded from the Foundation's website at [www.tnhfoundation.org](http://www.tnhfoundation.org).

## Foundation Awards Last Round of Community Response Grants

Since Triangle North Healthcare Foundation launched its community response grant program in February of 2021, thirty-two relief and response programs related to the pandemic were funded. Over \$580,000 was awarded for projects addressing food insecurity, vaccination education and events, PPE, expansion of prescription and over-the-counter medications for the uninsured, child-well being, technology expansion, and mental health and substance abuse in Franklin, Granville, Vance and Warren counties.

Projects funded in December of 2021 include:

**Gang Free, Inc.** – *Community Health Workers Outreach II* - Continuation of the Community Health Workers project providing COVID-19 education events, coordinating vaccination clinics, testing, food distribution, etc...

**Henderson Collegiate** – *Hope Squad K-12 Suicide Prevention* - Implement a school-based, peer-to-peer suicide prevention program called Hope Squad for elementary, middle, and high school students in collaboration with Daymark Recovery Services.

Through a second grant, *Vision Screening in Children* – Henderson Collegiate will purchase a Welch Allyn Spot Vision Screener. The Spot is handheld and can be used to detect vision issues in children in Elementary, Middle, and High Schools -- thus benefitting ALL K-12 students. Spot screens both eyes at once from a 3-foot distance -- thus supporting CDC's COVID-19 social distancing guidelines to reduce virus transmission.



*TROSA staff member receiving vaccination, on site, to reduce exposure to COVID-19.*



*After School Camp participants, Kihanna Gordon (l) and Journey Alston (r), and Neveah Bullock (back) participate in the Henderson Family YMCA's "Walk to School Day" by walking the track at the Y.*

better social-emotional outcomes for youth during the pandemic.

In a second grant program, TPCDC will continue the produce box distribution program. *Winter/Spring Produce Box Distribution (with meat)* – will provide 660 produce boxes that include a variety of seasonal fruits and vegetables in addition to 220 servings of ground beef, and 440 servings of ground pork. Working Landscapes, in Warren County, will provide all pasture-raised meat to accompany each produce box. Boxes will continue to be served to the current 100 participants, including delivery of 30 boxes, and 10 additional individuals that are on the waitlist.



*The Henderson Fire Department discusses Fire Prevention as part of the Henderson Family YMCA's After School Camp.*

**Henderson Family YMCA – After School Camp** - Continuation of support for the after-school care and day-long childcare on days schools are not in session. Due to COVID protocols, capacity is decreased from 80 students to 60 students.

**Lifeline Outreach, Inc.** – *Safe Environment for Homeless Women & Children* - Provide a safe and sanitary residential setting for homeless women & children. Funds would be used to purchase PPE, cleaning and laundry supplies, additional bedding, testing for the uninsured, transportation to and from testing sites, additional costs related to COVID-19 protocols.

**NC MedAssist** – *Mobile Pharmacy Program Expansion* - Support the expansion of the mobile pharmacy program that includes a complete overhaul of the over-the-counter medicine warehouse and software integration. The more efficient system will enable NC MedAssist to serve more individuals at drive-thru (due to COVID-19) OTC events. The new system will also allow individuals who did not preregister to receive OTC meds needed rather than a generic bag.

**Triangle Residential Options for Substance Abusers (TROSA)** – *Cost-Free Residential Substance Abuse Treatment During COVID* - Continuation of previously funded COVID-19 related programs, that includes the purchase and replacement of outdated and unreliable computers to facilitate connectedness during quarantines, provide necessary supplies to maintain safety protocols for the kitchen, which serves up to 1200 meals a day to residents and staff, continue to purchase medical supplies, such as PPE, wipes, and sanitizer for use by staff in the medical clinic. During flu season TROSA makes sure that all residents are vaccinated against influenza. Providing the flu vaccine at TROSA helps eliminate the need for residents to travel off campus for the shot. Receiving the shot on campus reduces the risk of community exposure to COVID that could occur if residents received the vaccine in the larger community. Funds will be used to purchase flu vaccine and to support medical clinic employees who administer both COVID and flu vaccines.

**Turning Point Community Development Corporation (TPCDC)** - *Creating Success After School* - Continued support for pandemic learning recovery, homework completion, increased reading and writing for youth, increased physical activity, and



*TROSA vaccination teams prepares for COVID-19 and Flu vaccination event in their gym.*

NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
OXFORD, NC 27565  
PERMIT NO. 56



Friday, March 11  
9 AM - 2 PM

Masonic Home for Children  
600 College Street  
Oxford, NC



**STOCK YOUR MEDICINE CABINET FOR FREE!**

Free OTC medicine items include cold, cough, flu medicine, pain relief, vitamins, children's medicine, etc.

**HOW IT WORKS:**

- Stop by from 9 AM - 2 PM for FREE OTC products.
- If you want to request specific medications, you can pre-order online: [www.medassist.org/mobile](http://www.medassist.org/mobile) and pick up your order during our event.
- You may pick up items for a friend or family member.

**NO APPOINTMENT OR PRE-REGISTERING REQUIRED.**

If you do not pre-register, you can come by and pick up a pre-packaged bag of medication while supplies last.

**THIS EVENT IS OPEN TO EVERYONE**

All NC residents are welcome. No income requirements to receive products.  
No I.D. required. Must be 18 years or older. This event is rain or shine.



**BROUGHT TO YOU BY:**



Located in Henderson, Triangle North Healthcare Foundation provides grants to nonprofit organizations, governmental agencies, and schools in Vance, Warren, Granville, and Franklin counties.

The Foundation's grant funding has been made possible by the endowment that was established after Maria Parham Health merged with the for-profit Duke-Lifepoint in 2011.

Information about our grantees and future grant opportunities is available on the website at [www.tnhfoundation.org](http://www.tnhfoundation.org) or call 252-430-8532.

NC MedAssist is a nonprofit pharmacy providing access to prescription medications to qualified uninsured North Carolina residents. We also provide over-the-counter (OTC) medications at no charge to all through Mobile Free Pharmacy events or at our store location in Charlotte.

Learn how to receive free prescription medication at [www.medassist.org](http://www.medassist.org).