

# Infant Care Daily Packing List

Please pack the following items for your infant on a daily basis, and please be sure to <u>label everything</u> with your child's name with a non-toxic marker or laminated label, and consider using iron-on or <u>stamp labels for blankets</u>, <u>crib sheets and clothing</u>. Please refer to our Amazon list on the Resources page on our website for item/brand recommendations. Permanent marker can easily be removed from glass bottles with alcohol.

## Naps:

- 2 crib sheets 38" W x 24" L x 3" D
- 1 waterproof crib mat 38" W x 24" L x 3" D (Infant Room 1 only)
- pacifier (if applicable)
- sleep sack (if applicable)
- nap tote bag (to bring in sheets at beginning of week and take home at end of the week for washing)

## **Diapering:**

- waterproof portable changing mat (can be left in classroom)
- 8-10 Diapers per day or small stash to keep in the classroom
- Diaper rash cream/coconut oil/ointments (can be left in classroom)

## **Feeding:**

- burp cloths/receiving blankets
- bottles of breastmilk/formula with individual serving sizes already prepared in each bottle (glass bottles with silicone sleeves recommended). \*To avoid waste, please consider providing smaller amounts of milk in each bottle.
- Bibs (2-3)
- Food already cut bite size with serving spoons and bowls (non-plastic) (**No pouches or baby food jars please**)
- Water bottle/sippy cup (if applicable)
- Tote or lunch bag for sending home food containers daily

## **Clothing/Gear:**

- 2 swaddling blankets for indoor/outdoor tummy time and keeping warm
- 3-4 changes of clothing, including pants, socks, shirts, sweaters, hats
- Hanging laundry bag (Planetwise brand is a good example) for sending home soiled clothing daily
- a pair of soft-soled shoes for walking infants (Robeez or Koala brands are good examples)
- a pair of shoes for outside play for walking infants
- sun hat
- sun block for infants over 6 months (no spray bottles please)