ANNUAL WATER OUALITY REPORT 2021

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Presented By Natick Water Division

MASSACHUSETTS



We've Come a Long Way

Once again, we are proud to present our annual water quality report covering the period between January 1 and December 31, 2021. In a matter of only a few decades, drinking water has become exponentially safer and more reliable than at any other point in human history. Our exceptional staff continues to work hard every day—at all hours—to deliver the highest-quality drinking water without interruption. 2021 has been a busy and challenging year mitigating PFAS. However, we feel that by relentlessly investing in customer outreach and education, new treatment technologies, system upgrades, and training, the payoff will be reliable, high-quality tap water delivered to you and your family.

The Benefits of Fluoridation

Fluoride is a naturally occurring element in many water supplies in trace amounts. In our system, the fluoride level is usually adjusted to an optimal level averaging 0.7 parts per million (ppm) to improve oral health in children. At this level, it is safe, odorless, colorless, and tasteless. There are over 3.9 million people in 140 Massachusetts water systems and 184 million people in the U.S. who receive the health and economic benefits of fluoridation.

Update: Due to the continued nationwide shortage of sodium fluoride, as of June 2022, Natick is still unable to fluoridate the drinking water since running out of fluoride supply in January 2022.

What's a Cross-Connection?

Cross-connections that contaminate drinking water distribution lines are a major concern. A cross-connection is formed at any point where a drinking water line connects to equipment (boilers), systems containing chemicals (air conditioning systems, fire sprinkler systems, irrigation systems), or water sources of questionable quality. Cross-connection contamination can occur when the pressure in the equipment or system is greater than the pressure inside the drinking water line (backpressure). Contamination can also occur when the pressure in the drinking water line drops due to fairly routine occurrences (main breaks, heavy water demand), causing contaminants to be sucked out from the equipment and into the drinking water line (backsiphonage).

Outside water taps and garden hoses tend to be the most common sources of cross-connection contamination at home. The garden hose creates a hazard when submerged in a swimming pool or attached to a chemical sprayer for weed killing. Garden hoses that are left lying on the ground may be contaminated by fertilizers, cesspools, or garden chemicals. Improperly installed valves in your toilet could also be a source of cross-connection contamination.

Community water supplies are continuously jeopardized by cross-connections unless appropriate valves, known as backflow prevention devices, are installed and maintained. We have surveyed industrial, commercial, and institutional facilities in the service area to make sure that potential cross-connections are identified and eliminated or protected by a backflow preventer. We also inspect and test backflow preventers to make sure that they provide maximum protection.

For more information on backflow prevention, contact the Safe Drinking Water Hotline at (800) 426-4791.

Where Does My Water Come From?

The Town of Natick obtains its water from eleven groundwater wells at five locations. Nine of the wells are located in Natick, while two are located in Dover, Massachusetts. These 11 wells feed Natick's four water treatment facilities known as Springvale, Elm Bank, Morse Pond, and Pine Oaks. The Springvale Water Treatment Facilities are made up of two treatment operations, known as H&T and Tonka, which combine before entering the distribution system. Springvale and Elm Bank are the Town's primary treatment facilities, while Morse Pond and Pine Oaks serve as backup to supplement water supplies during high-demand conditions. Each treatment facility has an entry point into Natick's drinking water distribution system where the water combines before reaching customers. The Town of Natick's water distribution system also includes approximately 196 miles of water mains and two water storage facilities that have a combined capacity of 9 million gallons.

To find more information about drinking water on the Internet, go to the U.S. EPA's Web site at https://water.epa.gov/drink/info/.

Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as those with cancer undergoing chemotherapy, those who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These



people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or http://water.epa.gov/drink/hotline.

QUESTIONS? For more information about this report, or for any questions relating to your drinking water, please contact Anthony Comeau or staff at the Natick Water/Sewer Division at (508) 647-6557 or water@natickma.org.

Sign Up Today!

We encourage you to sign up for our WaterSmart program today—It's easy and it's free! This service enables you to track and evaluate your water consumption, detect high usage and potential leaks, view bill history, customize notifications for events such as flushing near you, and more. Log in at https://natickma.watersmart.com/index.php/welcome today. As always, feel free to contact the Natick Department of Public Works, Water & Sewer Division, with any additional questions at (508) 647-6557 or email at water@natickma.org.

Water Main Flushing

Distribution mains (pipes) convey water to homes, businesses, and hydrants in your neighborhood. The water entering distribution mains is of very high quality; however, water quality can deteriorate in areas of the distribution mains over time. Water main flushing is the process of cleaning the interior of water distribution mains by sending a rapid flow of water through the mains.

Flushing maintains water quality in several ways. For example,

flushing removes sediments like iron and manganese. Although iron and manganese do not pose health concerns, they can affect the taste, clarity, and color of the water. Additionally, sediments can shield microorganisms from the disinfecting power of chlorine, contributing to the growth of microorganisms within distribution mains.

Flushing helps remove stale water and ensures the presence of fresh water with sufficient dissolved oxygen and disinfectant levels, and an acceptable taste and smell.

During flushing operations in your neighborhood, some shortterm deterioration of water quality, though uncommon, is possible. You should avoid tap water for household uses at such times. If you do use the tap, allow your cold water to run for a few minutes at full velocity before use, and avoid using hot water, to prevent sediment accumulation in your hot water tank.

Please contact us if you have any questions or if you would like more information on our water main flushing schedule.

When the well is dry, we know the worth of water. –Benjamin Franklin

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Substances That Could Be in Water

To ensure that tap water is safe to drink, the State Department of Environmental Protection (MADEP) and the U.S. Environmental Protection Agency (U.S. EPA) prescribe regulations limiting the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) and Massachusetts Department of Public Health (DPH) regulations establish limits for contaminants in bottled water that must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

> Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

Pesticides and Herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production and may also come from gas stations, urban stormwater runoff, and septic systems;

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

About Our Violation

APFAS6 violation is triggered when a quarterly average exceeds the 20 ng/L MCL at an active drinking water source. In 2021, Athe average of our Quarter 1 and Quarter 4 results were above the MCL for PFAS6 at the Springvale Water Treatment Facilities.

In April 2022, Natick finished the installation and began operation of the new PFAS-removal Granular Activated Carbon (GAC) filters, which treat the H&T portion of the Springvale Water Treatment Facilities. The new GAC filters remove levels of PFAS down to "Not Detected" in the H&T portion.

For additional information regarding PFAS and regular updates, please check the Natick PFAS Web page at https://www.natickma. gov/1753/PFAS. On that page, we post the most recent monthly PFAS sample results as soon as they are confirmed by the State, important announcements, and other helpful information concerning PFAS.

Some people who drink water containing these PFAS in excess of the MCL may experience certain adverse effects. These could include effects on the liver, blood, immune system, thyroid, and fetal development. These PFAS may also elevate the risk of certain cancers.

Water Hardness Guide							
This information is provided so that residents can adjust their appliances (measured as $CaCO_3$):							
AMOUNT (PPM)	RATING						
<60 ppm	soft						
61-120 ppm	moderately hard						
121-180 ppm	hard						
>181 ppm	very hard						
>181 ppm	very hard						

FOG (Fats, Oils, and Grease)

You may not be aware of it, but every time you pour fat, oil, or grease (FOG) down your sink (e.g., bacon grease), you are contributing to a costly problem in the sewer collection system. FOG coats the inner walls of the plumbing in your house as well as the walls of underground piping throughout the community. Over time, these greasy materials build up and form blockages in pipes, which can lead to wastewater backing up into parks, yards, streets, and storm drains. These backups allow FOG to contaminate local waters, including drinking water. Exposure to untreated wastewater is a public health hazard. FOG discharged into septic systems and drain fields can also cause malfunctions, resulting in more frequent tank pump-outs and other expenses.

Communities spend billions of dollars every year to unplug or replace grease-blocked pipes, repair pump stations, and clean up costly and illegal wastewater spills. Here are some tips that you and your family can follow to help maintain a well-run system now and in the future:

NEVER:

- Pour fats, oil, or grease down the house or storm drains.
- Dispose of food scraps by flushing them.
- Use the toilet as a waste basket.

ALWAYS:

- Scrape and collect fat, oil, and grease into a waste container such as an empty coffee can, and dispose of it with your garbage.
- Place food scraps in waste containers or garbage bags for disposal with solid wastes.
- Place a wastebasket in each bathroom for solid wastes like disposable diapers, creams and lotions, and personal hygiene products including nonbiodegradable wipes.

What Are PFAS?

Per- and polyfluoroalkyl substances (PFAS) are a group of manufactured chemicals used worldwide since the 1950s to make fluoropolymer coatings and products that resist heat, oil, stains, grease, and water. During production and use, PFAS can migrate into the soil, water, and air. Most PFAS do not break down; they remain in the environment, ultimately finding their way into drinking water. Because of their widespread use and their persistence in the environment, PFAS are found all over the world at low levels. Some PFAS can build up in people and animals with repeated exposure over time.

The most commonly studied PFAS are perfluorooctanoic acid (PFOA) and perfluorooctane sulfonic acid (PFOS). PFOA and PFOS have been phased out of production and use in the United States, but other countries may still manufacture and use them.

Some products that may contain PFAS include:

- Some grease-resistant paper, fast food containers/wrappers, microwave popcorn bags, pizza boxes
- Nonstick cookware
- Stain-resistant coatings used on carpets, upholstery, and other fabrics
- Water-resistant clothing
- Personal care products (shampoo, dental floss) and cosmetics (nail polish, eye makeup)
- Cleaning products
- Paints, varnishes, and sealants

Even though recent efforts to remove PFAS have reduced the level of exposure, products may still contain them. If you have questions or concerns about products you use in your home, contact the Consumer Product Safety Commission at (800) 638-2772. For a more detailed discussion on PFAS, please visit https://www. atsdr.cdc.gov/pfas/index.html.

Lead in Home Plumbing

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water, but we cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline at (800) 426-4791 or at www. epa.gov/safewater/lead.

Source Water Assessment Program

MADEP has prepared a Source Water Assessment Program (SWAP) report for the water supply sources serving this water system. The SWAP report notes the key issues of activities in Zone 1: hazardous material storage and use, residential land use, transportation corridors, oil or hazardous material contamination sites, and wellhead protection planning in the water supply protection area for all sources. The report commends the water system on existing source protection measures.

What Can Be Done to Improve Protection?

The SWAP report recommends that the town take these steps:

- Develop and implement a wellhead protection plan,
- Expand on the scope of the emergency response teams to ensure that they are aware of the stormwater drainage in Zone II.

Natick Water & Sewer Division plans to address the protection recommendations in these ways:

- Continuing to develop and implement a wellhead protection plan,
- Continuing to locate and map the stormwater drainage systems within Zone II,
- Reviewing pending NPDES (National Pollutant Discharge Elimination System) Permit.

Residents can help protect sources by

- Practicing good septic system maintenance,
- Supporting water supply protection initiatives at future town meetings,
- Taking hazardous household chemicals to hazardous materials collection centers on specified days,
- Limiting pesticide and fertilizer use and the like,
- Taking waste motor oil to the Natick Recycling Center.

What Is My System's Ranking?

A susceptibility ranking of moderate to high was assigned to this system using the information collected during the assessment by MADEP.

Where Can I See the SWAP Report?

The complete SWAP report is available at the Town of Natick Department of Public Works and online at https://www.mass.gov/files/ documents/2019/02/22/swap-nero-with-inst.pdf. For more information, call the Natick Water & Sewer Division at (508) 647-6557 or email water@natickma.org.

Test Results

Our water is monitored for many different kinds of substances on a very strict sampling schedule. Also, the water we deliver must meet specific health standards. Here, we show only those substances that were detected in our water. (A complete list of all our analytical results is available upon request.) Remember that detecting a substance does not mean the water is unsafe to drink; our goal is to keep all detects below their respective maximum allowed levels.

The State recommends monitoring for certain substances less often than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

REGULATED SUBSTANCES

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
Alpha Emitters (pCi/L)	2017	15	0	0.17	ND-0.17	No	Erosion of natural deposits
Barium (ppm)	2019	2	2	0.02	NA	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Chlorine (ppm)	2021	[4]	[4]	0.51	0.01-1.07	No	Water additive used to control microbes
Fluoride (ppm)	2021	4	4	0.9	0.2–0.9	No	Water additive that promotes strong teeth
Haloacetic Acids [HAAs]– Stage 2 (ppb)	2021	60	NA	10.2	4.6–13	No	By-product of drinking water disinfection
Nitrate (ppm)	2021	10	10	2.7	0.67–2.7	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Perchlorate (ppb)	2020	2	NA	0.26	0.07–0.26	No	Inorganic chemicals used as oxidizers in solid propellants for rockets, missiles, fireworks, and explosives
TTHMs [Total Trihalomethanes]–Stage 2 (ppb)	2021	80	NA	43.8	12–60	No	By-product of drinking water disinfection

PFAS6

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	HIGHEST QUARTERLY AVERAGE BY LOCATION	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
PFAS6 (ppt)	2021	20	NA	Springvale Tonka: 21	6.79–25.07	Yes	Discharges and emissions from industrial and manufacturing sources associated with the
				Springvale H&T: 24			production or use of these PFAS, including production of moisture and oil resistant
			Springvale Blended: 21			coatings on fabrics and other materials. Additional sources include the use and disposal of products containing these PFAS, such as fire-fighting foams.	



Definitions

90th %ile: Out of every 10 homes sampled, 9 were at or below this level. This number is compared to the Action Level to determine lead and copper compliance.

AL (Action Level): The concentration of a contaminant that, if exceeded, triggers treatment or other requirements that a water system must follow.

Level 2 Assessment: A Level 2 assessment is a very detailed study of the water system to identify potential problems and determine (if possible) why an *E. coli* MCL violation has occurred and/or why total coliform bacteria have been found in our water system on multiple occasions.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal):

The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level):

The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level

Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable

health based.

pCi/L (picocuries per liter): A measure of radioactivity.

ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).

ppm (parts per million): One part substance per million parts water (or milligrams per liter).

ppt (parts per trillion): One part substance per trillion parts water (or nanograms per liter).

SMCL (Secondary Maximum Contaminant Level): These standards are developed to protect aesthetic qualities of drinking water and are not

	MCLG (1.3 0	UNT DETECTED 90TH %ILE) 0.261 2.0	SITES ABOVE AL/ TOTAL SITES 1/30 1/30	VIOLATION No No		chold plumbing systems; Erosion of natural deposits			
Lead (ppb) 2019 15 SECONDARY SUBSTANCES SUBSTANCE SUBSTANCE (UNIT OF MEASURE) YEAR Manganese ¹ (ppb) 2021 50 UNREGULATED AND OTHER SUBSTANCE	0								
SECONDARY SUBSTANCES SUBSTANCE (UNIT OF MEASURE) YEAR SAMPLED SMCL Manganese ¹ (ppb) 2021 50 UNREGULATED AND OTHER SUBSTANCE		2.0	1/30	No	Corrosion of house	shold plumbing systems: Fracian of natural denosits			
SUBSTANCE (UNIT OF MEASURE)YEAR SAMPLEDManganese1(ppb)202150UNREGULATED AND OTHER SUBSTANCE	AMOUN					more premising systems, crosion or natural deposits			
(UNIT OF MEASURE)SAMPLEDSMCLManganese1(ppb)202150UNREGULATED AND OTHER SUBSTANCE						Manganaga is a naturally accurring minoral found in yooka, pail			
UNREGULATED AND OTHER SUBSTANCI	AMOUN MCLG DETECT		VIOLATION	TYPICAL SOURCE		¹ Manganese is a naturally occurring mineral found in rocks, soil, groundwater, and surface water. Manganese is necessary for proper nutrition and is part of a healthy diet, but it can have undesirable effects o			
	NA 15	ND-58	No	Leaching from n	natural deposits	certain sensitive populations at elevated concentrations. The U.S. EPA an			
	UNREGULATED AND OTHER SUBSTANCES ² MADEP have established public health advisory levels for manganese protect against concerns of potential neurological effects.								
SUBSTANCEYEARAMOU(UNIT OF MEASURE)SAMPLEDDETECT		TYPICAL SOU	RCE			² Unregulated contaminants are those for which the U.S. EPA has not established drinking water standards. The purpose of monitoring unregula			
Hardness (ppm) 2021 112.	2.5 75–153	Naturally oc	curring			contaminants is to assist the EPA in determining their occurrence in drink			
Sodium (ppm) 2019 86	6 51–120	Natural sour	rces; Runoff from	use of salt on road	dways	water and whether future regulation is warranted.			

FECAL INDICATORS	RESULTS	SAMPLE DATE	RANGE	MCL	MCLG	VIOLATION (Y/N)	POSSIBLE SOURCES OF CONTAMINATION
E. coli bacteria (in distribution system)	8 positive samples	1/12/21	ND-1	0	0	Yes*	Human and animal fecal waste
E. coli bacteria (in ground water source)	1 positive samples	1/12/21	ND-1	0	0	Yes**	Human and animal fecal waste

*We were notified on 1/13/2021 that E. coli was detected in 8 out of the 11 Routine Samples collected in the distribution system on 1/12/2021; the samples were tested for E. coli in response to testing positive for total coliform. We immediately issued a Boil Order that day which you may remember receiving via a Reverse 911 message. We also immediately collected 2 rounds of Repeat Samples at the positive locations. These all came back negative. Further information is provided below.

**On 1/13/2021, we were notified that a Groundwater sample collected on 1/12/2021 at the combined Elm Bank Wells #2&4 tested positive for E. coli. and total coliform. Natick immediately collected 5 Repeat Samples at this location. All samples came back negative. Further information is provided below.

Health Effects: Fecal coliform and E. coli are bacteria whose presence indicates that the water maybe contaminated with human or animal wastes. Microbes in these wastes can cause short-term effects, such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a special health risk for infants, young children, some elderly, and people with severely compromised immune systems.

We had E. coli-positive and total coliform-positive Routine Samples. Repeat Samples were negative.

We found E. coli bacteria, indicating the need to look for potential problems in water treatment or distribution. When this occurs, we are required to conduct assessments to identify problems and to correct any problems that were found during these assessments. We were required to complete a Level 2 assessment because we found E. coli in our water system. This was completed.

The contracted engineer who conducted the Assessment did not find sanitary defects and indicated that the samples were potentially contaminated somewhere between the drawing of the samples and the laboratory analysis. No corrective actions were required.

Health Effects: E. coli are bacteria whose presence indicates that the water may be contaminated with human or animal wastes. Human pathogens in these wastes can cause short term effects such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a greater health risk for infants, young children, the elderly, and people with severely compromised immune systems.