



MERRIMACK  
FRIENDS &  
FAMILIES

Est. 1973

JUNE 2024

50+ YEARS OF CELEBRATING MERRIMACK!!  
1973-2024



## Presidents' Message

*Julie Akers & Tammy Ditman*



Thank you to all MFF members past and present as we celebrate 50 years of fun, friendship and public service! Five decades of "making friends & making a difference" could only happen because of your involvement.

Tammy and I shared our enthusiasm for the club, met some great people and connected with other nonprofits at the Nashua Library's Volunteer Fair. Over the summer MFF will have a club fundraiser at Thirsty Moose, a bonfire party with live music, a bake sale at Hot Dogz to End ALZ and a food drive for the schools' Snack Pantry as well as a wine tasting, trivia nights, weekend coffees, hikes, brunches and dining out. If you have an idea for a fun, one time event just let us know and we'll create an evite so others can join you. We hope to see you at lots of events and always feel free to bring a friend - the more the merrier!

We want to thank all our fellow Board of Directors members for all their work. They continually create events, promote them, attend meetings and manage the business aspects of our club. MFF would not exist without their dedication and efforts. We especially want to say farewell but not goodbye to four board members: Barb, Beth M., Jill and Lisa. Thank you for your years of service to the club. Also we wish to welcome the newest board members: Heather, Karen, Michele and Pat. Looking forward to working together in the new year.

Julie and Tammy

June calendar

DATE	TIME	EVENT
June 1	9:00 AM	Membership Social @ Buckleys
June 2	9:00 AM	Let's Walk Sunday
June 4	6:00 PM	Trivia @ Able Ebenezers
June 9	9:00 AM	Let's Walk Sunday
June 9	1:00 PM	Wine Tasting @ LaBelle
June 10	7:00 PM	Board Meeting
June 11	6:00 PM	Trivia @ Able Ebenezers
June 16	9:00 AM	Let's Walk Sunday
June 18	6:00 PM	Trivia @ Able Ebenezers
June 23	9:00 AM	Let's Walk Sunday
June 24	7:00 PM	Monday Book Club
June 25	6:00 PM	Trivia @ Able Ebenezers
June 27	9:00 AM	ALZ Bake Sale
Please see the Evite for additional information		

Vice President

Catherine Pepler



Dear Members

Spring has finally sprung. Irises that have not bloomed in years are standing tall and proud. The azaleas and rhododendrons are in full bloom and so beautiful. now, if I could keep the bunnies away from my other blooms, that would be great!

Summer will be here with that comes a MFF gathering on August 3rd. The board and I are hoping that you will join us for music, barbecue and bonfire. Watch for the Evite that will be coming your way shortly.

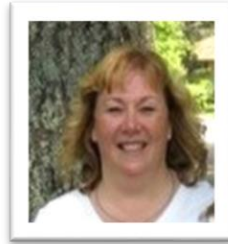
In friendship,  
Catherine





## Treasurer

*Bev Coelho*



Cheers to another great year!

Enjoy your summer!

Bev



## Secretary

*Sandy George*



Remember, if you know of someone needing a little help, to contact me and I will try to set up the help that is needed.

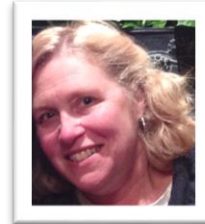
I am also beginning to send out other greetings besides the birthday cards so if you know of someone needing a congratulations, get well or just a little hello please let me know.

Birthday and other cards are now being sent using my email address which may say MFF saleekee....as the sender and from GotFreeCards. Please let me know if that is a problem for you.



## Ways and Means

*Carol Figueroa & Beth Voorhees*



On June 27th we are having our last event of the club year which is being coordinated with Service. We are volunteering at the Hot DogZ to End ALZ event on June 27th at Our Lady of Mercy (parking lot). We are hosting a bake sale and we will split the profits with Hot DogZ to End ALZ. We need lots of baked goods (cookies and/or brownies) and will also be looking for volunteers. Please be sure to RSVP on the Evite. Thank you.

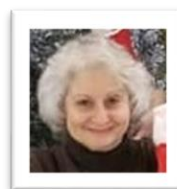
Also, keep an eye out for Save the Date for our fall yard sale. The date has not been set yet but it usually falls at the end of September and beginning of October. So save all those unwanted items to donate to our biggest fundraiser for the club!!

It's been a great year. We hope you have a wonderful summer!!!

Beth and Carol

## Service

*Laurie Libby & Jill O'Toole*



The days are getting warmer and summer will soon be upon us as we wrap up another year.

We were able to support the Hospice House in May with their garden project and they were so appreciative.

The SCARE group will be looking for volunteers in June to help sort Halloween costumes donated by Walmart and Big Lots. Once a date is selected an Evite will be sent out.

We will be wrapping up the year with a big event. The Hotdogs for Alz will take place on Thursday 6/27 and we will need lots of bakers. Our name is getting out there in the community and this event is well attended. I hope all of you can contribute. An Evite will be out soon.

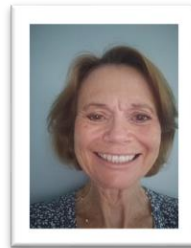
Thanks to all who have been so generous throughout the year supporting our Service Projects. We are making a difference in the community.

Happy Summer!  
Laurie and Jill



## Membership

*Lisa Casell & Robin Johnson*



Well, this club year has just flown by. We would like to welcome a new Club Member, Joy Aldrich. The 2023/2024 club year has been a banner year for new membership. In addition to Joy, we welcomed Lydia DeLuca, Paula Johnston, Donna LaRue, Michele Lehtinen, Karen Kontos and Laurene Allen to MFF as new members and Nicole Castronovo, Gretchen Ricks, Kara Pitcher and Kathy Stack as returning members.

Throughout the summer, membership will continue to host our monthly Informational Coffee Socials at Buckley's Bakery and Cafe. So, if you know someone interested in joining MFF please let them know about this monthly event.

Enjoy your summer  
Robin and Lisa



# Publicity

*Beth Milliken*



Please remember to send pictures of your MMF related events to Beth so that we can include them on our Facebook and Instagram pages, along with in our future newsletters. It's so nice to be able to share with our members how much fun we have! When you send, please let me know a quick summary of what the pictures are of.

Beth



# Happy Birthday!!



Katie B	6/8
Jill M	6/12
Beth M	6/12
Beth V	6/20
Sue S	6/25
Tammy D	6/30
Robin J	7/5
Julie A	7/6
Bev C	7/8
Donna G	7/17



Vivian D	7/20
Rose S	7/21
Wilma C	7/26
Eileen H	8/12
Sharon B	8/22
Carol F	8/29

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## Interest Group Happenings

### Secret Sisters

Hello, Secret Sisters! What a wonderful year we had – hard to believe another one has come and gone. I'd like to thank all of you that participated. A big shout out to Dawn for hosting our reveal party! It was so much fun, and so rewarding. I hope you all plan to do it again next year.

This month, you have the opportunity to send a small 'thank you' gift to the wonderful woman who has been surprising YOU each month since October, now that you know who she is!

Again, thank you for your participation. I hope you all have a healthy and relaxing summer, and we'll see you in September!

Regards,  
Jill Mitchell

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### Girls Night Out

Check back next time.

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### Fitness Friends

Please join us for our Sunday walks!







# Book Club

## Monday Book Club

We had a great time at Carol’s house talking about Dolly Parton: My Life and Other Unfinished Business. Most people enjoyed the book but wanted to know more about Dolly herself. She is a very smart lady despite sounding a bit unsophisticated at times.

Our book for June is The Lost Apothecary by Sarah Penney which is available at the library right now in both small and large print. It is also available through Libby as an audiobook. Please check out the Evite to find our meeting place and date.

Please send me a list of books you might be interested in reading over the coming year.

Have a great summer! Sandy

## Wednesday Book Club

Check back next time.



# Lunch Bunch

Check back next time!



# Recipe Swap

Check back next time!

