



NRS  
DATE INITIAL

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- VI. The client/caregiver can demonstrate understanding of nutritional issues related to congestive heart disease (refer to Nutrition and Cardiovascular Disease).
  
- VII. The client/caregiver can list possible complications of congestive heart disease.
  - A. Acute pulmonary edema
  - B. Damage to organs such as liver, kidney, or brain
  - C. Pneumonia
  - D. Electrolyte imbalance related to diuretic therapy
  - E. Need for oxygen therapy

**RESOURCES**

American Heart Association  
[www.americanheart.org](http://www.americanheart.org)

National Heart, Lung, and Blood Institute (NHLBI)  
[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)

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*Portable RN: The all-in-one nursing reference*. (2002). Springhouse: Lippincott, Williams & Wilkins.

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