



Archeon Gefsis

The Ancient Greek Cuisine, the one that inspired so many others, makes a unique comeback after 25 centuries...

What do we really know about it?



...Surely less than what we know about chinese, mexican or american. Still, we take pride of the ancient Greek civilization that is generally admitted to have greatly benefited to mankind two and a half thousand years ago; it would be impossible for the people who taught the Western World about democracy, theatre, philosophy, medicine, mathematics and so many more to be ignorant about healthy eating habits.

These were the thoughts of Ioannis Adamis when back in 1998 - having already dominated the specialized dining industry for 10 years - he established Archeon Gefsis (Ancient Tastes) restaurant breaking new ground and leaving competition behind.