

Monica Fredrickson

Kick Instructor & Business Administrator

Monica's passion for dance began when she was in middle school, when she started taking kick and jazz classes. She competed on the Lakeville Junior High Starliners Dance team for three years and was captain her final year. She was also a member of the Lakeville North Lake-Liner Dance Team for three years. Jeanne and Monica go way back, as Jeanne coached Monica when she was a Starliner and Lake Liner.

Monica has been coaching at Lakeville North since 2005 and has been the head coach of Lake-Liner Dance Team since 2007. Monica was named MADT AAA Head Coach of the Year in 2016 & 2018. She also assists with the Lakeville Middle School dance team during the fall months.

Monica is the business administrator at South Metro Dance Academy.