

Race Date  
April 26, 2015

# Hammer Sprint 2015

## Overall

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Run</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Jim Hall	125	1 M OVR	1	18:48.70	6:04	0:36.55	1	52:11.51	21.4	0:25.85	1	18:43.22	6:02	1:30:45.8
2	C. David Carrell	459	2 M OVR	3	20:11.58	6:31	0:48.74	2	52:47.23	21.1	0:36.01	3	20:32.42	6:37	1:34:55.9
3	Paul Horton	180	3 M OVR	2	19:21.51	6:15	1:18.95	5	55:08.36	20.2	0:50.88	2	19:28.63	6:17	1:36:08.3
4	Andrew Eickholt	449	1 M 30-34	5	20:19.28	6:33	0:35.07	4	54:14.56	20.6	0:32.45	10	22:26.13	7:14	1:38:07.4
5	Kevin Sprouse	470	1 M 35-39	4	20:18.69	6:33	1:25.36	6	56:41.25	19.7	0:52.98	6	21:23.11	6:54	1:40:41.3
6	David Price	199	1 M MTR	6	21:11.69	6:50	0:38.16	7	56:53.95	19.6	0:35.24	8	21:25.91	6:55	1:40:44.9
7	Joann Scott	471	1 F OVR	9	21:41.40	7:00	0:51.54	10	1:00:06.2	18.6	0:51.27	9	21:27.35	6:55	1:44:57.7
8	John Smith	122	2 M 35-39	15	23:15.93	7:30	0:41.56	8	58:39.34	19.0	0:39.08	13	23:40.67	7:38	1:46:56.5
9	Summer Robinson	17	2 F OVR	8	21:36.43	6:58	1:32.06	13	1:02:24.6	17.9	1:05.95	4	20:54.29	6:45	1:47:33.3
10	Todd Temple	126	1 M 40-44	14	23:06.13	7:27	1:17.80	9	59:58.11	18.6	0:41.49	11	22:31.45	7:16	1:47:34.9
11	Andrew Stafford	110	1 M 25-29	7	21:34.71	6:57	1:12.79	14	1:03:15.0	17.6	1:23.23	5	21:22.22	6:54	1:48:48.0
12	Bruce Heiser	213	1 M 55-59	19	23:41.86	7:38	0:47.42	11	1:00:18.6	18.5	0:34.38	15	24:12.95	7:48	1:49:35.2
13	Dan McCaslin	463	2 M 55-59	18	23:37.18	7:37	1:05.12	12	1:00:22.6	18.5	1:01.20	16	24:18.93	7:50	1:50:25.0
14	Marsha Morton	57	3 F OVR	13	22:44.75	7:20	0:45.11	16	1:05:32.9	17.0	0:27.21	7	21:24.28	6:54	1:50:54.3
15	Eli Spencer	94	1 M 15-19	10	21:53.66	7:04	1:31.33	18	1:05:48.1	17.0	1:07.48	14	23:59.80	7:44	1:54:20.4
16	Corey Crumpton	469	1 M 20-24	17	23:20.01	7:32	1:17.45	15	1:04:22.3	17.3	1:33.50	18	25:16.36	8:09	1:55:49.6
17	Victoria Ursitti	461	1 F MTR	20	23:57.32	7:44	1:53.97	19	1:06:26.5	16.8	1:04.67	20	25:47.22	8:19	1:59:09.6
18	Michael Thomason	98	2 M 20-24	21	24:15.30	7:49	1:03.14					36	1:34:06.7	30:21	1:59:25.2
19	Sofia Bell	41	1 F 40-44	23	25:17.68	8:09	1:11.35	17	1:05:39.4	17.0	1:14.91	21	26:38.41	8:35	2:00:01.7
20	Chip Lowder	187	1 M 45-49	12	22:31.10	7:16	1:03.00	3	53:45.10	20.8	1:09.00	35	43:04.80	13:54	2:01:33.0
21	Chris Carpenter	138	2 M 40-44	16	23:18.39	7:31	1:09.98	23	1:12:39.1	15.4	1:07.44	22	28:01.49	9:02	2:06:16.4
22	Britni News	3	1 F 25-29	24	26:44.61	8:37	0:51.49	25	1:13:14.8	15.2	0:48.09	17	25:06.19	8:06	2:06:45.2
23	Matthew Bailey	112	3 M 35-39	22	25:02.83	8:05	0:32.29	26	1:15:28.5	14.8	0:23.32	19	25:40.05	8:17	2:07:07.0
24	Mark Rinehart	196	2 M 45-49	28	29:44.34	9:35	1:29.17	20	1:07:39.0	16.5	1:17.83	24	28:17.80	9:07	2:08:28.1
25	Philip Breeding	221	1 M 60-64	27	29:28.80	9:30	1:28.77	21	1:10:24.7	15.9	1:05.10	25	28:42.10	9:15	2:11:09.5
26	Emily McCutcheon	499	2 F 40-44	30	31:43.73	10:14	1:28.07	24	1:12:49.6	15.3	0:54.68	26	29:48.29	9:37	2:16:44.4
27	Shameka Pollard	18	1 F 35-39	25	27:14.87	8:47	1:19.77	28	1:21:43.2	13.7	1:16.79	23	28:08.81	9:05	2:19:43.5
28	Lee West	237	2 M 25-29	35	35:36.04	11:29	3:11.61	22	1:11:01.2	15.7	2:35.52	30	36:33.47	11:47	2:28:57.9
29	Meredith McKinney	43	3 F 40-44	32	32:07.99	10:22	2:10.34	29	1:22:58.4	13.5	1:56.02	28	32:58.54	10:38	2:32:11.3
30	James Baker	413	1 M 50-54	36	36:17.53	11:42	1:39.78	27	1:18:50.5	14.2	2:02.08	31	36:48.25	11:52	2:35:38.1
31	Dewayne Galyon	195	3 M 45-49	29	30:27.31	9:49	2:29.53	31	1:30:55.5	12.3	2:05.31	27	31:58.70	10:19	2:37:56.3
32	Brandi Jones	13	1 F 30-34	31	31:45.64	10:15	1:06.26	32	1:31:32.9	12.2	1:39.33	29	33:18.75	10:45	2:39:22.9
33	Paul Blizzard	472	2 M 50-54	26	29:27.95	9:30	3:02.33	30	1:25:10.4	13.1	2:27.89	34	40:16.21	12:59	2:40:24.8

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34	Rj Lillard	239	2 M 30-34	33	32:32.30	10:30	2:47.56	33	1:32:27.9	12.1	2:06.08	32	38:02.82	12:16	2:47:56.7
35	Tina McPeek	64	1 F 50-54	34	33:58.78	10:57	1:40.65	34	1:34:15.6	11.8	1:42.11	33	38:54.87	12:33	2:50:32.0
36	David Kyle	170	3 M 40-44	11	22:23.48	7:13	1:27.99	35	2:14:33.3	8.29	1:56.37	12	23:05.57	7:27	3:03:26.7