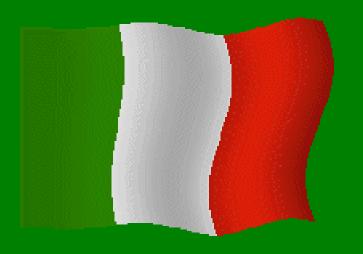
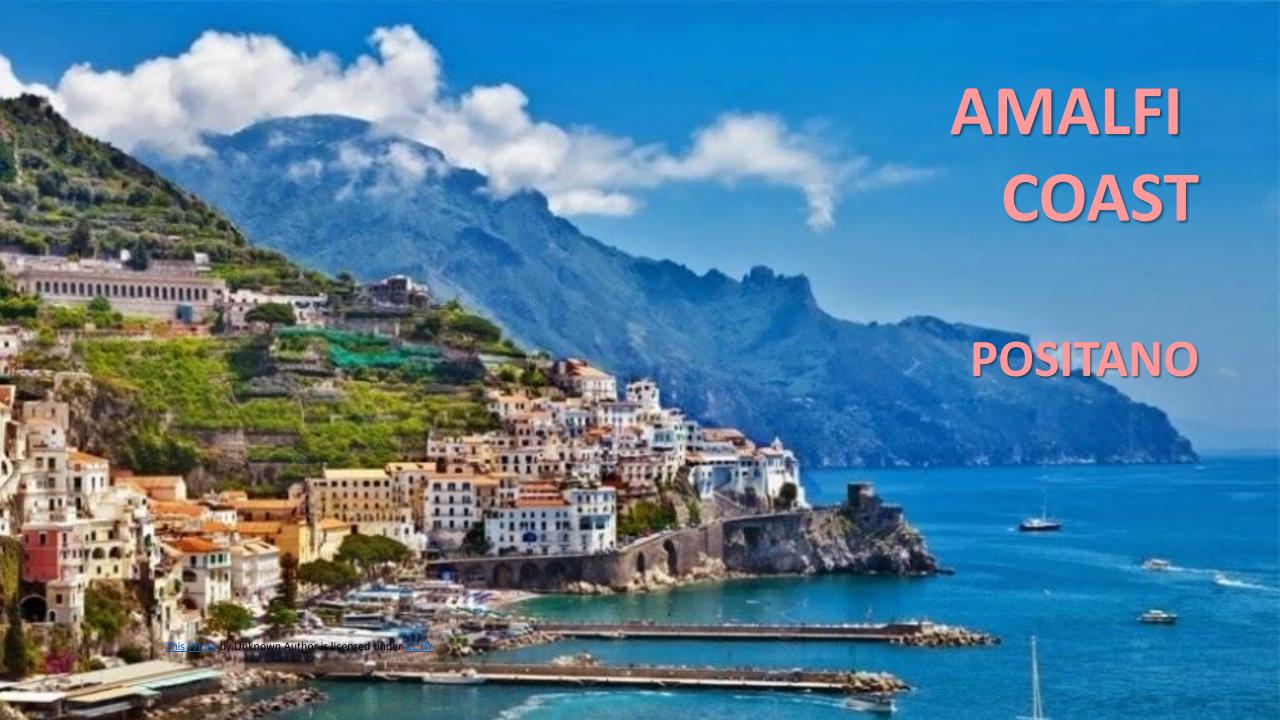
ULTIMATE ITALY























































TRAVEL TIPS AND USEFUL INFORMATION MEDITERRANEAN COUNTRIES ITALY



Money

- Use ATMs
- Pin mustbe 4 digits
- Change it and try it out before leaving on the trip.
- For smooth credit card

transactions, call credit card companies and tell them you are in these other countries.





Luggage

- One carry-on
- One suitcase

• Can also carry purse, laptop, etc.

What to Wear



Plan for variations in

Things To Take



• Plan for medication, health and hygiene needs.

 (You may not be able to run out and buy what you need)

• Take copies of prescriptions with you

Things To Take

• Toiletries in small containers—just the amount needed.

 Take disposable items that can be tossed when you are finished



Packing

HEALTH ITEMS

- vitamins
 - aspirin
- medications
- extra pair of glasses
 - contact lens stuff
 - laxative
 - diarrhea needs
 - decongestant

Packing

- Make a list of luggage contents and approximate value in case you have to fill out a baggage claim form.
- Practice Pack! Lay out everything and start packing by priority.
 (Write it down; then pare it down!)



Packing – Consider the following

- small sewing kit
- wash cloth
- mirror
- shower cap
- small scissors
- travel alarm
- curling iron

- travel iron
- camera
- umbrella
- outlet adaptor
- watch
- other books
- small binoculars

Valuables Safety

Take a money pouch worn UNDER your clothes. Keep everything you can't afford to lose in it: passport, credit card, ATM card, drivers license, money, etc.





Electrical plugs

These plugs work in ITALY

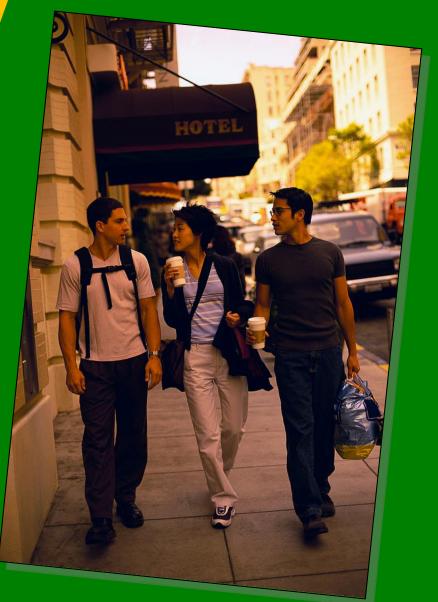




Personal Safety

Adventuring on your own?

Do it in groups of at least 3 or 4 persons



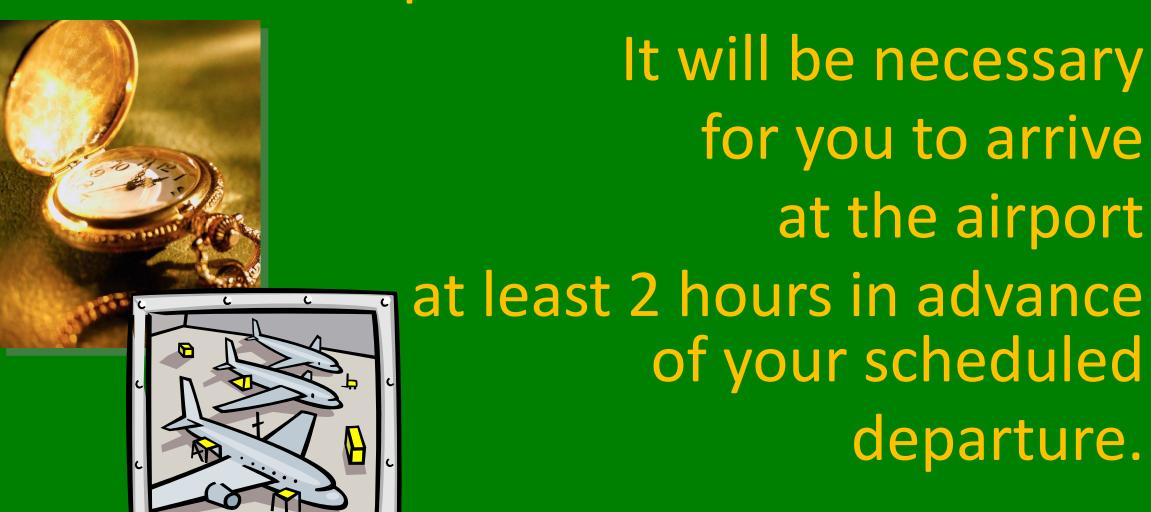


Valuables Safety

Make photo copies of your passport photo page, your credit card, your driver's license, your ATM card, and medical cards.

Give one set to a trusted traveling partner and put a set in your luggage when you are able to lock it.

Airport Arrival



- No valuables in your checked baggage.
- No single bag may weigh more than 50lbs.
- Items over your allowance could be charged as excess baggage.
- Label your bags with your name and destination address on the free baggage labels at the airport.
- Put your name and home address inside each bag.
- Remove tags and labels from previous flights.
- Make sure there are no loose straps or other items hanging from the bag.

- No sharp objects in your hand baggage.
- Take medication, important documents, valuable items and cash in your hand baggage.
- Find out about the latest restrictions for hand baggage

- After check in, go immediately thru security. ...allow extra time.
- You must be at gate on time or you may not be allowed to fly.
- Remove your laptop for separate screening.
- Your hand baggage will be checked by security staff using x-ray machinery.
- Do not carry packages for other people.

- You may lock your bags only with TSA approved locks.
- •In some instances you may be required to identify or claim your baggage, for security or local customs reasons, at the connecting point.



More Questions?
International Christian Journeys
CALL (866) GO2-HOLY(land)
(866) 462-4659

SOME HOTELS

