

# MILD FLAVA™

**MILD:** personifies serenity. It provides a calming influence over others, It creates a soothing element within others and the world around them. **MILD** epitomizes empathy, loyalty and a sense of belonging, and yet, when friends are involved, a great vulnerability. Those with **MILD** as a **Central** FLAVA value balance and harmony. They prefer lives free from tension... settled, united, and secure.

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| •Need to feel unique                | •Look beyond the surface             |
| •Must be true to themselves         | •Share emotions                      |
| •Look for symbolism                 | •Desire quality time with loved ones |
| •Value close relationships          | •Make decisions based on feelings    |
| •Encourage expression               | •Need harmony                        |
| •Are committed to ideals            | •Are adaptable                       |
| •Need opportunities to be creative  | •Are drawn to literature             |
| •Compromise and cooperate           | •Are drawn to nurturing careers      |
| •Nurture people, plants and animals | •Get involved in causes              |

**The MILD Perspective:** I am Enthusiastic, Sympathetic and a Nurturer. I look for meaning in Life. I am Warm, Communicative and Compassionate. I need to contribute, to encourage, and to care. I am Idealistic, Spiritual and Sincere. I value unity in relationships. I am Peaceful and Flexible and a natural romantic.

**The MILD Motto: –Let’s; Keep it CALM.**

# SALTY FLAVA™

**SALTY:** represents a desire to belong and to be responsible in the various phases of life. It represents reliability by providing continuity throughout the family or group. **SALTY** is the embodiment of reliability. It embraces home and family with extreme dedication. Those with **SALTY** as a **Central** FLAVA, value being practical and sensible. They believe that people should earn their way in life through work and service to others.

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| •Are dutiful and stable      | •Are inclined to join groups    |
| • Want to be useful          | •Believe work comes before play |
| • Want to be self-sufficient | •Safeguard tradition            |
| • Value organization         | •Prefer order and cleanliness   |
| • Desire punctuality         | •Are responsible and dedicated  |
| • Schedule their lives       | •Enjoy positions of authority   |
| • Make and keep commitments  | •Desire structure               |
| • Are goal-oriented          | •Bring stability to society     |
| • Value rules                | •Prepare for the future         |

**The SALTY Perspective:** I need to follow rules and respect authority. I am Loyal, Dependable, Prepared. I am Thorough, Sensible & Punctual. I need to be useful and belong. I am Faithful, Stable & Organized. I value home, family, and tradition. Caring, Concerned & Concrete. I am a natural preserver and a helper

**The SALTY Motto: — Let’s; Keep it REAL!!!**



# SPICY FLAVA™

**SPICY:** represents dynamism, impacting physical force, vitality and power. In metaphysical terms, Spicy is energy. It represents desire and all forms of appetite and craving. **SPICY** creates a desire for Movement and Activities, Competition, Challenges, Causes and Enterprising Endeavors. Those with **SPICY** as a **Central** FLAVA are motivated to pursue goals, to achieve, to win. They seek life experiences that provide a “positive” charge.

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| •Are free and spontaneous           | •Are drawn to action jobs            |
| •Are impulsive risk-takers          | •Need variety                        |
| •Are active                         | •Are animated communicators          |
| •Are optimistic                     | •Are competitive                     |
| •May resist commitment              | •Deal with the “here and now”        |
| •Can become virtuosos               | •Are bold in relationships           |
| •Thrive in a crisis                 | •Are generous                        |
| •Are drawn to tools                 | •Have difficulty finding acceptance  |
| •Like to be the center of attention | •Like to live in a casual atmosphere |

**The SPICY Perspective:** I act on a moment's notice. I am Witty, Charming, Spontaneous. I consider life a game. I am Impulsive, Generous, Impactful. I need fun, variety, stimulation, and excitement. I am Optimistic, Eager, Bold. I value skill, resourcefulness, and courage. I am a natural trouble shooter, a performer, a competitor.

**The SPICY Motto: Let’ Keep it MOVING!!!**

# TANGY FLAVA™

**TANGY:** expresses itself as human will in operation: as persistence and determination. It is an expression of firmness and consistency. **TANGY** is rarely settled. They depend upon information rather than feelings to create a sense of well-being. Those with **TANGY** as a **Central** FLAVA, rely on their thinking, reasoning and their own abilities.

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| •Are innovative and logical   | •Value concise communication         |
| •Seek to understand the world | •Look for intellectual stimulation   |
| •Need to be competent         | •Enjoy intriguing discussions        |
| •Require intellectual freedom | •Bring innovation to society         |
| •Are curious                  | •Are sometimes detached              |
| •Question authority           | •Believe work is play                |
| •Push themselves to improve   | •Interested in technical Occupations |
| •Seek perfection in play      | •Analyze and rearrange systems       |
| •Are slow to make decisions   | •Focus on the future                 |
| •Like systems                 | Enjoy puzzles                        |

**The TANGY Perspective:** I seek knowledge and understanding. I am Analytical, Global, Conceptual. I live by my own standards. I need explanation and answers. I am Inventive, Logical, Perfectionist. I value intelligence, insight, fairness, and justice. I am a natural non-conformist, a visionary, a problem solver.

**The TANGY Motto: — Let’s; Keep it CLEAR!!!**