

*Community Resources  
For Overton County  
Livingston  
Head Start Center  
2016-2017*



To locate additional information on Community Resources access,  
[www.tennhelp.com](http://www.tennhelp.com) or Call 211

*Developed and Distributed by L.B.J. & C. Head Start*

## **Table of Contents**

### Resources for:

Adult Education.....	Page # 3
Adult Job Training.....	Page # 4
Bereavement.....	Page # 6
Child Care.....	Page # 7
Child Abuse.....	Page # 8
Dental Providers/TennCare.....	Page # 10
Dental Providers/.....	Page # 12
Disabilities.....	Page # 13
Domestic Violence.....	Page # 15
Drug/Alcohol Abuse.....	Page # 16
Emergencies. ....	Page # 18
Food/Clothing& Utilities.....	Page # 20
Housing/Homeless.....	Page # 22
Insurance. ....	Page # 23
Legal/Gov. Assistance.....	Page # 24
Marriage/Strengthening.....	Page # 26
Marriage (Pre-Counseling).....	Page # 27
Medical Providers/TennCare.....	Page # 28
Medical Providers/.....	Page # 30
Mental Health Providers/TennCare.....	Page # 32
Mental Health Providers/.....	Page # 33
Quit Tobacco Resources.....	Page # 34
Raising Children.....	Page # 35
Transportation.....	Page # 37
Youth Involvement.....	Page # 39
Language Asst.....	Page # 40

## **Adult Education:**

### **Middle Tennessee School of Cosmetology**

880-A East 10<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-8735

*(Assists Adults to further their education)*

### **Nashville State Community College**

1000 Neal Street  
Cookeville, TN. 38501  
(931) 526-2211 or (931) 520-0551

*(Assists Adults to further their education and they also sponsor job fairs)*

### **Overton County Adult Basic Education**

112 Bussell Street  
Livingston, TN. 38570  
(931) 823-7761

*They offer, GED, Adult High School, Basic Computer Training*

### **Roane State Community College**

Crossville, TN 38555  
931-456-9880  
*(Assists Adults to further their education)*

### **Tennessee Technology Center**

Livingston, TN. 38570  
(931) 823-5525

*(Assists Adults to further their education and job skills training)*

### **Tennessee Technological University**

Cookeville, Tennessee 38505  
(800) 255-8881 or (931) 372-3888

*(Assists Adults to further their education)*

### **Volunteer State Community College**

Livingston, TN 38570  
931-8235-7065

*(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)*

## **Adult Job Training Services:**

### **AMERICAN MANUFACTURING & PACKAGING (AMP)**

435 Gould Drive

Cookeville, TN. 38506

(931) 432-5981

*(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)*

### **Career Center**

3300 Williams Enterprise Drive

Cookeville, TN. 38501

(931) 520-8733

*(Assist adults in locating jobs)*

### **Families First**

Livingston, TN. 38570

Contact: Ralph Robbins

(931) 823-5525

*(Assists Adults to further their education and job skills training)*

### **Family Resource Center**

Cookeville, TN. 38501

Contact: Beverly Dronebarger

(931) 537-6135

*(Provides referrals for food, clothing, tutoring/counseling/parenting)*

### **Goodwill Industries**

575 South Jefferson

Cookeville, TN. 38501

(931) 520-8969

*(Assists Adults with disabilities to further their education)*

### **Genesis Career College**

880-A East 10<sup>th</sup> Street

Cookeville, TN 38501

(931) 526-8735

*(Assists Adults to further their education)*

### **Fortis Institute**

Highway 111

Cookeville, TN.

(931) 526-3660

*(Assists Adults to further their education)*

**Mr. Wayne's School of Hair Design**

Willow Tree Shopping Mall  
Cookeville, TN. 38501  
(931) 526-1478  
*(Assists Adults to further their education)*

**Nashville State Community College**

1000 Neal Street  
Cookeville, TN. 38501  
(931) 526-2211  
(931) 520-0551  
*(Assists Adults to further their education and they also sponsor job fairs)*

**Social Security Administration - SSI Program**

Cookeville, TN 38501  
931-528-9765 & **Hotline:** 800-347-4501  
*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

**Tennessee Department of Human Services - Overton County**

411 W. Main St  
Livingston, TN 38570  
931-823-5695  
*(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**Tennessee Technology Center**

Livingston, TN. 38570  
(931) 823-5525  
*(Assists Adults to further their education and job skills training)*

**UCHRA**

Livingston, TN  
931-823-7323  
*Job Placement Assistance*

## **Resources for Bereavement:**

### **Hospice Grief Recovery Group**

Sponsored by: Lazarus House Hospice  
851 South Willow Ave Ste 102  
Cookeville, TN.  
931-520-1705  
931-528-5133

### **Heart of the Cumberland**

P.O. Box 717,  
Cookeville, TN 38503  
Phone: 931-525-2600  
heartofthecumberland@gmail.com

*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

## *Childcare:*

### **Bright Beginnings**

1008 E Main St  
Livingston, TN 38570  
931-823-9077

### **CHRISTINE'S DAY CARE**

124 BOOT HILL ROAD  
ALLONS, TN 38541-0000  
(931) 823-4763

### **Crayon Club House**

1576 Hanging Limb Hwy  
Monterey, TN 38574  
(931) 839-2329  
*(Call for fees)*

### **LIVINGSTON HEAD START CENTER**

480 CROSS AVE  
LIVINGSTON, TN 38570-1038  
(931) 823-1757 *(Free Service)*

### **MS ANGIE'S PLAYHOUSE**

LIVINGSTON, TN 38570  
(931) 823-7070

### **NANA'S PLACE**

1222 AIRPORT ROAD  
LIVINGSTON, TN 38570  
(931) 823-5864

## **Resources to help in Child Abuse Situations:**

### **Child Abuse Hotline**

900 2nd Avenue North

Nashville, TN 37201

877-237-0004

*(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)*

### **Department Of Children's Services**

1300 Salem Road

Cookeville, TN 38506

(931) 646-3002

*(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White)*

### **District Attorney General**

1519-East Spring Street

Cookeville, TN. 38501

(931) 528-5015

*(Assist with child Abuse/domestic violence and other legal issues)*

### **LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

1-800- 881-0359

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

### **Livingston City Police Department**

North Church St

Livingston, TN. 38570

(931) 823-6496

911 Emergencies *(Assist with emergency needs)*

### **Overton County Branch**

#### **Department Of Children's Services**

Livingston, TN. 38570

(931) 823-5890

*(Local Office of DCS)*



**Overton County Sheriff's Department**

1010 John Poindexter Drive  
Livingston, TN. 38570  
(931) 823-5635  
911 Emergencies  
*(Assist with emergency needs)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street  
Livingston, TN 38570  
Contact: Dawn Killiman, Executive Director  
931-823-6432 & 800-635-5199  
*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Tennessee Commission on Children/Youth**

1000 Neal Street  
Cookeville, TN 38501  
(931) 520-4445

**Livingston Chamber of Commerce**

222 East Main Street  
Livingston, TN 38570  
(931) 823-6422

**CASA /Court Appointed Special Advocates**

106 West Henson Street  
Livingston, TN 38570  
Contact = Sara Hogue  
(931) 823-7479

## **Dental Providers who take TennCare:**

### **Castle Dental**

787 B South Willow Ave  
Cookeville, TN 38501  
931-528-2324  
Murfreesboro, TN  
615-867-6360

### **Catherine Phillips, DDS**

200 W 10<sup>th</sup> St  
Cookeville, TN 38501  
(931) 646-7506

### **Cookeville Regional Dental Clinic**

327 North Cedar Street  
Cookeville, TN 38501  
(931) 528-5105

### **Crossville Dental Clinic**

1720 West Avenue  
Suite # 6  
Crossville, TN. 38555  
(931) 484-3007

### **Dr. Steven Ellis –Livingston Family Dentistry**

Livingston, TN. 38570  
(931) 823-5517

### **Dr. Buckie Parsons - Livingston Family Dentistry**

Livingston, TN. 38570  
(931) 823-5517

### **Dr. L.G. Puckett III**

Church Street  
Livingston, TN 38570  
(931) 823-3754  
*(Provides dental services)*

### **Dr. Joe Upton**

415 University Street  
Livingston, TN 38570  
(931) 823-5653  
*(Provides dental services)*

**Hermitage**

4761 Andrew Jackson Pkwy  
Hermitage, TN 37076  
615-885-3525

**Hermitage Dental Clinic //Dr. Charles Burdeshaw**

107 Bonabrook Drive  
Hermitage, TN 37076  
1-800-373-3330

**Providence**

5000 Crossings Circle, Suite 301  
Mt. Juliet, TN 37122  
615-754-4444

**Overton County Health Department**

5880 Bradford Hicks Dr.  
Livingston, TN. 38570  
931-823-6260  
Pickett Co 931-864-3178  
Putnam Co (931) 528-2531

**Snodgrass-King Pediatric Dentistry**

Gateway Medical Plaza II  
1747 Medical Ctr. Parkway Suite 300  
Murfreesboro, TN 37129  
615-225-0700

**Wild About Smiles**

614- E Clark Blvd  
Murfreesboro, TN 37130  
615-890-0885

**Zoo Crew**

1100 Neal St  
Cookeville, TN 38501  
931-349-7807

**Cumberland Pediatric Dentistry & Orthodontic**

Bryan Burnside, DMD  
510 S. Jefferson Ave  
Cookeville, TN 38501  
931-854-1200

**Dental Providers, who may not take TennCare,  
but offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Dr. Manish Rana**

400 West Crawford Ave  
Monterey, TN 38574  
(931) 839-8684

*(Provides dental services, Care Credit plans are available/Accepts most dental insurance)*

**Overton County Health Department**

5880 Bradford Hicks Drive  
Livingston, TN 38570  
931-823-6260

*(Assists children/Families with no insurance)*

## **Resources for Persons with Disabilities:**

### **Access Program**

225 N Willow Ave  
Cookeville, TN 38501  
(931) 520-8465

### **AMERICAN MANUFACTURING & PACKAGING (AMP)**

Cookeville, TN. 38506  
(931) 432-6997

*(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)*

### **Project Affirm**

501 Spruce Street  
Dale Hollow Mental Health Center  
Livingston, TN 38570  
931-432-5590 & **Hotline:** 931-823—5678

*(Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)*

### **Children's Special Services**

Overton County Health Department  
Bradford Hicks Drive  
Livingston, TN 38570  
931-823-6260

*(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

### **Friends of T.I.P.S.**

P.O. Box 5095  
Tennessee Tech University  
Cookeville, TN 38505  
931-372-6247

*(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based*

*services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)*

**Independent Opportunities Inc. (I.O.I.)**

25 West Broad Street

Suite # 8

Cookeville, TN. 38501

(931) 528-7701

*(Non-profit organization providing high quality residential services to persons with developmental disabilities)*

**KIDS Putnam**

Cookeville, TN 38501

931-526-5437

*(Assists with Children's Issues, Disability Services)*

**Social Security Administration - SSI Program**

Cookeville, TN 38501

931-528-9765 & **Hotline:** 800-347-4501

**TN Early Intervention System (TEIS)**

Education/training

(931) 372-3561 or 1-800-852-7157

*Assist children/families birth - 3 yrs)*

**Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street

Livingston, TN 38570

931-823-7323

**Vocational Rehabilitation**

Cookeville, TN. 38501

(931) 526-9783

*(Provides assistance with re-education of disabled individuals and job skills training)*

**Vocational Training Center**

1605 Brown Ave.

Cookeville, TN. 38501

(931) 526-4721

*(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)*

## **Resources to help in Domestic Violence** **Situations:**

### **Alliance Against Domestic Violence**

Cookeville TN 38501  
(931) 526-4730  
(931) 526-5197

### **Domestic Violence Support Group**

Sponsored by Genesis House:

### **District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

### **Genesis House**

Street location is confidential  
Cookeville, TN N/A  
(931) 526-4730  
**Hotline:** 800-707-5197

### **LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

### **Livingston City Police Department**

North Church St  
Livingston, TN. 38570  
(931) 823-6496  
911 Emergencies

### **Overton County Sheriff's Department**

1010 John Poindexter Drive  
Livingston, TN. 38570  
(931) 823-5635  
911 Emergencies

### **Walk by Faith Ministries**

(Cynthia Lee)  
(931) 349-4435

**Resources available to help fight the Alcohol and Drug Abuse**  
**(Including METH) Problems in your area:**

*All Local Churches in Area*

**Bradford Health Center @ Cookeville Outreach Office**

320 East Broad Street  
Suite 1-A  
Cookeville, TN 38501  
931-646-4674

**Bradford Health Center @ Cookeville Regional Office**

1330 Neal Street, Suite D  
Cookeville, TN 38501  
931-528-6803

**Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN 38570  
(931) 823-5678

**Drug Abuse Hotline**

1-800-888-9383

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Livingston City Police Department**

North Church St  
Livingston, TN. 38570  
(931) 823-6496 Drug Hotline: 931-783-3743  
911 Emergencies

**Manna House**

326 White Oak Rd  
Jamestown, TN  
(931) 752-7075

**Meth Hotline**

Spring Street  
Cookeville, TN. 38501  
(931) 525-6384



**Meth Hotline/Statewide**

1-877-866-6384

**Mothers Against Drunk Driving /Support Group Meetings**

18 N. Madison Ave  
Cookeville, TN. 38501  
931-520-6233

**Overton County Sheriff's Department**

1010 John Poindexter Drive  
Livingston, TN. 38570  
(931) 823-5635 New Tips Hotline 931-823-4631  
911 Emergencies

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123 Hotline: (877) 567-6051

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400

**Teen Challenge**

760 Rickman RD  
Livingston, TN 38570  
(931) 268-1094 & 888-688-0470

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

## **Assistance in the event of an Emergency Situation:**

### **Alpine Fire Department & Rescue**

(931) 823-3422 911 Emergencies  
*(Assist with emergency needs)*

### **Allons Fire Department & Rescue**

(931) 823-9638 911 Emergencies  
*(Assist with emergency needs)*

### **Air Evac Life Team**

106 Emergency Services Dive  
Albany, KY 42602  
(606) 387-9099 Emergency = 911  
*(Assist with emergency needs)*

### **Hilham Fire Department & Rescue**

(931) 823-5635 911 Emergencies  
*(Assist with emergency needs)*

### **Livingston City Police Department**

North Church St  
Livingston, TN. 38570  
(931) 823-6496 911 Emergencies  
*(Assist with emergency needs)*

### **Livingston Regional Hospital**

315 Oak Street  
Livingston, TN.  
931-823-5611  
*(Assist with emergency medical needs)*

### **Muddy Pond Fire Department & Rescue**

Muddy Pond  
Crawford, TN. 38554  
(931) 445-3036  
911 Emergencies  
*(Assist with emergency needs)*

### **Monroe Fire Department & Rescue**

Monroe, TN. 38573  
(931) 823-4667 911 Emergencies  
*(Assist with emergency needs)*

**Overton County Rural Fire Department**

332 Civil Defense  
Livingston, TN. 38570  
(931) 823-1133  
*(Assist with emergency needs)*

**Overton County Rescue Squad**

125 Johnson Speck Lane  
Livingston, TN 38570  
(931) 823-5404  
*(Assist with emergency needs)*

**Overton County Sheriff's Department**

1010 John Poindexter Drive  
Livingston, TN. 38570  
(931) 823-5635  
911 Emergencies  
*(Assist with emergency needs)*

**Poison Control**  
**1-800-288-9999**

**Rickman Fire Department & Rescue**

(931) 498-4357 911 Emergencies  
*(Assist with emergency needs)*

**Shriners of Tennessee**

1354 Brick Church Pike  
Nashville, TN. 37207  
(615) 226-7676  
*(Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)*

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400  
*(Drug Task Force)*

## **Assistance with Food/Clothing/Utilities Needs:**

### **Allons Baptist Church**

2505 Celina Livingston Hwy  
Livingston TN 38578  
(931) 823-8613  
*(Assist with various needs)*

### **Allons Church of Christ**

Allons, TN.  
(931) 823-4145  
*(Assist with various needs)*

### **Community Education Office for the Food Stamp Program**

#### ***Legal Aid Society of Middle Tennessee and the Cumberland***

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

*(Provides Pre-screenings and information for the Food Stamp program. Serves all counties in the LBJ&C Head Start Service area.)*

### **Department of Human Services**

616 North Church St  
Livingston TN 38578  
(931) 823-5695  
*(Services: Food Stamp; Families First; Medicaid; and TennCare)*

### **Fellowship Baptist Church**

2810 Willow Grove Hwy  
Allons TN 38541  
(931) 823-4552  
*Assists with food needs*

### **MBC Care Center**

204 E. 4<sup>th</sup> Street  
Livingston, TN. 38570  
*(Food/Cloths/Shoes. Open the second Saturday and fourth Wednesday of the month)*

### **Methodist Church**

104 Robert Street  
Livingston, TN 38570  
(931) 823-6445  
*(Assist with food and other needs)*

**Monterey Church of God**

Industrial Drive  
Monterey, TN 38574  
*(Assist with food and other needs)*

**Monterey Food Bank**

Sponsored by: First Baptist Church  
106 North Chestnut Street  
Monterey, TN 38574  
(931) 839-2971  
*(Assist with food needs)*

**Mineral Springs Missionary Baptist Church**

Hanging Limb Hwy  
Monterey, TN 38574  
(931) 839-3538  
Contact: Kevin Phillips  
*(Assist with food and other needs)*

**Muddy Pond Baptist Church**

Muddy Pond Community  
*(Assist with food and other needs)*

**TennCare Transportation - Cookeville**

417 East Broad Street  
Cookeville, TN 38501  
931-372-8719 & **Hotline:** 800-483-6743  
*(Assists with Health, Transportation and Utilities needs. Must have TennCare insurance.  
Provides transportation to appointments covered by TennCare.*

**Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Good Samaritan Center - Overton County**

312 West Broad Street  
Livingston, TN 38570  
931-823-0068  
*(Assist with food/clothing and other needs)*

## **Resources to assist with Housing/Homeless Needs:**

### **Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

### **Cookeville Rescue Mission**

Cookeville, TN.

Contact: Larry Self

(931) 528-5819 (*Homeless shelter*)

### **Habitat for Humanity - Putnam County**

Lanette Hill

9-4pm

931-528-1711

*(A nonprofit, nondenominational Christian housing organization. That builds simple, decent, and affordable houses, in partnership with those in need of shelter)*

### **Livingston Housing Authority**

620 E 7Th Street

Livingston, TN 38570-1204

(931) 823-6423

*(Low-rent programs)*

### **Upper Cumberland Homeless Shelter**

15 Division Street

Crossville, TN. 38555

(931) 456-8172

*(Assists families who need a place to stay)*

### **Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street

Livingston, TN 38570

931-823-7323

### **United States Department of Agriculture**

Rural Development

390 South Lowe Avenue Suite K

Cookeville, TN 38501

(931) 528-6539

*(Provides affordable home loans. Assists low-income homeowners finance needed home repairs)*

## **Assistance with Insurance Needs:**

### **Blue Cross Blue Shield**

(865) 588-4612 Group Insurance

1-800-845-2738

*(Affordable Insurance for Families & Individuals)*

### **Cotton States**

107 East Broad Street

Livingston, TN 38570 (931) 823-2885

*(Affordable Insurance for Families & Individuals)*

### **Farm Bureau**

410 Veterans Drive

Cookeville, TN 38501

(931) 528-1571

*(Affordable Insurance for Families & Individuals)*

### **Farm Bureau**

7486 Bradford Hicks Drive

Livingston, TN 38570

(931) 823-1322

*(Affordable Insurance for Families & Individuals)*

### **Gary Maxwell Insurance**

420 East Main Street

Livingston, TN 38570

(931) 823-1251

*(Affordable Insurance for Families & Individuals)*

### **Tennessee Justice Center**

Nashville, TN

615-255-0331

*Assists with strategies for obtaining TennCare and appeals process, etc.*

### **Upper Cumberland Human Resource Agency - Overton County**

#### ***Coverkids***

106 West Henson Street

Livingston, TN 38570

931-823-7323

*(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

## **Legal/Governmental Assistance:**

### **Child Support Services of Tennessee - Cookeville**

1525 East Spring Street

Suite G

Cookeville, TN 38506

931-528-8598

*(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)*

### **Livingston Housing Authority**

620 E 7Th Street

Livingston, TN 38570-1204

(931) 823-6423

*(Low-rent programs)*

### **Legal Aid Society of Middle Tennessee and the Cumberlands**

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

*(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)*

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes

*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

### **Tennessee 211**

1-800-318-9335

*(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)*



***Upper Cumberland-Community Services Agency***

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

## **Resources to Strengthen Marriages:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN 38501

(931) 528-9399

Contact = Mark Loftis

*(Provide Assistance with Marriage & Mental Health Counseling)*

### **Three Forks Baptist Church**

Hanging Limb Rd.

Monterey, TN 38574

(931) 839-3734

Contact: David Harris

*(Assist with pre-marriage & marriage strengthening counseling)*

### **The Exchange Club/Stephens Center for the Prevention of Child Abuse**

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

### **Upper Cumberland Development District**

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and **Marriage** Issues, Transportation/Utilities)*

## **Pre- Marriage Counselors:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501

(931) 528-9399

Contact = Mark Loftis

*(Provide Assistance with Marriage & Mental Health Counseling)*

### **Three Forks Baptist Church**

Hanging Limb Rd.

Monterey, TN 38574

(931) 839-3734

Contact: David Harris

*(Assist with pre-marriage & marriage strengthening counseling)*

### **Dale Hollow Mental Health Center**

Telephone = 1-877-567-6051

*(Counseling for persons with emotional and behavioral problems, also assist in securing needed resources)*

### **The River Community Church**

1200 Miracle Road

Cookeville, TN 38501

931-528-3660

### **Volunteer**

#### **Dale Hollow Mental Health Center**

501 spruce Street

Livingston, TN 38570

Telephone = 1-800-299-6197

931-823-5678

*(Counseling for persons with emotional and behavioral problems, also assist in securing needed resources)*

## **Medical Providers who take TennCare:**

**Ashley Allred O.D**  
**In Focus Eye Care**  
Livingston, TN. 38570  
(931) 403-3937

**Byrdstown Medical Center**  
8401 Hwy 111  
Byrdstown, TN.  
(931) 864-3187

**Children's Special Services**  
Livingston, TN  
931-823-6260

**Cookeville Pediatrics Associates**  
345 West Broad Street  
Cookeville, TN. 38501  
(931) 528-1485

**Cookeville Regional Medical Center**  
142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541

**Cumberland Physicians Group**  
305 South Holly Street  
Monterey, TN. 38574  
(931) 839-6005

**Dr. Chakrabarty**  
225 North Willow Ave.  
Cookeville, TN. 38501  
(931) 528-8899

**Kids Kare /Dr. Climico**  
758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173

**Livingston Regional Hospital**  
315 Oak Street  
Livingston, TN. 38570  
931-823-5939

**Livingston Family Healthcare**

403 University Street  
Livingston, TN.  
931-403-5939

**Mid-South Allergies, Asthma & Sinus Center**

220 N. Oak Street  
Cookeville, TN. 38501  
(931) 520-1010

**Oasis Medical Clinic**

Dr. Kenneth Colburn MD  
FNP-Joshua Cooper  
FNP- Jessica Randolph  
4120 Bradford-Hicks Drive  
Livingston, TN 38570-2301  
(931) 823-5603

*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Overton County Health Department**

1080 Bradford-Hicks Drive  
Livingston, TN 38570-2301  
(931) 823-6260

*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Pearson Family Medical Clinic**

305 South Holly St/ Suite A  
Monterey, TN. 38574  
(931) 839-3041

**Primary Care Clinic/Dr. Clough**

5751 Bradford Hicks DR  
Livingston, TN 38570  
(931) 823-3030

**Tennessee Pediatrics**

435 North Cedar Street  
Cookeville, TN. 38501  
(931) 526-6100

**The Livingston Clinic (Dr. Langenburg)**

500 West Main Street  
Livingston, TN. 38570  
(931) 823-5681

Dr. Collin Smith

316 Oak St  
Livingston, TN 38570  
931-823-1266

**Medical Providers, who may not take TennCare, but offer services to low-income families:**

**Baxter Medical Clinic**

319 West Broad Street  
Baxter, TN.38544  
(931) 858-2116

*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Children's Special Services**

Livingston, TN  
931-823-6260

*(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Cookeville Regional Medical Center**

142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541

*(Takes TennCare)*

**Lion's Club**

Moodyville Rd.  
Byrdstown, TN. 38549  
(931) 864-7342

Contact = Herb Groce

*(Vision screenings & eye glasses for those who cannot afford them)*

**Livingston Regional Hospital**

315 Oak Street  
Livingston, TN.  
931-823-5611

*(Assist with emergency medical needs)*

**Monterey Lion's Club**

New Ave.

Monterey, TN. 38574

(931) 839-2898

*(Assist with eye exams and glasses, must show proof of need)*

**Overton County Health Department**

1080 Bradford-Hicks Drive

Livingston, TN 38570-2301

(931) 823-6260

*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Partnership for Prescription Assistance**

Phone: 1-888-477-2669

[www.pparx.org](http://www.pparx.org)

*If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help*

## **Mental Health Providers who take TennCare:**

### **Cumberland Plateau Recovery**

550 North Church Street Livingston, TN. 38570

(931) 403-3577 and (931) 265-5382

*(Assists those recovering from substance abuse with counseling and support services)*

### **Dale Hollow Mental Health Center**

501 Spruce Street Livingston, TN. 38570

(931) 823-5678

*(Assist with family or individual counseling for drugs/alcohol/etc.)*

### **Personal Growth and Learning Center**

509 North Cedar Avenue

Cookeville, TN 38501

931-520-8435

*(Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services)*

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197 **Hotline:** 800-707-5197

*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

### **Team Evaluation Center**

600 North Holtzclaw Avenue

Chattanooga, TN 37404-1220

(423)-622-0500

*(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)*

### **Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow or PO Box 3165

Cookeville, TN 38502

931-432-4123 **Hotline:** 1-800-281-4943

*(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)*



**Mental Health Providers, who do not take TennCare, but offer services to low-income families:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501

(931) 528-9399 *(Provide Assistance with Marriage & Mental Health Counseling)*

**LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688 *(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling**: intensive and therapeutic case management: and family preservation.)*

**Plateau Mental Health Center**

Substance Abuse Services

1200 South Willow Avenue Cookeville TN 38502

Phone: (931) 432-4123 Hotline: (877) 567-6051

*(Assist persons with disabilities and mental illness in various ways)*

**Pacesetters Inc.**

2511 HWY 111 North

Algood, TN. 38506

(931) 537-9100 *(Assist persons with disabilities and mental illness in various ways)*

**Upper Cumberland-Community Services Agency**

417 East Broad Street Suite A.200

Cookeville, TN 38501

(931) 520-0200 *(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street

Livingston, TN 38570

931-823-7323 *(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health , Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

## **Quit Tobacco Resources**

**Tennessee Tobacco Quitline:** 1-800-784-8669

**Cumberland County Health Department**

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN 931-484-6196

**White County Hospital**

Quit 4 Life Smoking Cessation

Greg Williams

931-738-9211

**Cookeville Regional Medical Center- Algood Room**

Quit 4 Life Smoking Cessation

Tandy Todd

142 W. 5<sup>th</sup> St.

Cookeville, TN 38501

931-528-5176

**March of Dimes and Tennessee Department of Health, WIC Program**

S.M.A.R.T. – Smart Mothers are Resisting Tobacco

1-800-884-9301

**Nicotine Anonymous**

[www.nicotineanonymos.org](http://www.nicotineanonymos.org)

**American Lung Association**

Freedom From Smoking

[www.lungusa.org](http://www.lungusa.org)

**American Lung Association of Tennessee**

1-800-432-5864

[www.lungusa.org](http://www.lungusa.org)

**Former Smokers**

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

## **Resources to assist persons raising children possibly other than their own:**

### **Agricultural Extension Service - Overton County**

317 East University Street

Suite 131

Livingston, TN 38570

*The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.*

### **Adapt Program**

Cookeville, TN.

(931) 432-5966

*(Assists Foster Parents in the Upper Cumberland)*

### **Cumberland Counseling Services**

931-528-2378

### **Department Of Children's Services**

1300 Salem Road

Cookeville, TN 38506

(931) 646-3002

### **Help Us Grow Up Successful (HUGS)**

Upper Cumberland

Regional Office

200 West 10th Street

Cookeville, TN 38501

931-528-7531

*Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.*

### **Parent's Encouraging Parents Support Group**

200 West 10<sup>th</sup> Street

Cookeville, TN. 38501

(931) 646-7510

*(Offers support for families with children who with disabilities/chronic illnesses)*

**Relatives as Caregivers**

1225 South Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4111 or 1-877-275-8233  
*(Assists in various ways, such as support groups, etc.)*

***The Exchange Club/Stephens Center for the Prevention of Child Abuse***

Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199  
*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

***Upper Cumberland-Community Services Agency***

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200  
*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Youth Villages**

1420 Neal Street  
Cookeville, TN. 38501  
(931) 525-6905  
*(Assists Foster Parents in the Upper Cumberland)*

## **Resources to assist with Transportation Needs:**

### **A-1 Auto**

Monterey, TN. 38574  
(931) 839-3013  
Contact: Bill Norrod or Tim Anderson  
(Repairs vehicles)

### **Arney Wrecker**

701 W Main St  
Livingston, TN 38570  
931-397-8813  
931-644-2103

### **Glen Ford's Garage**

3443 Byrdstown Hwy  
Monroe, TN.  
(931) 349-4006  
(Repairs vehicles)

### **Richard Pryor**

388 Old Neal Rd  
Livingston, TN. 38570  
(931) 397-0957  
(Repairs vehicles)

### **TennCare Transportation - Cookeville**

417 East Broad Street  
Cookeville, TN 38501  
931-372-8719 & **Hotline:** 800-483-6743  
(Assists with Health, **Transportation** and Utilities needs. Must have TennCare insurance.  
Provides transportation to appointments covered by TennCare.)

### **Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200  
(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

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106 West Henson Street

Livingston, TN 38570

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*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

**Upper Cumberland Development District**

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)*

## **Promoting Youth Involvement:**

### **4-H Youth Development Programs**

Sponsored by: U.T. Extension Office  
317 East University Street  
Livingston, TN. 38570  
(931) 823-2735

*(Assists young people to develop self-esteem, leadership and citizenship skills and gain knowledge in wide range of subjects)*

### **The Edge Youth Center**

C/o Methodist Church  
Livingston TN 38570  
Contact: Kathy Oakley  
(931) 403-3343

### **Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
931-520-0200

*(Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

### **Young Life for Teens**

Livingston TN 38570  
Contact: Eleanor York

### **Youth Leadership Overton**

Sponsored by: U.T. Extension Office  
317 East University Street  
Livingston, TN. 38570  
(931) 823-2735

*(Assists young people to become more aware of their communities and ways that they can be involved and make a difference)*

### **WCTE American Graduate & Ready To Learn**

LWray@wcte.org  
CPutman@wcte.org  
931-528-2222

## **Language Assistance** **(All Counties)**

### **Brent Simpson**

931-212-8097

### **County Health Depts. - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

### **Department of Human Services, Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

### **Hispanic Family Resource Center**

(615) 227-7500

(800) 280-8682

### **Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150

(615) 699-6279

### **Hispanic Service Ebenezer**

PO Box 712

McMinnville, TN 37111

Phone: 9314741551

### **LifeCare Family Services - Cookeville - Counseling and Therapeutic Services**

665 South Jefferson Avenue

Cookeville, TN 38501

(931) 528-0051

*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)*