

# BLUE MOOSE ITALIAN BISTRO

## FEBRUARY 2023

### ANTIPASTI

**FRIED CALAMARI 18**

w/ grilled lemon, zesty marinara

**CHEF'S HOMEMADE MEATBALLS 12**

(3) grandma's recipe, red sauce, parmesan, mozzarella

**MUSSELS 15**

signature tomato-garlic broth

**CAULIFLOWER 8**

pan-roasted, black pepper, romano

**BROCCOLINI 8**

calabrian chile, lemon-garlic sauce

**MIXED GREEN SALAD 12**

tomatoes, cucumbers, pickled red onions, kalamata olives, charred onion-feta dressing

**CAESAR SALAD 15**

traditional dressing, croutons, anchovy, parmesan

**ANTIPASTI "CHUNK" SALAD 17**

iceberg, cucumbers, pickled red onions, italian olives, cucumber, genoa, provolone, house dressing

### ARTISAN PASTAS

**SPAGHETTI 14**

w/ red sauce or basil & pine nut pesto

**PAPPARDELLE 20**

lemon butter, shallots, baby spinach, vermont creamery crème fraiche, lemon zest, parmigiano, toasted walnuts

**CHEESE RAVIOLI 15**

red sauce, ricotta, parmigiano, basil, walnuts

**POTATO GNOCCHI 16**

english peas, applewood bacon, ricotta

**SPAGHETTI ALLA CHITARRA 16**

CACIO E PEPE - romano, fresh black pepper

**FETTUCINE 18**

CARBONARA - pork belly, romano, egg yolk, black pepper

**BUCATINI 18**

pork belly, onions, calabrian chili, tomatoes, romano

**RIGATONI 22**

*PASTA ALLA ZOZZONA: THE FILTHY RICH SECRET PASTA DISH FROM ROME*  
sweet sausage, pork belly, onions, red sauce, egg yolk, black pepper, romano

### MAINS

**SALMON 22**

pan-seared, bacon, greens & beans, lemon-garlic vinaigrette

**FLAT IRON STEAK 26**

(10-ounce), gorgonzola-black peppercorn sauce, seasonal vegetables

**CHICKEN SCALLOPINI 22**

pan-fried, parmigiano lemon batter, seasonal vegetable

**"THE PARM PLATTERS"**

breaded & fried cutlets, house red sauce, parmesan, mozzarella + penne pomodoro

**EGGPLANT 18****CHICKEN OR PORK 20**

**CHEF/OWNER KEN FLUTIE**

The state of Vermont wants you to know that eating raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions