



Coalition Against Rape and Abuse, Inc. (C.A.R.A.)

and the

Cape May County Forensic Nurse Examiners

are concerned about

YOU!

Along with our team members in **Law Enforcement**, we are acutely aware of the statistics in Sexual Assaults, Sexual Contacts, Domestic Violence and Child Abuse and Neglect. We want to assure you that we have never stopped our commitment to you and your needs. Before everyone was told to stay home, we set into action specific ways to continue our services and have them available 24/7 to adults, adolescents, elders, and children in a safe and secure manner.

If you have a need, question, concern or comment we want you to reach out to us. All communication(s) can be anonymous and will be handled through calling one telephone number, **609-522-6489** that does not have caller ID.

You can:

Call to ask question(s) of the CARA Advocate about safety, counseling, etc.

Call even if you are a minor.

Call if you want to talk to a Nurse with a medical question.

Call if you need to speak to a Forensic Nurse if you have been assaulted, strangled or otherwise injured and you are concerned about how to safely receive medical treatment and medication.

Call if you know of an unsafe situation regarding a child.

Call and your questions will be answered and resources will be made available to the best of our ability.

If we don't know about your situation, we can't help.

CALL US - YOU ARE NOT ALONE!

609-522-6489

We offer you our services and HOPE.