



AUSTIN MOLLWAY
NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK
WATER POLO PROGRAM

The NVHS Athletic Booster Club is proud to present the featured athlete of this, water polo player AUSTIN MOLLWAY.

Booster Club Reporter: *How did you get involved in water polo?*

Austin: I did not even know water polo existed before my freshman year. I first join the Neuqua Valley Water Polo team my freshman year after having done swim team. Once I started playing I started to respect those who played because I knew how difficult it was.

Booster Club Reporter: *And is water polo currently your only love?*

Austin: For all four years of my high school career I would participate in marching band in the fall, swimming in the winter, water polo in the Spring, and all three in the summer.

Booster Club Reporter: *What do you play in band? Do you plan on competing in College?*

Austin: I play clarinet. In the fall I will be attending the University of Illinois at Urbana-Champaign. There I will in general studies for my first year and I plan to transfer into civil engineering my sophomore year. I will not be playing a team sport in college, but I may play club.

Booster Club Reporter: *What have you learned from competitive sports?*

Austin: To take criticism as a challenge not as a scolding. If my coach lets me know that I need to improve at a certain aspect of my playing, I make sure that am capable of it the next chance I get. Also, water polo is a team sport to its core. Like many tasks that I will have to overcome in the future, I will not need to do it alone. I will need to communicate with others and pull my own weight in order to succeed.

Booster Club Reporter: *What do you know now that would have helped you a lot had you known it when you were just starting?*

Austin: That it is important to play water polo year round, because practicing in the summer offers great developmental opportunity for the high school season. I'm the first one in my family to ever play water polo. I would have probably played water polo long before high school if I had known about it or had the opportunity to play it in my area.

Booster Club Reporter: *How do you deal with competition?*

Austin: One of the strongest aspects of Neuqua Valley is our ability to never be out of the game. I believe that we can compete above our "level" because we make the best of every opportunity.

Booster Club Reporter: *Do you feel pressure to win? How do you deal with losing?*

Austin: I don't feel pressure to win. I feel pressure to always perform at my best for my team, because I know that this sport isn't just about me. I deal with losing by trying to learn from my mistakes and not make them again.

Booster Club Reporter: *What would you say to someone who is considering joining a team in High School?*

Austin: Absolutely go for it. Team sports are the best activities you can become a part of in high school.

Booster Club Reporter: *Who is your role model? Why?*

Austin: John Hedderman was one of my best friends and mentors on the team, and I would not be where I am now without having known him.