

**17 killed in mass shooting at high school in Parkland, Florida**  
**Could Youth Mental Health First Aid have prevented yet another school massacre in our country?**  
**Train Your District, School or Organization in Youth Mental Health First Aid**

VSC felt the pain of America on Wednesday, February 14, 2018, as we watched with aching hearts and tear-filled eyes as our nation's babies were crippled in fear by a young person who was obviously living with some type of Mental Illness. As a direct and immediate response to the mass shooting that took place on the campus of Marjory Stoneman Douglas High School, VSC Mental Health a division of Vanguard Solutions Consulting, is compelled to launch the **BE THE 1 TO MAKE A DIFFERENCE CAMPAIGN** to train 10,000 educators and youth workers across the U.S.A. in Youth Mental Health First Aid. We have decided that this is the way that we, as a company, can Make A Difference in the lives of young people across the country. We are going to do what is in our POWER to do. If not us, then who? If not now, when? We invite you to join us! VSC has a program that will help equip you with tools and resources that will help your country, your state, your district, your company, your school, your church, your organization and you MAKE A DIFFERENCE in the lives of America's youth.

**WHY SHOULD EDUCATORS & YOUTH WORKERS BE TRAINED IN YOUTH MENTAL HEALTH FIRST AID?**

The course is designed for: *administrators, guidance counselors, teachers, school resource officers, school nurses, school staff, coaches, youth group leaders, youth pastors* and any adults who regularly interact with adolescents. The youth across America need our help and support. Take a close look at the startling facts below:

- Approximately 20% of adolescents have a diagnosable mental health disorder.
- Between 20% and 30% of adolescents have one major depressive episode before they reach adulthood.
- Between 500,000 and one million young people aged 15 to 24 attempt suicide each year.
- An estimated 67% to 70% of youth in the juvenile justice system have a diagnosable mental health disorder

**WHAT WILL PARTICIPANTS LEARN?**

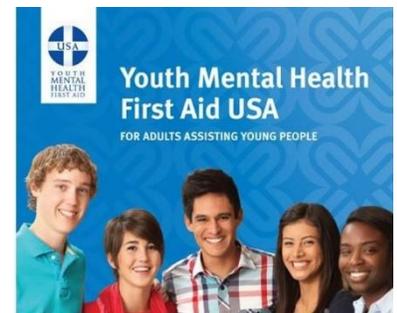
Youth Mental Health First Aid USA is an 8-hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care.

**WHAT IS VSC YOUTH MENTAL HEALTH FIRST AID ON TOUR?**

VSC certified Mental Health professionals will provide affordable Youth Mental Health First Aid Certification courses in key cities across the country. We need your participation and support in order to make a positive impact on our country.

Please take a close look at the options below:

- **Become A Sponsor:** Provide tax-deductible funding through our non-profit partners to support the training of educators across the country.
- **Become A Local Partner:** Assist with securing training venue and providing marketing support for the tour
- **Train Your Leaders:** Register your school and district leaders for training.
- **Train Your Faculty & Staff:** Register members of your faculty & staff for training
- **Train Your Youth Organization:** Register your youth workers, coaches, pastors & leaders for training.



**VSC YOUTH MENTAL HEALTH FIRST AID FEES AND COURSE INFORMATION**

- VSC will conduct training sessions in select cities across the country in March, April & May 2018
- VSC will work in conjunction with local partners and sponsors to provide a training location in each designated city
- The training is a one day 8-hour course and will be held from 8 AM to 4 PM. Courses will be offered Mon-Fri.
- VSC will provide an on-line registration platform link for each training
- **Per Person Registration Fees:** (includes lunch & materials): **1 to 5: \$150 - 6 to 20: \$125 - 20+: \$100**
- **Course Size Requirements: 1 Training Day - 80 Registrations Minimum / 120 Maximum**
- **3 to 5 Training Days: 80 Registrations Minimum/120 Maximum**
- Each participant will receive a certificate of completion
- Our certified Mental Health professionals will be conducting each Youth Mental Health First Aid training
- Training will be open to districts, schools, organizations, churches and individuals

**WHERE CAN I REGISTER OR LEARN MORE?**

To learn more about VSC's or to register for VSC Youth Mental Health First Aid on Tour, contact Camille Wilson at 214-235-4791 or Roxy Hall at 904-207-1278. You can also visit us today at [www.vscmentalhealth.com](http://www.vscmentalhealth.com).