



Hearts Therapeutic Riding presents

Horses and Health

Summer Camp

*****Campers on the autism spectrum are eligible for scholarships thanks to Autism Speaks Foundation*****

Horses and Health camp is a fun, innovative, and active camp where riders work in teams with similar riding levels and learn about riding and horsemanship, teamwork, horse nutrition and health and human nutrition and healthy living. PATH Instructors and trained volunteers will provide a fun and safe experience.

Just a few examples of some of our fun activities:

- *Riding and lots of horse interaction every day
- *Yoga on horses
- *Walks and hikes while leading horses
- *Horse bathing
- *Natural horsemanship techniques, and basic horse training skills (learn to be a leader!)



Camps are designed to provide a range of different activities to allow for an appropriate, safe environment for children and adults with or without disabilities. * Siblings and typical riders are encouraged to attend *

CAMP Sessions Dates and Times:

Session 1: Summer camp- June 10th-14th; Horses & Health Camp, 8:30 to 12:30, ages 8 and up
Session 2: Summer camp-July 8th-12th; Horses & Health Camp, 8:30 to 12:30, ages 8 and up
Session 3: Summer camp-August 5th-9th; Horses & Health Camp, 8:30 to 12:30, ages 8 and up

Location: 17000 Trails End Cove, Leander, TX. 78641

Cost: \$250 per rider

To pay by CC please call with card information, or drop off a check to the ranch.

You may also mail a check to 12400 Wire Rd Leander, TX 78741

For reservations: contact Camp Director, Jessica Rubenstein, 760-580-9948, jessnatx@gmail.com

www.facebook.com/equinerehabilitationofcentraltexas

www.horseserct.org

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