

# RED DEER LAKE MEAT PROCESSING LTD.

Located a short, pleasant drive  
south of Calgary, west of  
Spruce Meadows

Serving Southern Alberta since 1974

Specializing in Custom Slaughter  
and locally produced Beef,  
Lamb, & Pork

## What You Get From a Side of Beef

**Hip**  
Sirloin Tip-Roast or Steak  
Top Round-Roast or Steak  
Bottom Round-Rump Rst  
Trim-Ground Beef  
Shank Bones

**Sirloin Butt**  
Top Sirloin-Steaks  
Butt Tenderloin-Steaks  
Stew Meat  
Trim-Ground Beef

**Flank**  
Flank Steak  
Stew Meat  
Trim-Ground Beef

**Loin**  
Bone In Steak-  
Porterhouse, T-bone &  
Wing Steaks; **OR**  
Boneless Steak-  
New York Striploin &  
Tenderloin Steaks

**Prime Rib**  
Prime Rib Steak  
Prime Rib Roast

**Plate**  
Short Ribs-1" or 2"  
Trim-Ground Beef

**Chuck**



Side of  
beef is  
1 Hind &  
1 Front  
(Average  
weight.  
250-300  
lbs.)

Hind

Front

| Hot (Dressed) Weight   |                                  | 300.0 LBS          |
|--|----------------------------------|--------------------|
| 4.4%   | Shrink Weight                    | 286.8 LBS          |
| 46%  | Hind                             | 132.1 LBS          |
| 54%  | Front                            | 154.7 LBS          |
| %  | Sample Cutting Test              | Approx. Yield      |
| 2.6%   | Sirloin Tip Roast                | 7.5 LBS            |
| 3.6%   | Top Round Steak                  | 10.4 LBS           |
| 4.9%   | Bottom Round Roast               | 14.1 LBS           |
| 2.3%   | Top Sirloin Butt Steak           | 6.7 LBS            |
| 4.1%   | T-Bone/Porterhouse Steak         | 11.7 LBS           |
| 0.5%   | Butt Tenderloin Steak            | 1.4 LBS            |
| 4.5%   | Stewing Beef 1"x1"               | 12.9 LBS           |
| 24%  | Ground Beef Lean                 | 68.9 LBS           |
| 2.1%   | Prime rib Roast                  | 5.9 LBS            |
| 1.8%   | Prime rib Steak                  | 5.2 LBS            |
| 3.1%   | Cross Rib Steak                  | 9.0 LBS            |
| 8.3%   | Blade-Bone in <sup>1</sup> Steak | 23.9 LBS           |
| 2.5%   | Short Ribs 2"                    | 7.2 LBS            |
| 0.0%   | Shank Grind                      | 0.0 * <sup>2</sup> |
| 0.0%   | Round Bone Pot Rst Grind         | 0.0 * <sup>2</sup> |
| 0.0%   | Brisket Grind                    | 0.0 * <sup>2</sup> |
| 1.3%   | Marrow Bones cut 2"              | 3.7 LBS            |
| 3.8%   | Knuckle/Neck Bones cut 2"        | 11.0 LBS           |
| <sup>1</sup> Lower Yield if Boneless <sup>2</sup> added to ground beef |                                  |                    |
| 69.6%  | Final Weight                     | 199.5 LBS          |
| 27.0%  | Inedible Scraps                  | 77.3 LBS           |
| 3.5%   | Usable Fat                       | 9.9 LBS            |
| 100%   | Total Weight                     | 286.8 LBS          |

\*All weights and percentages are approximations only.

### What we need to know:

How thick do you like your steaks?(1", 3/4")  
How many steaks per package? (1, 2, 3, etc.)  
How big do you like your roasts? (3-4 lbs, 5 lb,...)  
What size packs for ground beef & stew?  
Do you want soup bones? (y/n)  
Any other special cutting requests?

Blade- Roast or Steak  
Cross Rib- Roast or Steak  
Round Bone- Pot Roast or Ground  
Neck-Ground Beef  
Meaty Neck Bones

**Brisket & Shank**  
Brisket Pot Roast or Ground  
Shank Steaks or Ground  
Trim-Ground Beef  
Shank Bones

Cut From 100% Genuine Local Alberta Dry aged Beef.  
Cut, Wrapped, Frozen & Boxed . Current Price\*-\$5.69/lb



### Main Plant Address

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\*Price is effective until **September 30/2024**  
Price is based on Hot (Dressed) Weight. Price includes  
cutting, brown paper freezer wrapping, boxing, and  
freezing. Prices are subject to change without notice.  
Please call to verify. Sides are dry aged for 21 days be-  
fore cutting. All our Products are from Guaranteed Nat-  
ural Local Alberta Government Inspected Livestock