

1-Walk up to the plate with confidence 2-Set an attainable goal 3- Attack the inner half 4- Help the team win

Hard Hit Ball AB1 AB2 AB3 AB4 AB5

Deep Fly Ball					
Line Drive					
Hard Ground Ball					

Not Hard Hit Ball AB1 AB2 AB3 AB4 AB5

Pop-Up					
Soft Ground Ball					
Soft Line Drive					
Swinging Bunt					

Quality At Bat AB1 AB2 AB3 AB4 AB5

Walk					
Advance Runner					
RBI					
Sac (Bunt/Fly)					
Squeeze					
7+ Pitch At Bat					
Base Hit (Hard Hit)					

AB# Pitch Hit Pitch Hit Count

AB1	Off-speed	Fastball	--
AB2	Off-speed	Fastball	--
AB3	Off-speed	Fastball	--
AB4	Off-speed	Fastball	--
AB5	Off-speed	Fastball	--



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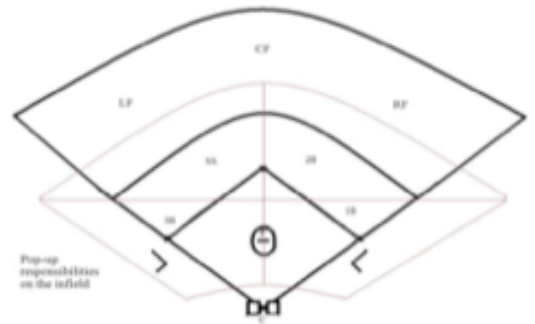
Pop-Up					
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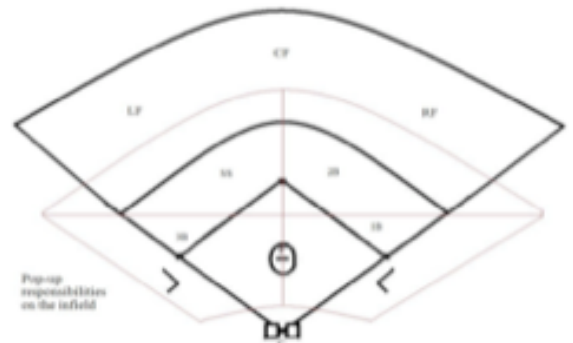
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