



First Day Checklist Infants and Toddlers

In this folder is all of the paperwork you will need to complete your child's enrollment at the center. You may bring it in on your first day or you're welcome to send it in earlier so we can check it over before your little one starts. You should have:

- Parent Handbook – please read it carefully and speak to us about any questions
- Admission Agreement
- All About Me
- Permission to Participate in Center Activities
- Emergency Card
- Health Inventory – Part I is completed by you and Part II by your pediatrician
- Getting to Know Us (please send it in with a family photo)
- Infant Activity Plan
- Infant Feeding Plan
- Medication Authorization Form – many parents like to have one on file for things like Tylenol, Motrin, Orajel, or Mylicon
- Photo Release Form
- Topical Medication Form – for things like diaper cream or sunscreen

In addition to the paperwork, you will want to send in the following things:

- Food, formula, bottles and lids – enough for the entire day plus 1 extra. Additionally please leave either some unmixed formula or frozen breast milk in case of emergency.
- 4-5 complete changes of clothes, including socks, and an extra pair of shoes (if wearing)
- Diapers, wipes, and diaper cream
- Pacifiers (if using)– please leave at least 1 extra in your child's bin
- Optional mobile for your child's crib – a lot of parents buy two of the same so their baby is seeing and hearing the same thing to make them more comfortable and help ease the transition

Please make sure everything you send in to the center is labeled with your child's name. Unfortunately, we do not have the space at the Center to store your child's carriers or car seats. Please carefully review our SIDS Prevention Policy and get a note from your pediatrician for any exemptions. Please also remember that we cannot give your child any medications (even over the counter ones) without a Medication Authorization Form completed by your pediatrician. Additionally we will need an Allergy Action Plan completed by your pediatrician if your child has any known food allergies.

If you have any questions, please email us at qualacare@gmail.com or call our office at 410-859-3200. Don't forget to participate in our private classroom groups by visiting us at www.Facebook.com/QualaCare