

*** Children & Families Assistance Programs**

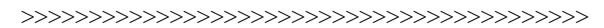
- Associated Ministries (253) 682-3401
- Boys and Girls Club Pierce County (253) 502-4600
- [Big Brothers and Sisters](#) Pierce (206)763-9060
- Catholic [Community Services](#) (253) 383-3697
- CCS Family Center 1-800-372-3697
- CCS Family Counseling (253) 502-2696
- CCS at Risk Youth In home (253) 759-9544
- DSHS Child Support Division 1-800-526-8658
- Family Support Centers (253) 798-2842
- [4People Community Resource List](#)
- Kent Youth and Family Services (253) 859-0300
- Nativity House Day Shelter (253) 779-9248
- Network [Tacoma](#) (253) 474-9334
- Solid Ground www.solid-ground.org 206-694-6700
- [Tacoma Community House](#) (253) 383-3951
- Tahoma Family Services (253) 383-3697
- W.I.C <http://parenthelp123.org/> 1-800-322-2588
- Youth and Family Services (253) 939-2022
<http://www.ayr4kids.org/>

*** Community Services Assistance**

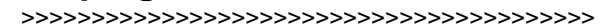
- Call 211 for any information you may need
- Community Action Program (253) 798-7240
1-800-562-0336
- [4People Community Resource list](#)
- Hope-link <http://www.hope-link.org/> 425-869-6000
- Pierce [Community Action Program](#) (253) 798-7240
<http://www.co.pierce.wa.us/> (253) 798-4500
- Salvation Army [Tac/Pierce SalArm](#) (253) 627-1364
- [Solid Ground](#) (FPA) 206-694-6700
- South SoundOutreach <http://southsoundoutreach.org/>
- St Vincent De Paul [SVDPTacoma](#) (253) 474-0519
- [Tacoma Community House](#) (253) 383-3951
- [Volunteers of America](#) www.voaww.org
- [Washington Women Employment](#) (253) 474-9933
- [Washington Women in Need](#)
- YWCA [Resource Center](#) (253) 272-4181

Mosques in the Puget Sound Area

- * [AbuBakr Islamic Center](#) 206-214-0200
- * [Dar Al-Arqam](#) 425-774-8852
- * [Downtown Muslim Association](#)
- * [Everett MCC Masjid Al Ukhuwah](#)
500 SE Everett Mall Way, # B110
- * [IECS- Ershad](#) 206-428-1970
- * [Islamic Center Bothell](#) 512-222-6996
206-235-8969
- * [Islamic Center Eastside](#) 425-746-0398
- * [IMAN Islamic Center](#) 206-202-IMAN
- * [Islamic Center of Kent](#) 253-850-2260
- * [Islamic Center of Lacey](#) 360-459-8613
- * [Islamic Center of Shoreline](#)
206-365-3350
- * [Islamic Center of Tacoma](#)
253-565-0314
- * [International Islamic House MSA](#)
- * [Idris Mosque](#) 206-363-3013
- * [Masjid-Al-Karim](#) 206-380-8826
206 497-9103
- * [Masjid Ar Rahmah](#) 425-861-9555
- * [Omar Al Farooq Masjid](#) 425-776-6162
- * [Redmond Mosque](#)
- * [Sammamish Mosque](#) 425-440-9936
- * [Zainab Center](#) <http://www.zainab.org/>



**Emergency Resource Guide
Helping Muslims Tacoma Area**

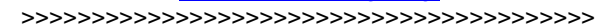


*** Community Resources & Assistance**
call **211** for **Family Housing Intake** or **assistance**
<http://win211.org/>

This resource guide will help you in your search for information when seeking housing, medical/ dental clinics, family aid, and or general assistance.

***Be prepared in the event of a disaster!**

<http://makeitthrough.org/>



*** Community Services Helplines**
Emergency Crisis call 911 / Information call 211
*food banks, housing assistance, aid

King County Information Lines 206-461-3200
1-800-621-INFO / 1-800-621-4636

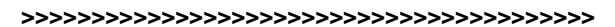
***Pierce County United Way Help Line**
1-877-211-9274 / (253) 572-4357

Snohomish County Info line
425-258-4227 / 1-800-223-8145

King County Crisis Clinic 206-461-3222
www.crisisclinic.org 1-866-4CRISIS(427-4747)

***Pierce /Tacoma Crisis Line (253) 798-4333**
1-800-576-7764 MH (253) 272-9882

Snohomish County Crisis Line
425-258-4357 / 1-800-584-3578



*** Social Service Agencies**
*limited to resources available

Al Sadaqa www.alsadaqa.org/ 1-866-693-3233
EACS <http://eastafriancs.org/> 206-721-1119

Islamic local Information 206-675-2672
Islamic Information <http://www.islamicfinder.org/>

Muslim Housing Services (transitional)
www.mhs-home.org 206-723-1712

Somali Community S. <http://www.somalicsc.org/>
Services- 206-431-5141

*** Presentation Centers**
IPIC www.ipicseattle.org 206-361-8899

Why Islam <http://whyislam.org> 1-877-why-islam

*** Civil Rights / Services / Organizations**

[ACLU](#) Tacoma / Pierce 206-624-2184
<http://www.aclu.org/national-security/tacoma-wa>
<http://www.aclu-wa.org/pierce-county-chapter>
Arab American www.theaacc.org 206-634-9001
Army Community Services (253) 967-7166
Asian Counseling Center (253) 697-8650
Bosnian Islamic Center Shoreline 206-365-3350
CAIR [CAIRSeattle](#) 206-367-4081
EACS E.African Community Svcs 206-721-1119
Horn of Africa www.hoas.org 206-760-0550
ICNA <http://www.icnarelief.org/mfs/>
Iraqi Community Center SW Youth 206 937-7680
Pierce County Fair Housing (253) 572-5134
Muslim American Soc. <http://www.maseattle.org/>
NAACP www.tacoma-naacp.org (253) 272 0357
One America [weareoneamerica](http://www.weareoneamerica.com/) 206-723-2203
<http://www.pakistanseattle.com/> 425-868-6695
Peaceful [Families Task Force](#) 206-568-7576
Pierce County [Youth Resources](#) fostering
Puyallup Tribe (253) 573-7800
Refugee/ Immigrant Tacoma Com (253) 383-3951
REWA [Refugee Women's Alliance](#) 206-721-0243
[Tacoma Community House](#) (253) 383-3591
[Tacoma Office of Civil Rights](#) (253) 591-5151
Solid Ground [//solid-ground.org](http://solid-ground.org) 206-694-6700
Somali [Community Service](#) 206-431-5141
Somali News <http://runtanews.com>
[Urban League Tacoma](#) (253) 383-2007
United African PAC <http://uapac.org/>
Veterans WA St 1-800-562-2308/ (253) 565-7038
Youth Resources (253) 209-5216
Financial Assistance call 211 \$\$ Assistance
Energy Assistance (253) 798-7240
1-855-798-HEAT (4328)
Heat help <http://www.liheapwa.org/> 360-725-2857
Multi-Service Center (253) 838-6810
Ph#WTAP 1-888-700-8880 CVM (253) 572-5960
Salvation Army (253) 572-8452
[St Vincent De Paul](#) (253) 474-0519
Yelm Community Services 360-458-7000
*** Food Banks** call 211 or 1-877-211-9274
NW Harvest 1-800-722-6924
DSHS http://foodhelp.wa.gov/basic_food.htm

*** Domestic Violence Assistance** call 211

Child / Adult Abuse 1-866-363-4276
Child Protective Services 1-800-562-5624
CHAYA www.chayaseattle.org 1-877-92-CHAYA
DV Hotline Washington State 1-800-562-6025
Family Renewal Shelter DV (253) 475-9010
1-888-550-3915
Korean [W Assoc.](#) DV/sexassault (253)359-0470
[Providers for Muslims experiencing DV](#)
Puyallup Tribe: DV Shelter (253) 680-5499
YWCA DV Shelter (253) 383- 2593
*** Dental Clinics Lower Income**
Community [Health Tacoma](#) (253) 572-7002
Lakewood 253-589-7188 Tillic (253) 589-7027
DSHS [only](#) (253) 272-9910
<http://www.lindquistdental.org/> (253) 539-7445
MobileDentalVan (253) 691-7596
ICHS <http://www.ichs.com/>
Pierce College Hygiene (253) 964-6694

*** Eye Exams**

Eye Care America (Elderly 65+) 877-887-6327
<http://www.eyecareamerica.org/>
Infant See <http://www.infantsee.org/>
Lion's <http://tacomase.lionwap.org/>
Vision USA <http://www.aoa.org/visionusa.xml>

*** Health Care Clinics & Providers**

[Breast, Cervical, Colon Health](#) (253) 798-6500
Care Net Pregnancy Tacoma (253) 383-2988
Puyallup (253) 770-8697
Children's Hospital 206-987-2000
Community [Health Access](#) 206-284-5291
[Community Health Care](#) 1-800-440-1561
CSO (DSHS) Medical help 1-877-501-2233
Foundation Multi Cultural (253) 572-3214
Health Care for Homeless (253) 284-9011
Hope Sparks Counseling (253) 565-4484
International ICSSeattle <http://www.ichs.com/>
Parkland Family Clinic (253) 536 2020
Sea [Mar Tacoma](#) (253) 593-2144
Sea Mar Puyallup (253) 864-4550
Youth and Family Services (253) 939-2022
*** Community Action Program** (253) 798-7240
<http://www.co.pierce.wa.us/> (253) 798-4500

*** Volunteer Opportunities**

United Way Pierce County 211 www.uwpc.org

*** Housing Emergency Shelters (Homeless)**

For intake call 211 or 1-877-211-9274
Centralized Homeless Intake line (253) 682-3401
Adams St Families Campus (253) 592-6895
CCS King Shelter (253) 572-0131
Helping Hand House (253) 848-6096
Lakewood Area Shelters (LASA) (253) 581-8689
MDC (253) 383-3921
Phoenix Families w children<18 (253) 471-5340
Tahoma [CCS](#) Shelters 1-800 372-3697
TRM M&W Shelters (253)383-4493 (253) 272-1974
Salvation Army W, (M w/ch) (253) 627-3962
YWCA Pierce County (253) 272-4181
<http://www.ywcapiercecounty.org/>

*** Housing Transitional for intake call 211**

Catholic [Community Services](#) (253) 383-3697
Chance for Change Pioneer Serv (253) 272-5486
Exodus House Families (253) 862-6808
Guadalupe W/ M (253) 272-1171 (253) 572-6582
Helping Hand House Families (253) 848-6096
Lakewood Area Shelters (LASA) (253) 581-8689
New Phoebe House (253) 383-7710
Shared Housing (253) 272-1532
Tacoma Rescue Mission (253) 627-4308
VA Health Care System (253) 583-1606
YWCA Permanency DV (253) 272- 4181
*** Permanent Housing Low Income intake: 211**

[Helping Hand House](#) (253) 848-6096
<http://housingsearchnw.org/> 1-877-428-8844
[MDC](#) (253) 597-6728 (253) 383-3921
Pierce County Housing Authority (253) 620-5400
www.pchawa.org
[Puyallup Tribal Housing](#) (253) 573-7952
Renton Housing Authority 425-226-1850
www.rentonhousing.org
Tacoma Housing (253) 207-4400
<http://www.tacomahousing.org/>

*** Public Transportation**

Pierce Co.Transit 253-581-8000 / 1-800-562-8109
<http://www.piercetransit.org/>
Pierce Shuttle 253-581-8100 or 1-800-841-1118
SoundTransit <http://soundtransit.org/> 1-888-889-6368
Metro <http://metro.kingcounty.gov/> 206-553-3000