



Well 2017 is a wrap!

What an amazing year for Kettlebell Sport in Canada. The CKA is so very proud of all the lifters pushing the limits of our sport and keeping our standards of performance amongst the highest in the World. So great to see all the returning lifters on the platform but also impressed with all the strong new lifters immerging on the KB scene.

What a journey it has been, looking back on the first competition I hosted in 2011 and then the first qualifying competition in 2014 where the initial Team Canada was born - sending 4 lifters to the IUKL World Championships in Hamburg Germany. Fast forward only 3 short years and in 2017 we had 13 lifters competing at Worlds and Team Canada placed 7th among 35 countries in the World!! Incredible accomplishment for everyone involved...the hard work is truly paying off.

Misty and I have always stayed focussed on the goals for developing KB sport across Canada with the CKA..... educate clubs, coaches and lifters to require the highest standards & quality from our lifters at any CKA event so our athletes can compete strong against anyone on the World stage. Not always a popular position but we take pride in knowing it is the right approach which has resulted in numerous World medals & World records at each Championship Team Canada has attended. We started with only a couple provinces being involved and now we span across the country. The CKA continues to evolve incorporating new ideas to make our organization even stronger as we head into 2018.

It has been a pleasure to be a part of the Canadian Kettlebell Alliance and working hard collaborating with co-president Misty over the past 4 years. Moving forward I look forward to seeing our lifting family continue to grow and impress the world with the highest level of skills on the platform.

Congratulations lifters on a great 2017 - Lets make 2018 even better!!

Linda Gilmour