## Pass For Points 6V3-8V4



| Date: | 13/Apr/2021 | Measurement: | $10 \times 10$ |
| :--- | :--- | :--- | :--- |
| Time: | N/A:N/A | Players: | 0 |
| Duration: | N/A | Level: | U5-18+ |

Objective: Earn points. Using this game for offensive play, defending, fitness and fun.
Description: Split a group of 12, 14, 16 etc. into two groups. Pass for points, possession in your grid. Each team has an area they want to have the ball and play possession while earning a point for 8 completed passes (or pick another number) without the ball leaving the playing area. Half of one team is defending. If the ball goes out of bounds or 8 passes are completed, coach can play a new ball into the opposite team. The defenders then run into their grid to join their team. Half of the team that was playing possession and lost the ball will become defenders.

Coaching Points: Movement off the ball Shaping how the body is standing when wanting a pass Strong passes Defend together Communicate Force play one way Quick pressure and cover

Progression: Points are earned for number of passes. A team can earn a point when defending if they can take the ball and pass to their team in the opposite grid. Team in possession can pass the ball across after earning a point for a set number of completed passes. (Defenders try to prevent points)

