



**St. Andrew's
Children's Clinic**

La Clínica

Nogales, Arizona

Spring 2012

2011 Fact Sheet



Camilla Valenzuela Beltran, 1 yr., 3 mos., plays in the Arts & Crafts area while she waits to see the doctor. She has eczema and is a patient in the **Dermatology Department**.



José Luís Hernandez Ibarra, age 7, has apraxia of speech and can say only a few sounds. With the use of the alternative communication device shown, he can talk with his family, friends, and teachers. He is a patient in the **Speech and Language Therapy Department**

St. Andrew's Children's Clinic is a non-denominational, non-profit organization. Approximately 200-250 children are seen the first Thursday of each month except July. All medical staff are volunteers. They provide medical specialty care to our patients. We also distribute food, clothes, and toys to them. Every October, in cooperation with Children's Surgery International and CIMA Hospital, approximately 45 children have cleft palate/cleft lip surgery in Hermosillo, Sonora, Mexico. This mission has become a special project because it involves enthusiastic volunteers on both sides of the U.S.-Mexico border who work with the medical team to give patients smiles and a much better life.

In 2011, with the help of generous donors and volunteers, St. Andrew's Children's Clinic provided the following:

- 4,592 Clinic hours by volunteer health care professionals
- 4,952 Clinic hours by other volunteers
- 2,521 patient visits
- 147 office visits (U.S. and Mexico)
- 47 lab tests (U.S. and Mexico)
- 44 cleft palate/cleft lip surgeries
- 26 orthopedic surgeries
- 4 retina surgeries
- 1 corneal transplant
- 1 plastic surgery eyelid lift
- 15 pair of eye glasses dispensed
- 42 prostheses
- 52 orthotics
- 137 pairs of corrective shoes
- 44 customized wheel chairs and walkers
- 538 prescriptions
- Also, hearing aids, Braille writers, strollers, speech and language equipment, and nutritional supplements.

We are very proud to report to you that 97% of all donations goes to direct patient care.

Inside this newsletter, you will find stories about many of our patients. To learn even more about St. Andrew's Children's Clinic, check out our Web site: www.standrewsclinic.org.

Then and Now

Here are two patients we have seen over the years. Look how they have grown!

Jesús Tadeo Guiterrez Caperón was 6 years old when we featured him in our Summer



2001 newsletter. He had just received his first wheel chair and soon became a wheel chair racer! Before surgery at Shriners, he had no wheel chair and could only crawl.

Jesús has osteogenesis imperfecta, more commonly known as “brittle bones” disease. Because his bones break easily, the doctors at Shriners put steel rods in his long bones to stabilize them. This procedure gives the bone mass a chance to develop and become stronger. It also reduces hospitalization due to broken bones.

Jesús is now 17 and still loves to pose for the camera!



In April, 2005, Joaquín Ortega was 1 yr., 8 mos. in the picture on the left. He had just been fitted with ankle-foot orthoses on both feet and special shoes. The following month he was fitted with a wheel chair and became mobile for the first time. He was delighted!

On the right, Joaquín was in braces and trying out a special walker. Despite his spina bifida, Joaquín continues to improve his mobility. This picture was taken in May, 2011. Joaquín is now 8 yrs. old. He lives in Caborca, Son.



Cleft Palate/Cleft Lip Update

These two boys had surgeries for the first time at our 2010 CleftPalate/Cleft Lip Mission in Hermosillo. Then, they had second surgeries at our 2011 Mission. Look at the wonderful miracles the doctors performed! The photos on the left are before the first surgeries. The photos on the right are just before their second surgeries.



Angel Izaguirre was 5 months old in 2010 when he had cleft lip surgery (see top two photos). In 2011, he had bilateral cleft palate repair. He was 19 months old. His parents say, "Now he looks more like his twin brother." Hmm, wonder if he's sticking out his tongue at his brother!

Angel Quijada was 4 mos. old in 2010 (see bottom two photos). He, too, had cleft lip surgery. In 2011, he had cleft palate repair and a tooth extraction.

Clinic Wish List

To donate any of the items below, please call the Clinic office in Green Valley at:

(520) 648-3242 or e-mail **office@standrewsclinic.org**

- AA Batteries for speech/language devices
- Benefiber
- Blenders
- Breakfast drinks (powder or can)
- Clorox wipes
- Disposable bibs
- Disposable diapers (esp. newborn size)
- Eyeglass frames (children's, used)
- Ground flaxseed meal
- Hand sanitizers
- Hearing aids (used) and batteries
- Milk of Magnesia
- Peanut butter
- Pediasure (generic okay)
- Physical therapy (exercise) balls (45 cm & 55 cm)
- Physio rolls "peanut balls" (30 cm & 40 cm)
- Powdered milk
- Prune juice—small cans only
- Receiving blankets
- Trash bags with drawstring
- Umbrella strollers (available at Wal-Mart)
- Vitamins, adult
- Vitamins, children's chewable with iron
- Wheel chairs—child-size only
- Wipes
- Ziploc bags—quart size only

Volunteer drivers are needed to transport patients from the Border to the Tucson airport and return.

We also need volunteers to answer the telephone in the Green Valley Clinic office, file, and do data entry or special projects.

To volunteer, call The Clinic office at **(520) 648-3242**.

Patients Need Different Services

Our Vision Department has patients with varying degrees of sight. Some need corrective lenses, others have more severe sight loss, and still others are blind. The goal of the Department is to enable each child to participate in daily activities.

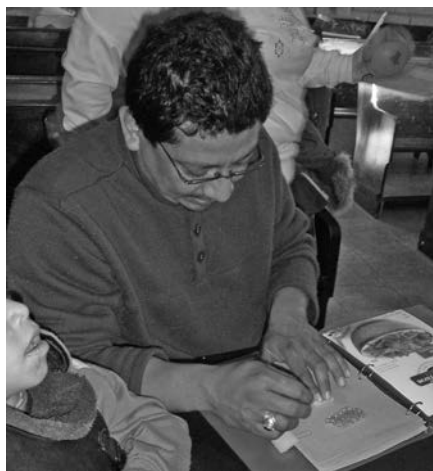


José Zepeda Montoya, age 15, lives in Nogales, Son. He has been blind since birth. He is in the 9th grade in regular school. Here, José learns to work with an abacus to use in counting and mathematics.

In January, the education activity was for parents to make books for their blind or low vision children to read. Dr. Penny Rosenblum explains, "We read to children who are sighted from the time they are little. The children follow the pictures in the book, and eventually learn that the letters on the page

make words that their parents read. Because blind or very low vision children cannot see the pictures or writing, we tend not to read to them. They miss the opportunity to learn the importance of reading."

Dr. Rosenblum showed the parents that they can use the front and back of cereal boxes to create pages for the book. This gives a sturdy surface to mount things for the child to feel. For



example, Nestor Aguilar of Nogales, Son. (above) makes a book featuring textures. Each page has a different texture for the child to feel. The pages will also have Braille writing on it to help the young child to become familiar with Braille. The words will be printed for the parent to read.

Not only does this activity provide a literacy opportunity for the young child, it also teaches parents how to be actively involved in their children's education.

Space is limited at our monthly clinic. So, the dental hygienists have set up a card table in front of the Church. Here they apply fluoride to all the chil-

dren. Services and supplies are provided by a First Things First grant in conjunction with Mariposa Community Health Center. Each child gets a tooth brush.



Above, Cristina Quiones, a cleft palate patient, gets a fluoride treatment from Christina Alvarez, RDH, who works as a registered dental hygienist in Green Valley.

Ismael Moreno, age 9, waits for a doctor exam in the **Orthopedics Department**. He was hit by a car in 2009 and his right hip was affected. He has pain after exercising, and his right foot turns out when walking.



Patients Need Different Services

Angel Tadeo, one of five siblings at Casa Vita y Esperanza orphanage



in Magdalena, Son., visited The Clinic for the first time in March. With him are (left) Heidi Kreuger, RN, child caregiver and (right) Nicole Knobloch, social worker at the orphanage.

Angel has cerebral palsy and had never seen a doctor. First stop, as with all new patients, was to see a doctor in the **Pediatrics Department**. Later, he will see a physical therapist and other therapists as needed.

Lizeth Baypoli, age 6, works with Speech and Language Therapist Roxanna Holguin in the **Speech and Language Therapy Department**. Roxanna is using a device to hold down Lizeth's tongue to get her to pronounce consonants without her tongue getting in the way.



Lizeth lives in Nogales, Son. She has had both cleft palate and cleft lip surgeries at our Annual Mission in Hermosillo. She will need bone graft surgery in 3 years.

Jesús Marquez Velasquez, age 10, has a big smile for the camera. He lives in Hermosillo, Son.



Jesús has spastic cerebral palsy and visited the **Nutrition Department** for nutritional advice. He has difficulty chewing because of his medical condition. He does not walk.

Please Visit Us

Clinic Day tours for groups of 4-6 people are offered to the public (please see our calendar on the last page). The Clinic takes place at St. Andrew's Episcopal Church, 969 W. Country Club Dr., Nogales, Arizona. Take exit 8 from

I-19 to Country Club Drive (the first traffic light). Reservations are needed for tours. To reserve your place on a morning tour, please call the Clinic office in Green Valley at: (520) 648-3242 or e-mail: office@standrewsclinic.org

Each tour will begin with a video overview of The Clinic in operation. Then, a volunteer guide will lead the tour through The Clinic. Visitors are asked to refrain from taking photographs without permission.

Voice Recital Helps José Luís to Communicate

Every year, volunteer Vicki Fitzsimmons sings for our patients who cannot talk. Her recital repertoire ranges from Broadway to Classical. Donations are requested to help purchase alternative communication devices for the **Speech and Language Therapy Department**.



Last year, proceeds were used to purchase a SpringBoard communication device for José Luís Hernandez Ibarra. José has apraxia of speech and can say only a few words.

Speech Therapist Sharon Hendrickson-Pfiel told José in February that his device would be ready for him at the March Clinic. When he walked in that day, Sharon motioned toward his device, and his eyes lit up. He immediately went to the

device and began making sentences. He'd been watching the other patients work with their devices while he waited for his device to arrive.



Because Sharon was busy with other patients, one of the mothers, Gregoria Pacheco, showed José more things about using the device. Her son, Immanuel Campos, watches with José above.

Then, José took a turn with his mother, María Guadalupe Ibarra, watching and his sister on his right.

Next, Speech Therapist Sharon Hendrickson-Pfiel showed José and his sister how to program the device. His sister or his mother will program the device and speak the words into the recorder.



By the end of The Clinic day, José was ready to "talk" to his family, friends, and teacher by using his SpringBoard. Read below about the next recital to help fund a SpringBoard for another child.

José Luís is 7 yrs. old and lives in Nogales, Son.



Upcoming Recital

Sunday, April 29, at 2:30 p.m., Soprano Vicki Fitzsimmons will perform several Broadway songs. Her accompanist is Lorna Larsen. The performance will be at St. Francis-in-the-Valley Parish Hall, 600 S. La Cañada Dr., Green Valley. Thanks to St. Francis for graciously allowing the use of their facility.

The Las Colinas Woodwind Quintet from Desert Hills Lutheran Church will perform also. And, there may be a surprise performance from Vicki's voice teacher and daughter!

Refreshments will be available following the recital.

The recital is free. Donations

will be accepted to help pay for a SpringBoard communication device. Photos of past recipients will be displayed.

Thank You

We can't say "thank you" enough. Thanks to all our volunteers who come month after month to staff our clinic. Many use vacation time.

Thanks to other volunteers who help in our Green Valley business office or drive our pa-

tients to and from Nogales and the Tucson airport.

Thanks to all our donors—those of you who donate money for airfares, surgeries, nutritional supplies, wheel chairs, alternative communication devices, and general needs. Thanks to

even more donors of our "Wish List" items, blankets, dresses, hats, and toys. All are greatly needed and appreciated.

You are all angels who help to make the miracles happen at St. Andrew's Children's Clinic. We all do it for the kids!

Special Needs for Cleft Palate/Cleft Lip Mission

We are starting now to plan for our October 2012 Cleft Palate/Cleft Lip Mission in Hermosillo, Son.

Because the children have to wait sometimes quite a long

time for their turn in the operating room, keeping them entertained is sometimes difficult. They get nervous. We have found that music soothes the older children. We'd appreciate

donations of inexpensive MP3 players or I-pods—we will put the music on them. Donations of play mats, coloring books, and crayons would entertain the younger children. Thanks!

Sign Up for e-Scrip to Help the Clinic

Go to: www.e-scrip.com to find out how your purchases can help The Clinic with donations. Or, if you shop at Safeway, you can sign up at the

Customer Services Desk. You will need to register your loyalty card, and Safeway will donate a portion of your expenditures to the charity of your choice—St.

Andrew's Children's Clinic. Online and restaurant purchases will be credited with donation credit if you register your credit and/or debit cards. So, sign up today!!!

Volunteers—Please Sign In When Working at The Clinic

We would appreciate it if all volunteers sign in at one of the two Welcome Tables on Clinic Day. We need a record of how many hours you will be working to use in calculating our in-kind donations. This is important for us to have when applying for grants. In addition

to signing in, we often have announcements and handouts at the Welcome Tables.

One Welcome Table is near the Prayer Garden on the left-hand side of the Church as you enter the driveway. It is located under a white tent. There is usually someone staffing this table.

The other Welcome Table is by the kitchen door, entering from the back parking lot. This table is not staffed.

If you use another entrance, please remember to sign in at one of the two Welcome Tables.

Remember the Clinic for Memorials and in Your Will

Looking for a way to honor someone special in your life? A contribution to The Clinic is a nice way to honor someone special—to say thank you, happy birthday, happy anniversary, etc. It will also help patients who need The Clinic's services.

Send your check in the envelope enclosed with this newsletter. Include the information about the memorial or honoring. The Clinic office will send the person notice of the memorial or honoring.

Another way to help The Clinic is to include a contribution in your will. Contact your lawyer for help with this.



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La Clínica

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Clinic Calendar

The Clinic meets on the first Thursday of every month except July.

- April 5 (Clinic)
- April 21 (Second Great Fashion Show—see Web site for details)
- April 29 (Voice Recital)
- May 3 (Clinic)
- June 7 (Clinic)
- July - no clinic

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St. Andrew's Children's Clinic is a non-profit, non-denominational clinic, serving Mexico's disabled children of disadvantaged parents for over 35 years.



Milagros Ana María Martínez Limón is 5½ yrs. old and lives in Imuris, Son. She has spina bifida. She was still smiling after an intense physical therapy workout.

Because of her spina bifida, Milagros does not walk. She needs to strengthen her upper body to be a candidate to be upright and possibly use a walker.

This photo was taken by Andrea Brito, a National Honors Society student at Nogales High School, Nogales, AZ. She interpreted for the newsletter editor and helped with photos at the March Clinic.

The volunteer work is part of her community service requirement. Thanks, Andrea!

St. Andrew's Children's Clinic receives funding from individuals, churches, organizations, corporations, and foundations. No government funding is received from either the United States or Mexico. Of donations received, 97% goes to direct patient care.