

## Registration Form COLD MOUNTAIN CRANE T'AI CHI REFRESHER

## with Laura Vonka

2 Tuesdays: March 29 and April 5, 2016

Name:			
Street:			
City, Prov		Postal:	
Phone:		Email:	
\$ Enclosed:	Fee: \$20.00		
Please make cheques payable to: Phoenix T'ai Chi Centre			
I recognize that there is an inherent risk in participating in any exercise and do, by my enrolment in and attendance at this Crane T'ai Chi Refresher Class (the Class), fully assume responsibility for this risk. Therefore, in consideration of you accepting my registration for enrolment, I hereby for myself, my heirs, executors, and administrators waive and release any and all claim to damages I may have against the persons or organization offering the Class in which I hereby apply to participate, their employees, agents, representatives, successors and assigns for any and all injuries I may sustain during the classes, whether or not damages or injuries are sustained through negligence.  I further waive and release any and all claim to damages I may have against the owner(s) of any and all injuries I may sustain while on their property whether or not damages or injuries are sustained through negligence.  Further, I understand that the activities at the Class could be too strenuous for certain individuals and that it is suggested that I consult a physician before engaging in these activities.  Signature of Participant:			

This form must be signed and dated. Please mail, with your cheque, to the address below. After March 22, please bring your cheque and form to the class.

www.phoenixtaichi.ca

519-439-8875

info@ phoenixtaichi.ca

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