

**PATIENT INTAKE QUESTIONNAIRE FORM**

**Thank you** for taking the time to complete this questionnaire. The information you give is very important to us and is helpful in providing you with the best possible care. PLEASE FILL IN ALL THE BLANKS.

DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_ DATE OF INJURY \_\_\_\_/\_\_\_\_/\_\_\_\_ TODAY'S DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

PATIENT FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

*Please provide a phone number(s) you can be reached at. Initialing next to them indicated that CPTI can leave a confidential message.*

**BEST:** ( ) \_\_\_\_\_ - \_\_\_\_\_ Initials: \_\_\_\_\_ **ALTERNATE** ( ) \_\_\_\_\_ - \_\_\_\_\_ Initials: \_\_\_\_\_

In case of an emergency, would you like CPR to be performed to resuscitate you?  NO  YES Initials: \_\_\_\_\_

WOULD YOU LIKE TO RECEIVE OUR MONTHLY ELECTRONIC HEALTH NEWSLETTER?  YES  NO

*You will also receive 4 FREE E-books for signing up!* E-MAIL ADDRESS \_\_\_\_\_

PERSON TO CONTACT IN CASE OF EMERGENCY \_\_\_\_\_ BEST PHONE NUMBER \_\_\_\_\_

DO YOU HAVE AN ATTORNEY?  NO  YES NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
(THAT WANTS COPIES OF MEDICAL RECORDS)

**EMPLOYER INFORMATION:**

YOUR EMPLOYER \_\_\_\_\_ OCCUPATION \_\_\_\_\_

CURRENTLY WORKING?  NO  YES ANY RESTRICTIONS?  NO  YES

IF YES, WHAT ARE THEY \_\_\_\_\_

HOW LONG AT JOB? \_\_\_\_\_ DESCRIBE YOUR JOB DUTIES \_\_\_\_\_

**LIFTING:**  YES  NO HOURS \_\_\_\_\_ **STAND:**  YES  NO HOURS \_\_\_\_\_ **SIT:**  YES  NO HOURS \_\_\_\_\_

**WALK:**  YES  NO HOURS \_\_\_\_\_ HOURS WORKED IN A SHIFT \_\_\_\_\_ SHIFTS WORKED IN A WEEK \_\_\_\_\_

TOTAL HOURS WORKED IN A WEEK \_\_\_\_\_ PRE-INJURY HOURS WORKED PER WEEK \_\_\_\_\_

CURRENT HOURS WORKED PER WEEK \_\_\_\_\_

FAMILY PHYSICIAN \_\_\_\_\_ PHONE \_\_\_\_\_

REFERRING PHYSICIAN \_\_\_\_\_ PHONE \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Do you have stairs at home?  Yes  No (If yes, how many?) \_\_\_\_\_

1. **What** brings you into our office today? \_\_\_\_\_
2. Please explain **how** your injury happened: \_\_\_\_\_  
\_\_\_\_\_
3. Date of your injury or date when you first noticed symptoms: \_\_\_\_/\_\_\_\_/\_\_\_\_  No Known Injury
9. **Where** did your injury or accident occur?  At Work  Motor Vehicle Accident  Other \_\_\_\_\_
7. Since the initial onset, my symptoms are (check one):  Improving  Getting Worse  Same
8. Please describe your symptoms, including **intensity** and **frequency**: \_\_\_\_\_  
\_\_\_\_\_
11. Describe what, if anything, **helps** to **relieve** your symptoms (treatments, positions, medications): \_\_\_\_\_  
\_\_\_\_\_
24. What activities make your symptoms worse or are difficult to perform. Be as specific as you can for both **HOME** and **WORK**. \_\_\_\_\_
10. Have you had any similar past injuries or ailments?  No  Yes Please explain: \_\_\_\_\_  
\_\_\_\_\_
19. Dates of work missed due to injury?  None  From \_\_\_\_\_ to \_\_\_\_\_
11. Were you hospitalized for this injury/condition?  No  Yes If yes, from \_\_\_\_\_ to \_\_\_\_\_
6. Please check any of following specific tests that have been performed for your **PRESENT** condition:
- X-rays  CAT scan  Halter monitor  Electrocardiogram  
 MRI  EMG  Nerve conduction  Stress test  
 Other \_\_\_\_\_
- | 4. Previous Surgeries | Date/Year | Previous Surgeries | Date/Year |
|-----------------------|-----------|--------------------|-----------|
| _____                 | _____     | _____              | _____     |
| _____                 | _____     | _____              | _____     |
| _____                 | _____     | _____              | _____     |
| _____                 | _____     | _____              | _____     |
- Any Surgical Complications? \_\_\_\_\_
13. Due to various insurance benefit limitations it is important to list how many **previous visits** you've attended **this year** of:  
Speech therapy: \_\_\_\_\_ Physical Therapy: \_\_\_\_\_ Chiropractor: \_\_\_\_\_
14. Please describe any treatments you have received for your present condition: Include any therapy here or elsewhere; please be specific and include dates. \_\_\_\_\_  
\_\_\_\_\_

25. How many minutes can you do the following **without increased symptoms**? Sit \_\_\_\_\_ Stand \_\_\_\_\_ Walk \_\_\_\_\_
12. What are your hobbies? \_\_\_\_\_
15. Dominant Hand?  Right  Left
16. Do you smoke?  No  Yes If yes, how many packs/day? \_\_\_\_\_
18. Do you drink alcohol?  No  Yes If yes, approximately how many drinks per week? \_\_\_\_\_
26. Please rate the following by using the scale below for **each** area of pain: (example: Knee, Hip, Back)

**FIRST Area of Pain:** \_\_\_\_\_ **Mild** **Severe**

Pain-At its worst	0	1	2	3	4	5	6	7	8	9	10
Pain-Current	0	1	2	3	4	5	6	7	8	9	10
Pain- At its best	0	1	2	3	4	5	6	7	8	9	10

**Circle all that apply:** Burning, sharp, dull/achy, throbbing, shooting, numbness/tingling, constant, intermittent, worse in am/pm.

**SECOND Area of Pain (if any):** \_\_\_\_\_ **Mild** **Severe**

Pain-At its worst	0	1	2	3	4	5	6	7	8	9	10
Pain-Current	0	1	2	3	4	5	6	7	8	9	10
Pain- At its best	0	1	2	3	4	5	6	7	8	9	10

**Circle all that apply:** Burning, sharp, dull/achy, throbbing, shooting, numbness/tingling, constant, intermittent, worse in am/pm.

**THIRD Area of Pain (if any):** \_\_\_\_\_ **Mild** **Severe**

Pain-At its worst	0	1	2	3	4	5	6	7	8	9	10
Pain-Current	0	1	2	3	4	5	6	7	8	9	10
Pain- At its best	0	1	2	3	4	5	6	7	8	9	10

**Circle all that apply:** Burning, sharp, dull/achy, throbbing, shooting, numbness/tingling, constant, intermittent, worse in am/pm.

23. **Current stress level**

**Mild** 0 1 2 3 4 5 6 7 8 9 10 **Severe**

20. Please check any **FAMILY** history of:

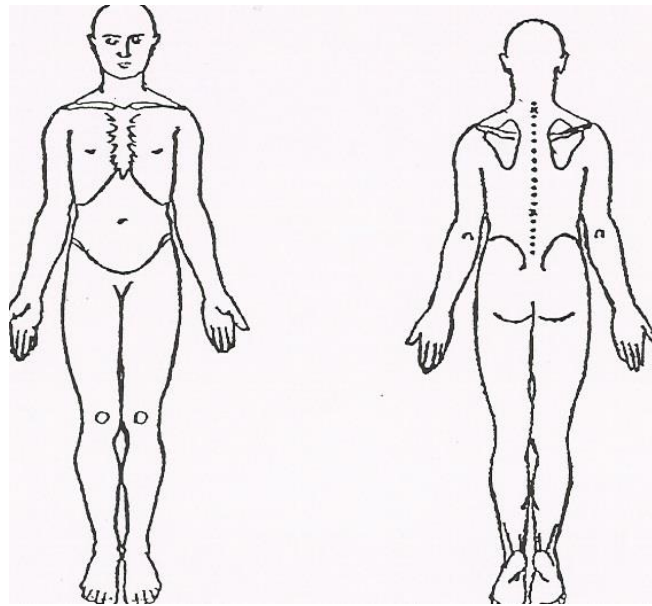
- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Osteoporosis        | <input type="checkbox"/> Rheumatoid arthritis     |
| <input type="checkbox"/> Diabetes      | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Osteoarthritis           |
| <input type="checkbox"/> Cancer        | <input type="checkbox"/> Gout                | <input type="checkbox"/> Thyroid disease          |
| <input type="checkbox"/> Psoriasis     | <input type="checkbox"/> Hemophilia          | <input type="checkbox"/> <b>NONE OF THE ABOVE</b> |

21. Please check and **PERSONAL** history of:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> How many falls in the past 12 months? _____ | <input type="checkbox"/> Allergies _____   | <input type="checkbox"/> HIV/AIDS              |
| <input type="checkbox"/> Alzheimer's                                 | <input type="checkbox"/> Cauda Equina      | <input type="checkbox"/> Heart condition _____ |
| <input type="checkbox"/> Diabetes Type I                             | <input type="checkbox"/> Current Infection | <input type="checkbox"/> Arthritis             |
| <input type="checkbox"/> Diabetes Type II                            | <input type="checkbox"/> Cancer _____      | <input type="checkbox"/> Tumors _____          |
| <input type="checkbox"/> Fracture or Suspicion                       | <input type="checkbox"/> Seizures          | <input type="checkbox"/> Osteoporosis          |
| <input type="checkbox"/> Metal implants                              | <input type="checkbox"/> Pacemaker         | <input type="checkbox"/> Blood Clots           |
| <input type="checkbox"/> Pneumonia                                   | <input type="checkbox"/> <b>Pregnant</b>   |  |

27. Using the body diagram below, please indicate the location of any of the sensations listed. Mark the areas on the drawings with the symbol that best describes the sensation that you feel.

+++ Sharp pain      ---- Numbness      /// Dull pain      ooo Pins and Needles      xxx Burning pain



28. MY GOALS OF PHYSICAL THERAPY INCLUDE: (PLEASE BE SPECIFIC)

a.) Return to the following activities (include home, work and recreation):

\_\_\_\_\_

\_\_\_\_\_

29. Medications that you are currently taking. Please include ALL:

1) Prescriptions    2) Over the Counter Medications    3) Vitamins/Supplements    4) Herbals

Medication	Dose	Times/Day
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**THANK YOU** ONCE AGAIN FOR PROVIDING US WITH THE ABOVE INFORMATION!