

Massage Intake Form

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Birthday: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How did you find us 😊 Yelp, Web, Word of Mouth, or Local \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Medications: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Condition you take it for: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please circle any of the following conditions that you may have:

Diabetes Back Pain Osteoporosis Headaches Numbness Tingling

Skin Sensitivity Neck Pain Dizziness Joint Swelling Neck Injury Arthritis

High Blood Pressure Recent Surgery Shoulder Pain Warts Bruise Easily Cardiac Problems

Low Blood Pressure Skin Condition Varicose Veins Lymphatic Condition Open Wounds Digestion Problems

Contagious Disease Hot Most of Time Cold Most of Time Cold hands & Feet Pregnant Weeks\_\_\_\_\_\_\_\_\_\_

Is this your first Massage ? **Yes / No** Breastfeeding How long\_\_\_\_\_\_\_\_

Areas to Avoid (i.e. Scalp, Feet, Left Shoulder) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Add on Options**  **(these options will not change the length of your appointment)**

Aromatherapy(circle one) **$20.00**

*Lavender (relaxing) Orange (citrus) Cedarwood (grounding) Peppermint (stimulating)*

*Eucalyptus (refreshing) Geranium Lemongrass (revitalizing)*

\_\_\_Add Triple Strength CBD Pain Relief **$30.00**

\_\_\_Peppermint Scalp Massage **$25.00**

\_\_\_Cupping (Ask for Availability) **$25.00**

\_\_\_Hand or Foot Paraffin - **$30.00 for one, or $50.00** for both (please circle one or both)

\_\_\_Hand or Foot Scrub - **$25.00 for one, or $35.00** for both (please circle one or both)

\_\_\_Hot Stone (Accent) **$30.00**

**Preferred Pressure** (circle) *Light Medium Deep $20.00 Sports $20.00*

I certify that I am 18 years or older and that I have stated all health history and health concerns above. If I experience any pain or discomfort during the session, I will inform the practitioner to ensure the problem can be addressed. I understand that certain health history may be a contradiction for a particular spa treatment listed on the spa menu and therefore may disqualify me for those treatments. I release my therapist, esthetician, and Elements Day Spa from any liability due to the treatment or products used. I also understand that any illicit or sexually suggestive remarks or behavior will result in the immediate termination of the session, and I will be held liable for the full payment of the scheduled treatment.

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_