



Greetings Members & Friends of Long Island Council of Churches, in order to spread the word on all the good things happening at the Long Island Council of Churches we have activated pages on Facebook, LinkedIn and Twitter. If you use any of these social medias please, like us, follow us or friend us and we will keep you very well informed. Please don't be shy about sharing this information with friends and associates. Please click one of the icons below to be directed to the respective link.



[Facebook](#)



[LinkedIn](#)



[Twitter](#)

Thank you and have a blessed day.

MOST NEEDED ITEMS

We strive to offer a diversity of food that helps balance nutrition intake and diet, especially important to children, seniors, and those with health challenges.



Your ongoing support in donated food or grocery store gift cards to the Long Island Council of Churches Freeport Food & Services Boutique located at 230 Hanse Avenue, Freeport, NY helps us achieve our mission. Thanks in advance for your donation, Freeport Staff, 516.868.4989

MEAT, FISH AND PROTEIN

Canned tuna, ham, or chicken, peanut butter, canned/dried beans

FRUITS AND VEGETABLES

Canned fruits and vegetables, fresh produce

COMPLETE MEALS

Boxed meals, hearty soups

GRAINS

Rice, pasta

COOKING BASICS

Flour, sugar, oil

SPECIAL DIETARY FOODS

Gluten-free, low-sugar, low-sodium

PERSONAL CARE PRODUCTS

Shampoo, deodorant, soap, toothpaste, diapers, toilet paper, feminine hygiene products



No one should go hungry.

www.licc-ny.org



Most Wanted Items High Fiber, Low Sugar, Low Sodium

Freeport Food & Services Boutique | 516.869.4989

Peanut Butter
creamy or chunky



Lean Canned Protein
tuna, salmon or chicken in water



Canned Vegetables
low sodium or no salt added



Canned Fruits
in its own juice or water



Tomato Products
spaghetti sauce and dried tomatoes



Beans
canned or dry



Whole Grain Cereal
hot or cold



Whole Grains
pasta, brown rice, quinoa



Healthy Snacks
fruit cups, raisins, granola bars



Please no glass containers of any kind. Thank you.

Serving our Neighbors in Need
230 Hanse Avenue, Freeport, NY

Helping our *Neighbors* in Need, Please donate School Supplies!

Every year children need so much more returning to school. With the cost of School Supplies going up every year parent are finding it harder to fulfill the items listed that are suggesting for a successful school year. Unless items are being purchased in bulk it is becoming more difficult with buying school uniforms, shoes and comfortable clothing etc.

Suggested Contributions

Backpacks • Binders • Pens
Loose leaf paper • Flash Drives
Index cards • Note pads • Highlighters
#2 Pencils • Rulers • Compass
Glue Sticks • Elmer's Glue • Scissors
Pens • Tissues • Hand Sanitizer
Composition Books • Crayons
• Folders & Pocket folders •
3 & 5 Subject Notebooks
Colored Pencils • Markers
Pocket Calculators • Erasers



Please Contact

Long Island Council of Churches

230 Hanse Avenue

Freeport, NY 11550

(516) 868-4989

For Pick up or Delivery

HOLY TRINITY ORTHODOX CHURCH
369 Green Avenue, East Meadow

Invites You To Its

FAITH, FOOD & FELLOWSHIP
FESTIVAL

Saturday, September 1, 2018

10:00 A.M. to 6:00 P.M. (rain or shine)

FREE ADMISSION

- *Delicious Greek, Slavic & BBQ Foods*
- *Live Slavic Music by “Barynya” performing from 12 P.M. to 3 P.M.*
- *Kids’ Games & Prizes*
- *Chinese Auction with Dozens of Great Baskets*
- *Baba’s Treasures Flea Market*
- *Merchandise Vendors*
- *50/50 Raffle*
- *Church Tours*
- *Prayer Services during the day*
- *Religious Items*

COUPON
BRING THIS FLYER
FOR ONE
\$1 FOOD TICKET

ONE PER CUSTOMER ONLY

(no cash value)

Telephone: 516-387-4299; E-mail: info@htocem.org
For directions, visit our website www.htocem.org
(half block south of Cipriano Nursery & Florist)

FUN FOR THE ENTIRE FAMILY!

Back To School Partnership Give Back



Sharp Edges
Barbershop
401 S. Franklin St.
Hempstead NY.
11550

COMING BACK
**Monday
Sept. 3rd
10-2pm**

**"Free"
Haircuts
Sponsored
By
Glory House**



SCHOOL
SUPPLIES
FIRST
HEMPSTEAD
A. M. E.
CHURCH



**Investing In Our Youth
Making A Difference
It Takes A Community**

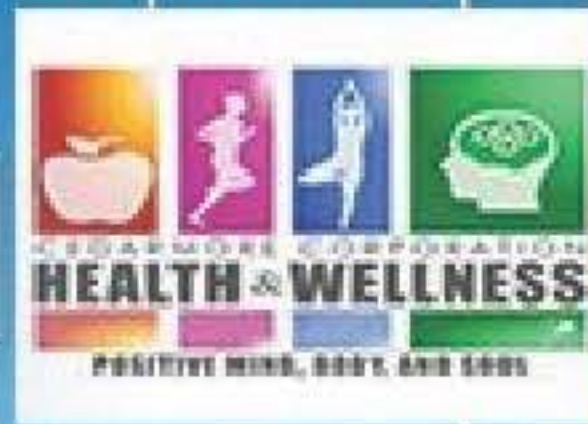


One Through
MORALS • VALUES • RESP



**FREE
GIVE-AWAYS**

4TH ANNUAL



HEALTH & WELLNESS FAIR

**Presented by Cedarmore Corporation in partnership
with Nassau County Legislator Kevan Abrahams**

**Saturday, September 8, 2018
10:00am to 3:00pm
Freeport Recreation Center
130 East Merrick Road, Freeport, NY 11520**

**Seniors Breakfast & Learn @ 10:45am
Seniors Lunch & Learn @ 12:15pm**

Free Screenings
Blood Pressure | Dental | HIV Testing

Children's Circle sponsored by Home Depot

- **Freeport Farmers Market* (Featured Guest)**
- **FMNP – Farmers' Market Nutrition Program**
- **WIC Senior Checks**

"FMNP is a federally funded program that gives to low-income seniors \$20 in checks to spend only at a Farmer's Market"

Informational booths with resources from county wide agencies and other community organizations.

CONTACT US @ CEDARMORE.HEALTHANDWELLNESS@GMAIL.COM



**CEDARMORE CORPORATION
HEALTH & WELLNESS**



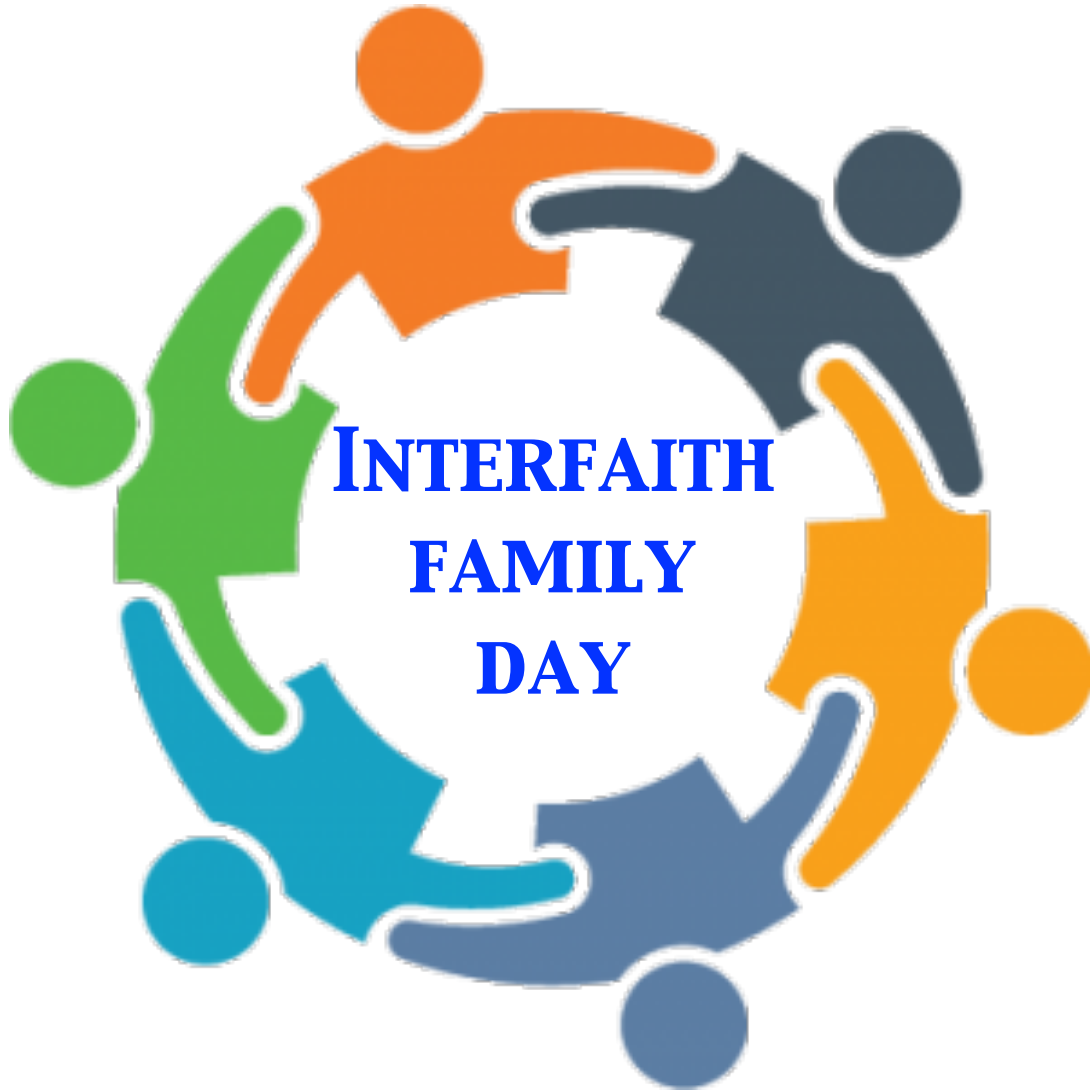
CEDARMORE.HEALTHANDWELLNESS



**For more information, call 516.571.2455 or www.cedarmore.org
For vendor information, pre-register at www.nassaucountyny.gov/LD1**

THE INTERFAITH COMMUNITY OF LONG ISLAND

@ Brookville Multifaitth Campus



SUNDAY, SEPTEMBER 30, 2018

10 AM - 12 PM

2 BROOKVILLE ROAD, GLEN HEAD, NY 11545

Join us @ **10:00 AM**

for

Moses & the Amazing Multi-Colored Chuppah led by young members of our campus

Afterwards your children can experience a spiritual education class led by our talented educators, while parents meet our campus leaders & families



2018 Suffolk County FMNP

Farmers' Markets

EBT (SNAP Benefits) • All markets accept FCC (Fresh Connect coupons)



Babylon Village Farmers' Market ((EBT) (FCC)

LIRR Babylon Sta. parking lot Railroad and Deer Pk. Ave.
Sunday 8am – 1pm • June 3-Nov 18

BAYSHORE

FREEdom Mobile Market - Southside Hospital (FCC)

301 E. Main St., Bay Shore
Friday 12:30 pm – 2pm • July 13- Oct 12

BRENTWOOD

FREEdom Farms Farm Stand (EBT) (FCC)

1725 Brentwood Rd., Brentwood (access from 2nd Ave.)
Thursday 12:30pm – 2:30pm • July 12 – Oct 11

FREEdom Mobile Market – Adelente (FCC)

10 Third Avenue, Brentwood
Wednesday 12:30pm – 1:30 pm • July 11 – October 10

BROOKHAVEN

Hog Farm Stand (FCC)

219 Beaver Dam Rd., Brookhaven
Saturday 9am – 1pm • May - Sept

CENTEREACH

Bethel Hobbs Community Farm Stand (FCC)

178 Oxhead Rd. Centereach
Saturday 10am – 2pm • June 30 – Sept 29

CENTRAL ISLIP

FREEdom Mobile Market - Adelente

83 Carleton Avenue, Central Islip
Thursday 10am – 12 pm • July 12 – Oct 11

CORAM

FREEdom Mobile Market – DSS (FCC)

80 Middle County Rd., Coram
Friday 10:30am – 11:45am • July 13 – Oct 12

DEER PARK

Country Fresh Tanger Outlets Farmers' Market (FCC)

152 The Arches Circle, Deer Park
Saturday 10am – 3pm • June 2 – Oct 27

DIX HILLS

Dobler Farm Stand (FCC)

1145 Carlls Straight Path, Dix Hills
Daily 10am – 5pm • July 1 – Nov 1

East Hampton Farmers' Market (EBT) (FCC)

Nick & Toni's Parking Lot 136 N. Main St.
Friday 9am – 1pm • May 18 – Sept 7

Flanders Farm Fresh Food Market (EBT) (FCC)

Crohan Community Center, 655 Flanders Rd.
Saturday 10am – 1 pm • July 7 – Oct 20

GREENLAWN

FREEdom Mobile Market – Northwell (FCC)

284 Pulaski Rd., Greenlawn Northwell
Health Dolan Family Health Center
Wednesday 10am – 12pm • July 11 – Oct 10

Greenport Farmers' Market (EBT) (FCC)

1405 Moores Lane: the Polo Fields
Saturday 10am – 2 pm • June 23 – Oct 27

Hampton Bays Farmers' Market (FCC)

165 Ponquogue Ave., St. Mary's Church
Saturday 9am – 1pm • May 26 – Sept 1

Huntington Farmer's Market (FCC)

Main St. (Rt. 25A), east of Rt. 110 North
Sunday 7am – 12pm • June 3 – Nov 18

Islip Farmers' Market (FCC)

Town Hall lot, 655 Main St. (27A Montauk Hwy.)
Saturday 7am – 12pm • June 2 – Nov 24

ISLIP TERRACE

Kiddie Academy Islip Farm Stand (EBT) (FCC)

60 Carleton Avenue, Islip Terrace
Thursday 3pm – 6pm • June 28 – Sept 27

Kings Park Farmers' Market (EBT) (FCC)

Main & Rt. 25A Municipal Lot
Sunday 9am – 2pm • June 3 – November 18

MELVILLE

Schneider's Farm Stand (FCC)

316 Old Country Rd., Melville
Daily 9am – 6pm • April 26 – Dec 24

Montauk Farmers' Market (FCC)

Village Green 743 Montauk Hwy.
June 7 – Sept 14 Thursday 9am – 2pm
Friday Sept 21 & 28 9am – 2pm

Patchogue #1 Farmers' Market (FCC)

225 Veterans Blvd (Main St.)
Friday 8am – 1 pm • June 22 – Nov 16

Patchogue #2 Farmers' Market (FCC)

Division St. Patchogue Railroad Sta. lot
Sunday 9am – 1pm • June 24 – Nov 18

Port Jefferson Farmer's Market (FCC)

Steam Room parking lot, Rts. 25A & 112
Thursday 10am- 3pm • July 12-Oct 4

Rocky Point Farmers' Market (FCC)

Old Depot Park – Prince & Broadway
Sunday 8am – 1pm • May 27 – Nov 18

Wyandanch

Shiloh Community Farmer's Market (EBT) (FCC)

217 Merritt Avenue, Wyandanch
Saturday 1pm – 4pm • July 14 – Oct 6

6/7/18

For more info and free recipes go to website
<http://www.eatsmartnyli.com>

EatSmartNY
Long Island Region

Cornell Cooperative Extension
Suffolk County

Funded by USDA an equal opportunity
employer. Prepared by Cornell
Cooperative Extension of Suffolk County.

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans,
and Individuals with Disabilities and provides equal program and employment opportunities.



Island Harvest Has Food for Long Island's Veterans!

Long Island has the nation's second largest veteran population and many of these families experience tough economic times.

- **Operation: HOPE** is a mobile food pantry program for Long Island veterans and military families in need of food assistance. Each month 60 veterans receive food.
- The goal of **Operation: HOPE** is to connect veterans and military families to veteran services and other social benefits to help the families of our servicemen and women
- The food is delivered by a veteran who is sensitive to the needs of other veterans and their families.
- Veterans and the families of active duty personnel in need of food assistance, please contact
Jo-Val Nance
Office: (631) 873-4775 ext. 221
E Mail: joval@islandharvest.org

OPERATION: HOPE

Mobile Services
Sponsored by:

The
Family
of Banks



In Thanks to Our Servicemen and Women!

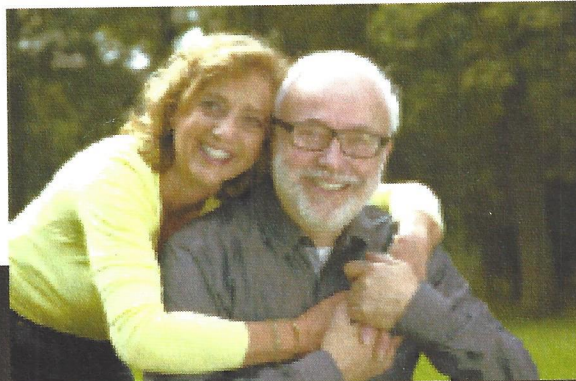
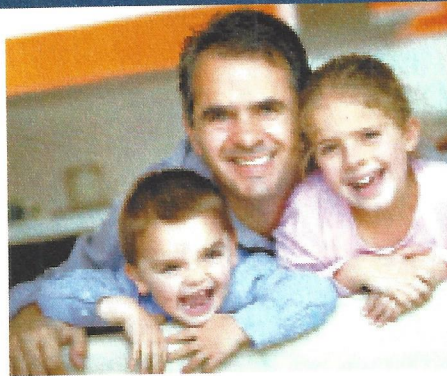
40 Marcus Blvd Hauppauge, N.Y. 11788 • (631) 873-4775
15 Grumman Rd W, Ste 1450, Bethpage, NY 11714 • (516) 294-8528
www.islandharvest.org





PSEG LONG ISLAND

We make things work for you.



www.psegliny.com

You May Qualify **for a Discount**

if you participate in at least one of these programs:

- Home Energy Assistance Program (HEAP)
- Medicaid
- Supplemental Nutrition Assistance Program (SNAP)
- Supplemental Security Income (SSI)
- Temporary Assistance - Family Assistance (FA)
- Temporary Assistance - Safety Net Assistance (SNA)
- Veteran's Pension
- Veteran's Surviving Spouse Pension

PSEG Long Island's Household Assistance Rate (HAR) provides a discount on every electric bill. For an application, speak with a representative or download it at www.psegliny.com, Keyword search: HAR



PSEG LONG ISLAND

We make things work for you.

Household Assistance Rate Application

(Reduced Rate for Residential Customers Receiving Benefits from Programs Below)

PLEASE PRINT IN INK, SIGN AT THE BOTTOM OF THE PAGE AND RETURN THIS APPLICATION TO:

**PSEG Long Island
ATTN: BOC/Payment Assistance
PO BOX 9083
MELVILLE, NY 11747**

Account Holder: _____
(Last) (First)

Street Address: _____ Apartment #: _____

City: _____, NY ZIP: _____ Tel. #: _____

PSEG Long Island Customer ID or Account Number: _____

Social Security Number (last four digits only): xxx - xx - _____

-- Eligibility Requirements --

Please check the program(s) from which you now receive assistance:

- Home Energy Assistance Program (HEAP)
- Medicaid
- Supplemental Nutrition Assistance Program (SNAP)
- Temporary Assistance - Family Assistance (FA)
- Temporary Assistance - Safety Net Assistance (SNA)
- Supplemental Security Income (SSI)
- Veteran's Pension
- Veteran's Surviving Spouse Pension

-- Documentation Required --

Please attach a photocopy of ONE of the following:

Current NYS Benefit Identification Card, approval letter from SSI, approval letter from HEAP, or pension letter from the Veteran's Administration.

I certify that the above information is correct. I agree that PSEG Long Island may contact the Nassau or Suffolk County Social Services Agencies, NYC Community Development Agency, NYC Human Resources Administration, the Veteran's Administration or any other related agency to verify the information I am submitting.

Signature: _____ Date: _____

SMW



PSEG LONG ISLAND

We make things work for you.

Aplicación para Tarifa de Ayuda para el Hogar (Household Assistance Rate)

(Tarifa reducida para clientes residenciales que reciben beneficios de los programas abajo)

POR FAVOR IMPRIMA ESTA PÁGINA, FIRME SU NOMBRE EN TINTA AL FINAL Y ENVÍE ESTA APLICACIÓN A:

**PSEG Long Island
ATTN: BOC/Payment Assistance
PO BOX 9083
MELVILLE, NY 11747**

Titular de la cuenta: _____
(Nombre) (Apellido)

Dirección: _____ Número de apartamento: _____

Ciudad: _____, NY Código postal: _____ Tel. #: _____

Número de cuenta o de cliente de PSEGLI: _____

Últimos cuatro dígitos del número de seguro social (SSN) xxx-xx-_____

-- Requisitos para Calificar --

Por favor marque con una X todos los programas de los que recibe ayuda:

- Asistencia de la Red de Seguridad (Safety Net Assistance)
- La Asistencia Familiar (Family Assistance)
- Medicaid
- Pensión por Cónyuge Sobreviviente del Veteranos
- Pensión por Veteranos
- Programa Asistencia Para Nutrición Suplementaria (SNAP)
- Programa de Subsidio de Energía para el Hogar (HEAP)
- Seguridad de Ingreso Suplementario (SSI)

-- Documentación Requerida --

Por favor incluye una fotocopia de UNO de los siguientes documentos:

Tarjeta de identificación del beneficio NYS actual, carta de aprobación del SSI, carta de aprobación de HEAP o carta de pensión de la Administración de Veteranos de Guerra.

Yo certifico que la información que doy aquí es correcta. Acepto que PSEG Long Island contacte a las agencias de servicios sociales del Condado de Nassau o de Suffolk, la Agencia de Desarrollo Comunitario de NYC, la Administración de Recursos Humanos de NYC, la Administración de Veteranos de Guerra o cualquier otra agencia de este tipo para verificar la información que doy aquí.

Firma: _____ Fecha: _____

www.psegliny.com ♦ 1-800-490-0085

SMW

The Book Fairies



Reading Feeds the Soul

The Book Fairies is offering you ***boxes*** of ***FREE*** Faith-based books and Fiction, Non-Fiction, Biography and Self-Help Books for Adults for Your Members.

They can arrange a one-time free delivery or regularly scheduled deliveries to feed your members' thirst for knowledge!

Questions or Information?
Please call JON at 646-498-1143 or
JONKNISS@YAHOO.COM

The Book Fairies



Reading Feeds the Soul

The Book Fairies is offering ***FREE Faith-based Jewish Books***, along with mainstream Fiction, Non-Fiction, Biography and Self-Help Books for Adults for Your Members.

They can arrange a one-time free delivery or regularly scheduled deliveries to feed your members' thirst for knowledge!

Questions or Information?
Please call JON at 646-498-1143 or
JONKNISS@YAHOO.COM

The Book Fairies



Reading Feeds the Soul

The Book Fairies is offering you **boxes of FREE Spanish-language Fiction, Non-Fiction, Biography and Self-Help Books for Adults for Your Members.**

They can arrange a one-time free delivery or regularly scheduled deliveries to feed your members' thirst for knowledge!

Questions or Information?
Please call JON at 646-498-1143 or
JONKNISS@YAHOO.COM