Community Resources For Smith County Head Start Center 2023-2024



## To locate additional information on Community Resources access:

https://empoweruppercumberland.org/discoverresources/. Or https://ucassist.org/search/

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### Adult Education:

#### **Cookeville Higher Education Campus**

1000 Neal Street Cookeville, TN. 38501 (931) 520-0551 (Assists Adults to further their education and they also sponsor job fairs)

#### **Smith County Adult Basic Education**

Carthage, TN 615-735-8246 **They offer: GED, Adult High School, Basic Computer Training** (Assists Adults to further their education)

#### **Tennessee College of Applied Technology** Hartsville, TN 615-374-2147

#### **Tennessee Technology Center**

Carthage, TN. (615) 735-1264 (Assists Adults to further their education and job skills training)

#### **Tennessee Technological University**

Cookeville, Tennessee 38505 (800) 255-8881 or (931) 372-3888 (Assists Adults to further their education)

#### **Volunteer State Community College**

Livingston, TN 38570 931-823-7065 615-452-8600 (Assists adults with furthering their formal education. Assistance with financial aid& scholarship sign-up is available)

#### **Volunteer State Community College**

Gallatin, TN 1-888-335-vscc 615-452-8600 (Assists adults with furthering their formal education. Assistance with financial aid& scholarship sign-up is available)

## **Adult Job Training Services:**

### American Manufacturing &

Packaging (Amp) 435 Gould Drive Cookeville, TN. 38506 (931) 432-5981 1-800-861-6997 (Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-towork programs)

#### American Job Center @ Carthage

120 Pauline Gore Way Carthage, TN 37030 (615)735-0476

#### **Macon County Career Center**

Tennessee Vocational Training Center 607 Highway 52 By-Pass Lafayette, TN 37083 Telephone: (615) 666-2330 (Assist adults in locating jobs)

## Department of Human Services -Smith County

Carthage, TN 615-735-9740 (Services: Food Stamp; Families First; Medicaid; and TennCare)

#### **Emmanuel House**

Carthage, TN. (615) 588-1995

(Assists families with housing, education and other needs)

#### **Family Resource Center**

Carthage, TN. (931) 735-3005 (*Refers to GED Program & helps* students with clothing and personal hygiene products)

#### **Genesis Career College**

880-A East 10<sup>th</sup> Street Cookeville, TN. 38501 (931) 526-8735 (Assists Adults to further their education)

#### **Fortis Institute**

Highway 111 Cookeville, TN. (931) 526-3660 (Assists Adults to further their education)

#### **Cookeville Higher Education Campus**

1000 Neal Street Cookeville, TN. 38501 (931) 520-0551 (Assists Adults to further their education and they also sponsor job fairs)

#### Social Security Administration - SSI Program

1145 Perimeter Park Dr. Cookeville, TN 38501 888-717-1528 931-528-9765 (Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

#### **Smith County Adult Education**

Carthage, TN. (615) 735-8246 (Free GED Classes/Free College & Technical School Prep/Job Preparation Skills)

#### Tennessee College of Applied Technology Hartsville

2575 North Springs Rd. Red Boiling Springs, TN 37150 (615) 699-2224 (Assists Adults to further their education and job skills training)

#### www.UCReconnect.com 931-526-2211

#### **Resources for Bereavement:**

#### **Grief Share Group**

Sponsored by: First Baptist Church of Carthage Meets: Tuesdays- 6:00 p.m. @ Smith County Chamber of Commerce 939 Upper Ferry Rd., Carthage, TN 37030 (615)735-1929

#### Heart of the Cumberland

P.O. Box 717, Cookeville, TN 38503 Phone: 931-525-2600 heartofthecumberland@gmail.com Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances age 4 & up with surviving adult or guardian

#### **Hospice Grief Recovery Group**

Sponsored by: Lazarus House Hospice 851 South Willow Ave Ste 102 Cookeville, TN. 931-520-1705 or 931-528-5133 **Childcare:** 

## **Carthage Elementary Pre-**

Kindergarten (-E-) 149 Skyline Carthage, TN 37030 (615) 735-0433 (*Free Service*)

#### **Defeated Elem. Pre-K**

451 Defeated Creek Hwy Carthage, TN 37030 615-774-3150

#### Forks River Elementary Pre-K (-E-)

611 Cookeville Hwy Elmwood, TN 38560 (615) 897-2676 (*Free Service*)

#### **Fun Factory Child Care**

12 Morris Lane Pleasant Shade, TN 37145 (615) 735-0048 (Call for fees) ages 6 wks to 12 yrshours 6 - 4.30 p.m.

#### Happy Haven Childcare

238 Lebanon Hwy Carthage, TN 37030 615-735-1144

#### Ms. Sherry's Day Care

979 LEBANON HIGHWAY LEBANON, TN 37087 (615) 444-5052 (*Call for Fees*)

#### Mrs. Tammy's Learning And Play Center

111 Mercedes Street Carthage, TN 37030 (615) 735-3231 (Call for fees) ages 6 wks. to 12 yrs. - hours 6 - 4.30 p.m.

#### New Middleton Elementary Pre-K (-E-) 402 New Middleton GORDONVILLE, TN 38563 (615) 683-8411

(Free Service)

## Smith County Community Child Care Ct

245 JMZ Drive Gordonsville, TN 38563 (615) 683-4146 (Call for Fees) hours 5:30 a.m. – 5:30 p.m.

#### **Smith County Head Start Center**

201 Joy Alford Way Carthage, TN 37030 (615) 735-1868 (*Free Service*)

#### **Union Heights Pre-K**

663 Lebanon Hwy Carthage, TN 37030 (615) 735-1975

#### Wee Wonders Day Care

322 Lebanon Hwy Carthage, TN 37030 (615) 735-0773 (Call for Fees) Infants 7 – 4.40 pm //Preschoolers 6 – 4.30 p.m.

#### Wee Care Day Care

117Vivian Cir Carthage, TN 37030 615-489-3323

## **Resources to help in Child Abuse Situations:**

# Child Advocacy Center- 15<sup>th</sup> Judicial District

107 North Greenwood St. Lebanon, TN 37088 615-449-7975 www.cac15.org

#### CASA

122 Turner High Circle Suite 103 Carthage. TN 37030 615-735-0034 <u>casasmithco@uchra.com</u>

#### **Child Abuse Hotline**

900 2nd Avenue North Nashville, TN 37201 877-237-0004 (*Hotline Only*. *Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.*)

#### **Department Of Children's Services**

117 Eatherly Landing Carthage, TN 615-735-5502

#### **Department Of Human Services**

105 Eatherly Landing Carthage, TN 37030 615-735-9740

#### **District Attorney General**

1519-East Spring Street Cookeville, TN. 38501 (931) 528-5015 (Assist with child Abuse/domestic violence and other legal issues)

#### **Omni Community Health-Cookeville**

663 South Jefferson Ave. 931- 528-0051 or 877-258-8795 (A community mental health facility that offers counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; *Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)* 

#### **Carthage City Police Department**

314 Spring Street.Carthage, TN 37030615-735-2525911 for Emergencies (Assist with emergency needs)

## (South) Carthage City Police

Department

106 South Main Street Carthage, TN 37030 615-735-2727 911 for Emergencies (Assist with emergency needs)

#### **Gordonsville City Police Department**

63 East Main Street Gordonsville, TN 38563 615-683-6088 911 for Emergencies (Assist with emergency needs)

#### Smith County Sheriff's Department

322 Justice Dr. #200
Carthage, TN 37030
615-735-2626
911 for Emergencies (Assist with emergency needs)

# The Exchange Club/Stephens Center for the Prevention of Child Abuse

616 North Church Street, Ste. B Livingston, TN 38570 Contact: Dawn Killman, Executive Director

#### 931-823-6432 & 800-635-5199 (Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

## Tennessee Commission on Children and Youth

Upper Cumberland Regional Office 1000 Neal Street Cookeville, TN 38501 (931) 646-0955 Mid Cumberland Regional Office Andrew Jackson Building 502 Deaderick Street Nashville, TN 37243-0800 (615) 532-1579

#### Valley Ridge Mental Health Center

101 Bratton Ave. Lafayette, TN 37083 615-666-8070 (This center provides psychological evaluations, individual counseling, psychotropic medication monitoring, targeted case management, adult case management, A&D counseling, child abuse counseling, and respite service) Child Abuse, Children's Issues, Drug/Alcohol Abuse, Health, Mental Health and Counseling

### Dental Providers who take TennCare:

#### **Cookeville Regional Dental Clinic**

327 North Cedar Street Cookeville, TN 38501 (931) 528-5105

#### **Dr. Gentzler**

106 Babb Drive Lebanon, TN. 37087 (615) 443-3633

#### Dr. Mary Cay Koen

412 College Street Lafayette, TN. 37083

**Dr. Bonnell McBroom Jr.** 1001 Scottsville Road Lafayette, TN. 37083 (615) 666-4865

#### **Hermitage Dental Clinic**

Dr. Charles Burdeshaw & Dr. Larson 107 Bonnabrook Drive Hermitage, TN 37076 1-800-373-3330 615-889-1654

#### **Tennessee Family Dental**

312 W. Main St. Lebanon, TN 37087 (615) 444-3185

#### **Putnam County Health Department**

121 South Dixie Ave. Cookeville, TN. 38501 (931) 528-2531

#### Cumberland Pediatric Dentistry & Orthodontics of Cookeville

510 S. Jefferson Ave. Cookeville, TN 38501 (931)854-1200

Dental Providers, who may not take TennCare, but offer services to low-income families:

## Bread of Life Homeless Shelter and Clinic

281 4th Street 281 4th Street Crossville, TN 38555 931-707-0569 (Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

#### **Dr. Lynn Cothron**

1203 Scottsville RD. Lafayette, TN. 37083 (615) 666-5034

#### Dr. Larry Key

726 Hwy 52 By-Pass Lafayette, TN. 37083 (615) 666-5567

#### **Dr. Sue VanBlaricum**

412 College Street Lafayette, TN. 37083 (615) 666-6155

#### **Macon Dental Health Center**

Dr. Key Lafayette, TN. 37083 (615) 666-5567

#### **Cookeville Rescue Mission**

1331 S Jefferson Ave Cookeville, TN 38506 931-528-5819

### <u>Resources for Persons with</u> <u>Disabilities:</u>

## AMERICAN MANUFACTURING & PACKAGING (AMP)

435 Gould Drive Cookeville, TN. 38506 (931) 432-6997 & 931-432-5981 (Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-towork programs)

#### **Project Affirm**

501 Spruce Street Dale Hollow Mental Health Center Livingston, TN 38570 931-432-5590 & Hotline: 931-823— 5678 (Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)

#### **Children's Special Services**

Carthage, TN 615-735-0242 (Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

#### Friends of T.I.P.S.

P.O. Box 5095 Tennessee Tech University Cookeville, TN 38505 931-372-6247 (Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as davcares, medical providers, etc. This program is

limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)

## **Independent Opportunities Inc.** (I.O.I.)

1225 S. Willow Ave.
Suite # A
Cookeville, TN. 38501
(931) 528-7701
(Non-profit organization providing high quality residential services to persons with developmental disabilities)

#### Social Security Administration - SSI Program

1145 Perimeter Park Dr. Cookeville, TN 38501 888-717-1528 931-528-9765 & Hotline: 800-347-4501 (Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

#### **TN Early Intervention System (TEIS)**

Education/training (931) 528-1623 (Assist children/families birth - 3 yrs)

Upper Cumberland Human Resource Agency - Smith County Carthage, TN 37030 615-735-0476

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; Indian Mound for Boys)

#### **Vocational Rehabilitation**

Cookeville, TN. 38501 (931) 526-9783

#### **Vocational Training Center**

1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721
@ Lafayette
607 TN-52 Scenic, Lafayette, TN 37083
(615) 666-2179

## <u>Resources to help in Domestic</u> <u>Violence</u> <u>Situations:</u>

**Alliance Against Domestic Violence** Cookeville TN 38501 (931) 526-4730 (931) 526-5197

## **Carthage City Police Department**

314 Spring Street Carthage, TN 37030 615-735-2525 911 for Emergencies (Assist with emergency needs)

## (South) Carthage City Police Department

106 South Main Street
Carthage, TN 37030
615-735-2727
911 for Emergencies (Assist with emergency needs)

#### **Department of Human Services**

105 Eatherly Landing Carthage, TN 37030 615-735-9740

#### **Domestic Violence Support Group**

Sponsored by Genesis House:

#### **District Attorney General**

1519-East Spring Street Cookeville, TN. 38501 (931) 528-5015 (Assist with child Abuse/domestic violence and other legal issues)

#### **Genesis House**

Street location is confidential Cookeville, TN N/A (931) 526-4730 or 931-526-5197 Hotline: 800-707-5197 (This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

**Gordonsville City Police Department** 63 East Main Street Gordonsville, TN 38563 615-683-6088 911 for Emergencies (Assist with emergency needs)

### **Omni Community Health- Cookeville**

Cookeville, TN. 38501 931- 528-0051 or 877-258-8795 (A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

#### **Smith County Sheriff's Department**

322 Justice Dr. #200
Carthage, TN 37030
615-735-2626
911 for Emergencies
(Assist with emergency needs)

## Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

#### All Local Churches in Area

#### **ReGroup Recovery**

120 Pauline Gore Way Carthage, TN 37030 615-735-0476 Ext. 8 931-252-6648 ReGroupRecovery@gmail.com

# Bradford Health Center @ Cookeville Regional Office

1330 Neal Street, Suite D Cookeville, TN 38501 931-528-6803 (Treatment Facilities for Alcoholism and drug addiction for adults & children)

#### 1-888-762-3740 or 1-888-SOBER-40

#### **Carthage City Police Department**

615-735-2525 911 for Emergencies (Assist with emergency needs)

## (South) Carthage City Police Department

615-735-2727911 for Emergencies(Assist with emergency needs)

#### **Dale Hollow Mental Health Center**

501 Spruce Street Livingston, TN. 38570 (931) 823-5678 (Assist with family or individual counseling for drugs/alcohol/etc.)

#### Substance Abuse & Mental Health Services Administration (SAMHSA)

National Helpline 1-800-662-4357

## Drug Abuse Hotline

**1-800-888-9383** (*Call to report illegal drug activity*)

#### **Gordonsville City Police Department**

615-683-6088 911 for Emergencies (Assist with emergency needs)

#### Wilson County Drug Court Program

P.O. Box 3053 Lebanon, TN 37088 615-453-5314

## Mothers Against Drunk Driving /Support Group Meetings

First United Methodist Church of Cookeville 18 N. Madison Ave Cookeville, TN. 38501 931-520-6233

#### **Omni Community Health-Cookeville**

Cookeville, TN. 38501 931- 528-0051 or 877-258-8795 (A community mental health facility that offers counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

#### **Meth Hotline**

Spring Street Cookeville, TN. 38501 (931) 525-6384 (Call to report suspected Meth activity)

#### Meth Hotline/Statewide

1-877-866-6384 (Call to report suspected Meth activity)

#### **Plateau Mental Health Center**

Substance Abuse Services 1200 South Willow Avenue Cookeville TN 38502 Phone: (931) 432-4123 Hotline: (877) 567-6051 24 Hour Crisis Line 1-800-704-2651 (Assist persons with disabilities/mental illness& Drug abuse in various ways)

#### Smith County Sheriff's Department

Carthage, TN 615-735-2626 911 for Emergencies (Assist with emergency needs)

#### **Thirteenth Judicial Task Force**

Cookeville, TN. 38501 (931) 528-5400 (Drug Task Force)

#### **Teen & Adult Challenge Upper**

Cumberland 200Freedom Ln Livingston, TN 38570 1-800-688-0470 (Helps transform the lives of those struggling with addiction)

#### Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200 (Assist with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court *Counseling are also available*)

#### Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030 615-735-0476 (Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance: Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for

Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

## Assistance in the event of an Emergency Situation:

#### Air Evac Life Team

106 Emergency Services Dive Albany, KY 42602 (606) 387-9099 Emergency = 911

## Carthage City Police Department

615-735-2525 911 for Emergencies

**Disaster Assistance** DisasterAssistance.gov

#### (South) Carthage City Police Department 615-735-2727 911 for Emergencies

**Gordonsville City Police Department** 615-683-6088 911 for Emergencies

#### **Riverview Medical Center (North Campus)** 158 Hospital Drive Carthage, TN. 37030

Carthage, TN. 37030 615-735-1560

### **Poison Control**

1-800-288-9999

#### **Shriners of Tennessee**

1354 Brick Church Pike Nashville, TN. 37207 (615) 226-7676

#### **Smith County Sheriff's Department** Carthage, TN

615-735-2626 911 for Emergencies

#### **Smith County EMS**

513 Jefferson Avenue E. Carthage, TN 37030

#### 615-735-2121 911 for Emergencies

### Smith County Rescue Squad

Carthage, TN 615-735-9680 911 for Emergencies

TEMA www.tn.gov/tema

#### **Thirteenth Judicial Task Force**

Cookeville, TN. 38501 (931) 528-5400 (Drug Task Force)

## Assistance with Food/Clothing/Utilities Needs:

### **Abundant Harvest Worship Center**

178 Lebanon HwyCarthage, TN 37030615-735-0116 (Assist with various needs)

#### Alexandria Church of God

Contact: Joy Kilgore (615) 529-4691 (615) 529-4262 (Assist with various needs)

#### **Brimstone Church of Christ** Rt.1 Whitleyville, TN 38562 (Assist with various needs)

**Clementsville Church of Christ** Red Boiling Springs, TN 37150 (*Assist with various needs*)

## Community Education Office for the Food Stamp Program

Legal Aid Society of Middle Tennessee and the Cumberlands 9 South Jefferson Avenue Cookeville, Tennessee 38501 Phone: 931.528.7436 Toll Free: 800.262.6817 (Provides Pre-screenings and information for the Food Stamp program. Serves all counties in the LBJ&C Head Start Service area.)

#### Department of Human Services -Smith County

Carthage, TN 37030 615-735-9740 (Services: Food Stamp; Families First; Medicaid; and TennCare)

#### God's Way Community Church

9 Dixon Springs Hwy. Carthage, TN 37030 615-735-8476 (Food Pantry)

#### **Gordonsville Nazarene Church**

168 Main Street E Carthage, TN 37030 615-735-5069 (Food Pantry)

#### **Family Resource Center**

Carthage, TN. (931) 735-3005 (Refers to GED Program & helps students with cloths and personal hygiene items)

#### Hermitage Springs Southern Baptist Church

Red Boiling Springs, TN 37150 839-3827 (Assistance with various needs)

### Lake Avenue Church of Christ

Contact: Mark Taylor Moss, TN 38575 258-3578 (Assistance with various needs)

#### Leonard Church of Christ

Contact: Doyle Coons Rt.4 Red Boiling Springs, TN 37150 (Assistance with various needs)

#### Macedonia Baptist Church

Contact: Paul Strong 1725 Happy Ridge Road Moss, TN 38575 258-3371 (Assist with various needs)

#### **Macon Helps**

Lafayette, TN 37083 615-666-6607 (Assist with various needs)

#### **Midway Church of Christ**

Contact: Bart Cunningham 4301 Moss-Arcot Rd. Moss, TN 38575 258-3393 (Assist with various needs)

#### **Milestown Church of Christ** Rt.2

Red Boiling Springs, TN 37150 (Assist with various needs)

#### Mt. Vernon Church of Christ Rt.4 Ped Beiling Springs, TN 37150

Red Boiling Springs, TN 37150 (Assist with various needs)

#### **Moss Church of Christ**

Contact: Dennis Miller 3204 Clay County Highway Moss, TN 38575 258-3563 (Assist with various needs)

#### **Neeley's Crossroads Church of Christ**

Contact: Robert Scott Celina, TN 38551 (Assist with various needs)

#### **Oak Grove Church of Christ**

Contact: Gary Wilder Moss, TN 38575 (Assist with various needs)

#### Northwest Church of Christ

Contact: Lawrence Williamson 314 Chad Grace Rd. Red Boiling Springs, TN 37150 (Assist with various needs)

#### **Pine Branch Church of Christ**

Contact: Bill Parsons 3130 Neeley Creek Road Celina, TN 38551 243-2992 (Assist with various needs)

## Pine Hill Church of Christ

Rt.1 Moss, TN 38575 (Assist with various needs)

#### **Rome Baptist Church**

Hwy 70 North Carthage, TN 37030 615-735-0141 (*Food Pantry*)

#### **Smith County Help Center**

318 Main Street North Carthage, TN 37030 615-735-8090 (Assist with various needs)

#### **Union Hill Church of Christ**

Contact: Huebert Jones Moss, TN 38575 (Assist with various needs)

#### **Union Hill Wesleyan Church**

Contact: C.L. Cook 6495 McCormick Ridge Rd. Whitleyville, TN 38588 258-3380 (Assist with various needs)

Willette Church of Christ Benevolence Program Red Boiling Springs, TN 615-699-2251 (Assist with various needs)

#### **TennCare Transportation - Cookeville**

417 East Broad Street Cookeville, TN 38501 931-372-8719 & **Hotline:** 800-483-6743 (Assists with Health, Transportation and <u>Utilities</u> needs. Must have TennCare insurance. Provides transportation to appointments covered by TennCare.

#### **Upper Cumberland Human Resource Agency - Smith County**

Carthage, TN 37030 615-735-0476 (Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services: Child and Adult Care Food; Child Care Certificate; WIA; Youth: Dislocated Worker: Adult: Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; Indian Mound for Boys)

### <u>Resources to assist with</u> <u>Housing/Homeless Needs:</u>

## **Bread of Life Homeless Shelter and Clinic**

281 4th Street Crossville, TN 38555 931-707-0569

#### **Emmanuel House**

40 Club Springs Rd Carthage, TN. 683-8410 – Daytime 281-0414 - Cell

#### **Family Resource Center**

Carthage, TN. 735-3005 (Refers to GED Program & helps students with cloths and personal hygiene items)

#### **Gallatin Housing Authority**

114 Jordan Street Carthage, TN 37030 (615) 735-1510

#### HART

Homeless Advocacy for Rural Tennessee Grant based program, which allocates homeless assistance P.O. Box 3311 Crossville, TN 38557 931-484-3207

#### **Upper Cumberland Homeless Shelter**

15 Division Street Crossville, TN. 38555 (931) 456-8172

#### **Upper Cumberland Human Resource Agency - Smith County** Carthage, TN 37030

615-735-0476

# United States Department of Agriculture

Rural Development 390 South Lowe Avenue Suite K Cookeville, TN 38501 (931) 528-6539

## Assistance with Insurance Needs:

#### **Blue Cross Blue Shield**

(865) 588-4612 Group Insurance 1-800-845-2738 (Affordable Insurance for Families & Individuals)

#### Farm Bureau

Hwy 70 North Carthage, TN 37030 (615) 735-9446 1-877-874-8323 (Affordable Insurance for Families & Individuals)

#### **Department of Human Services-Smith County** Carthage, TN 37030

(615) 735-9740

#### State Farm

101 Main Street Carthage, TN 37030 615-735-1812 (Affordable Insurance for Families & Individuals)

#### **Tennessee Justice Center**

Nashville, TN 615-255-0331 Assists with strategies for obtaining TennCare and appeals process, etc.

#### Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030 615-735-0476 (Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a widerange of services to Tennesseans with disabilities)

#### Legal/Governmental Assistance:

Child Support Services of Tennessee -Cookeville 1525 East Spring Street Suite G Cookeville, TN 38506 931-528-8598 (Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

#### **Gallatin Housing Authority**

612 Morris Ave. Carthage, TN 37030 (615) 735-1510 (This program offers low-income or noincome housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 -10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

## Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue Cookeville, Tennessee 38501 Phone: 931.528.7436 Toll Free: 800.262.6817 (Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

#### Rape and Sexual Assault Response Center

P.O. Box 1180 Cookeville, TN 38503 Hours of operation = 24 hrs/day, 7 days a week Phone: = 931-526-5197 Hotline: 800-707-5197 Translation services offered: Yes (Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

#### Tennessee 211

1-800-318-9335

(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)

#### **Tennessee Justice Center**

301 Charlotte Ave Nashville, TN 37201 (615) 255-0331 or 1-877-608-1009 Strategies for obtaining TennCare/Tips for TennCare appeals process/Services children are entitled to under EPSDT Law

#### Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200 (Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

#### Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030 615-735-0476 (Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services: Child and Adult Care Food: Child Care Certificate: WIA: Youth; Dislocated Worker; Adult: Families First Employment; Title V Senior; 502E Senior; Drivers' Education: Community Intervention for Juvenile Offenders: Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside *Resort and Educational Complex;* UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start.)

### <u>Resources to Strengthen</u> <u>Marriages:</u>

### Assessment/Counseling/training

Services (ACTS)

Cookeville, TN. 38501 (931) 528-9399 (Provide Assistance with Marriage & Mental Health Counseling)

#### First Baptist Church

455 Carthage Road Red Boiling Springs, TN 37150 (615) 699-2210 (615) 699-2818 (803) 840-5802 Contact: Rev. Thomas Compton

### Upper Cumberland Development District

1225 South Willow Avenue Cookeville, TN 38501 (931) 432-4111 (Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

## Pre- Marriage Counselors:

## Assessment/Counseling/training

Services (ACTS) Cookeville, TN. 38501 (931) 528-9399 (Provide Assistance with Marriage & Mental Health Counseling)

#### **Dale Hollow Mental Health Center**

Telephone = 1-877-567-6051 (Counseling for persons with emotional and behavioral problems, also assist in securing needed resources)

## <u>Medical Providers who take</u> <u>TennCare:</u>

#### **Children's Special Services**

Carthage, TN 615-735-0242 (Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

#### Dr. Ginger Smith, DO

21 Dixon Springs Hwy. Carthage, TN 37030 615-735-3555

**Cookeville Pediatrics Associates** Cookeville, TN. 38501 (931) 528-1485

## **Carthage Family Healthcare**

Carthage, TN. 37030 (615) 735-3450

#### **Centennial Pediatrics**

115 Winwood Drive Suite 105 Lebanon, TN. 37087 (615) 453-1930

#### Dr. John Tate

206 A Bobb Drive Lebanon, TN. 37087 (615) 444-6667

#### **Gordonsville Clinic**

126 JMZ Drive Gordonsville, TN. 38563 (615) 683-1072

#### **Family Eye Care Center**

605 Main Street North Carthage, TN. 37030 (615) 735-2020 Hartsville Eye Clinic Hartsville, TN. 615-822-2020

**Riverview Regional Medical center** (North Campus) Carthage, TN. 37030 (615) 735-1560

**Smith County Health Department** Carthage, TN. 37030 (615) 735-0242

**Tennessee Children's Healthcare** (615) 453-9492

**Tennessee Pediatrics** Cookeville, TN. 38501 (931) 526-6100

## Medical Providers, who may not take TennCare, but offer services to low-income families:

# Bread of Life Homeless Shelter and Clinic

281 4th Street Crossville, TN 38555 931-707-0569 (Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

#### **Carthage Family Wellness**

Peter F. Alfano. PA Lauren Lewis Cooper, MD Carthage, TN 37030 615-735-0700

#### **Children's Special Services**

Cookeville Regional Health Office 200 W. 10th Street Cookeville, TN 38501 931-528-7531 (Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

# Partnership for Prescription Assistance

Phone: 1-888-477-2669 <u>www.pparx.org</u> *If you do not have prescription coverage and/or cannot afford your medicines, this organization may be able to help* 

## <u>Mental Health Providers who</u> take TennCare:

**Cumberland Mental Health** (615) 444-4300

#### **Cumberland Plateau Recovery**

550 North Church Street Livingston, TN. 38570 (931) 403-3577

#### **Dale Hollow Mental Health Center**

501 Spruce Street Livingston, TN. 38570 (931) 823-5678 (Assist with family or individual counseling for drugs/alcohol/etc.)

Personal Growth and Learning Center

509 North Cedar Avenue Cookeville, TN 38501 931-520-8435

(Provides out-patient psychiatric and psychotherapy services (individual adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services)

#### Rape and Sexual Assault Response Center

P.O. Box 1180 Cookeville, TN 38503 Hours of operation = 24 hrs/day, 7 days a week Phone: = 931-526-5197 **Hotline**: 800-707-5197 (Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

#### **Team Evaluation Center**

Chattanooga, TN 37404-1220 (423)-622-0500 (Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

#### **The Renewal Center**

158 Hospital Drive Carthage, TN 37030 615-735-5211 (Mental Health Services for seniors. Treatment for memory loss, mood swings, etc...Free Evaluations)

#### Valley Ridge Mental Health Center

101 Bratton Ave. Lafayette, TN 37083 615-666-8070 (This center provides psychological evaluations, individual counseling, psychotropic medication monitoring, targeted case management, adult case management, A&D counseling, child abuse counseling, and respite service) Child Abuse, Children's Issues, Drug/Alcohol Abuse, Health, Mental Health and Counseling

#### Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow PO Box 3165 Cookeville, TN 38502 931-432-4123 **Hotline:** 1-800-281-4943 (Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to

## <u>Mental Health Providers, who</u> <u>do not take TennCare, but offer</u> <u>services to low-income families:</u>

*help themselves*)

Assessment/Counseling/training Services (ACTS) Cookeville, TN. 38501 (931) 528-9399

**Omni Community Health- Cookeville** 663 South Jefferson Ave.

Cookeville, TN. 38501 (931) 528-0051

#### Plateau Mental Health

1200 S. Willow Ave. Cookeville, TN. 38501 (931) 432-4357 **24-hour hotline** 

#### Pacesetters Inc.

2511 HWY 111 North Algood, TN. 38506 (931) 537-9100

#### **Upper Cumberland-Community**

Services Agency 417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200

**Upper Cumberland Human Resource Agency - Smith County** Carthage, TN 37030 615-735-0476

#### Warrior Counseling, PLLC

Natalie Whorton 705 Howell St Sparta, TN 38583 931-510-8365

## **Quit Tobacco Resources**

**Tennessee Tobacco Quitline:** 1-800-784-8669

## Cumberland County Health

**Department** Smoking Cessation Ruth Lucas 131 South Webb Crossville, TN 931-484-6196

**Cookeville Regional Medical Center-Algood Room** Quit 4 life Smoking Cessation Tandy Todd 142 W. 5<sup>th</sup> St Cookeville, TN 38501 931-646-2693

## Tennessee Department of Health,

WIC Program S.M.A.R.T. – Smart Mothers are Resisting Tobacco 1-800-342-5942

## Nicotine Anonymous

800-642-0666

#### American Lung Association

Freedom from Smoking 800-586-4872 Info@lung.org

#### American Lung Association of

**Tennessee** 212 S. Peters Rd. Suite 106 Knoxville, TN 37923 865-691-7228 www.lungusa.org

#### **Former Smokers**

The No Smoke Café http://clever.net/chrisco/nosmoke/stop.ht ml

## <u>Resources to assist persons</u> <u>raising children possibly other</u> <u>than their own:</u>

**Department Of Children's Services** 117 Eatherly Landing Carthage, TN 37030 615-735-5502

#### Help Us Grow Up Successful (HUGS)

Upper Cumberland Regional Office 1100 England Dr Cookeville, TN 38501 931-520-4202

#### **Relatives as Caregivers**

1225 South Willow Ave. Cookeville, TN. 38501 (931) 432-4111

#### The Exchange Club/Stephens Center for the Prevention of Child Abuse 307A West Broad Street Livingston, TN 38570 931-823-6432 & 800-635-5199

**Tennessee Voices for Children** Nashville, TN 37204 (615) 269-7751 1-800-670-9882

KidCentral TN www.kidcentraltn.com

#### Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200

**Upper Cumberland Human Resource Agency - Smith County** 120 Pauline Gore Way Suite A Carthage, TN 37030 615-735-0476

#### Youth Villages

1420 Neal Street Cookeville, TN. 38501 (931) 525-6900

### <u>Resources to assist with</u> <u>Transportation Needs:</u>

#### Upper Cumberland Human Resource Agency - Smith County

120 Pauline Gore Way Suite A Carthage, TN 37030 615-735-0476 (Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education: Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start.)

## Upper Cumberland Development District

1225 South Willow Avenue Cookeville, TN 38501 (931) 432-4111 (Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/**Utilities**)

### Wellness:

Agee's Gym 911 N. Main Carthage, TN 37030 615-735-0044 Promotes family fitness

#### **Smith County Fitness Center**

131 Pauline Gore HwyCarthage, TN 37030615-735-2735*Promotes family fitness* 

#### **Cumberland Athletic Club**

140 Davis St. South Carthage, TN 37030 615-418-1234

Brickhouse Barre 531 Industrial Dr. Carthage, TN 37030 1-865-604-7072

### **Promoting Youth Involvement:**

#### **Gallatin Housing Authority**

612 Morris Ave. Carthage, TN 37030 (615) 735-1510 (This program offers low-income or noincome housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 -10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

#### Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 931-520-0200 (Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

**Upper Cumberland Human Resource Agency - Smith County** Carthage, TN 37030 615-735-0476 (Assists with Children's Issues. Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior: 502E Senior: Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS: Van Pool: Job Access: Commodities: Van Buren County Head Star.)

#### WCTE American Graduate & Ready To Learn LWray@wcte.org

CPutman@wcte.org 931-528-2222

### Language Assistance (All Counties)

**Brent Simpson** 931-212-8097

#### **County Health Depts. - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of* 

diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

#### **Department of Human Services, Counties**

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, *EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance* coverage; Child Care Resource & Referral; & Adult Protective Services investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

#### **Hispanic Family Resource Center**

(615) 227-7500(800) 280-8682

#### **Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150 (615) 699-6279

#### LifeCare Family Services - Cookeville - Counseling and Therapeutic Services

665 South Jefferson Avenue Cookeville, TN 38501 (931) 528-0051 Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)