

3rd Annual Dash in the Sand 5K

Age Group Results

5K Run/Walk

Race Date
March 12, 2016

Male Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 | Brian Masters | Vero Beach FL | 51 | 1234 | 1 | 23:17.04 | 7:31/M |

3rd Annual Dash in the Sand 5K

Age Group Results

Race Date
March 12, 2016

5K Run/Walk

Male 8 to 10

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Gunnar Rich | Vero Beach FL | 10 | 1256 | 22 | 39:14.96 | 12:39/M |

Male 20 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------------|--------------------|------------|---------------|----------------|-------------|-------------|
| 1 * | George Bryan | | 23 | 1267 | 2 | 25:24.88 | 8:12/M |
| 2 * | Roderick Allen | Satellite Beach FL | 26 | 1259 | 3 | 25:25.30 | 8:12/M |
| 3 * | Ken Symanski | Vero Beach FL | 29 | 1242 | 5 | 26:43.63 | 8:37/M |
| 4 | Stevie Ray Stark | Vero Beach FL | 24 | 1250 | 12 | 31:59.89 | 10:19/M |
| 5 | Daniel DiBenedetto | vero beach FL | 26 | 1243 | 37 | 1:06:12.77 | 21:21/M |

Male 30 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Joe Barbre | Ft Pierce FL | 30 | 1246 | 40 | 1:07:34.24 | 21:48/M |

Male 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | James Gunsalus | | 41 | 1248 | 4 | 26:12.66 | 8:27/M |
| 2 * | Chris Edwards | Vero Beach FL | 45 | 1266 | 6 | 27:27.61 | 8:51/M |

Male 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Lance Kimball | Vero Beach FL | 51 | 1225 | 11 | 31:01.33 | 10:00/M |
| 2 * | Daniel Glotzer | Vero Beach FL | 54 | 1231 | 25 | 40:57.73 | 13:13/M |

Male 60 to 69

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Mike Hanner | Vero Beach FL | 63 | 1221 | 7 | 28:12.68 | 9:06/M |
| 2 * | Tim Minkler | Stockbridge MA | 69 | 1235 | 20 | 37:42.48 | 12:10/M |

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Male 70 to 79

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Jim Moore | Vero Beach FL | 76 | 1228 | 14 | 32:45.58 | 10:34/M |
| 2 * | Thomas E. Stirrat, Sr | Vero Beach FL | 74 | 1237 | 27 | 41:24.61 | 13:21/M |
| 3 * | Ken Price | Vero Beach FL | 74 | 1224 | 33 | 50:13.12 | 16:12/M |

Male 80 and Over

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Mike Fremont | Cincinnati OH | 94 | 1238 | 32 | 49:39.57 | 16:01/M |

3rd Annual Dash in the Sand 5K

Age Group Results

5K Run/Walk

Race Date
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Female Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 | Carol Koiro | Vero Beach FL | 50 | 1236 | 8 | 28:37.59 | 9:14/M |

3rd Annual Dash in the Sand 5K

Age Group Results

5K Run/Walk

Race Date

March 12, 2016

Female 7 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|--------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Haley Barbre | Ft Pierce FL | 5 | 1247 | 41 | 1:07:35.27 | 21:48/M |

Female 11 to 15

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Addison Rich | Vero Beach FL | 12 | 1255 | 34 | 51:47.99 | 16:42/M |

Female 20 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|--------------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Kirstie Allen | Satellite Beach FL | 26 | 1258 | 17 | 34:45.96 | 11:13/M |

Female 30 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Jessica Jaynes | Vero Beach FL | 30 | 1227 | 9 | 29:51.20 | 9:38/M |
| 2 * | Deanna Anderson | | 38 | 1249 | 10 | 29:54.81 | 9:39/M |
| 3 * | Molly Segal | Vero Beach FL | 32 | 1241 | 13 | 32:14.45 | 10:24/M |
| 4 | Ashley Phelan | St Louis MO | 33 | 1260 | 18 | 34:58.12 | 11:17/M |
| 5 | Kristin Meek | Vero Beach FL | 34 | 1226 | 28 | 42:43.96 | 13:47/M |
| 6 | Sherise Molten | Vero Beach FL | 30 | 1252 | 29 | 45:48.00 | 14:46/M |
| 7 | Shana Cicio | | 38 | 1263 | 31 | 48:10.60 | 15:32/M |
| 8 | Summer Tracy | Ft Pierce FL | 33 | 1245 | 39 | 1:07:33.69 | 21:47/M |

Female 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Terri Pupo | Ft. Pierce FL | 41 | 1240 | 15 | 33:55.80 | 10:56/M |
| 2 * | Victoria Rich | Vero Beach FL | 43 | 1254 | 23 | 39:56.50 | 12:53/M |
| 3 * | Kim Couch | Vero Beach FL | 41 | 1268 | 24 | 40:36.52 | 13:06/M |
| 4 | Racheal Akers | Vero Beach FL | 43 | 1233 | 45 | 1:11:42.55 | 23:08/M |
| 5 | Janie Williamson | Vero Beach FL | 42 | 1239 | 46 | 1:11:45.39 | 23:09/M |

Female 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-----------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Brooke Neeley | Jensen Beach FL | 50 | 1257 | 19 | 35:13.68 | 11:22/M |
| 2 * | Nancy Stark | Palm Bay FL | 55 | 1251 | 21 | 38:41.66 | 12:29/M |

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Female 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|---------------|------------|---------------|----------------|-------------|-------------|
| 3 * | Sheryl Overcash | Sebastian FL | 51 | 1261 | 30 | 47:33.87 | 15:20/M |
| 4 | Donna McGrath | Vero Beach FL | 54 | 1222 | 35 | 53:05.20 | 17:07/M |
| 5 | Noreen Robersen | Ft Pierce FL | 57 | 1264 | 42 | 1:08:23.02 | 22:04/M |

Female 60 to 69

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|---------------|------------|---------------|----------------|-------------|-------------|
| 1 * | Susan Hanner | Vero Beach FL | 61 | 1220 | 16 | 34:10.21 | 11:01/M |
| 2 * | Barbara Jahn | Vincent OH | 67 | 1223 | 26 | 41:16.36 | 13:19/M |
| 3 * | Susan Cobb | Vero Beach FL | 67 | 1253 | 36 | 1:05:40.55 | 21:11/M |
| 4 | Betsy Dibenedetto | Vero Beach FL | 63 | 1244 | 38 | 1:06:22.50 | 21:25/M |
| 5 | Karen Davis | | 65 | 1262 | 43 | 1:08:23.25 | 22:04/M |
| 6 | Dee Cross | Ft Pierce FL | 60 | 1265 | 44 | 1:08:24.16 | 22:04/M |