



March 18, 2015 Meeting Minutes

Meeting called to order at 2:15 PM by Secretary, Chris Brunell

Attendance: *Chris Brunell – Secretary, Linda Hollingsworth, Sandra Paulino-Winborn, Jackie Fojtik, Kurt Wiest, Penny Lamping, Rae Rodriguexz, Loretta Gomez, Mary McKee, ClaraAnn Ness, Manny Cruz, Marta Holt, Brenda Johnson,, Terese Grady Moon, Philip Wade, Sheryl Piercy, Jenell DeMatteo, Patti Peterson, Katie Eilers, Caroline Burton, Terry Schroeder*

Introductions were made around the table.

**Agenda Review:** No changes were made to the agenda.

**Minutes from December:** Manny Cruz moved and Mary McKee seconded to approve the minutes as written. The motion passed.

**Kitsap ACES Partnership – Katie Eilers:** Katie provided an explanation of Adverse Childhood Experiences (ACES) and how they affect how we deal with adversity. The science behind the trauma is that toxic stress causes a fight or flight reaction, with our heart rate increasing. Repeated stress has long term impacts on how we learn and socialize with others.

The ACES study was done by Kaiser, who looked at 18,000 adults. The adults were asked about ten categories, such as abuse, neglect and household dysfunction that were experienced before the age of 18. The more experiences they said yes to, the more likely to have physical, mental health issues. Their risk of long-term consequences is more likely if they had 3 or more ACES.

Katie went over an attributable risk graph including one specifically for Washington State. She explained that the brain develops for either a dangerous world or for safety based on the amount of toxic stress that is experienced in childhood. There were images of a brain that experienced several ACES and one that only experienced one or two and there were noticeable differences. Different parts of the brain develop at different times; the brain structure can change through resilience. In Kitsap, out of 30 people approximately 1/3 will have 0 ACES, 1/3 will have 1, 2, or 3 and 1/3 will have 4 or more.

In a study of 8<sup>th</sup> and 10<sup>th</sup> graders, it was found that 1 in 3 believe they have poor family management at home, 35 to 40% feel they have no adult to turn to and 1 in 5 have contemplated suicide. A study of 6<sup>th</sup> graders found that 17% thought about suicide and 5% attempted it.

Brains remain “plastic” and can be changed. There is resiliency at various levels, including individual and community. Katie also handed out a sheet showing the 40 developmental assets that are protective factors for youth. She passed out a packet reviewing ACES data in Washington State. There was a comparison of Kitsap with the rest of the state. ACES tends to transmit from

one generation to the next, so ties in with the study on intergenerational poverty. Reducing ACES will have an effect on intergenerational poverty.

**Just Serve – Kurt Wiest:** Kurt Wiest and Caroline Burton provided information on a new volunteer clearinghouse program that is just beginning in Kitsap. It has been used in other areas of the state and country. The site is [www.justserve.org](http://www.justserve.org). Going to the site, you can search for volunteer opportunities by zip code. There is an area to put in an agency's need for volunteers and another for opportunities to volunteer. The site is very user friendly; Kurt showed how easy it is to move around the site and to see what opportunities are listed. A new user must sign in and create a password. The sign-in will then be the email address plus the password. When an agency wants to post a new volunteer opportunity, it will be reviewed by someone with JustServe.org and then once approved will be posted. Although the site is hosted by the Church of Latter Day Saints, it is provided as a service to the community. The guidelines for posting an opportunity is on the website; fundraising and political activities are not allowed. The purpose is to fill a perceived need of matching volunteers with opportunities.

**Draft 2016 Funding Priorities for Homeless Housing and Affordable Housing Grant Programs – Terry Schroeder:** Kirsten Jewell was unable to be present, due to a work conflict so she asked Terry to present this information to see if the Continuum members had any comments to add. Terry passed out the draft priorities, notes for the CoCC Brainstorming Meeting and the Priority-setting process. Patti Peterson moved and Kurt Wiest seconded to concur with the Proposed 2016 Cycle Funding Priorities for Homeless Housing and Affordable Housing Grant Programs as recommended by the Housing Funders Leadership Group. There was discussion about the motion. The motion passed with 4 abstentions.

**Coordinator Report – Terry Schroeder:** Terry reported the Point in Time Count information has been almost all input into HMIS. Commerce is going through the data and will ask for, if needed. At this time, there were approximately 492 persons counted, with 58 of those being veterans. The Housing Inventory Count (HIC) has been sent to Commerce and they are going through that data and will contact Terry with any clarifications. Terry thanked everyone for providing her the information needed to complete this report.

**Legislative Update – Chris Brunell:** Chris reported the Truth in Evictions Reporting Act did not make it through. Week 9 report was sent. Housing Trust Fund, SSB-5598 is also dead. Many Housing Alliance support items are still alive. The legislative session is just about halfway through the regular session.

### Agency Updates

**West Sound Treatment Center – Marta Holt:** All programs are at full capacity and going well. They will begin to provide services in Poulsbo on April 1. They have a New Start House for men who are coming out of jail and have participated in their New Start program in the jail. There are 8 transitional beds. They have positions open for a part time receptionist and Chemical Dependency Professionals. .

**Kitsap Legal Services – Philip Wade:** Philip is the new Director of Kitsap Legal Services, replacing Becky Boughton. Philip started about 2 weeks ago and is evaluating the programs already in existence and determining how to move the organization forward.

**Housing and Essential Needs (HEN) and Benedict House – Chris Brunell:** The HEN Program has moved and the phone number has changed to 360-373-0638

**Bremerton Housing Authority – Kurt Wiest:** Kurt thanked everyone for helping to get information out about their Section 8 wait list opening. They had over 3000 applicants. Today they randomly selected the 300 names they anticipate will be able to be housed in the next year or so. All who applied will receive a noticed. When they picked the 300 names, 24 were still on the wait list and will receive vouchers before the 300 picked today. In 2009, Kitsap County received 35 VASH Vouchers (for veterans) with no increase since then. Last week, BHA received notification they will receive an additional 7 VASH Vouchers for Kitsap.

**StandUp for Kids – Terese Grady Moon:** They are negotiating with Bremerton School District for a teen shelter; they have a draft lease. They provide 600-800 food packets to families located in Bremerton.

**Kitsap Community Resources – Jackie Fojtik:** Jackie reported KCR's Energy Assistance is booking appointments for April, May and June. Kinship Care is available for relatives who are raising another relative's child(ren). Housing Solutions Center has homeless child care available. There is rental assistance available off and on. Jackie is working on a new landlord list. If you know someone who would like to be included or would like a copy, email Jackie at [jfojtik@kcr.org](mailto:jfojtik@kcr.org) or call at 473-2136.

Meeting adjourned at 3:55 pm

Respectfully Submitted,

Chris Brunell, Secretary