



THE PARENTING PLACE FALL 2016 SCHEDULE

A Kitsap Community Resources Program

classes*groups*resource library



LESS STRESS PARENTING \$80 (Thursdays, 6-8 pm, Sept 22-Nov 17)

Taking care of 'you' is critical when taking care of others. In this 8 week group/book club we will learn self-care & stress reduction methods. 'The Happy Kid Handbook' by Katie Hurley, LCSW will be discussed.

* SCHOLARSHIPS

AVAILABLE

CONTACT

FALL CLASS SCHEDULE

NURTURING PARENTING \$80*

(Mondays, 6-8 pm, Sept 19-Nov 7)

This 8-week program focuses on establishing family structure & healthy communication patterns.

HELPING CHILDREN WHO HAVE WITNESSED DOMESTIC VIOLENCE-SURVIVOR \$80*

(Tuesdays, 6-8 pm, Sept 13-Dec 13)

Designed to help parents/caregivers understand the affects of domestic violence on children and families.

POSITIVE SOLUTIONS FOR FAMILIES \$80*

(Wednesdays, 6-8 pm, Sept 14-Oct 19)

This course helps parents understand the meaning behind their child's behavior and encourages positive approach strategies that help children learn appropriate behavior.

THE NURTURED HEART APPROACH® \$25

(October 5th & 12th, 5:30-8:30)

Childcare available for an additional fee. NHA only.

(360) 473-2134 email: parentingplace@kcr.org

www.kclearlylearning.org

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