

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO
London, ON

04/30/2011 - 04/30/2011

Event # 1 GIRLS Midget 100m Dash

START: 11:00am

Gold 13.24 / S - 13.64 / B - 14.04

#MEET RECORD:V.Bendle Banting 12.54 1997

1	Sabrina Goegan	Saugeen DSS	13.35
2	Monica Topfer	LND Lucas	13.79
3	Delia Dragomir	Cameron Heights	14.12
4	Sidney Weiss	Sarnia Northern	14.24
5	Haleigh Michalak	Msga St. Paul	14.25
6	Adian Okutinyang	Sarnia Northern	14.27
7	Keirston Melo	Medway HS	14.28
8	Holly Cavanagh	Strathroy Holy Cross	14.36
9	Jenna Rops	Lambton Central	14.41
10	Grace Goble	LND Central	14.47
11	Emma Kowal	LND Banting	14.58
12	Olivia Davis	Chatham-Kent	14.59
13	Courtney Sinclair	Lambton Central	14.64
14	Kiana Charlton	Lambton Central	14.65
15	Melissa Huang	Guelph Centennial	14.67
16	Kathyn Chanthalyma	Cameron Heights	14.83
17	Samantha Rose	Sacred Heart CHS	14.86
18	Elizabeth Pharoah	Guelph Centennial	14.89
19	Katie Whyte	Guelph J.F. Ross	14.94
20	Elizabeth Prebushewski	LND Aquinas	15.02
21	Aleefa Devji	Cameron Heights	15.03
22	Rianne Barnes	Chatham-Kent	15.04
23	Rayel Anthony	LND Oakridge	15.06
24	Sara Pawlak	Guelph J.F. Ross	15.10
25	Katie Norley	Medway HS	15.15
26	Cambridge Roote	Saugeen DSS	15.21
27	Megan Sanderson	Guelph J.F. Ross	15.24
27	Sydney Rose	LND Aquinas	15.24
29	Meagan Mascarenhas	Mentor College	15.26
30	Andrea Rideout	Brantford North Park	15.31
31	Hayln Jobbin	Lambton Central	15.33
32	Jill Rodenhuis	Sarnia St. Chris	15.36
33	Ore Banjoko	Waterloo CI	15.49
34	Megan VanKessel	Strathroy Holy Cross	15.50
34	MacKenzie Pearce	LND Aquinas	15.50
36	Julie Nagle	Strathroy Holy Cross	15.52
37	Hannah Sutherns	Cameron Heights	15.58
38	Kara Salomons	LND Christian	15.59
39	Mariska Batohi	LND Central	15.61
40	Samira Karsiem	Guelph Centennial	15.72
41	Izabela Ogrodnik	LND Lucas	15.73
42	Alisha Oliver	Sacred Heart CHS	15.79
43	Erin Hollands	Sacred Heart CHS	16.10
44	Alexis Torres	St. Aloysius Gonzaga	16.12
45	Stephanie Singeris	LND Central	16.14
46	Sydney Neilly	Sacred Heart CHS	16.21
47	Chantal Dennis	Sarnia St. Chris	16.24
48	Chelsea MacAdams	LND Westminster	16.39
49	Stephanie Borsi	Cameron Heights	16.87
50	Britt Robinson	South Huron	16.96
51	Emily Greve	Strathroy Holy Cross	17.11
52	Ayesha Anklesaria	LND Laurier	17.28
53	Patti Lucas	St. Aloysius Gonzaga	17.48
54	Zara Hasan	Waterloo CI	18.99

Event # 2 BOYS Midget 100m Dash

START: 10:15am

Gold 11.74 / S- 12.14 / B- 12.54

#MEET RECORD:C.Crawley Lucas 11.34 2006

1	Rubin Amoah	Msga St. Marcellinus	12.17
2	Mitchell Smiley	Sarnia Northern	12.19
3	Roland Enache	Chatham-Kent	12.48
4	Hayden McLean	Sarnia St. Chris	12.49
5	Lucas Catena	Msga St. Paul	12.69
6	Ryan Lyle	Sarnia St. Chris	12.71
7	Caleb Larrier	Mentor College	12.76
8	Jake Dunbar	Medway HS	12.82
9	Chris Medina	Sacred Heart CHS	12.88
10	Matteo Ciccarelli	Sarnia St. Chris	12.94
11	Spencer Roe	Chatham-Kent	12.96
12	Ryan Leon	St. Aloysius Gonzaga	13.07
13	Jarred Ryan	Strathroy Holy Cross	13.30
14	Patrick Carnahan	Guelph Centennial	13.37
15	Greg Johnston	Chatham-Kent	13.49
16	Ryan Hopcraft	Saugeen DSS	13.50
17	Shawn Hegger	Medway HS	13.56
18	Kaleb Kroetsch	LND Banting	13.59
19	Jesse Giffen	Strathroy Holy Cross	13.71
19	Kelson Wadden	Sarnia St. Clair	13.71
21	Sinjon Crombleholme	LND Aquinas	13.73
22	MacKenzie Hayter	Medway HS	13.76
23	Adrian Visser	LND Christian	13.87
24	Andason Cen	LND Central	13.93
25	John Billick	LND Lucas	13.95
26	Bobby VanHie	Strathroy Holy Cross	13.98
27	Adam McKinlay	Lambton Central	14.05
28	Shawn Munroe	LND Westminster	14.12
29	Aref Abdul-Majid	LND Westminster	14.14
30	Bruce Ly	Cameron Heights	14.17
31	Mike Greaves	LND Laurier	14.20
32	Scott Goud	LND Banting	14.21
33	Kai Larsen	LND Central	14.76

Event # 3 GIRLS Midget 200m Dash

START: 4:35pm

Gold 27.24 / S- 28.24 / B- 29.24

#MEET RECORD:D.Duprey Saugeen 25.54 1982

1	Elizabeth Barbon	LND Mother Teresa	27.93
2	Christie Moir	Medway HS	28.87
3	Keirston Melo	Medway HS	29.26
4	Haleigh Michalak	Msga St. Paul	29.48
5	Jamie-Lea Sharpe	Medway HS	29.60
6	Sidney Weiss	Sarnia Northern	29.70
7	Ria Devries	LND Christian	29.72
8	Rianne Barnes	Chatham-Kent	30.13
9	Emily Birkett	Guelph Centennial	30.24
10	Mia Manfredi	St. Thomas St. Joe's	30.26
11	Elizabeth Pharoah	Guelph Centennial	30.31
12	Emma Alexander	LND Central	30.55
13	Olivia Davis	Chatham-Kent	30.61
14	Danielle Grasman	LND Christian	30.78
15	Cassie McDonnell	Strathroy Holy Cross	30.91

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

16 Haily Leong	Samia St. Chris	31.06	5 Danielle Grasman	LND Christian	1:06.91
17 Courtney Sinclair	Lambton Central	31.12	6 Taylor Costa	Msga St. Marcellinus	1:06.97
18 Meagan Mascarenhas	Mentor College	31.34	7 Dakota Burpee	Guelph J.F. Ross	1:08.49
19 Cassandra Camenzuli	LND Central	31.66	8 Cassie McDonnell	Strathroy Holy Cross	1:08.59
20 Patricia Laylo	LND Central	31.91	9 Shae Colman	Sarnia Northern	1:09.07
21 Megan VanKessel	Strathroy Holy Cross	31.92	10 Delia Dragomir	Cameron Heights	1:09.78
22 Sara Pawlak	Guelph J.F. Ross	32.18	11 Emma Alexander	LND Central	1:10.33
23 Samira Karsiem	Guelph Centennial	32.23	12 Nicole Duic	Msga St. Marcellinus	1:10.54
24 Ore Banjoko	Waterloo CI	32.26	13 Cassie Savini	St. Aloysius Gonzaga	1:11.93
25 Natasha Barnes	Sarnia Northern	32.60	14 Andrea Barker	LND Laurier	1:12.15
25 Beverly Yang	Waterloo CI	32.60	15 Kiana Charlton	Lambton Central	1:13.59
27 Erin Hollands	Sacred Heart CHS	32.73	16 Samantha Couture	Waterloo CI	1:14.12
28 Jill Rodenhuis	Sarnia St. Chris	32.75	17 Danimarie Mahler	St. Thomas Moore SS	1:14.23
29 Samantha Couture	Waterloo CI	33.07	18 Beverly Yang	Waterloo CI	1:14.32
30 Katie Whyte	Guelph J.F. Ross	33.34	19 Patricia Laylo	LND Central	1:14.34
31 Stephanie Singeris	LND Central	33.46	20 Tristan Charlinski	Strathroy Holy Cross	1:16.22
32 Michelle Tam	Guelph Centennial	33.61	21 Andrea Rideout	Brantford North Park	1:17.85
33 Chantal Dennis	Sarnia St. Chris	33.98	22 Emily Fields	Mentor College	1:21.86
34 Meggie Yan	Guelph Centennial	34.08	23 Patti Lucas	St. Aloysius Gonzaga	1:24.07
35 Stephanie Borsi	Cameron Heights	34.88	24 Amanda MacHuk	LND Banting	1:26.43
36 Rhiannan Pinnell	Waterloo CI	40.37	25 Rhiannan Pinnell	Waterloo CI	1:33.14

Event # 4 BOYS Midget 200m Dash

START: 5:15pm

Gold 24.14 / S- 25.14 / B- 26.14

#MEET RECORD: B.Nutt Banting 22.94 2003

1 Mitchell Smiley	Sarnia Northern	24.15
2 Roland Nache	Chatham-Kent	24.75
3 Caleb Larrier	Mentor College	24.85
4 Hayden McLean	Sarnia St. Chris	24.96
5 Curtis Richards	St. Aloysius Gonzaga	25.87
6 David Mohan	Cameron Heights	25.94
6 Lucas Catena	Msga St. Paul	25.94
8 Alexander Kuttelwascher	Cameron Heights	26.33
9 Matteo Ciccarelli	Sarnia St. Chris	26.34
10 Patrick Carnahan	Guelph Centennial	26.54
11 Ryan Leon	St. Aloysius Gonzaga	26.60
12 Jarred Ryan	Strathroy Holy Cross	26.64
12 Morgan Delargie	LND Banting	26.64
14 Greg Johnston	Chatham-Kent	26.83
15 Jesse Giffen	Strathroy Holy Cross	26.93
16 Ryan Lyle	Sarnia St. Chris	27.11
17 Kelson Wadden	Sarnia St. Clair	27.17
18 Quingfan Liu	LND Central	27.33
19 Jacob Zerko	Sarnia St. Chris	27.42
20 Nick McLean	Sarnia St. Pat	28.04
21 Andason Cen	LND Central	28.39
22 Craig Fowles	Medway HS	28.96
23 Kyle McVittie	Sarnia Northern	29.61

Event # 5 GIRLS Midget 400m Run

START: 12:40pm

Gold 62.24 / S- 65.24 / B- 68.24

#MEET RECORD: K.Peak Regina Mundi 58.18 1998

1 Elizabeth Barbon	LND Mother Teresa	1:02.42
2 Elena Simpson	LND Oakridge	1:04.39
3 Adian Okutinyang	Sarnia Northern	1:05.40
4 Kierstynn Pettit	Sarnia St. Chris	1:06.00

Event # 6 BOYS Midget 400m Run

START: 12:05pm

Gold 53.24 / S- 55.74 / B- 58.24

#MEET RECORD: L.Card Saugeen 51.98 1995

1 Nicolash Bedi	Waterloo CI	55.90
2 Curtis Richards	St. Aloysius Gonzaga	56.58
3 Danny Garratt	Sarnia Northern	57.23
4 Nick VanBilsen	Sarnia St. Chris	57.78
5 David Mohan	Cameron Heights	57.87
6 Michael Kaca	Mssg Phillip Pocock	58.01
7 Christian Fryer-Davis	Cameron Heights	58.31
8 Mitchell Willoughby	LND Oakridge	58.90
9 Conor O'Brien	LND Aquinas	58.96
10 Hendrik Vermeulen	Sarnia St. Chris	59.65
11 James McHugh	LND Aquinas	1:00.01
12 Rob Smith	Sarnia Northern	1:00.12
13 Jarred Ryan	Strathroy Holy Cross	1:00.56
14 Liam Coll	St. Maximilian CHS	1:00.92
15 Matt Caron	Chatham-Kent	1:01.42
16 Quingfan Liu	LND Central	1:01.86
17 Bobby VanHie	Strathroy Holy Cross	1:02.20
18 Cameron Howes	LND Central	1:02.31
19 Jacob Zerko	Sarnia St. Chris	1:02.33
20 Ryan Hiemstra	Lord Dorchester	1:02.40
21 Ben Caddey	Lord Dorchester	1:03.56
22 Nick McLean	Sarnia St. Pat	1:03.65
23 Jamie McNorgan	Lord Dorchester	1:03.78
24 Kyle Kahgee	Saugeen DSS	1:03.79
25 Gunner Bressette	Sarnia Northern	1:04.05
26 Chris Marentette	LND Aquinas	1:04.63
27 Kyle McVittie	Sarnia Northern	1:05.62
28 Bruce Ly	Cameron Heights	1:07.01
29 Jessie Major	Mentor College	1:09.53
30 Zach Bolt	LND Beal	1:16.36
30 Duncan Hollingsworth	Sarnia St. Clair	1:16.36

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

Event # 7 GIRLS Midget 800m Run

START: 3:25pm >1 turn stagger start
 Gold 2:24.0 / S 2:34.0 / B 2:44.0

#MEET RECORD:J.Gamble Owen Sound 2:19.10 1991

1 Emily Thomson	Winston Churchill	2:33.21
2 Kierstynn Pettit	Sarnia St. Chris	2:38.21
3 Grace Gany	Cameron Heights	2:40.81
4 Nicole Duic	Msga St. Marcellinus	2:41.06
5 Taylor Costa	Msga St. Marcellinus	2:42.23
6 Jamie-Lea Sharpe	Medway HS	2:42.84
7 Shae Colman	Sarnia Northern	2:43.19
8 Danielle Grasman	LND Christian	2:45.40
9 Alisha Clancy	Waterloo CI	2:45.83
10 Mariah Johnston	Sarnia Northern	2:46.01
11 Emily Campbell	Lambton Central	2:46.34
12 Cassie McDonnell	Strathroy Holy Cross	2:46.75
13 Tori McDonald	Lambton Central	2:48.14
14 Kristie Houlahan	Sacred Heart CHS	2:50.07
15 Nicolle Kovach	St. Maximilian CHS	2:52.21
16 Nicole Short	Cameron Heights	2:52.43
17 Lian Hickey	Sacred Heart CHS	2:54.28
18 Kirsten Nikel	Sarnia Northern	2:54.88
19 Danimarie Mahler	St. Thomas Moore SS	2:55.39
20 Kirsten Hislop	Sarnia Northern	2:57.78
21 Mary Ann Ferguson	Saugeen DSS	3:00.35
22 Emily Fields	Mentor College	3:02.85

Event # 9 GIRLS Midget 1500m Run

START: 6:05pm
 Gold 4:53.0 / S 5:10.0 / B 5:23.0

#MEET RECORD:M.Bathurst Oakridge 4:40.70 1983

1 Ashley Bickle	Woodstock CI	5:12.93
2 Lauren Holman	Sarnia St. Chris	5:25.12
3 Shae Colman	Sarnia Northern	5:29.94
4 Allie Deery	Sarnia St. Chris	5:30.02
5 Samara Collin	Assumption College	5:39.21
6 Emily Stratford	LND Lucas	5:51.75
7 Kristie Houlahan	Sacred Heart CHS	5:56.21
8 Mariah Johnston	Sarnia Northern	5:58.51
9 Jamie-Lea Sharpe	Medway HS	6:02.16
10 Nicole Short	Cameron Heights	6:04.67
11 Kirsten Nikel	Sarnia Northern	6:05.95
12 Alisha Clancy	Waterloo CI	6:09.75
13 Tori McDonald	Lambton Central	6:13.04
14 Kirsten Hislop	Sarnia Northern	6:26.03
15 Jackie Trainer	LND Westminster	6:48.86
16 Lilly Liu	Cameron Heights	7:06.66
Rebecca Cox	LND Westminster	DNF

Event # 10 BOYS Midget 1500m Run

START: 6:35pm / 2 heats
 Gold 4:21.0 / S 4:35.0 / B 4:50.0

#MEET RECORD:I.Forsyth Banting 4:16.90 1987

1 Nicolash Bedi	Waterloo CI	4:26.61
2 Michael McCauley	LND Central	4:30.16
3 Corey Gorbel	Winston Churchill	4:37.52

4 Hendrik Vermeulen	Sarnia St. Chris	4:39.84
5 Ben Reid	LND Banting	4:40.32
6 Spencer Raby	Winston Churchill	4:44.13
7 Andrew Nebel	Winston Churchill	4:44.26
8 Matt Sheeler	Strathroy Holy Cross	4:46.89
9 Chris Motz	Waterloo CI	4:46.93
10 Tim Pare	St. Maximilian CHS	4:48.43
11 Rob Smith	Sarnia Northern	4:51.34
12 Matthew Chimino	Guelph Centennial	4:52.20
13 Eric Rozon	Winston Churchill	4:53.16
14 Matthew Cormier	Winston Churchill	4:56.95
15 Ethan Lewis	Guelph Centennial	5:00.74
16 Garrett Boyd	Sacred Heart CHS	5:01.79
17 Declan Outhit	Cameron Heights	5:02.89
18 Mitchell Triplett	LND Westminster	5:06.02
19 Kevin Dann	Sarnia Northern	5:06.06
20 Nicholas Vukelic	St. Aloysius Gonzaga	5:07.13
21 Chris Marentette	LND Aquinas	5:08.10
22 Tyler Austin	LND Aquinas	5:10.20
23 Cameron Seed	Chatham-Kent	5:14.72
24 Eric Ulgiati	Sacred Heart CHS	5:16.19
25 Jeremy Cosson-Martin	Mentor College	5:18.78
26 Andrew Nobert	Sacred Heart CHS	5:19.37
27 Scott Manders	Lambton Central	5:20.13
28 Elliot Gordon	LND Central	5:20.27
29 Tyler Goldsack	LND Aquinas	5:20.73
30 Andrew Russell	LND Oakridge	5:24.53
31 James Das	Strathroy Holy Cross	5:27.71
32 Greg Knight	Chatham-Kent	5:29.92
33 Spencer Lynch	Saugeen DSS	5:31.98
34 Joe Sheridan	Cameron Heights	5:35.90
35 Eric Woods	Guelph J.F. Ross	5:41.61
36 Jed Gould	Lambton Central	5:44.14
37 Mike Pavel	Cameron Heights	5:55.39

Event # 11 GIRLS Midget 3000m Run

START: 9:45am
 Gold 11:10.0 / S 11:30.0 / B 11:50.0

#MEET RECORD:S.Horne West Ferries 10:08.40 1978

1 Maleah Marquis	LND Lucas	11:27.66
2 Lauren Holman	Sarnia St. Chris	11:47.21
3 Diana Enache	Sarnia St. Chris	12:03.82
4 Allie Deery	Sarnia St. Chris	12:09.30
5 Grace Gany	Cameron Heights	13:22.88
6 Brooklyn Rushton	Mentor College	13:34.04
7 Karina Shnurr	LND Lucas	13:53.79
8 Emily Blacklock	Brantford North Park	13:53.98
9 Lauren Thurner	Msga St. Marcellinus	14:11.88
10 Gonda Posthumus	LND Christian	14:14.18
11 Lilly Liu	Cameron Heights	15:34.10

Event # 12 BOYS Midget 3000m Run

START: 10:00am
 G- 9:25.0 / S- 9:50.0 / B- 10:20.0

#MEET RECORD:C.Brewster CCH 8:55.00 1979

27 Jack Sheffar	LND Central	10:03.38
28 Spencer Raby	Winston Churchill	10:06.51

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO
London, ON

04/30/2011 - 04/30/2011

Event # 13 GIRLS Midget 80m Hurdles

START: 3:10pm >8 hurdles
 12m to H-1 > 8m between > 76cm ht
 Gold 13.04 / S - 13.74 / B - 14.74

#MEET RECORD:D.Charles London Laurier 11.54 1998

1 Alex Morrow	Saugeen DSS	12.73
2 Micaela McLean	K-W Huron Hts	13.13
3 Kylie McDonald	LND Christian	14.21
4 Mallory Straatman	Lambton Central	14.41
5 Sidney Weiss	Sarnia Northern	14.62
6 Emma Kowal	LND Banting	14.98
7 Christie Moir	Medway HS	15.16
8 Shae-Lynn Van Gassen	Sarnia Northern	15.19
9 McKayla Eves	Lambton Central	15.43
10 Mia Manfredi	St. Thomas St. Joe's	15.64
11 Melissa Huang	Guelph Centennial	15.85
12 Holly Cavanagh	Strathroy Holy Cross	15.95
13 Megan Sanderson	Guelph J.F. Ross	16.17
14 Emily Sparham	Sarnia Northern	16.33
15 Tomachi Onyewchi	Msga St. Marcellinus	16.43
16 Dorothy Kawa	LND Aquinas	16.83
17 Katie Whyte	Guelph J.F. Ross	16.84
18 Lexine VanLeerzem	Lambton Central	16.96
19 Alisha Oliver	Sacred Heart CHS	17.21
20 Sydney Rose	LND Aquinas	17.64
21 Alexis McCullough	LND Banting	17.66
22 Stephanie Borsi	Cameron Heights	17.69
23 Lindsey Boere	Strathroy Holy Cross	17.81
24 Andrea Limburg	LND Aquinas	17.86
25 Ashley Schwartztruber	Woodstock CI	17.94
26 Amanda MacHuk	LND Banting	18.15
27 Kate Holmes	LND Lucas	18.20
28 Mairead Shaw	Mentor College	18.25
29 MacKenzie Pearce	LND Aquinas	18.37
30 Sydney Neilly	Sacred Heart CHS	18.69
31 Hannah Sutherns	Cameron Heights	18.92
32 Amanda Finelli	Mentor College	21.64
33 Megan VanKessel	Strathroy Holy Cross	23.33

Event # 14 BOYS Midget 100m Hurdles

START: 2:35pm > 10 hurdles
 13m to H-1 >8.5m between >84cm ht
 Gold 15.24 / S - 15.74 / B - 14.74

#MEET RECORD:J.Westen Tillsonburg 13.84 1978

1 Zach Taylor	Sarnia St. Chris	16.20
2 Mikael Morneault	Sarnia Northern	17.89
3 Spencer Roe	Chatham-Kent	19.03
4 MacKenzie Ferguson	LND Banting	19.19
5 Jake Dunbar	Medway HS	19.63
5 Kyle Morris	LND Banting	19.63
7 Christian Fryer-Davis	Cameron Heights	19.84
8 Isaiah Magtanong	Sarnia Northern	19.93
9 MacKenzie Hayter	Medway HS	20.35
10 Brad Carpenter	Lambton Central	20.44
11 Eric Jamieson	Lambton Central	20.56
12 Jacob Henry	South Huron	21.80
13 Jacob Lockhart	LND Christian	22.39

Event # 15 GIRLS Midget 300m Hurdles

START: 8:50am >7 hurdles
 50m to H-1 > 35m between >76cm ht
 Gold 48.24 / S- 50.74 / B- 53.24

#MEET RECORD:G.Sherwin STM 47.18 2004

1 Alex Morrow	Saugeen DSS	47.52
2 Micaela McLean	K-W Huron Hts	49.55
3 Mallory Straatman	Lambton Central	50.21
4 Elena Simpson	LND Oakridge	51.43
5 Shae-Lynn Van Gassen	Sarnia Northern	52.68
6 Cassie McDonnell	Strathroy Holy Cross	53.98
7 Elizabeth Barbon	LND Mother Teresa	54.20
8 Lexine VanLeerzem	Lambton Central	55.74
9 Sarah Gates	LND Saunders	56.75
10 Emily Sparham	Sarnia Northern	57.95
11 Lindsey Boere	Strathroy Holy Cross	58.19
12 McKayla Eves	Lambton Central	59.92
13 Kylie Thompson	Strathroy DCI	1:00.25
14 Maddie Stewart	Sarnia Northern	1:00.55
15 Holly Cavanagh	Strathroy Holy Cross	1:00.74
16 Kayleigh Royer	Sarnia Northern	1:00.84
17 Megan VanEyck	Strathroy Holy Cross	1:00.95
18 Natasha Barnes	Sarnia Northern	1:01.28
19 Emily Blacklock	Brantford North Park	1:01.40
20 Elleke Belet	Lambton Central	1:02.89
21 Shelby Komarnicky	LND Beal	1:03.90
22 Amanda MacHuk	LND Banting	1:05.81

Event # 16 BOYS Midget 300m Hurdles

START: 9:15am >7 hurdles
 50m to H-1 > 35m between >84cm ht
 Gold 44.24 / S- 46.74 / B- 49.24

#MEET RECORD:J.Sherwood Cameron Heights 43.50 2010

1 MacKenzie Ferguson	LND Banting	47.62
2 Colton Healy	Sarnia Northern	49.07
3 Mitch Wilson	Lambton Central	49.28
4 Matt Templeton	Sarnia Northern	49.72
5 James Das	Strathroy Holy Cross	49.90
6 Kyle Morris	LND Banting	49.99
7 Brad Carpenter	Lambton Central	50.83
8 Isaiah Magtanong	Sarnia Northern	51.09
9 Shawn Hegger	Medway HS	51.10
10 Jake Dunbar	Medway HS	51.13
11 Mikael Morneault	Sarnia Northern	51.45
12 Craig Fowles	Medway HS	52.27

Event # 17 GIRLS Midget High Jump

START: 9:00am
 Gold 1.55m / S- 1.50m / B- 1.45m

#MEET RECORD:C.Bond Woodstock CI 1.66 1983

1 Adian Okutinyang	Sarnia Northern	1.50m
1 Kierstynn Pettit	Sarnia St. Chris	1.50m
3 Emily Campbell	Lambton Central	1.40m
4 Kristina VanDamme	Lambton Central	1.35m
5 Megan Sanderson	Guelph J.F. Ross	1.30m
5 Maddi Green	Chatham-Kent	1.30m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

5 Hannah Masters	Woodstock CI	1.30m	4 Barret Foster	LND Oakridge	2.14m
5 Janaya Campbell	Strathroy DCI	1.30m			
5 Cambridge Roote	Saugeen DSS	1.30m			
5 Delia Dragomir	Cameron Heights	1.30m			
5 Sofia Blahuta	Msga St. Paul	1.30m			
12 Shannon Munday	Sarnia St. Chris	1.25m			
13 Grace Goble	LND Central	1.20m			
13 Izabela Ogrodnik	LND Lucas	1.20m			
13 Anessa Hamilton	LND Westminster	1.20m			
13 Kayleigh Royer	Sarnia Northern	1.20m			
13 Haily Leong	Sarnia St. Chris	1.20m			
13 Abby Breckles	Waterloo CI	1.20m			
13 Beatrice Sawan	Sacred Heart CHS	1.20m			
20 Molly Halpin	Saugeen DSS	1.15m			
21 Cassandra Camenzuli	LND Central	1.10m			
Anjali Rawat	Sarnia Northern	NM			

Event # 21 GIRLS Midget Long Jump

START: 2:00pm

Gold 5.10m / S- 4.85m / B- 4.70m

#MEET RECORD:A.Dickson F.E. Madill 5.16 1983

1 Alex Morrow	Saugeen DSS	4.82m
2 Mia Manfredi	St. Thomas St. Joe's	4.39m
3 Shannon Munday	Sarnia St. Chris	4.26m
4 Lauren Saly	LND Oakridge	4.21m
5 Tristan Charlinski	Strathroy Holy Cross	4.20m
6 Sabrina Goegan	Saugeen DSS	4.18m
7 Lisa Mihalik	Lambton Central	4.16m
8 Monica Topfer	LND Lucas	4.15m
9 McKayla Eves	Lambton Central	4.14m
10 Kara Salomons	LND Christian	4.13m
11 Amy Hull	Lambton Central	3.98m
12 Mariska Batohi	LND Central	3.94m
13 Sofia Blahuta	Msga St. Paul	3.91m
14 Samantha Rose	Sacred Heart CHS	3.87m
14 Christie Moir	Medway HS	3.87m
16 Aleefa Devji	Cameron Heights	3.86m
17 Alexis McCullough	LND Banting	3.84m
18 Chelsea Miller	Sacred Heart CHS	3.82m
19 Megan Sanderson	Guelph J.F. Ross	3.79m
20 Emily Murray	Lambton Central	3.78m
21 Emma Kowal	LND Banting	3.75m
22 Alexis Torres	St. Aloysius Gonzaga	3.68m
23 Cassandra Camenzuli	LND Central	3.60m
24 Dorothy Kawa	LND Aquinas	3.55m
25 Elizabeth Prebushewski	LND Aquinas	3.52m
26 Jill Wigboldus	Sarnia St. Clair	3.50m
27 Britt Robinson	South Huron	3.43m
28 Chelsea MacAdams	LND Westminster	3.41m
29 Jackie Trainer	LND Westminster	3.38m
30 Sarah Bansteev	LND Saunders	3.32m
30 Jillian Crich	Sarnia Northern	3.32m
32 Julie Nagle	Strathroy Holy Cross	3.27m
33 Tanner Jacklin	Lambton Central	3.26m
34 Anessa Hamilton	LND Westminster	3.25m
35 Michelle Tam	Guelph Centennial	2.91m
36 Amanda MacHuk	LND Banting	2.90m
37 Alyssa Stephens	South Huron	2.85m

Event # 22 BOYS Midget Long Jump

START: 10:30am

Gold 5.90m / S- 5.75m / B- 5.60m

#MEET RECORD:A.Edwards Notre Dame 6.26 1997

1 Locky Butcher	LND Central	5.76m
2 Mitchell Smiley	Sarnia Northern	5.61m
3 Matt Withers	Sarnia Northern	5.53m
4 Stephen Taylor	LND Oakridge	5.49m
5 Caleb Larrier	Mentor College	5.41m
6 Kevin Willemse	Sarnia St. Chris	5.30m
7 Sinjon Crombleholme	LND Aquinas	5.27m
8 Alexander Kuttelwascher	Cameron Heights	5.16m
9 Bill Luong	Guelph Centennial	5.14m
10 Alysha Popov	Sacred Heart CHS	5.11m

Event # 18 BOYS Midget High Jump

START: 2:00pm

Gold 1.75m / S- 1.70m / B- 1.65m

#MEET RECORD:N.Salmons Strathroy DCI 1.88 1996

1 Locky Butcher	LND Central	1.75m
2 Kevin Willemse	Sarnia St. Chris	1.65m
3 MacKenzie Crawford	South Huron	1.60m
3 Abe Fischer	Walkerton	1.60m
3 Alysha Popov	Sacred Heart CHS	1.60m
6 Simon Dobransky	LND Central	1.55m
7 Adrian Visser	LND Christian	1.50m
7 Barret Foster	LND Oakridge	1.50m
7 Andrew Richards	LND Oakridge	1.50m
7 Matt Templeton	Sarnia Northern	1.50m
7 Dylan Hunt	Sacred Heart CHS	1.50m
12 Nick Norcott	Cameron Heights	1.45m
12 Matt Caron	Chatham-Kent	1.45m
14 Andy La	Msga St. Marcellinus	1.40m
15 Andrew Wilson	Guelph Centennial	1.35m
15 Kiran Heble	Guelph J.F. Ross	1.35m
17 Ali Bagheri	Waterloo CI	1.30m
Jacob Henry	South Huron	NM

Event # 19 GIRLS Midget Pole Vault

START: 9:00am [M. J. & S]

Gold 3.25m / S- 2.90m / B- 2.70m

1 Chelsea Miller	Sacred Heart CHS	2.02m
2 Andrea Limburg	LND Aquinas	2.02m
3 Sarah Bansteev	LND Saunders	1.72m
4 Rayel Anthony	LND Oakridge	1.57m
Ally Koladak	Cameron Heights	NM

Event # 20 BOYS Midget Pole Vault

START: 10:30am

Under 3m> G- 3.10m S-2.90m B-2.70m

Over 3m> G- 3.80m S-3.60m B- 3.40m

#MEET RECORD:M.Bannon St..Benedict 3.60 1998

1 Andrew Richards	LND Oakridge	2.79m
2 Jacob Francis	Sacred Heart CHS	2.44m
3 Andy La	Msga St. Marcellinus	2.14m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

11 Danny Garratt	Sarnia Northern	5.00m
12 Chris Medina	Sacred Heart CHS	4.92m
13 Michael Pierce	Strathroy DCI	4.86m
14 Rubin Amoah	Msga St. Marcellinus	4.79m
15 Nick McLean	Sarnia St. Pat	4.75m
16 Alec Elliot	Cameron Heights	4.74m
17 Jake Hazelwood	Guelph Centennial	4.58m
18 Calvin Gomes	St. Aloysius Gonzaga	4.54m
19 Nick Norcott	Cameron Heights	4.47m
20 MacKenzie Crawford	South Huron	4.45m
21 James McHugh	LND Aquinas	4.38m
22 Shawn Hegger	Medway HS	4.35m
23 Jordan Trelford	Saugeen DSS	4.33m
23 Craig Fowles	Medway HS	4.33m
25 Adam McKinlay	Lambton Central	4.32m
26 Jacob Henry	South Huron	4.21m
27 Andrew Wilson	Guelph Centennial	4.20m
28 Kaleb Kroetsch	LND Banting	4.08m
29 Ryan Hiemstra	Lord Dorchester	4.07m
30 Andason Cen	LND Central	4.00m
31 Bruce Ly	Cameron Heights	3.98m
32 Kyle Morris	LND Banting	3.86m
33 Jacob Lockhart	LND Christian	3.83m
34 Nathan Heal	Guelph Centennial	3.80m
Kiran Heble	Guelph J.F. Ross	NM
Gunner Bressette	Sarnia Northern	NM

Event # 23 GIRLS Midget Triple Jump

START: 12:30pm

Gold 10.10m / S- 9.80m / B- 9.50m

#MEET RECORD:E.Goad Mother Teresa 10.26 2006

1 Kylie McDonald	LND Christian	9.67m
2 Lauren Saly	LND Oakridge	9.41m
3 Sabrina Goegan	Saugeen DSS	9.27m
4 Andrea Limburg	LND Aquinas	9.13m
5 Christie Moir	Medway HS	9.12m
6 Ashley Schwartzentruber	Woodstock CI	9.07m
7 Lisa Mihalik	Lambton Central	9.00m
8 Sofia Blahuta	Msga St. Paul	8.75m
9 Amy Hull	Lambton Central	8.59m
10 Kate Holmes	LND Lucas	8.47m
11 Emily Sparham	Sarnia Northern	8.36m
12 Aleefa Devji	Cameron Heights	8.11m
13 Shannon Munday	Sarnia St. Chris	8.06m
14 Jillian Crich	Sarnia Northern	7.98m
15 Maddi Green	Chatham-Kent	7.94m
16 Sarah Bansteev	LND Saunders	7.87m
17 Natasha Barnes	Sarnia Northern	7.57m
18 Elizabeth Prebushewski	LND Aquinas	7.37m
Samantha Rose	Sacred Heart CHS	NM
Britt Robinson	South Huron	NM
Hannah Sutherns	Cameron Heights	NM
Kara Salomons	LND Christian	NM
Emma Wassing	LND Christian	NM
Cassandra Camenzuli	LND Central	NM

Event # 24 BOYS Midget Triple Jump

START: 9:00am

Gold 12.00m /S- 11.75m /B- 11.50m

#MEET RECORD:K.Bowman Saugeen District 12.15 2008

1 Stephen Taylor	LND Oakridge	11.54m
2 Alyosha Popov	Sacred Heart CHS	11.16m
3 Matt Withers	Sarnia Northern	10.95m
4 Bill Luong	Guelph Centennial	10.57m
5 Matthew Chimino	Guelph Centennial	10.47m
6 Alexander Kuttelwascher	Cameron Heights	10.32m
7 Calvin Gomes	St. Aloysius Gonzaga	10.21m
8 Kevin Willemse	Sarnia St. Chris	10.14m
9 Dylan Hunt	Sacred Heart CHS	9.90m
10 Michael Pierce	Strathroy DCI	9.59m
11 Scott Goud	LND Banting	9.38m
12 Aref Abdul-Majid	LND Westminster	9.30m
13 Jake Hazelwood	Guelph Centennial	9.20m
14 Shawn Hegger	Medway HS	9.18m
15 Cameron Seed	Chatham-Kent	8.57m
16 Jacob Lockhart	LND Christian	8.47m
17 MacKenzie Crawford	South Huron	7.74m
18 Greg Knight	Chatham-Kent	7.43m

Event # 25 GIRLS Midget Shot Put

START: 9:00am > Weight 4kg

Gold 10.00m / S- 9.80m / B- 9.00m

#MEET RECORD:L.Harkness F.E. Madill 10.82 1990

1 Kylie McDonald	LND Christian	8.03m
2 Carine Djainai	Mentor College	7.55m
3 Elena Simpson	LND Oakridge	7.46m
4 Nicolle Kovach	St. Maximilian CHS	7.42m
5 Emily McClocklin	Lord Dorchester	6.79m
6 Shae-Lynn Van Gassen	Sarnia Northern	6.78m
7 Martin-Nino Deborah	Guelph J.F. Ross	6.78m
8 Natasha Kirmse	LND Banting	6.71m
9 Selena Wells	LND Banting	6.66m
10 Molly Halpin	Saugeen DSS	6.57m
11 Amy Hull	Lambton Central	6.50m
12 Chanelle Barel-Rutherford	LND Central	6.31m
13 Laura Brooks	Sarnia Northern	6.08m
14 Victoria Reid	Medway HS	6.07m
15 Jillian VanDerlei	LND Christian	5.95m
16 Briella Holley	Sarnia Northern	5.72m
17 Eryn Brown	Strathroy Holy Cross	5.69m
18 Angela Shaw	Cameron Heights	5.65m
19 Anjali Rawat	Sarnia Northern	5.61m
20 Shoshanna Bowen	Brantford North Park	5.49m
21 Allison Squire	Lambton Central	5.40m
22 Lexi Gubbels	LND Aquinas	5.28m
23 Amanda Finelli	Mentor College	5.25m
24 Madison VanGrinsven	Strathroy Holy Cross	4.75m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

Event # 26 BOYS Midget Shot Put

START: 12:45pm > Weight 4kg

Gold 14.00m / S- 13.50m /B- 13.00m

#MEET RECORD:D.Crombeen Sarnia St.Pat's 17.59 1982

1 Ben Wargala	Msga St. Paul	12.60m
2 Sam Ellenor	Sarnia St. Chris	12.11m
3 Dayne Pintus	Sarnia St. Pat	11.71m
4 Stephen Pilar	Saugeen DSS	11.39m
5 Devon McKenzie	LND Banting	11.29m
6 Sam Gan	LND Central	11.18m
7 Kyle MacKie	LND Banting	11.11m
8 Sean Harris	Medway HS	10.88m
9 Bailey Collins	LND Beal	10.75m
10 Ryan Hopcraft	Saugeen DSS	10.61m
11 Rick An	Chatham-Kent	10.50m
12 Mat Gast	Sarnia Northern	10.42m
13 Jack Tolton	Walkerton	10.18m
14 Adam Williams	Sarnia St. Clair	10.15m
15 Josh Frendo	Msga St. Marcellinus	10.14m
16 Dmytro Korol	Msga St. Paul	10.13m
17 Connor Sullivan	Sarnia St. Pat	9.99m
18 Mikolai Kawai	LND Banting	8.64m
19 Ronny Fischtner	Strathroy Holy Cross	8.23m
20 Tyler Moniz	Strathroy Holy Cross	8.10m
21 Ali Bagheri	Waterloo CI	7.94m
22 Tyler Silva	Strathroy Holy Cross	7.41m
23 Andrew Hodgert	South Huron	7.35m
24 Eric Woods	Waterloo CI	6.31m

Event # 27 GIRLS Midget Discus Throw

START: 11:30am > Weight 1kg

Gold 28.00m / S- 26.50m / B- 25.00m

#MEET RECORD:M.Lisle F.E. Madill 33.32 1994

1 Selena Wells	LND Banting	20.95m
2 Victoria Reid	Medway HS	20.29m
3 Mariah Kloosterhof	Saugeen DSS	18.56m
4 Natasha Kirmse	LND Banting	18.54m
5 Shae-Lynn Van Gassen	Sarnia Northern	17.37m
6 Gonda Posthumus	LND Christian	17.30m
7 Chanelle Barel-Rutherford	LND Central	17.27m
8 Alysha Monck	Medway HS	17.24m
9 Jillian VanDerlei	LND Christian	17.23m
10 Lexine VanLeerzem	Lambton Central	16.77m
11 Emily McClocklin	Lord Dorchester	16.15m
12 Martin-Nino Deborah	Guelph J.F. Ross	16.11m
13 Molly Halpin	Saugeen DSS	16.08m
14 Alexa Leonard	Sarnia Northern	15.00m
14 Nicolle Kovach	St. Maximilian CHS	15.00m
16 Eryn Brown	Strathroy Holy Cross	14.93m
17 Anjali Rawat	Sarnia Northern	14.20m
18 Briella Holley	Sarnia Northern	13.98m
19 Grayson VanDerydt	Strathroy Holy Cross	13.90m
20 Emily Greve	Strathroy Holy Cross	13.08m
21 Lisa Mihalik	Lambton Central	13.02m
22 Angela Shaw	Cameron Heights	12.92m
23 Emma Wassing	LND Christian	12.43m
24 Megan VanEyck	Strathroy Holy Cross	11.10m

25 Lexi Gubbels LND Aquinas 9.98m

Event # 28 BOYS Midget Discus Throw

START: 9:00am > Weight 1kg

Gold 41.50m / S- 41.00m /B- 40.50m

#MEET RECORD:J.MacDonald F.E. Madill 49.16 1994

1 Stephen Pilar	Saugeen DSS	35.70m
2 Alex Martinez	Msga St. Marcellinus	33.62m
3 Adam Williams	Sarnia St. Clair	31.37m
4 Sam Ellenor	Sarnia St. Chris	30.07m
5 Danny Garratt	Sarnia Northern	29.91m
6 Ryan Hopcraft	Saugeen DSS	29.16m
7 Everett Nyhoff	LND Banting	28.77m
8 Daniel Buerger	Saugeen DSS	28.50m
9 Ben Smith	Medway HS	28.44m
10 Tyler Moniz	Strathroy Holy Cross	27.98m
11 Chris Bunting	LND Westminster	26.66m
12 Sam Gan	LND Central	25.94m
13 Rick An	Chatham-Kent	25.02m
14 Mikolai Kawai	LND Banting	24.52m
15 Joel De Wit	LND Christian	23.80m
16 Sean Harris	Medway HS	23.66m
17 Matt Day	Sarnia Northern	23.13m
18 Andrew Hodgert	South Huron	22.68m
19 Bailey Collins	LND Beal	22.61m
20 Kyle MacKie	LND Banting	22.13m
21 Adam McEwan	Sarnia Northern	21.64m
22 Devon McKenzie	LND Banting	21.38m
23 Tyler Silva	Strathroy Holy Cross	20.92m
24 Mat Gast	Sarnia Northern	20.23m
25 Jack Tolton	Walkerton	18.65m
26 Josh Caley	Saugeen DSS	17.49m
27 Connor Sullivan	Sarnia St. Pat	16.83m
28 Eric Woods	Waterloo CI	16.67m
29 Drennan Jarrod	LND Oakridge	16.00m
30 Ronny Fischtner	Strathroy Holy Cross	13.95m

Event # 29 GIRLS Midget Javelin Throw

START: 2:00pm > Weight 600gm

Gold 29.00m / S- 28.00m /B- 27.00m

#MEET RECORD:L.Sovran Villanova 36.04 1998

1 Emily Murray	Lambton Central	20.51m
2 Mariah Kloosterhof	Saugeen DSS	20.33m
3 Lindsey Boere	Strathroy Holy Cross	19.25m
4 Tanner Jacklin	Lambton Central	17.39m
5 Alisha Oliver	Sacred Heart CHS	16.54m
6 Megan VanEyck	Strathroy Holy Cross	16.24m
7 Carine Djainai	Mentor College	15.60m
8 Kristina VanDamme	Lambton Central	13.30m
9 Martin-Nino Deborah	Guelph J.F. Ross	13.15m
10 Briella Holley	Sarnia Northern	12.46m
11 Emily McClocklin	Lord Dorchester	12.45m
12 Alysha Monck	Medway HS	12.14m
13 Angela Shaw	Cameron Heights	11.01m
14 Eryn Brown	Strathroy Holy Cross	10.85m
15 Michaeline Falla	Sarnia Northern	10.31m
16 Madison VanGrinsven	Strathroy Holy Cross	9.45m
17 Ally Koladak	Cameron Heights	8.94m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

18 Lexi Gubbels	LND Aquinas	8.21m	13 Sarah Magyar	St. Maximilian CHS	14.72
<hr/>			14 Ashley Rankin	Lambton Central	14.77
Event # 30 BOYS Midget Javelin Throw			15 Sam Squires	Guelph Centennial	14.83
START: 11:30am > Weight 600gm			16 Kristina Borgs	Guelph Centennial	14.86
Gold 44.00m / S- 43.00m / B- 42.00m			17 Rachel Long	Medway HS	14.92
#MEET RECORD:K.Bowman Saugeen District 52.46 2008			18 Fiona Dickson	LND Banting	14.94
1 Hayden McLean	Sarnia St. Chris	40.15m	18 Jessa Buchman-Pearle	Cameron Heights	14.94
2 Matt Withers	Sarnia Northern	37.07m	20 Jamie Cross	Cameron Heights	15.02
3 Brad Carpenter	Lambton Central	35.90m	21 Heather Henry	Guelph Centennial	15.08
4 Mark Wargala	Msga St. Paul	35.57m	22 Hannah Chubb	Cameron Heights	15.66
5 Sam Ellenor	Sarnia St. Chris	34.94m	23 Mecia Constantine	Waterloo CI	15.70
6 Josh Caley	Saugeen DSS	33.85m	24 Kristen Schoenhardt	LND Westminster	15.78
7 Bailey Collins	LND Beal	33.48m	25 Enna Kim	LND Central	15.80
8 Jack Tolton	Walkerton	32.06m	26 Quynh Dao	Cameron Heights	15.81
9 Ben Bryce	Lambton Central	31.71m	27 Clara Lownie	LND Central	16.16
10 Matt Teschke	Saugeen DSS	31.37m	28 Teresa Simons	Waterloo CI	16.22
11 Eric Jamieson	Lambton Central	31.36m	29 Meggie Yan	Guelph Centennial	16.25
12 MacKenzie Hayter	Medway HS	30.37m	29 Clarissa Digioacchino	St. Maximilian CHS	16.25
13 Alex Marinez	Msga St. Marcellinus	30.19m	31 Kayla Chapman	Guelph J.F. Ross	16.38
14 Sean Harris	Medway HS	30.10m	31 Alysha Carter	Msga St. Paul	16.38
15 Ben Smith	Medway HS	30.04m	33 Madeline Ainslie	South Huron	16.57
16 Sam Gan	LND Central	29.03m	34 Anisa Morava	Guelph Centennial	16.67
17 Matt Day	Sarnia Northern	29.01m	35 Gillian Sanders	Sacred Heart CHS	17.36
18 Tyler Silva	Strathroy Holy Cross	27.42m	36 Stephanie Makrakos	LND Westminster	17.69
19 Jesse Giffen	Strathroy Holy Cross	27.41m	37 Haruka Hashimoto	Lambton Central	19.75
20 Abe Fischer	Walkerton	26.79m	<hr/>		
21 Kyle Thomson	Lambton Central	26.69m	Event # 32 BOYS Junior 100m Dash		
22 Spencer Lynch	Saugeen DSS	25.18m	START: 10:25am		
23 Adam McEwan	Sarnia Northern	25.16m	Gold 11.64 / S- 12.04 / B-12.44		
24 Greg Johnston	Chatham-Kent	24.50m	#MEET RECORD:D.Kay Saunders 11.04 1982		
25 Jarred Ryan	Strathroy Holy Cross	24.18m	1 Deion Barker	Msga St. Marcellinus	11.25
26 Stephen Pilar	Saugeen DSS	24.15m	2 Stefan Poirier	LND Central	11.98
27 Maarten Deregt	LND Christian	23.54m	3 Brayden Miller	Brantford North Park	12.04
28 Joel De Wit	LND Christian	23.47m	3 Greg Cherniak	LND Central	12.04
29 Drennan Jarrod	LND Oakridge	21.95m	5 Jarren Kerr	Msga St. Marcellinus	12.09
30 Ali Bagheri	Waterloo CI	20.36m	6 Cody Filson	Medway HS	12.34
31 Andrew Hodgert	South Huron	19.79m	7 Bobby Bryce	Sacred Heart CHS	12.44
32 Ronny Fischtner	Strathroy Holy Cross	18.73m	8 Tyler Bulmer	Medway HS	12.57
33 Murtaza Bahrainwala	Waterloo CI	16.20m	9 Adam Lane	Sarnia Northern	12.58
Tyler Moniz	Strathroy Holy Cross	NM	10 Blake Percy	Sarnia Northern	12.64
Jacob Francis	Sacred Heart CHS	NM	11 Tanner Rodd	Guelph J.F. Ross	12.65

Event # 31 GIRLS Junior 100m Dash

START: 11:20am

Gold 12.84 / S- 13.34 / B-13.84

#MEET RECORD:E.Zetica Gill JF Ross, M Ward 12.24 2003

1 Shauna McPhail	Lambton Central	13.72	11 Graeme Gillespie	LND Central	12.65
2 Sydney De La torre	Sacred Heart CHS	13.95	13 Lequan Smart	Mentor College	12.68
2 Breanne Anderson	LND Aquinas	13.95	14 Richard Davidson	Medway HS	12.76
4 Dimitra Lerikos	LND Saunders	14.00	15 Tyler Richardson	Medway HS	12.82
5 Georgia Trifon	Medway HS	14.06	16 Adam Dimla	LND Banting	12.85
6 Serwaa Daley	LND Beal	14.27	17 Zach Marcus	LND Oakridge	12.87
7 Kasia Boyd	Sacred Heart CHS	14.35	18 Robert Nicks	Msga St. Marcellinus	12.92
8 Mikhaila Wright	LND Laurier	14.36	19 Kyle Rundle	Lambton Central	12.93
9 Ashlee Bishop	Sarnia Northern	14.41	20 Pj VanDervaaert	Sarnia Northern	12.94
10 Olivia Schouten	Sacred Heart CHS	14.50	21 Brendan Pinto	St. Aloysius Gonzaga	13.12
11 MacKenzie Shaw	Sarnia Northern	14.52	22 Cary Brown	Sarnia Northern	13.20
12 Victoria Morphy	LND Aquinas	14.62	23 Matt Cimetta	Sarnia St. Chris	13.24
			24 Tomson Tran	Guelph J.F. Ross	13.40
			25 Kian Paliani	Medway HS	13.52
			26 Aaron Lott	Waterloo CI	13.61
			27 Justin VanDerlinde	Strathroy Holy Cross	13.66
			28 Travis Feenstra	Sarnia St. Clair	13.91
			29 Jacob Uhlig	Waterloo CI	14.18

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

30 Clay Allan	Cameron Heights	14.19
31 Alex Humphry	St. Aloysius Gonzaga	14.44
32 Nick Langlois	Lambton Central	14.59

27 Nick Langlois	Lambton Central	30.58
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Event # 33 GIRLS Junior 200m Dash

START: 4:50pm

Gold 26.24 / S- 27.54 / B- 28.24

#MEET RECORD:O.Beckles Laurier 24.74 1990

1 Jasmine Jones	Msga St. Marcellinus	28.46
2 Shauna McPhail	Lambton Central	28.51
3 Breanne Anderson	LND Aquinas	28.94
4 Sara Grzywnowicz	LND Mother Teresa	29.10
5 Georgia Trifon	Medway HS	29.21
6 Sydney De La torre	Sacred Heart CHS	29.31
7 Danielle Quinn	Sarnia St. Chris	29.87
8 Madison Parsons	Sarnia Northern	30.23
9 Kassie Campbell	Sarnia St. Clair	30.93
10 Megan Shannon	LND Aquinas	31.26
11 Kenzie Harris	Brantford North Park	31.57
12 Kristen Leegstra	Brantford North Park	31.83
13 Rachel Long	Medway HS	32.34
14 Mecia Constantine	Waterloo CI	32.79
15 Paula McLean	Sarnia Northern	33.09
16 Ashley Rankin	Lambton Central	33.10
17 Rachel Finch	Waterloo CI	33.30
18 Teresa Simons	Waterloo CI	34.28
19 Bianca Colcer	Waterloo CI	39.53

Event # 34 BOYS Junior 200m Dash

START: 5:30pm

Gold 23.54 / S- 24.24 / B- 24.94

#MEET RECORD:D.Kay Saunders 21.84 1982

1 Greg Cherniak	LND Central	23.86
2 Stefan Poirier	LND Central	24.05
3 Brayden Miller	Brantford North Park	24.44
4 Bobby Bryce	Sacred Heart CHS	24.59
5 Cody Filson	Medway HS	24.67
6 Matt Stirling	K-W Huron Hts	24.96
7 Mitchell France	Msga St. Marcellinus	25.13
8 Richard Davidson	Medway HS	25.36
9 Mike Frizzell	LND Aquinas	25.39
10 Tyler Bulmer	Medway HS	25.59
11 Tanner Rodd	Guelph J.F. Ross	25.66
12 Liam Wilson	LND Banting	25.67
13 Jordan Chung	Msga St. Marcellinus	25.70
14 Hunter Tilden	LND Aquinas	25.80
15 Graeme Gilespe	LND Central	25.91
16 Kyle Rundle	Lambton Central	26.05
17 Cary Brown	Sarnia Northern	26.08
18 Shemar Ricketts	St. Aloysius Gonzaga	26.09
19 Matt Cimetta	Sarnia St. Chris	26.29
20 Danny Bonany	Guelph J.F. Ross	26.65
21 Jesse Cook	Medway HS	26.69
22 Andrew Taylor	Guelph J.F. Ross	26.86
23 Austin Rublik	LND Mother Teresa	27.24
24 Travis Feenstra	Sarnia St. Clair	28.04
25 Tristan Potter	Guelph J.F. Ross	28.40
26 Rahul Bansal	Mentor College	30.34

Event # 35 GIRLS Junior 400m Run

START: 12:50pm

Gold 60.24 / S- 63.24 / B- 66.24

#MEET RECORD:O.Beckles Laurier 56.38 1990

1 Michelle Reddy	Sarnia St. Chris	1:01.62
2 Morgan Hendriks	Lord Dorchester	1:02.91
3 Olivia Romaniw	St. Thomas Moore SS	1:03.11
4 Meredith Leitch	LND Banting	1:03.42
5 Katherine Houston	Mentor College	1:06.19
6 Breanne Anderson	LND Aquinas	1:07.06
7 Leah Komer	LND Aquinas	1:07.72
8 Morgan Hogins	Guelph Centennial	1:08.21
9 Michelle Thompson	K-W Huron Hts	1:08.47
10 Kash Yeck	Chatham-Kent	1:11.12
11 Rachel Long	Medway HS	1:11.58
12 Madison Parsons	Sarnia Northern	1:12.57
13 Sarah Maheu	Sarnia St. Pat	1:13.41
14 Shannon McCormick	St. Maximilian CHS	1:13.60
15 Ashley Rankin	Lambton Central	1:13.64
16 Paula McLean	Sarnia Northern	1:14.11

Event # 36 BOYS Junior 400m Run

START: 12:15pm

Gold 52.47 / S- 54.74 / B- 56.74

#MEET RECORD:L.Card Saugeen 49.68 1997

1 Jordan Chung	Msga St. Marcellinus	53.98
2 Lucas Altomare	Msga St. Marcellinus	54.28
3 Nick Zottl	Sarnia Northern	54.94
4 Greg Cherniak	LND Central	55.48
5 Liam Wilson	LND Banting	55.90
6 Reid Wilcox	Sarnia Northern	55.96
7 Adam Lane	Sarnia Northern	56.09
8 Mitchell France	Msga St. Marcellinus	56.54
9 Michael Mularski	Msga St. Paul	56.75
10 Shemar Ricketts	St. Aloysius Gonzaga	56.83
11 Liam Stiles	Guelph J.F. Ross	57.93
12 Cary Brown	Sarnia Northern	58.53
13 Tyler Bulmer	Medway HS	59.60
14 Nathan Chick	Guelph Centennial	59.77
15 Daniel Racioppa	Sacred Heart CHS	1:00.77
16 Jesse Cook	Medway HS	1:01.30
17 Bruce Li	Medway HS	1:02.77
18 Pedro Ortega	LND Aquinas	1:03.14
19 Alex Dow	Mentor College	1:04.11
20 Matthew Evershed	Sacred Heart CHS	1:04.34
21 Tristan Potter	Guelph J.F. Ross	1:05.19
22 Domenic Wozniak	Mssg Phillip Pooock	1:05.31
23 Jerry Chen	LND Central	1:07.57
24 Rahul Bansal	Mentor College	1:09.81
25 Peter Wong	Waterloo CI	1:11.69

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

Event # 37 GIRLS Junior 800m Run

START: 3:35pm >1 turn stagger start
 Gold 2:21.0 / S 2:28.0 / B 2:35.0

#MEET RECORD:L.MacKay J.F. Ross 2:14.70 1978

1	Olivia Romaniw	St. Thomas Moore SS	2:23.82
2	Morgan Hendriks	Lord Dorchester	2:26.19
3	Michelle Reddy	Sarnia St. Chris	2:27.73
4	Nicki Parkes	Sarnia St. Chris	2:27.99
5	Talasia Eizenga	Winston Churchill	2:29.51
6	Kathryn Owsiany	St. Maximilian CHS	2:39.98
7	Chloe Yazdani	Sarnia Northern	2:40.57
8	Michelle Wong	Sarnia Northern	2:40.62
9	Katherine Houston	Mentor College	2:41.94
10	Linda Dumalo	Sarnia Northern	2:43.83
11	Nicole Fiorini	St. Maximilian CHS	2:51.16
12	Maxine Betteridge-Moes	Guelph J.F. Ross	2:52.38
13	Sarah Maheu	Sarnia St. Pat	2:57.88
14	Amanda Calvank	Lambton Central	2:59.14
15	Erica Sullivan	Sarnia Northern	2:59.58
16	Raven Urbanowicz	LND Laurier	3:00.61
17	Rowan Hayward	Guelph J.F. Ross	3:29.28

Event # 38 BOYS Junior 800m Run

START: 4:05pm >1 turn stagger start
 Gold 2:03.0 / S 2:08.0 / B 2:13.0

#MEET RECORD:M.Thorson Saugeen 1:57.00 1998

1	Clay Fernandes	Sacred Heart CHS	2:08.95
2	Lucas Altomare	Msga St. Marcellinus	2:10.48
3	Liam Stiles	Guelph J.F. Ross	2:10.49
4	Nikyle Williams-Mcintosh	Sacred Heart CHS	2:10.84
5	Thomas Moores	LND Oakridge	2:12.78
6	Jeramie Lai	Msga St. Marcellinus	2:12.87
7	Reid Wilcox	Sarnia Northern	2:14.95
8	Thomas Shapton	LND Lucas	2:15.61
9	Lucas Tartaglia	Msga St. Marcellinus	2:18.56
10	Samuel Yu	Waterloo CI	2:21.44
11	Ryan Fraser	Lambton Central	2:23.42
12	Nathan Chick	Guelph Centennial	2:24.75
13	Pedro Ortega	LND Aquinas	2:25.36
14	Mark Donovan	St. Aloysius Gonzaga	2:26.06
15	Apurv Agarwal	Mssg Phillip Pockock	2:26.84
16	Dylan Bedi	Mentor College	2:34.85
17	Daniel VanDenbrink	LND Christian	2:35.73
18	Jeff Hamilton	LND Saunders	2:35.81
19	Zack Dias	Msga St. Marcellinus	2:36.63
20	Geoffrey Barnes	Guelph J.F. Ross	2:36.68
21	Daniel Mendonsa	Waterloo CI	2:37.84
22	Mike Pavel	Cameron Heights	2:40.81
23	Nathan Clark	Guelph J.F. Ross	2:41.12
24	Jerry Chen	LND Central	2:41.61
25	Klye Kernohan	Medway HS	2:42.03
26	John White	Medway HS	2:42.48
27	Joe Sheridan	Cameron Heights	2:42.74
28	Alex Dow	Mentor College	2:44.38
29	Rahul Bansal	Mentor College	2:46.36
30	Albert Vo	LND Central	2:47.81
31	Peter Wong	Waterloo CI	2:54.89

32	Derek McCarty	Strathroy Holy Cross	3:02.27
33	Eric Fletcher	South Huron	24:35.32

Event # 39 GIRLS Junior 1500m Run

START: 6:15pm
 Gold 4:50.0 / S 5:05.0 / B 5:15.0

#MEET RECORD:J.Purola Huron Park 4:39.70 1980

1	Cozette Collin	Assumption College	5:22.04
2	Kathryn Owsiany	St. Maximilian CHS	5:31.13
3	Linda Dumalo	Sarnia Northern	5:32.71
4	Michelle Wong	Sarnia Northern	5:34.75
5	Nicole Fiorini	St. Maximilian CHS	5:44.81
6	Chloe Yazdani	Sarnia Northern	5:46.07
7	Jenna VanDeneyndy	Lambton Central	5:51.31
8	Dakota Burpee	Guelph J.F. Ross	5:58.61
9	Maxine Betteridge-Moes	Guelph J.F. Ross	6:16.07
10	Lauren Holden	Waterloo CI	6:21.63
11	Rachelle Lassaline	Lambton Central	6:38.63
12	Anessa Malik	LND Lucas	7:34.30

Event # 40 BOYS Junior 1500m Run

START: 6:50pm
 Gold 4:10.0 / S 4:20.0 / B 4:30.0

#MEET RECORD:R.Morrison Saunders 4:02.00 1987

1	Tristan Fleming	LND Central	4:33.91
2	Clay Fernandes	Sacred Heart CHS	4:41.69
3	Nikyle Williams-Mcintosh	Sacred Heart CHS	4:41.78
4	Timothy Fernandes	Mentor College	4:44.61
5	Will Litchfield	LND Central	4:45.16
6	Nic Bylsma	Strathroy DCI	4:47.27
7	Samuel Yu	Waterloo CI	5:01.45
8	Ben Collings	LND Lucas	5:02.12
9	Andrew Bell	Guelph J.F. Ross	5:03.15
10	Thomas Shapton	LND Lucas	5:04.48
11	Ian Newton	LND Aquinas	5:08.32
12	Ben Hudson	Waterloo CI	5:18.88
13	Daniel Mendonsa	Waterloo CI	5:23.95
14	Dylan Bedi	Mentor College	5:36.42
15	Klye Kernohan	Medway HS	5:46.49
16	Nathan Clark	Guelph J.F. Ross	5:47.14
17	Jon Blackwell	Medway HS	5:49.31
18	John White	Medway HS	5:53.98

Event # 41 GIRLS Junior 3000m Run

START: 1:30pm combined with Seniors
 Gold 10:40.0 / S 11:05.0 / B 11:30.0

#MEET RECORD:J.McPeck South 9:55.40 1983

1	Sarah Wismer	Guelph Centennial	11:19.71
2	Lauren Ferrara	Msga St. Marcellinus	11:29.05
3	Laura Campbell	Msga St. Marcellinus	12:32.82
4	Alexa Waud	LND Central	12:34.26
5	Jenna VanDeneyndy	Lambton Central	13:00.80
6	Alexandra Sheidow	LND Central	13:04.96
7	Rachelle Lassaline	Lambton Central	14:04.81
8	Bianca Colcer	Waterloo CI	14:48.12
9	Rowan Hayward	Guelph J.F. Ross	15:54.77

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO
London, ON

04/30/2011 - 04/30/2011

Event # 42 BOYS Junior 3000m Run

START: 1:45pm

Gold 9:10.0 / S 9:35.0 / B 10:00.0

#MEET RECORD:C.Brewster CCH 8:39.00 1981

1	Tristan Fleming	LND Central	9:19.47
2	Peter Quosai	Guelph Centennial	9:19.64
3	Jeramie Lai	Msga St. Marcellinus	9:44.08
4	Ashton Marlow	LND Oakridge	9:47.35
5	Will Litchfield	LND Central	9:57.57
6	Nic Bylsma	Strathroy DCI	10:04.63
7	Timothy Fernandes	Mentor College	10:08.97
8	Paul Travaglini	LND Aquinas	10:26.10
9	Zac Hardcourt	LND Laurier	10:33.29
10	Trevor Collver	Medway HS	10:58.51
11	Logan Miller	LND Central	10:59.35
12	Ben Hudson	Waterloo CI	11:03.54
13	Daniel VanDenbrink	LND Christian	11:15.14
14	Eric Fletcher	South Huron	11:25.67
15	Klye Kernohan	Medway HS	11:44.98
16	Jon Blackwell	Medway HS	11:47.64
17	Aaron Hoiting	LND Christian	12:16.23

Event # 43 GIRLS Junior 80m Hurdles

START: 3:00pm > 8 hurdles

12m to H-1 > 8m between > 76cm ht

Gold 12.74 / S- 13.24 / B- 14.24

#MEET RECORD:J.Zelinka Banting 11.44 1998

1	Megan Baker	LND Mother Teresa	13.64
2	Ali Baker	LND Mother Teresa	13.68
3	Mikeisha Bobb	LND Laurier	13.97
4	Holly Thomas	Sarnia Northern	14.09
5	Lauren Daniel	LND Aquinas	14.28
6	Olivia Schouten	Sacred Heart CHS	14.51
7	MacKenzie Shaw	Sarnia Northern	14.69
8	Jamila Skinner	LND Oakridge	14.72
9	Kasia Boyd	Sacred Heart CHS	14.74
10	Heather Platt	St. Aloysius Gonzaga	15.18
11	Mikhaila Wright	LND Laurier	15.44
12	Kash Yeck	Chatham-Kent	15.53
13	Emily Dodman	Chatham-Kent	15.61
14	Jamie Cross	Cameron Heights	15.64
15	Amy Gauld	LND Oakridge	15.88
16	Michelle Thompson	K-W Huron Hts	15.93
17	Hannah Chubb	Cameron Heights	15.99
18	Courtney Kowal	St. Aloysius Gonzaga	16.20
19	Maike Husarik	Guelph J.F. Ross	16.32
20	Gabie Iglesias	Mentor College	16.74
21	Ashley Mustafa	Mentor College	17.27
22	Hannah Masters	Woodstock CI	17.28
23	Alannah Centorame	St. Maximilian CHS	17.30
24	Jessa Buchman-Pearle	Cameron Heights	17.49
25	Nikki Flanagan	LND Aquinas	18.07
26	Anisa Morava	Guelph Centennial	18.19
27	Sigrid Ariado	St. Aloysius Gonzaga	18.26
28	Pooja Panchal	Waterloo CI	18.28
29	Maryam Golafhrani	Cameron Heights	18.36
30	Michaela Fernandes	LND Aquinas	18.51

Event # 44 BOYS Junior 100m Hurdles

START: 2:25pm > 10 hurdles

13m to H-1 > 8.5m between > 91.4cm ht

Gold 15.04 / S- 15.64 / B- 16.24

#MEET RECORD:A.Graham Banting 14.24 2006

1	Jordan Sherwood	Cameron Heights	14.19#
2	Ben Craik	LND Saunders	15.03
3	Mike Frizzell	LND Aquinas	15.39
4	Mike Giorgi	Lambton Central	15.49
5	Nathan Taylor	Sarnia St. Chris	16.15
6	Will Potter	South Huron	16.51
7	Michigan Mitchell	Sarnia Northern	17.10
8	Zach Kapteyn	LND Christian	17.19
9	Matt Stirling	K-W Huron Hts	18.01
10	Hunter Tilden	LND Aquinas	18.53
11	Cormac Brown	Sarnia St. Pat	19.09
12	Brett Skillen	LND Laurier	20.48
13	Tishya Parikh	Saugeen DSS	20.60
14	Daniel Racioppa	Sacred Heart CHS	22.14

Event # 45 GIRLS Junior 300m Hurdles

START: 8:55am 7 hurdles

50m to H-1 > 35m between > 76cm ht

Gold 46.74 / S- 49.74 / B- 52.24

#MEET RECORD:J.Zelinka Banting 43.00 1998

1	Meredith Leitch	LND Banting	48.49
2	Mikeisha Bobb	LND Laurier	49.26
3	Holly Thomas	Sarnia Northern	50.93
4	Kayla Hopkins	LND Oakridge	51.32
5	Sydney Barber	LND Saunders	52.02
6	Michelle Thompson	K-W Huron Hts	52.55
7	Desree Gammon	LND Banting	53.50
8	Taryn Lee	Sarnia St. Chris	53.91
9	Danielle Quinn	Sarnia St. Chris	54.12
10	Holly Bilinski	Strathroy DCI	54.27
11	Emelia Unsworth	Lambton Central	54.42
11	Maike Husarik	Guelph J.F. Ross	54.42
13	Madison Parsons	Sarnia Northern	54.79
14	Megan Shannon	LND Aquinas	54.98
15	Leah Komer	LND Aquinas	55.30
16	Sara Grzywnowicz	LND Mother Teresa	55.45
17	Jamie Cross	Cameron Heights	55.51
18	Anisa Morava	Guelph Centennial	55.74
19	Courtney Kowal	St. Aloysius Gonzaga	56.29
20	Gabie Iglesias	Mentor College	56.91
21	Hannah Chubb	Cameron Heights	57.22
22	Kristen Rachuk	Strathroy DCI	57.97
23	Nikki Flanagan	LND Aquinas	58.04
24	Emily Bowerman	Guelph J.F. Ross	58.07
24	Shannon McCormick	St. Maximilian CHS	58.07
26	Brooke Sharpe	Cameron Heights	58.87
27	Erika Saul	Sarnia Northern	59.94
28	Heather Platt	St. Aloysius Gonzaga	1:00.31
29	Maryam Golafhrani	Cameron Heights	1:01.69
30	Lauren Holden	Waterloo CI	1:02.67
31	Sigrid Ariado	St. Aloysius Gonzaga	1:08.14

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

Event # 46 BOYS Junior 300m Hurdles

START: 9:20am 7 hurdles
 50m to H-1 > 35m between >84cm ht
 Gold 42.74 / S- 45.24 / B- 48.24

#MEET RECORD:C.Bluevale '90 J.Hollingworth PCI 39.64 '96

1	Jordan Sherwood	Cameron Heights	40.41
2	Will Potter	South Huron	42.36
3	Mike Frizzell	LND Aquinas	44.05
4	Matt Stirling	K-W Huron Hts	44.48
5	Michigan Mitchell	Sarnia Northern	44.62
6	Mike Giorgi	Lambton Central	44.76
7	Joel Mahon	Sarnia St. Pat	45.61
8	Cormac Brown	Sarnia St. Pat	46.80
9	Nathan Taylor	Sarnia St. Chris	46.99
10	Austin Rublik	LND Mother Teresa	47.00
11	Wes Root	Medway HS	47.39
12	Zach Kapteyn	LND Christian	47.50
13	Matt Lorenzen	Medway HS	47.74
14	Daniel Racioppa	Sacred Heart CHS	49.05
15	Liam Taylor	Msga St. Marcellinus	49.14
16	Nathan MacIntyre	Lambton Central	52.28
17	Tishya Parikh	Saugeen DSS	56.06

Event # 47 GIRLS Junior High Jump

START: 10:30am
 Gold 1.58m / Silver 1.54m / Br 1.50m

#MEET RECORD:L.DeVries Lucas 1.76 1985

1	Ali Baker	LND Mother Teresa	1.55m
2	Emily Dodman	Chatham-Kent	1.45m
3	Ashlee Bishop	Sarnia Northern	1.35m
3	Samantha Jones	LND Aquinas	1.35m
5	Shayla Burrows	LND Oakridge	1.30m
5	Alannah Centorame	St. Maximilian CHS	1.30m
7	Erika Saul	Sarnia Northern	1.25m
7	Camilla Anderson	Mentor College	1.25m
7	Sydney Card	Lambton Central	1.25m
	Lauren Daniel	LND Aquinas	NM

Event # 48 BOYS Junior High Jump

START: 12:30pm
 Gold 1.85m / Silver 1.80m / Br 1.75m

#MEET RECORD:M.West Walkerton 1.97 2009

1	Colton Slaughter	Sarnia Northern	1.60m
1	Wes Root	Medway HS	1.60m
1	Nathan MacIntyre	Lambton Central	1.60m
1	Aleksandar Ruzic	LND Central	1.60m
1	Joel Mahon	Sarnia St. Pat	1.60m
6	Tomson Tran	Guelph J.F. Ross	1.50m
6	Adam Dimla	LND Banting	1.50m
6	Blake Percy	Sarnia Northern	1.50m
6	Alex Knarr	Waterloo CI	1.50m
6	Nathan Taylor	Sarnia St. Chris	1.50m
11	Dan Dennis	Sarnia St. Chris	1.45m
11	Cameron Lohr	Guelph J.F. Ross	1.45m
11	Bruce Li	Medway HS	1.45m
11	Alex Turvey	Guelph J.F. Ross	1.45m

11	Kevin Ensing	Saugeen DSS	1.45m
	Kian Paliani	Medway HS	NM
	Michigan Mitchell	Sarnia Northern	NM
	Ryan Ferrari	St. Aloysius Gonzaga	NM

Event # 49 GIRLS Junior Pole Vault

START: 9:00am
 Gold 3.25m / S- 2.90m / B- 2.70m

1	Meredith Leitch	LND Banting	2.47m
2	Kasia Boyd	Sacred Heart CHS	2.17m
3	Kayla Hopkins	LND Oakridge	2.17m
4	Jamila Skinner	LND Oakridge	2.02m
5	Michaela Fernandes	LND Aquinas	1.87m
6	Shayla Burrows	LND Oakridge	1.87m
7	Sarah Magyar	St. Maximilian CHS	1.72m
8	Nicole Corbiere	LND Aquinas	1.57m
8	Melissa Clarke	Cameron Heights	1.57m
10	Samantha Jones	LND Aquinas	1.57m

Event # 50 BOYS Junior Pole Vault

START: U3m >10:30am/ O3m >12:30pm
 Under 3m> G- 3.10m S-2.90m B-2.70m
 Over 3m> G- 3.80m S-3.60m B- 3.40m

#MEET RECORD:M.Nolan Dorchester 4.26 1991

1	Ashton Marlow	LND Oakridge	3.24m
2	Stephen Boyd	Msga St. Marcellinus	2.14m
	Zack Dias	Msga St. Marcellinus	NM
	Hunter Tilden	LND Aquinas	NM

Event # 51 GIRLS Junior Long Jump

START: 2:00pm
 Gold 5.15m / S- 4.95m / B- 4.75m

#MEET RECORD:J.Kerr London South 5.48 2009

1	Danielle Quinn	Sarnia St. Chris	5.05m
2	Megan Baker	LND Mother Teresa	4.57m
3	Fiona Dickson	LND Banting	4.51m
4	Emily Dodman	Chatham-Kent	4.34m
4	Georgia Trifon	Medway HS	4.34m
6	Sydney De La torre	Sacred Heart CHS	4.32m
6	Ashley Bisson	Sarnia St. Clair	4.32m
8	Jamila Skinner	LND Oakridge	4.30m
9	Camilla Anderson	Mentor College	4.24m
10	Alexandria Clark	LND Central	4.15m
11	Lauren Daniel	LND Aquinas	4.09m
12	Samantha Meeks	LND Central	4.03m
13	Heather Henry	Guelph Centennial	3.85m
14	Nadine Drosdowech	LND Central	3.81m
15	Kenzie Harris	Brantford North Park	3.61m
16	Madeline Ainslie	South Huron	3.58m
17	Jasmine Jones	Msga St. Marcellinus	3.49m
18	Martha MacDonald	Medway HS	3.46m
19	Samantha Jones	LND Aquinas	3.42m
20	Megan Vierhoute	St. Aloysius Gonzaga	3.18m
21	Kassie Campbell	Sarnia St. Clair	3.16m
22	Kristen Leegstra	Brantford North Park	3.00m
23	Alexa Bailey	Sarnia St. Chris	2.70m
24	Jenny Biu	Waterloo CI	2.65m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

Event # 52 BOYS Junior Long Jump

START: 12:30pm

Gold 6.15m / S- 5.90m / B- 5.70m

#MEET RECORD:P.Whitty Saunders 6.69 1999

1 Deion Barker	Msga St. Marcellinus	6.62m
2 Nick Preobrazenski	Mentor College	5.76m
3 Lequan Smart	Mentor College	5.72m
4 Gerard Schipper	LND Christian	5.62m
5 Robert Nicks	Msga St. Marcellinus	5.50m
6 James Sorenson	Medway HS	5.48m
7 Michael Fraser	Sarnia St. Chris	5.36m
8 Adam Lane	Sarnia Northern	5.23m
9 Brendan Pinto	St. Aloysius Gonzaga	5.01m
10 Tim Pelleboer	Lambton Central	4.94m
11 Matt Lorenzen	Medway HS	4.87m
12 Jeremy Hickey	LND Christian	4.66m
13 Chris Olbach	LND Christian	4.62m
14 Dan Dennis	Sarnia St. Chris	4.54m
15 Tim Mayhead	Lambton Central	4.50m
16 Devdutt Kamath	LND Central	4.08m
17 Clay Allan	Cameron Heights	3.35m

Event # 53 GIRLS Junior Triple Jump

START: 10:30am

Gold 10.30m / S- 10.00m / B- 9.70m

#MEET RECORD:A.Schipper London Christian 10.74 2003

1 Danielle Quinn	Sarnia St. Chris	9.95m
2 Ashley Mustafa	Mentor College	9.59m
3 Emelia Unsworth	Lambton Central	9.35m
4 Ashley Bisson	Sarnia St. Clair	9.18m
5 Samantha Meeks	LND Central	9.03m
6 Mikaela Ferguson	LND Central	9.00m
7 Alexandria Clark	LND Central	8.80m
8 Ashlee Bishop	Sarnia Northern	8.59m
9 Nadine Drosdoweck	LND Central	8.51m
10 Erika Saul	Sarnia Northern	8.40m
11 Kristen Schoenhardt	LND Westminster	8.17m
12 Jessa Buchman-Pearle	Cameron Heights	8.08m
13 Madeline Ainslie	South Huron	7.59m
Megan Vierhoute	St. Aloysius Gonzaga	NM

Event # 54 BOYS Junior Triple Jump

START: 10:30am

Gold 12.50m / S- 12.15m / B- 11.80m

#MEET RECORD:C.Collarile St.Marcellinus 12.95 2009

1 Nick Preobrazenski	Mentor College	12.23m
2 Mike Giorgi	Lambton Central	11.83m
3 Cormac Brown	Sarnia St. Pat	11.39m
4 Jeremy White	Medway HS	11.26m
5 Nathan MacIntyre	Lambton Central	11.00m
6 Matt Lorenzen	Medway HS	10.73m
7 Ryan Ferrari	St. Aloysius Gonzaga	10.56m
8 Tim Mayhead	Lambton Central	10.52m
9 Dan Dennis	Sarnia St. Chris	10.11m
10 Devdutt Kamath	LND Central	9.83m
11 Jeremy Hickey	LND Christian	9.82m

12 Brendan Pinto	St. Aloysius Gonzaga	9.73m
13 Chris Olbach	LND Christian	9.42m
14 Joe Fauteux	Sarnia St. Pat	9.36m
Lane Gilfillan-Macvicar	LND Westminster	NM
Marshall Lafleur	LND Westminster	NM
Justin VanDerlinde	Strathroy Holy Cross	NM

Event # 55 GIRLS Junior Shot Put

START: 10:15am > Weight 4kg

Gold 10.30m / S- 9.90m / B- 9.50m

#MEET RECORD:M.Weaver Lucas 13.29 2003

1 Nicole Horneman	Medway HS	11.50m
2 Alex Coyle	Sarnia CI	9.67m
3 Kelly Gribbons	Saugeen DSS	9.61m
4 Natalie Warren	LND Lucas	9.53m
5 Emily Clancy	Sarnia St. Chris	8.36m
6 Brianna Atto	Brantford North Park	7.71m
7 Emily Donkers	Sarnia St. Chris	7.44m
8 Melissa Giorgi	Sarnia St. Chris	7.16m
9 Meghan Parkinson	Guelph J.F. Ross	7.02m
10 Sylvia Nguyen	St. Thomas St. Joe's	7.01m
11 Nikka Collison	LND Saunders	6.91m
12 Sarah McGill	Waterloo CI	6.44m
13 Emma Tedball	Sarnia Northern	6.35m
14 Jenna VanDeneyndy	Lambton Central	6.28m
15 Shania Cloud	Sarnia Northern	6.27m
16 Meagan Wiedeman	Cameron Heights	6.08m
17 Bri-Anna Ramsden	Sarnia Northern	6.01m
18 Sukhi Dhaliwal	Waterloo CI	5.18m
19 Christine Hoven	Lambton Central	5.08m
20 Kayla Chapman	Guelph J.F. Ross	4.91m

Event # 56 BOYS Junior Shot Put

SRART: 2:00pm > Weight 4kg

Gold 15.50m / S- 15.00m / B- 14.00m

#MEET RECORD:F.Clarke St. Thomas Aquinas 17.18 1997

1 Pj VanDervart	Sarnia Northern	13.89m
2 Chris Cambridge	LND Banting	13.30m
3 Emmett Ferrence	LND Banting	13.07m
4 Jonathan Timmons	Msga St. Marcellinus	12.45m
5 Sasha Dajia	St. Maximilian CHS	11.90m
6 Tyler Middleton	Saugeen DSS	11.86m
7 Michael Kaczala	Mssg Phillip Poccock	11.70m
8 David Lenting	South Huron	11.65m
9 Jeff Langford	LND Banting	11.31m
10 Aaron Hoiting	LND Christian	11.18m
11 Kaleb Monk	Guelph Centennial	10.63m
12 Corey Flemington	Guelph Centennial	10.59m
13 Cam Reid	LND Banting	10.58m
14 Jonathan Zagula	Msga St. Paul	10.57m
15 Domenic Wuzniak	Mssg Phillip Poccock	10.40m
16 Michael Mularski	Msga St. Paul	10.08m
17 Matt Cimetta	Sarnia St. Chris	9.79m
18 Ryan Miller	Sarnia Northern	9.74m
19 Mitch Norman	Guelph Centennial	9.72m
20 Alex Morrison	Sarnia St. Chris	9.68m
21 Brandon McVeeney	South Huron	9.52m
22 Ben Reid	LND Banting	9.33m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

23 Marshall Lafleur	LND Westminster	9.03m	23 Alex Morrison	Sarnia St. Chris	20.57m
24 Brandon Silva	Strathroy Holy Cross	8.42m	24 Matthew Evershed	Sacred Heart CHS	18.83m
25 Joseph Libatore	LND Laurier	7.02m	25 David Lenting	South Huron	18.68m
26 Emile Shema	Waterloo CI	6.75m	26 Brandon McVeeney	South Huron	17.89m
			27 Ben Reid	LND Banting	17.80m

Event # 57 GIRLS Junior Discus Throw

START: 12:45pm > Weight 1kg

Gold 31.50m /S- 30.75m /B- 30.00m

#MEET RECORD:J.Lisle F.E. Madill 39.30 1994

1 Kelly Gribbons	Saugeen DSS	34.42m
2 Nicole Horneman	Medway HS	30.75m
3 Alex Coyle	Sarnia CI	30.43m
4 Emily Clancy	Sarnia St. Chris	24.34m
5 Natalie Warren	LND Lucas	24.05m
6 Brianna Atto	Brantford North Park	23.41m
7 Tanja Velickovic	Saugeen DSS	23.29m
8 Emily Donkers	Sarnia St. Chris	22.27m
9 Sydney Dobbin	LND Oakridge	21.85m
10 Nikka Collison	LND Saunders	20.81m
11 Darian Adams	Lambton Central	19.89m
12 Jordan Henry	Sarnia St. Chris	18.90m
13 Bridget Folk	Sarnia Northern	18.58m
14 Shania Cloud	Sarnia Northern	17.74m
15 Melissa Giorgi	Sarnia St. Chris	16.98m
16 Meghan Parkinson	Guelph J.F. Ross	15.35m
17 Emma Tedball	Sarnia Northern	15.09m
18 Abby Roberts	Sarnia Northern	13.97m
19 Meagan Wiedeman	Cameron Heights	13.82m
20 Christine Hoven	Lambton Central	12.50m
21 Courtney Williams	Sarnia Northern	12.08m
Sylvia Nguyen	St. Thomas St. Joe's	NM

Event # 58 BOYS Junior Discus Throw

START: 3:15pm > Weight 1kg

Gold 50.00m /S- 47.00m /B- 44.00m

#MEET RECORD:Z.Ford Banting 53.62 2006

1 Nick Zottl	Sarnia Northern	46.65m
2 Emmett Ference	LND Banting	40.87m
3 Pj VanDervart	Sarnia Northern	40.28m
4 Tyler Middleton	Saugeen DSS	38.90m
5 Jesse Cook	Medway HS	38.09m
6 Chris Cambridge	LND Banting	36.47m
7 Jeff Langford	LND Banting	34.04m
8 Jonathan Timmons	Msga St. Marcellinus	29.78m
9 Sasha Dajia	St. Maximilian CHS	29.75m
10 Isaiah Kelly	LND Central	29.30m
11 Eric Holt	Mssg Phillip Pocock	27.54m
12 Michael Kaczala	Mssg Phillip Pocock	26.01m
13 Ryan Miller	Sarnia Northern	25.96m
14 Tim Pelleboer	Lambton Central	24.90m
15 Paul Lacinnik	Msga St. Paul	23.80m
16 Lane Gilfillan-Macvicar	LND Westminster	23.75m
17 Tyler Richardson	Medway HS	23.53m
18 Corey Flemington	Guelph Centennial	23.07m
19 Kaleb Monk	Guelph Centennial	22.98m
20 Mitch Norman	Guelph Centennial	21.90m
21 Brandon Silva	Strathroy Holy Cross	21.37m
22 Allen Chu	LND Central	20.66m

Event # 59 GIRLS Junior Javelin Throw

START: 3:15pm > Weight 600gm

Gold 33.00m / S- 32.00m /B- 31.00m

#MEET RECORD:B.Arnett St.Thomas Parkside 43.58 1997

1 Kelly Gribbons	Saugeen DSS	29.28m
2 Jordan Henry	Sarnia St. Chris	28.10m
3 Nicole Horneman	Medway HS	27.34m
4 Alex Coyle	Sarnia CI	25.86m
5 Abby Roberts	Sarnia Northern	25.39m
6 Darian Adams	Lambton Central	24.51m
7 Bridget Folk	Sarnia Northern	23.29m
8 Roxanne Hendrycks	Sarnia St. Pat	21.74m
9 Kassie Campbell	Sarnia St. Clair	21.29m
10 Emily Donkers	Sarnia St. Chris	20.59m
11 Melissa Giorgi	Sarnia St. Chris	19.31m
12 Courtney Williams	Sarnia Northern	18.74m
13 Amy Gauld	LND Oakridge	17.62m
14 Stephanie Makrakos	LND Westminster	17.51m
15 Allie Smith	Waterloo CI	16.87m
16 Bri-Anna Ramsden	Sarnia Northern	16.85m
17 Nikka Collison	LND Saunders	16.80m
18 Meghan Parkinson	Guelph J.F. Ross	16.48m
19 Kayla Chapman	Guelph J.F. Ross	16.34m
20 Martha MacDonald	Medway HS	15.84m
21 Meagan Wiedeman	Cameron Heights	15.34m
22 Kaila Woods	Sarnia Northern	14.79m
23 Kristina Borgs	Guelph Centennial	14.62m
24 Tanja Velickovic	Saugeen DSS	14.25m
25 Andrea Dinardo	Msga St. Marcellinus	13.95m
26 Nikki Flanagan	LND Aquinas	13.07m
27 Karen Ninan	Waterloo CI	12.12m
28 Sukhi Dhaliwal	Waterloo CI	11.84m
29 Sydney Card	Lambton Central	10.35m
30 Melissa Clarke	Cameron Heights	10.10m
Jenny Bui	Waterloo CI	NM

Event # 60 BOYS Junior Javelin Throw

START: 10:15am > Weight 600gm

Gold 49.00m / S- 45.00m /B- 41.00m

#MEET RECORD:W.Collins Westminster 59.86 2006

1 Eric Holt	Mssg Phillip Pocock	39.77m
2 Cormac Brown	Sarnia St. Pat	39.42m
3 Jacob Uhlig	Waterloo CI	38.69m
4 Michael Fraser	Sarnia St. Chris	38.61m
5 Nick Zottl	Sarnia Northern	37.83m
6 Michael Kaczala	Mssg Phillip Pocock	37.12m
7 Isaiah Kelly	LND Central	36.62m
8 Corey Flemington	Guelph Centennial	35.98m
9 Logan Miller	LND Central	34.86m
10 Joe Fauteux	Sarnia St. Pat	33.49m
11 Kaleb Monk	Guelph Centennial	33.12m
12 Kevin Ensing	Saugeen DSS	33.04m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

13 Michaelpayne Sylva	Strathroy Holy Cross	32.95m	6 Chris Posliff	Strathroy Holy Cross	11.99
14 Allen Chu	LND Central	29.76m	7 Scott Potenza	Strathroy Holy Cross	12.02
15 Sean Jenniskens	Lambton Central	28.13m	8 Reshayne Thomas	St. Aloysius Gonzaga	12.03
16 Craig Mutter	Medway HS	27.65m	9 Nathaniel Behar	LND Central	12.04
17 Jeremy Johnson	Lambton Central	26.48m	10 Ryan Young	Sarnia Northern	12.10
18 Domenic Wozniak	Mssg Phillip Pockock	26.33m	11 Steve Schallhorn	Sarnia Northern	12.11
19 Alex Turvey	Guelph J.F. Ross	25.94m	12 Adam McPhail	Lambton Central	12.13
20 Emile Shema	Waterloo CI	25.66m	13 Shalmar Walters	St. Aloysius Gonzaga	12.19
21 Brandon McVeeneey	South Huron	24.80m	14 Kyle Rodd	Guelph J.F. Ross	12.21
22 Brandon Silva	Strathroy Holy Cross	24.73m	15 Keegan Calder	Waterloo CI	12.23
23 Mitch Norman	Guelph Centennial	24.40m	16 Ryan Galea	Msga St. Marcellinus	12.25
24 Luke Deighan	Sacred Heart CHS	23.97m	17 Sahil Bhagra	Guelph Centennial	12.32
25 Clay Lamont	Saugeen DSS	22.07m	18 Kevin Sarmiento	Mssg Phillip Pockock	12.33
26 Matthew Evershed	Sacred Heart CHS	19.70m	19 Luke Hueniken	Chatham-Kent	12.44
27 David Lenting	South Huron	18.41m	20 Zach Murawsky	Saugeen DSS	12.50
28 Joseph Libatore	LND Laurier	18.11m	21 Nathan Hartwig	Medway HS	12.58
29 Alex Morrison	Sarnia St. Chris	14.82m	21 Jawon Burns	Sarnia Northern	12.58
			23 Jamie Geisler	St. Thomas St. Joe's	12.59
			24 Kevin Leyte-Jammu	Guelph Centennial	12.62
			25 Riley Orchard	Medway HS	12.68
			26 Theo Murphy	Mssg Phillip Pockock	12.72
			27 Brandon Couture	LND Aquinas	12.73
			28 Eric Carey	Assumption College	12.76
			29 Caleb Papineau	LND Aquinas	12.77
			30 Harrison Priebe	LND Aquinas	12.79
			31 Graham Patt	LND Banting	12.83
			32 Mike Berkers	Strathroy Holy Cross	12.85
			33 Hurray Weng	Mentor College	12.87
			34 Sergiu Onisoru	Saugeen DSS	12.90
			35 B.J. Wright	Guelph J.F. Ross	12.91
			36 Chris Aitken	Lambton Central	12.92
			37 Scott Campbell	Lambton Central	12.93
			38 Terrance Devries	Guelph J.F. Ross	12.97
			39 Justin Whyte	Guelph J.F. Ross	12.99
			40 Hamza Farooq	Mssg Phillip Pockock	13.00
			41 Chad Wagner	St. Aloysius Gonzaga	13.09
			42 Jeremy Dicarolo	Guelph Centennial	13.15
			42 Jean-Pierre Munroe	Mssg Phillip Pockock	13.15
			44 John Ngo	Mentor College	13.19
			45 Taylor Walls	LND Saunders	13.26
			46 Wilson Kabutangana	LND Banting	13.34
			47 Andrew Sisombath	Waterloo CI	13.38
			48 Justin Camenzuli	LND Central	13.46
			49 Saranyan Senthallal	Mentor College	13.47
			50 Josh Kaba-Asante	Mentor College	13.58
			51 Wes Lenting	South Huron	13.73
			52 Brandon Chin	St. Aloysius Gonzaga	13.92
			53 Mohammed Aljerberi	Brantford North Park	13.98
			54 Cody Salomons	LND Christian	14.35
			55 Muraad Shaw	Mentor College	14.41

Event # 61 GIRLS Senior 100m Dash

START: 11:35am

Gold 12.74 / S- 13.14 / B- 13.64

#MEET RECORD:L.Keunemans Bluevale 12.14 1987

1 McKenzie Johnson	LND Laurier	13.26	28 Eric Carey	Assumption College	12.76
2 Sara Costa	LND Aquinas	13.52	29 Caleb Papineau	LND Aquinas	12.77
3 Jessica Bonnema	Sarnia Northern	13.67	30 Harrison Priebe	LND Aquinas	12.79
4 Leanne Holdaway	Sarnia Northern	13.69	31 Graham Patt	LND Banting	12.83
5 Jillian Rops	Lambton Central	13.80	32 Mike Berkers	Strathroy Holy Cross	12.85
6 Sipprell Krista	LND South	13.82	33 Hurray Weng	Mentor College	12.87
7 Ana Tominac	St. Aloysius Gonzaga	13.97	34 Sergiu Onisoru	Saugeen DSS	12.90
8 Taylor Doyle	LND Aquinas	14.09	35 B.J. Wright	Guelph J.F. Ross	12.91
8 Janessa Laureano	Sarnia St. Pat	14.09	36 Chris Aitken	Lambton Central	12.92
10 Mirand Popen	Strathroy DCI	14.10	37 Scott Campbell	Lambton Central	12.93
11 Steph Charteris	Sarnia Northern	14.14	38 Terrance Devries	Guelph J.F. Ross	12.97
12 Anisha MacLean	Chatham-Kent	14.15	39 Justin Whyte	Guelph J.F. Ross	12.99
13 Lindsay Cecile	Lambton Central	14.43	40 Hamza Farooq	Mssg Phillip Pockock	13.00
14 Briawna Taylor	LND Oakridge	14.71	41 Chad Wagner	St. Aloysius Gonzaga	13.09
15 Megan O'Reilly	LND Aquinas	14.72	42 Jeremy Dicarolo	Guelph Centennial	13.15
16 Natalie Billick	LND Lucas	14.83	42 Jean-Pierre Munroe	Mssg Phillip Pockock	13.15
17 Kara Moran	Sarnia St. Pat	14.84	44 John Ngo	Mentor College	13.19
18 Stefania Novoa	LND Saunders	15.09	45 Taylor Walls	LND Saunders	13.26
19 Chelsea Delaurier	Lambton Central	15.18	46 Wilson Kabutangana	LND Banting	13.34
20 Dammy Ogunmodede	LND Christian	15.89	47 Andrew Sisombath	Waterloo CI	13.38
21 Rachel Finch	Waterloo CI	16.21	48 Justin Camenzuli	LND Central	13.46
22 Brittany Mascarenhas	Mentor College	16.23	49 Saranyan Senthallal	Mentor College	13.47
23 Michelle Dancy	Mssg Phillip Pockock	17.20	50 Josh Kaba-Asante	Mentor College	13.58
24 Camille Passafiume	Mssg Phillip Pockock	17.53	51 Wes Lenting	South Huron	13.73
25 Mariana Lanzini	Waterloo CI	18.38	52 Brandon Chin	St. Aloysius Gonzaga	13.92
26 Ally Koladak	Cameron Heights	19.51	53 Mohammed Aljerberi	Brantford North Park	13.98
			54 Cody Salomons	LND Christian	14.35
			55 Muraad Shaw	Mentor College	14.41

Event # 62 BOYS Senior 100m Dash

START: 10:40am

Gold 11.44 / S- 11.84 / B- 12.14

#MEET RECORD:K.Chatham-Kent Duane Clement St.Bdt 10.94 1991,1998

1 Tyler Annett	Sarnia Northern	11.12	1 Brittany Lewis	Sarnia St. Clair	26.53
2 Drelan Bramwell	Sarnia Northern	11.22	2 Taylor Farquhar	LND Central	26.70
3 Raymond Thomas	Mssg Phillip Pockock	11.65	3 Amy Grzywnowicz	LND Mother Teresa	27.50
4 Connor Hogg	LND Aquinas	11.93	4 Jillian Rops	Lambton Central	27.90
5 Sina Farsi	Guelph J.F. Ross	11.95			

Event # 63 GIRLS Senior 200m Dash

START: 5:05pm

Gold 25.74 / S- 26.74 / B- 27.74

#MEET RECORD:V.Beckles Laurier 24.64 1988

1 Brittany Lewis	Sarnia St. Clair	26.53
2 Taylor Farquhar	LND Central	26.70
3 Amy Grzywnowicz	LND Mother Teresa	27.50
4 Jillian Rops	Lambton Central	27.90

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

5 Taylor Doyle	LND Aquinas	27.97
6 Jennifer Barbon	LND Mother Teresa	28.23
7 Siobhan Smith	Sarnia Northern	28.40
8 Anisha MacLean	Chatham-Kent	28.49
9 Kristen Arseneault	LND Mother Teresa	28.51
10 Jessica Bonnema	Sarnia Northern	28.70
11 Janessa Laureano	Sarnia St. Pat	28.71
12 Ana Tominac	St. Aloysius Gonzaga	28.77
13 Steph Charteris	Sarnia Northern	28.89
14 Devan Beaten	Sarnia Northern	29.01
15 Michelle Tavares	Msga St. Marcellinus	29.68
16 Ashlen Leonard	Sarnia Northern	29.71
17 Lindsay Cecile	Lambton Central	29.72
18 Michelle MacRae	Lambton Central	29.77
19 Rachel McNaughton	Medway HS	29.93
20 Kara Moran	Sarnia St. Pat	30.04
21 Megan O'Reilly	LND Aquinas	30.22
22 Mary Stoesser	Sarnia St. Pat	33.68
23 Mariana Lanzini	Waterloo CI	39.33

Event # 64 BOYS Senior 200m Dash

START: 5:45pm

Gold 22.74 / S- 23.24 / B- 24.04

#MEET RECORD:L.Card Saugeen 21.30 1998

1 Tyler Annett	Sarnia Northern	22.38
2 Drelan Bramwell	Sarnia Northern	22.45
3 Garrett Burke	Cameron Heights	23.51
4 Nathaniel Behar	LND Central	23.80
5 Christian Collarile	Msga St. Marcellinus	23.81
6 Scott Potenza	Strathroy Holy Cross	23.85
6 Ryan Young	Sarnia Northern	23.85
8 Morgan Walls	Brantford North Park	23.95
9 Sina Farsi	Guelph J.F. Ross	24.41
10 Broderick Webster	Sarnia Northern	24.50
11 Steve Schallhorn	Sarnia Northern	24.51
12 Ryan Galea	Msga St. Marcellinus	24.52
13 Adam McPhail	Lambton Central	24.57
14 Sahil Bhagra	Guelph Centennial	24.67
15 Mitchell Donnan	LND Aquinas	24.83
16 Reshayne Thomas	St. Aloysius Gonzaga	24.86
17 Shawn Wu	Guelph J.F. Ross	24.88
18 Joel Leon	St. Aloysius Gonzaga	24.93
19 Nathan Hartwig	Medway HS	25.01
20 Zach Murawsky	Saugeen DSS	25.14
21 Austin Langs	Lambton Central	25.19
22 John Ryan	Sarnia St. Chris	25.20
23 Luke Hueniken	Chatham-Kent	25.28
24 Kenny Leung	Sacred Heart CHS	25.31
25 Brandon Tartaglia	Msga St. Marcellinus	25.39
26 Kyle Rodd	Guelph J.F. Ross	25.40
27 Brendan Stevens	Msga St. Marcellinus	25.43
28 Gorge Unsworth	Lambton Central	25.62
29 Sergiu Onisoru	Saugeen DSS	25.88
30 Kyle Ward	St. Aloysius Gonzaga	25.89
31 Trevor Best	St. Maximilian CHS	25.99
32 Justin Whyte	Guelph J.F. Ross	26.17
33 Zac Brady	Guelph J.F. Ross	26.36
34 Hurray Weng	Mentor College	26.51
35 Brendan Shannon	LND Aquinas	27.68

36 Robbie Borsi	Cameron Heights	27.71
37 Cody Salomons	LND Christian	28.21
38 Josh Sloan	K-W Huron Hts	28.92

Event # 65 GIRLS Senior 400m Run

START: 1:00pm

Gold 59.24 / S- 62.24 / B- 64.24

#MEET RECORD:A.Ollivier Medway 55.10 2002

1 Brittany Lewis	Sarnia St. Clair	58.26
2 Helena Reinfels	Guelph Centennial	1:01.01
3 Makenzi McLeod	Medway HS	1:01.54
4 Siobhan Smith	Sarnia Northern	1:03.42
5 Jillian Rops	Lambton Central	1:03.58
6 Devan Beaten	Sarnia Northern	1:03.61
7 Stephanie Rigg	LND Central	1:04.63
8 Ana Tominac	St. Aloysius Gonzaga	1:04.79
9 Emily Mei	Sacred Heart CHS	1:04.95
10 Leanne Holdaway	Sarnia Northern	1:05.88
11 Shannon Bergin	Sacred Heart CHS	1:06.40
12 Ashley Snyder	Simcoe Holy Trinity	1:07.32
13 Ciara Wright	Sarnia Northern	1:07.60
14 Amanda Hroncok	Sacred Heart CHS	1:08.95
15 Rachel McNaughton	Medway HS	1:09.18
16 Stacey Richards	St. Aloysius Gonzaga	1:09.35
17 Hanna Molzan	Lambton Central	1:09.89
18 Michelle Tavares	Msga St. Marcellinus	1:10.14
19 Sarah Parker	Sarnia Northern	1:10.15
20 Jillian Jaworski	Guelph Centennial	1:16.95
21 Dana Callan	Guelph J.F. Ross	1:18.65
22 Samantha Tsalikis	Mentor College	1:19.13
23 Jenna Laurin	LND Aquinas	1:20.68

Event # 66 BOYS Senior 400m Run

START: 12:25pm

Gold 51.24 / S- 52.74 / B- 54.24

#MEET RECORD:L.Card Saugeen 48.08 1998

1 Brandon Huzevka	Sarnia Northern	51.15
2 Broderick Webster	Sarnia Northern	52.58
3 Christian Collarile	Msga St. Marcellinus	52.69
4 Kenny Leung	Sacred Heart CHS	54.09
5 Ryan Galea	Msga St. Marcellinus	54.37
6 Joel Leon	St. Aloysius Gonzaga	54.38
7 Sean Black	Guelph Centennial	54.64
8 Jeff Mah	Guelph J.F. Ross	54.85
9 Zach Murawsky	Saugeen DSS	55.62
10 Brendan Stevens	Msga St. Marcellinus	55.76
11 Peter Harris	LND Central	55.87
11 Brandon Leckie	Lambton Central	55.87
13 John Ryan	Sarnia St. Chris	55.99
14 Brandon Tartaglia	Msga St. Marcellinus	56.43
15 Brandon Couture	LND Aquinas	56.95
16 Adam McPhail	Lambton Central	57.09
17 Gorge Unsworth	Lambton Central	57.33
18 Nick McFarlane	Mentor College	57.63
19 Ricky Prestage	St. Thomas St. Joe's	57.72
20 Spencer Bradburn	LND Central	58.42
21 Robin Scott	LND Central	58.70
22 Sina Farsi	Guelph J.F. Ross	59.63

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

23 Chris Posliff	Strathroy Holy Cross	59.64	9 Mike Gunn	LND Oakridge	2:06.51
24 Josh McNorgan	Lord Dorchester	1:00.02	10 Patrick Deane	Lord Dorchester	2:07.23
25 Mike Deboer	Saugeen DSS	1:00.21	11 Greg Birdsell	Brantford North Park	2:07.97
26 Jose Ramos	St. Aloysius Gonzaga	1:00.65	12 Connor Doherty	Winston Churchill	2:08.84
27 Zac Brady	Guelph J.F. Ross	1:00.81	13 Dylan Kiesler	LND Lucas	2:08.93
28 John Ngo	Mentor College	1:01.28	14 Taylor Laekeman	Winston Churchill	2:09.46
29 Graham Patt	LND Banting	1:01.54	15 Graeme Westwood	Medway HS	2:11.81
30 Taylor Littlejohn	Lord Dorchester	1:02.42	16 Usama Ikram	Waterloo CI	2:12.88
31 Andrew Moser	Lord Dorchester	1:02.46	17 Mike Wait	Mentor College	2:13.98
32 Eric Carey	Assumption College	1:02.65	18 Jake Moore	Brantford North Park	2:15.32
33 Wilson Kong	Mentor College	1:02.68	19 Patrick Sheahan	Msga St. Marcellinus	2:16.03
34 Scott Potenza	Strathroy Holy Cross	1:03.12	20 Stephen Krall	Lambton Central	2:16.14
35 Dominic Mitchell-Gamble	St. Aloysius Gonzaga	1:04.33	21 Andrew Hunter	St. Aloysius Gonzaga	2:18.56
36 Nathan Starkman	Mentor College	1:04.59	22 Cole Jones	Mentor College	2:26.23
37 Josh Kaba-Asante	Mentor College	1:05.71	23 Collin VanDenheuvel	Sarnia St. Pat	2:27.52
38 Josh Sloan	K-W Huron Hts	1:06.87	24 Drew Allen	Sacred Heart CHS	2:28.83
39 Mohammed Aljerberi	Brantford North Park	1:08.99	25 Scott Robertson	Mssg Phillip Pooock	2:30.56
40 Taylor Walls	LND Saunders	1:16.15	26 Jesse McGregor	Lambton Central	2:30.57
			27 Josh McNorgan	Lord Dorchester	2:32.39
			28 Greg Jones	Mentor College	2:32.75
			29 Wilson Kong	Mentor College	2:33.12
			30 Kevin Smart	Chatham-Kent	2:33.25
			31 Dean Stephens	South Huron	2:40.04
			32 Jordan Barker	St. Aloysius Gonzaga	2:40.14
			33 Rehan Anklesaria	LND Laurier	2:48.85

Event # 67 GIRLS Senior 800m Run

START: 3:45pm >1 turn stagger start

Gold 2:20.0 / S - 2:25.0 / B - 2:30.0

#MEET RECORD:C.Beukeboom CCH 2:14.50 1987

1 Katie Fleischer	Sarnia Northern	2:17.22
2 Darian Limb	Lambton Central	2:29.32
3 Emily Gordon	Guelph Centennial	2:34.48
4 Emily Mei	Sacred Heart CHS	2:35.46
5 Sarah Parker	Sarnia Northern	2:39.79
6 Jilleen VanLeerzem	Lambton Central	2:40.19
7 Melani Moylan	St. Aloysius Gonzaga	2:40.63
8 Kayla Duncan	LND Saunders	2:41.22
9 Bernadette Magtanong	Sarnia Northern	2:42.78
10 Jessica Havell	LND Aquinas	2:44.77
11 Taylor Martin	Cameron Heights	2:45.29
12 Steph McEneaney	St. Aloysius Gonzaga	2:46.34
13 Amanda Hroncok	Sacred Heart CHS	2:48.06
14 Stephanie Rigg	LND Central	2:48.57
15 Hope Olexa	Chatham-Kent	2:50.57
16 Nikki McVittie	Sarnia Northern	2:50.92
17 Katrina Crocker	Mentor College	2:54.42
18 Stacey Richards	St. Aloysius Gonzaga	2:55.82
19 Jillian Jaworski	Guelph Centennial	2:55.87
20 Siman Teodora	LND Aquinas	2:57.24
21 Michelle Smith	St. Aloysius Gonzaga	2:58.28
22 Mariah Chambers	St. Aloysius Gonzaga	3:24.87

Event # 68 BOYS Senior 800m Run

START: 4:20pm >1 turn stagger start

Gold 1:59.5 / S - 2:04.5 / B 2:09.5

#MEET RECORD:K.Benninger Walkerton District 1:54.50 2003

1 Chris Hutton	Winston Churchill	1:54.56
2 Drew Anderson	Guelph Centennial	1:55.39
3 Shawn Master	Sarnia Northern	1:55.50
4 Brandon Huzevka	Sarnia Northern	1:56.70
5 Jordan Kadlecik	Clinton St. Anne	1:59.35
6 Kyle Penney	Sacred Heart CHS	2:01.72
7 Devan Elijah	LND Westminster	2:04.29
8 Tyler Hewlett	Sarnia Northern	2:06.20

Event # 69 GIRLS Senior 1500m Run

START: 6:25pm

Gold 4:48.0 / S - 5:00.0 / B 5:10.0

#MEET RECORD:J.Mota St. Mary's - Kitch 4:36.30 1986

1 Chantal Bourassa	Sarnia St. Chris	5:11.99
2 Darian Limb	Lambton Central	5:21.04
3 Amanda Sheppard	St. Aloysius Gonzaga	5:25.90
4 Felicia Dagenais	Winston Churchill	5:28.04
5 Ciara Wright	Sarnia Northern	5:32.95
6 Katherine Radojewski	Assumption College	5:36.10
7 Sarah Parker	Sarnia Northern	5:40.14
8 Brittany Renaud	Chatham-Kent	5:50.22
9 Steph McEneaney	St. Aloysius Gonzaga	5:53.73
10 Hope Olexa	Chatham-Kent	6:02.24
11 Nikki McVittie	Sarnia Northern	6:08.51
12 Amy VanDeneynde	Lambton Central	6:16.84
13 Michelle Smith	St. Aloysius Gonzaga	6:20.18
14 Israel Cooper	St. Aloysius Gonzaga	6:35.49
15 Rachel Ernst	LND Lucas	6:41.09
16 Mariah Chambers	St. Aloysius Gonzaga	7:16.09

Event # 70 BOYS Senior 1500m Run

START: 7:00pm

Gold 4:02.0 / S 4:10.0 / B 4:18.0

#MEET RECORD:S.MacKay East Elgin 3:56.20 1989

1 Chris Hutton	Winston Churchill	4:09.37
2 Drew Anderson	Guelph Centennial	4:14.57
3 Matt Hall	Sarnia St. Chris	4:15.27
4 Shawn Master	Sarnia Northern	4:20.32
5 Tyler Hewlett	Sarnia Northern	4:20.54
6 VanLeeuwen Tyler	Assumption College	4:25.68
7 Connor Doherty	Winston Churchill	4:38.72

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

8 Dylan Kiesler	LND Lucas	4:39.10	2 Robin Bone	LND Oakridge	16.56
9 Taylor Laekeman	Winston Churchill	4:47.39	3 Eszter Nagy	Guelph Centennial	17.47
10 Usama Ikram	Waterloo CI	4:48.95	4 Jessica Clancy	Waterloo CI	17.58
11 Andrew Hunter	St. Aloysius Gonzaga	5:01.67	5 Jasmin Kerr	LND South	17.60
12 Jesse McGregor	Lambton Central	5:11.40	6 Courtney Schmidt	Strathroy DCI	17.76
13 Cole Jones	Mentor College	5:14.84	7 Alyssa Bickle	Woodstock CI	17.88
14 Kevin Smart	Chatham-Kent	5:24.09	8 Liz VanDenborn	Chatham-Kent	17.92
15 Jordan Barker	St. Aloysius Gonzaga	5:28.02	9 Jilleen VanLeerzem	Lambton Central	18.14
16 Wilson Kong	Mentor College	5:31.74	10 Altonia Taylor	Msga St. Marcellinus	18.34
17 Greg Jones	Mentor College	5:33.82	11 Ashlen Leonard	Sarnia Northern	18.41
18 Nathan Starkman	Mentor College	5:39.42	12 Kaylin Cornelius	LND Oakridge	19.08
18 Jonathan Li	Mentor College	5:39.42	13 Karly Zammit	St. Aloysius Gonzaga	19.23
20 Dominic Mitchell-Gamble	St. Aloysius Gonzaga	5:50.60	14 Hanna Molzan	Lambton Central	19.46
21 Matt Wong	Sarnia St. Chris	6:02.35	15 Laura Holbrough	Medway HS	19.92

Event # 71 GIRLS Senior 3000m Run

START: 1:30pm combined with Juniors

Gold 10:38.0 / S 10:59.0 / B 11:20.0

#MEET RECORD:K.Crich Medway :10:08.80 1988

1 Brittany Murphy	LND Aquinas	11:44.26
2 Taylor Martin	Cameron Heights	11:44.41
3 Katie Komarnicky	LND Beal	12:03.45
4 Kayla Duncan	LND Saunders	12:24.74
5 Brittany Renaud	Chatham-Kent	12:58.98
6 Katelyn Turk	Msga St. Paul	13:56.41
7 Jessica Stokes-Reese	LND Central	14:09.07
8 Rachel Ernst	LND Lucas	14:13.70
9 Israel Cooper	St. Aloysius Gonzaga	14:15.37
10 Orianna VanDerfleet	St. Aloysius Gonzaga	14:45.13
11 Emilie Scheele	LND Christian	15:45.52

Event # 72 BOYS Senior 3000m Run

START: 2:00pm

Gold 8:55.0 / S- 9:15.0 / B- 9:30.0

#MEET RECORD:C.Brewster CCH 8:24.30 1982

1 Zac Brown	Sarnia Northern	9:00.22
2 Philip Parrot-Migas	St. Aloysius Gonzaga	9:13.37
3 Patrick Deane	Lord Dorchester	9:32.84
4 Sam Foran	Strathroy DCI	9:57.65
5 Spencer Leckie	Sarnia St. Clair	10:06.78
6 Kelly Saul	Sarnia Northern	10:17.13
7 John-Ross Tangi	Brantford North Park	10:18.47
8 Tyler Chuang	Msga St. Marcellinus	10:47.40
9 Conor Wilkinson	LND Aquinas	10:59.97
10 Kyle Xavier	Msga St. Marcellinus	11:23.72
11 Daniel Bansteev	LND Saunders	11:25.36
12 Jonathan Li	Mentor College	11:57.85
13 Dean Stephens	South Huron	12:09.07
14 Chris Blackwell	Medway HS	12:13.37
15 Herie Sun	Waterloo CI	12:42.26

Event # 73 GIRLS Senior 100m Hurdles

START: 2:45pm >10 hurdles

13m to H-1 >8.5m between >76cm ht

Gold 15.74 / S- 16.24 / B- 16.74

#MEET RECORD:J.Zelinka Banting 14.24 1999

1 Alysha Newman	LND Mother Teresa	15.58
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16 Taylor McPhail	Sarnia Northern	20.06
17 Kira McGrath	Mentor College	20.32
18 Laura Wright	Sarnia Northern	20.38
19 Rhiannon Yanush	St. Aloysius Gonzaga	21.21
20 Sine Frederick	St. Thomas St. Joe's	21.75
21 Ashley Clarke	Sarnia Northern	21.96
22 Kathleen Brown	Mentor College	22.04
23 Stefania Novoa	LND Saunders	26.63

Event # 74 BOYS Senior 110m Hurdles

START: 2:15pm >10 hurdles

H-1 > 13.72m > 9.14m > ht 91.4cm

Gold 15.24 / S- 15.94 / B- 16.44

#MEET RECORD:J.Ryder Banting 14.64 2006

1 Calvin Arsenault	St. Mary's	14.66
2 Micheal Paisley	Lambton Central	15.96
3 Mat West	Walkerton	16.37
4 Michael Gray	Lambton Central	17.16
5 Matt Gruninger	LND Banting	17.93
6 Kevin Leyte-Jammu	Guelph Centennial	18.92
7 Kevin Berkmortel	Strathroy Holy Cross	19.02
8 Wilson Kabutangana	LND Banting	19.09
9 Eric Friedel	Waterloo CI	19.75
10 Eric Thomas	Msga St. Marcellinus	19.81
11 Jeff Li	LND Banting	20.36
12 Colton VanDenberk	Strathroy DCI	20.57
13 Shawn Wu	Guelph J.F. Ross	20.99
14 Brennan Lumby	Sarnia Northern	21.18

Event # 75 GIRLS Senior 400m Hurdles

START 8:40am > 10 hurdles

45m to H-1 > 35m between >76cm ht

Gold 60.24 / S- 66.74 / B- 69.24

#MEET RECORD:N.Schmidt John Paul II 1:00.20 1995

1 Brittany Lewis	Sarnia St. Clair	1:03.74
2 Taylor Farquhar	LND Central	1:04.79
3 Helena Reinfels	Guelph Centennial	1:07.70
4 Amy Grzywnowicz	LND Mother Teresa	1:09.51
5 Kristen Arseneault	LND Mother Teresa	1:10.97
6 Liz VanDenborn	Chatham-Kent	1:11.14
7 Siobhan Smith	Sarnia Northern	1:11.18
8 Sara Grzywnowicz	LND Mother Teresa	1:14.79
9 Jilleen VanLeerzem	Lambton Central	1:14.82
10 Alana Corrigan	Waterloo CI	1:15.23

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

11 Ashlen Leonard	Sarnia Northern	1:16.17
12 Rachel McNaughton	Medway HS	1:18.71
13 Ashley Snyder	Simcoe Holy Trinity	1:19.43
14 Megan VanDinther	Strathroy Holy Cross	1:23.55
15 Amy VanDeneynde	Lambton Central	1:24.82
16 Karly Zammit	St. Aloysius Gonzaga	1:25.75
17 Rhiannon Yanush	St. Aloysius Gonzaga	1:30.19
18 Olivia Wassing	LND Christian	1:33.84
19 Sine Frederick	St. Thomas St. Joe's	1:41.73

Event # 76 BOYS Senior 400m Hurdles

START: 8:30am > 10 hurdles

145m to H-1>35m between >91.4cm ht

Gold 59.24 / S- 62.24 / B- 65.24

#MEET RECORD:S.Murray St. Joe's Windsor 55.00 1998

1 Calvin Arsenault	St. Mary's	54.59#
2 Brandon Huzevka	Sarnia Northern	59.01
3 Michael Gray	Lambton Central	59.46
4 Broderick Webster	Sarnia Northern	1:02.09
5 Sean Black	Guelph Centennial	1:02.16
6 Jeff Mah	Guelph J.F. Ross	1:02.85
7 B.J. Wright	Guelph J.F. Ross	1:07.00
8 Colton VanDenberk	Strathroy DCI	1:07.26
9 Robbie Borsi	Cameron Heights	1:09.43
10 Mike Deboer	Saugeen DSS	1:10.12
11 Mike Berkers	Strathroy Holy Cross	1:10.80
12 Dylan Symons	Strathroy DCI	1:11.09
13 Eric Friedel	Waterloo CI	1:12.79
14 Andrew Moser	Lord Dorchester	1:13.01
15 Taylor Littlejohn	Lord Dorchester	1:16.63
16 Ricky Prestage	St. Thomas St. Joe's	1:19.33

Event # 77 GIRLS Open 1500m Steeplechase

START: 11:50am > no jumps 1st 312m

3 laps waterjump + 4 barriers

Gold 5:30.0 / S- 5:45.0 / B- 6:00.0

#MEET RECORD:B.Pierson Regina Mundi 5:15.42 2008

1 Katie Fleischer	Sarnia Northern	5:07.49#
2 Chantal Bourassa	Sarnia St. Chris	5:40.45
3 Nicki Parkes	Sarnia St. Chris	5:43.63
4 Talasia Eizenga	Winston Churchill	5:52.11
5 Felicia Dagenais	Winston Churchill	5:57.90
6 Tianna Beharriell	Strathroy DCI	6:00.60
7 Cynthia Hill	St. Thomas St. Joe's	6:02.17
8 Jennifer Roberts	St. Thomas St. Joe's	6:10.86
9 Brittany Renaud	Chatham-Kent	6:15.15
10 Megan Cossitt	LND Laurier	6:22.70
11 Alyssa Pileggi	LND Mother Teresa	6:24.59
12 Katelyn Turk	Msga St. Paul	6:43.23
13 Brianna Toswill	St. Thomas St. Joe's	6:47.90
14 Paige Brouwer	St. Thomas St. Joe's	6:53.68
15 Katrina Crocker	Mentor College	6:55.27
16 Brooklyn Rushton	Mentor College	7:04.58
17 Emilie Scheele	LND Christian	7:22.91

Event # 78 BOYS Open 2000m Steeplechase

START: 9:30am

5 x waterjump + 18 total barriers

Gold 6:29.9 / B- 6:51.0 / B- 7:13.0

#MEET RECORD:S.Murray Sandwich 6:02.20 1988

1 Matt Hall	Sarnia St. Chris	6:25.34
2 Jeremy Hick	Strathroy DCI	6:25.35
3 Philip Parrot-Migas	St. Aloysius Gonzaga	6:26.86
4 Nick McFarlane	Mentor College	6:31.43
5 Zac Brown	Sarnia Northern	6:51.23
6 Brandon Graham	LND Lucas	7:06.79
7 Spencer Leckie	Sarnia St. Clair	7:12.28
8 Ben Sayles	Brantford North Park	7:12.31
9 Ian McCreery	WDSTOCK Huron Park	7:12.51
10 Jake Moore	Brantford North Park	7:13.23
11 Jesse Burt	WDSTOCK Huron Park	7:15.91
12 Rick Monarch	LND Lucas	7:21.29
13 Colin Pegg	Woodstock CI	7:22.18
14 Cody Noble	Medway HS	7:24.40
15 Josh McNorgan	Lord Dorchester	7:24.58
16 Kelly Saul	Sarnia Northern	7:28.90
17 Timothy Fernandes	Mentor College	7:34.27
18 Stephen Krall	Lambton Central	7:34.46
19 Patrick Sheahan	Msga St. Marcellinus	7:40.93
20 Calvin Scott	LND Aquinas	7:51.41
21 Jacob Chouinard	St. Thomas St. Joe's	7:57.62
22 Mitchell Triplett	LND Westminster	8:00.42
23 Andrew Bell	Guelph J.F. Ross	8:03.77
24 Scott Robertson	Mssg Phillip Pockock	8:04.36
25 Tyler Austin	LND Aquinas	8:05.00
26 Troy Saunders	Sarnia Northern	8:08.06
27 Apurv Agarwal	Mssg Phillip Pockock	8:11.57
28 Drew Allen	Sacred Heart CHS	8:12.16
28 Cullen McCurrach	Sarnia Northern	8:12.16
30 Geoffrey Barnes	Guelph J.F. Ross	8:23.16
31 Brandon Hartman	Strathroy Holy Cross	8:56.72
32 Greg Hodgins	LND Laurier	8:57.18
33 Mahamoud Ayad	LND Laurier	9:08.88
34 Nathan Clark	Guelph J.F. Ross	9:15.72
35 Chris Blackwell	Medway HS	9:19.80

Event # 79 GIRLS Senior High Jump

START: 10:30am

Gold 1.63m / S- 1.58m / B- 1.53m

#MEET RECORD:C.Woodstock CI '86 Van Drummel E.Lmb 1.71 '90

1 Vanessa Dam	Lambton Central	1.58m
2 Alyssa Bickle	Woodstock CI	1.55m
3 Altonia Taylor	Msga St. Marcellinus	1.45m
3 Sarah Backes	LND Saunders	1.45m
5 Belanie De Gracia	Mssg Phillip Pockock	1.40m
5 Laura Holbrough	Medway HS	1.40m
5 Charlotte Clarke	Guelph Centennial	1.40m
5 Shannon Dodman	Chatham-Kent	1.40m
9 Alex Klein	Waterloo CI	1.35m
9 Kaitlyn Jacklin	Waterloo CI	1.35m
9 Leah Caravan	Sarnia Northern	1.35m
12 Kim Finnie	Saugeen DSS	1.30m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

Dammy Ogunmodede	LND Christian	NM	4 Jessica Clancy	Waterloo CI	4.43m
Ember Chapdelaine	Sarnia Northern	NM	5 Taylor Doyle	LND Aquinas	4.35m

Event # 80 BOYS Senior High Jump

START: 11:35am

Gold 1.90m / S- 1.85m / B- 1.80m

#MEET RECORD:P.O'Donoghue Sacred Heart 2.06 1987

1 Branden Wilhelm	Woodstock CI	2.10m #
2 Mat West	Walkerton	1.90m
3 Steven Riosa	LND Christian	1.85m
3 Mark Muehmer	Medway HS	1.85m
3 Scott Campbell	Lambton Central	1.85m
6 Robin Scott	LND Central	1.70m
7 Jake Moore	Brantford North Park	1.65m
7 Devon Reed	LND Beal	1.65m
7 Sam McGuire	Lambton Central	1.65m
7 Steven Helps	Lambton Central	1.65m
11 Cody Salomons	LND Christian	1.60m
11 Jonathan Ryckmann	LND Central	1.60m
13 Cody Parsons	Cameron Heights	1.55m
14 Teegan O'Neill	Sarnia St. Chris	1.50m
14 Paul Jacobs	Cameron Heights	1.50m
Brandon Filatrow	Mssg Phillip Pockock	NM
Saab Omer	LND Westminster	NM
Itay Malkin	LND Lucas	NM

Event # 81 GIRLS Senior Pole Vault

START: 9:00am

Gold 3.25m / S- 2.90m / B- 2.70m

#MEET RECORD:A.Newman Mother Teresa 3.65 2010

1 Alysha Newman	LND Mother Teresa	3.80m #
2 Robin Bone	LND Oakridge	3.52m
3 Jessica McClure	LND Saunders	2.92m
4 Nicole Rollins	Simcoe CS	2.77m
5 Michelle Corbiere	LND Aquinas	2.32m
6 Jenn Christie	LND Saunders	2.17m

Event # 82 BOYS Senior Pole Vault

START:U3m >10:30am/ O3m >12:30pm

Under 3m> G- 3.10m S-2.90m B-2.70m

Over 3m> G- 3.80m S-3.60m B- 3.40m

#MEET RECORD:R.Flood Saunders 4.50 2000

1 Brendon Talbot	Msga St. Marcellinus	4.40m
2 Chris Waugh	LND Saunders	3.84m
3 Matt Hartley	LND Saunders	3.69m
3 Jacob Scarfone	LND Aquinas	3.69m
5 Calvin Diep	Msga St. Marcellinus	3.09m
6 Tyler Chuang	Msga St. Marcellinus	2.44m

Event # 83 GIRLS Senior Long Jump

START: 9:00am

Gold 5.20m/ S- 5.00m / B- 4.80m

#MEET RECORD:M.Hewitt St. Marcellinus 5.55 2007

1 Kelly Bedek	St. Thomas St. Joe's	5.11m
2 Makenzi McLeod	Medway HS	4.97m
3 Charlotte Clarke	Guelph Centennial	4.80m

6 Leah De Los santos	Cameron Heights	4.32m
7 Alex Klein	Waterloo CI	4.31m
7 Hanna Molzan	Lambton Central	4.31m
9 Luba Sulypka	Msga St. Paul	4.24m
10 Megan O'Reilly	LND Aquinas	4.21m
11 Chelsea Delaurier	Lambton Central	4.13m
12 Michelle MacRae	Lambton Central	4.06m
13 Natalie Billick	LND Lucas	4.01m
13 Sydney Eaton	LND Oakridge	4.01m
13 Samantha Tsalikis	Mentor College	4.01m
16 Stefania Novoa	LND Saunders	3.98m
17 Shannon Dodman	Chatham-Kent	3.94m
18 Melissa Breckles	Waterloo CI	3.92m
19 Taylor McPhail	Sarnia Northern	3.87m
20 Karen Ninan	Waterloo CI	3.86m
21 Ember Chapdelaine	Sarnia Northern	3.57m
22 Alex Viglasky	Sarnia Northern	3.36m
23 Kathleen Brown	Mentor College	3.33m
24 Kaitlyn Jacklin	Waterloo CI	3.24m
25 Ashley Clarke	Sarnia Northern	3.19m
26 Nicola MacDonald	LND Central	3.18m
27 Taylor Vokes	Lambton Central	3.11m
Briawna Taylor	LND Oakridge	NM
Carly Mundle	Guelph J.F. Ross	NM
Kendall Montieth	Msga St. Marcellinus	NM
Jasmin Kerr	LND South	NM

Event # 84 BOYS Senior Long Jump

START: 9:00am

Gold 6.50m / S- 6.25m / B- 6.00m

#MEET RECORD:T.Stewart Regina Mundi 6.98 2008

1 Branden Wilhelm	Woodstock CI	6.85m
2 Tom Bednarik	Chatham-Kent	6.77m
3 Austin Lanteigne	Sarnia St. Pat	6.29m
4 Tyler Withers	Sarnia Northern	5.97m
5 Michael Kryzajtys	Msga St. Paul	5.73m
6 Riley Orchard	Medway HS	5.72m
7 Isaiah Mels	LND Westminster	5.57m
8 Mitchell Roth	Waterloo CI	5.56m
9 Tyler Coleman	Strathroy DCI	5.47m
10 Nathaniel Behar	LND Central	5.42m
11 Terrance Devries	Guelph J.F. Ross	5.38m
12 Steven Helps	Lambton Central	5.32m
13 Paul Jacobs	Cameron Heights	5.25m
13 Cody Parsons	Cameron Heights	5.25m
15 Dillan Ljubivic	Msga St. Paul	5.22m
16 Jamie Geisler	St. Thomas St. Joe's	5.20m
17 Alex Gebhardt	Walkerton	5.16m
18 Chris Tyczynski	Lambton Central	5.12m
19 Trevor Best	St. Maximilian CHS	5.10m
19 Chris Aitken	Lambton Central	5.10m
21 Teegan O'Neill	Sarnia St. Chris	5.04m
22 Chad Wagner	St. Aloysius Gonzaga	4.92m
23 Ryan Young	Sarnia Northern	4.91m
24 Hamza Farooq	Mssg Phillip Pockock	4.78m
24 Isaiah Nganga	LND Westminster	4.78m
26 Mohammed Mateen	LND Central	4.53m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

27 Justin Camenzuli	LND Central	4.38m	22 Sam Jasmin	Sarnia Northern	10.17m
28 Jake Deichert	South Huron	4.28m	23 Itay Malkin	LND Lucas	10.02m
Brennan Lumby	Sarnia Northern	NM			
Mat West	Walkerton	NM			
Russell MacMillan	Saugeen DSS	NM			
Drake Babcock	Sarnia Northern	NM			

Event # 85 GIRLS Senior Triple Jump

START: 12:30pm

Gold 10.50m / S- 10.15m / B- 9.85m

#MEET RECORD:E.Robins Cameron Heights 10.86 2009

1 Kendall Montieth	Msga St. Marcellinus	11.52m #
2 Makenzi McLeod	Medway HS	11.16m #
3 Kelly Bedek	St. Thomas St. Joe's	11.09m #
4 Sipprell Krista	LND South	10.93m #
5 Jasmin Kerr	LND South	10.89m #
6 Leanne Holdaway	Sarnia Northern	10.02m
7 Briawna Taylor	LND Oakridge	10.01m
8 Taylor Doyle	LND Aquinas	9.72m
9 Luba Sulypka	Msga St. Paul	9.63m
10 Robin Hall	LND Central	9.54m
11 Taylor McPhail	Sarnia Northern	9.52m
12 Michelle MacRae	Lambton Central	9.46m
13 Shannon Bergin	Sacred Heart CHS	9.12m
14 Carly Bourque	Lambton Central	9.07m
15 Melissa Breckles	Waterloo CI	8.98m
16 Megan O'Reilly	LND Aquinas	8.78m
17 Sine Frederick	St. Thomas St. Joe's	8.57m
18 Stefania Novoa	LND Saunders	8.25m
19 Alex Viglasky	Sarnia Northern	8.06m
20 Kim Finnie	Saugeen DSS	8.05m
Leah De Los santos	Cameron Heights	NM

Event # 86 BOYS Senior Triple Jump

START: 2:00pm

Gold 13.00m / S- 12.50m / B- 12.00m

#MEET RECORD:T.Stewart Regina Mundi 14.85 2010

1 Tom Bednarik	Chatham-Kent	12.68m
2 Tyler Withers	Sarnia Northern	12.56m
3 Michael Kryzajtys	Msga St. Paul	12.43m
4 Riley Orchard	Medway HS	12.30m
5 Steven Riosa	LND Christian	12.29m
6 Alex Gebhardt	Walkerton	12.19m
7 Mitchell Roth	Waterloo CI	12.14m
8 Kevin Sarmiento	Mssg Phillip Pockock	12.06m
9 Mark Reed	LND Beal	11.66m
10 Paul Jacobs	Cameron Heights	11.61m
11 Tyler Coleman	Strathroy DCI	11.45m
11 Mark Muehmer	Medway HS	11.45m
13 Isaiah Nganga	LND Westminster	11.41m
14 Terrance Devries	Guelph J.F. Ross	10.97m
15 Teegan O'Neill	Sarnia St. Chris	10.88m
16 Drake Babcock	Sarnia Northern	10.80m
17 Cody Parsons	Cameron Heights	10.73m
18 Russell MacMillan	Saugeen DSS	10.68m
19 Thomas Godwin	Saugeen DSS	10.66m
20 Jamie Geisler	St. Thomas St. Joe's	10.59m
21 Brennan Lumby	Sarnia Northern	10.38m

Event # 87 GIRLS Senior Shot Put

START: 11:30am > Weight 4kg

Gold 11.10m / S- 10.75m / B- 10.40m

#MEET RECORD:B.Brooks St. Christopher's 13.05 1986

1 Ciji Service	Sarnia St. Pat	10.50m
2 Karly Dobbin	Lambton Central	10.42m
3 Hillary Lubimiv	Saugeen DSS	9.90m
4 Allyson Streutker	LND Christian	9.79m
5 April Looije	Msga St. Marcellinus	9.73m
6 Emily Weston	LND Banting	9.05m
6 Megan Ravensberg	Sarnia Northern	9.05m
8 Brooke Hoxar	Lord Dorchester	8.74m
9 Christie Robertson	Saugeen DSS	8.29m
10 Alexis Beddard	Strathroy Holy Cross	8.03m
11 Emily Marino	Msga St. Marcellinus	7.98m
12 Olivia Wassing	LND Christian	7.67m
13 Hilary Ford	Mssg Phillip Pockock	7.62m
13 Amber Cooper	South Huron	7.62m
15 Cindy Xayavong	Cameron Heights	7.41m
15 Ericka Genova	Msga St. Marcellinus	7.41m
17 Katie Costello	LND Oakridge	7.34m
18 Demi Krall	Lambton Central	7.32m
19 Amanda Micallef	Guelph J.F. Ross	7.26m
20 Danielle Picariello	Mssg Phillip Pockock	7.12m
21 Sami Morlog	Chatham-Kent	6.94m
22 Amanda Chafee	Mentor College	6.92m
23 Kalena Tomlinson	Saugeen DSS	6.88m
24 Laura Wright	Sarnia Northern	6.07m
25 Amanda Stojcevski	Sarnia Northern	5.71m

Event # 88 BOYS Senior Shot Put

START 3:15pm > Weight 5.44kg

Gold 15.00m / S- 14.50m / B- 14.00m

#MEET RECORD:J.Neilson Seaforth 18.73 1980

1 Jordan Young	Windsor Massey	17.33m
2 Daniel Polinski	Mssg Phillip Pockock	15.30m
3 Brett Boersma	Sarnia Northern	15.23m
4 Kevin Bowman	Saugeen DSS	14.98m
5 Kris Lachance	Sarnia Northern	13.73m
6 Micheal Paisley	Lambton Central	13.11m
7 Brendan Butler	Lambton Central	12.99m
8 Aaron Dinich	LND Aquinas	12.96m
9 Mike Lapierre	Guelph J.F. Ross	12.57m
10 Matthew Palkowski	Msga St. Paul	12.52m
11 Steven Arbuthnot	Mssg Phillip Pockock	12.47m
11 Andrew Cullen	Medway HS	12.47m
13 Raymond Thomas	Mssg Phillip Pockock	12.36m
14 Garrett Heming	LND Aquinas	11.94m
15 Jean-Pierre Munroe	Mssg Phillip Pockock	11.63m
16 Joe Medieros	LND Aquinas	11.21m
17 Matt Forbes	LND Oakridge	11.20m
18 Cameron Donaghey	Msga St. Paul	11.00m
19 Soteris Stylianou	Chatham-Kent	10.83m
20 Carter Noll	Lambton Central	10.66m
21 Nicholas Wasylyk	Mssg Phillip Pockock	10.49m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

22 Moses Sailsbury	Lambton Central	10.34m	20 Ryan Woods	Waterloo CI	25.23m
23 Jordan Hill	South Huron	10.04m	21 Jordan Hill	South Huron	23.60m
24 Jacob O'Neil	Medway HS	9.85m	22 Tyler Doran	LND Aquinas	23.51m
25 Wes Lenting	South Huron	9.81m	23 Aaron Dinich	LND Aquinas	23.48m
26 Tyler Doran	LND Aquinas	9.53m	24 Braden Litt	Sarnia St. Clair	22.66m
27 Jeremy Devries	LND Christian	9.09m	25 Soteris Stylianou	Chatham-Kent	22.56m
28 Mitchell Weishar	Cameron Heights	8.95m	26 Jordan South	Lambton Central	22.15m
29 Matt Komer	LND Aquinas	8.84m	27 Jake Deichert	South Huron	21.92m
30 Ryan Clarke	Cameron Heights	7.26m	28 Matt Komer	LND Aquinas	21.90m

Event # 89 GIRLS Senior Discus Throw

START 2:00pm > Weight 1kg

Gold 34.00m / S- 32.50m /B- 31.00m

#MEET RECORD:M.Allan Oakridge 40.65 2008

1 April Looije	Msga St. Marcellinus	32.14m
2 Karly Dobbin	Lambton Central	32.12m
3 Alexis Beddard	Strathroy Holy Cross	31.57m
4 Hillary Lubimiv	Saugeen DSS	31.05m
5 Christie Robertson	Saugeen DSS	30.23m
6 Carrissaa Luker	Lambton Central	30.08m
7 Brooke Hoxar	Lord Dorchester	29.98m
8 Katie Costello	LND Oakridge	28.53m
9 Veronica Carpani	Sarnia St. Clair	26.65m
10 Sami Morlog	Chatham-Kent	22.48m
11 Steph Charteris	Sarnia Northern	22.20m
12 Taylor Woods	Sarnia Northern	21.30m
13 Nadine Wyczolkowski	Mssg Phillip Pockock	21.10m
14 Lexie Hanly	Sarnia St. Clair	20.83m
15 Kalena Tomlinson	Saugeen DSS	19.98m
16 Cindy Xayavong	Cameron Heights	17.91m
17 Emily Marino	Msga St. Marcellinus	17.83m
18 Amanda Chafee	Mentor College	16.20m
19 Megan Ravensberg	Sarnia Northern	16.00m
20 Jackie Viglasky	Sarnia Northern	10.53m

Event # 90 BOYS Senior Discus Throw

START 10:15am > Weight 1.61kg

Gold 44.00m / S- 42.00m /B- 40.00

#MEET RECORD:J.Tunks Banting 59.38 1997

1 Jordan Young	Windsor Massey	55.20m
2 Daniel Polinski	Mssg Phillip Pockock	46.80m
3 Kevin Bowman	Saugeen DSS	42.21m
4 Andrew Cullen	Medway HS	40.71m
5 Mat West	Walkerton	39.72m
6 Garrett Heming	LND Aquinas	39.28m
7 Steven Arbutnot	Mssg Phillip Pockock	39.21m
8 Thomas Godwin	Saugeen DSS	36.05m
9 Bronson Smart	Strathroy Holy Cross	35.18m
10 Andrew Scott	Walkerton	34.30m
11 Brett Boersma	Sarnia Northern	29.93m
12 Kevin Keizun	Mssg Phillip Pockock	29.67m
13 Mark Muehmer	Medway HS	27.39m
14 Ben Sayles	Brantford North Park	27.35m
15 Cole Herglotz	Medway HS	27.32m
16 Brendan Butler	Lambton Central	26.78m
17 Jacob O'Neil	Medway HS	26.53m
18 Patrick Gruca	Mssg Phillip Pockock	26.27m
19 Jakub Kowalczyk	Mssg Phillip Pockock	25.76m

29 Jamie Geisler	St. Thomas St. Joe's	20.47m
30 Mitchell Weishar	Cameron Heights	19.94m
31 Ryan Clarke	Cameron Heights	12.54m
Carter Noll	Lambton Central	NM
Mike Lapierre	Guelph J.F. Ross	NM

Event # 91 GIRLS Senior Javelin Throw

START 9:00am > Weight 600gm

Gold 35.00m / S- 33.50m /B- 32.00

#MEET RECORD:L.Gignac Villanova 45.60 1998

1 Hillary Lubimiv	Saugeen DSS	35.09m
2 Lexie Hanly	Sarnia St. Clair	34.12m
3 Kalena Tomlinson	Saugeen DSS	31.53m
4 April Looije	Msga St. Marcellinus	30.97m
5 Vanessa Dam	Lambton Central	30.91m
6 Hien Ngo	LND Mother Teresa	29.90m
7 Taylor Farquhar	LND Central	29.22m
8 Taylor Woods	Sarnia Northern	27.95m
9 Megan Ravensberg	Sarnia Northern	25.89m
10 Karly Dobbin	Lambton Central	25.22m
11 Jessica Heyda	LND Beal	25.11m
12 Amanda Micallef	Guelph J.F. Ross	23.05m
13 Sami Morlog	Chatham-Kent	22.45m
14 Makenzi McLeod	Medway HS	21.76m
15 Cindy Xayavong	Cameron Heights	21.39m
16 Shannon Bergin	Sacred Heart CHS	20.11m
17 Amber Cooper	South Huron	19.22m
18 Demi Krall	Lambton Central	17.86m
19 Amanda Chafee	Mentor College	17.56m
20 Kim Finnie	Saugeen DSS	17.39m
21 Jessica Hartley	LND Banting	16.74m
22 Veronica Carpani	Sarnia St. Clair	16.42m
23 Amanda Andreidas	Msga St. Marcellinus	13.56m
24 Rachel McNaughton	Medway HS	13.41m
25 Amanda Stojcevski	Sarnia Northern	11.78m

Event # 92 BOYS Senior Javelin Throw

START 12:45pm > Weight 800gm

Gold 50.00m / S- 48.00m /B- 46.00

#MEET RECORD:W.Collins Westminster 60.07 2008

1 Tyler Withers	Sarnia Northern	57.09m
2 Micheal Paisley	Lambton Central	51.09m
3 Austin Lanteigne	Sarnia St. Pat	48.83m
4 Thomas Godwin	Saugeen DSS	47.74m
5 Isaiah Mels	LND Westminster	47.66m
6 Kris Lachance	Sarnia Northern	45.23m
7 Cole Herglotz	Medway HS	45.17m
8 Sam Jasmin	Sarnia Northern	44.92m
9 Mat West	Walkerton	43.81m

2011 Forest City Prep / Mustang Invite
Sat. April 30 TD Waterhouse Stadium UWO

04/30/2011 - 04/30/2011

London, ON

10 Kris Baily	Mssg Phillip Pocock	42.19m
11 Patrick Litvinskas	Msga St. Paul	41.62m
12 Russell MacMillan	Saugeen DSS	41.48m
13 Jacob Packer	Sarnia Northern	39.92m
14 Scott Campbell	Lambton Central	37.98m
15 Aaron Dinich	LND Aquinas	37.96m
16 Brandon Graham	LND Lucas	37.73m
17 Carter Noll	Lambton Central	36.85m
18 Andrew Cullen	Medway HS	35.14m
19 Cole Jones	Mentor College	34.14m
20 Patrick Lebrun	LND Westminster	34.11m
21 Nick Hivon	Guelph J.F. Ross	33.43m
22 Robbie Borsi	Cameron Heights	33.39m
23 Braden Litt	Sarnia St. Clair	33.14m
24 Daniel Hahn	Guelph J.F. Ross	32.17m
25 Ryan Woods	Waterloo CI	29.19m
26 Jeremy Devries	LND Christian	28.75m
27 Wes Lenting	South Huron	27.84m
28 John Ngo	Mentor College	27.74m
29 Ben Russell	LND Lucas	27.50m
30 Rick Monarch	LND Lucas	26.50m
31 Matt Komer	LND Aquinas	24.49m
32 Brandon Twaites	Cameron Heights	23.23m
33 Chris Blackwell	Medway HS	22.25m
34 Chris Davis	LND Banting	20.63m
35 James Makrakos	LND Banting	20.55m
36 Jordan Hill	South Huron	20.52m
37 Zac Brady	Guelph J.F. Ross	20.51m
38 Brandon Filatrow	Mssg Phillip Pocock	18.91m
39 Ryan Clarke	Cameron Heights	12.51m